

Slag / afstand	Dames	Heren
50m Vrijeslag - Freestyle	0.27.74	0.24.94
100m Vrijeslag - Freestyle	1.01.36	0.55.11
200m Vrijeslag - Freestyle	2.11.97	2.00.79
400m Vrijeslag - Freestyle	4.42.52	4.17.45
800m Vrijeslag - Freestyle	9.33.14	8.54.00
1500m Vrijeslag - Freestyle	18.48.94	17.21.90
50m Rugslag - Backstroke	0.32.65	0.29.33
100m Rugslag - Backstroke	1.09.33	1.03.47
200m Rugslag - Backstroke	2.29.49	2.17.94
50m Schoolslag- Breaststroke	0.36.07	0.32.16
100m Schoolslag- Breaststroke	1.18.20	1.09.93
200m Schoolslag- Breaststroke	2.51.39	2.32.45
50m Vlinderslag- Butterfly	0.30.44	0.27.11
100m Vlinderslag- Butterfly	1.08.53	0.59.54
200m Vlinderslag- Butterfly	2.33.47	2.20.03
200m wisselslag- Individual Medley	2.31.66	2.17.18
400m wisselslag- Individual Medley	5.32.98	4.55.81