

Nummer: 1 - zaterdag 30 november 2019 om 15:00u (25 m)

Aanvangstijd juryvergadering: 14:30u

1. 400m vrije slag - Dames

10 - 10 jaar (Minioren 5)

1. Isabel Eemstra (Octopus, 200900042)	06:05.76
50m 00:40.90 40,90 100m 01:26.65 45,75 200m 03:01.13 94,48	
2. Elin Heeren (Zignea, 200900688)	06:17.16
50m 00:41.63 41,63 100m 01:29.36 47,73 200m 03:08.09 98,73	
3. Iris van Beek (Zignea, 200902580)	06:17.53
50m 00:41.30 41,30 100m 01:29.05 47,75 200m 03:07.52 98,47	
4. Lieke Kikstra (Batavia Swim, 200900318)	06:34.00
50m 00:47.15 47,15 100m 01:36.67 49,52 200m 03:17.50 100,83	
5. Semanure Demirci (Batavia Swim, 200900748)	07:13.39
50m 00:49.65 49,65 100m 01:42.86 53,21 200m 03:33.43 110,57	

2. 400m vrije slag - Heren

10 - 11 jaar (Minioren 5 en 6)

1. Leo Lokhorst (Batavia Swim, 200900195)	06:36.89
50m 00:43.15 43,15 100m 01:32.27 49,12 200m 03:13.29 101,02	
2. Siem Faber (Batavia Swim, 200900065)	06:48.21
50m 00:43.42 43,42 100m 01:33.44 50,02 200m 03:18.67 105,23	
3. Daniël Deuling (Zignea, 200801251)	07:09.84
50m 00:44.07 44,07 100m 01:35.05 50,98 200m 03:26.29 111,24	
4. Merlijn Moot (Batavia Swim, 200901125)	07:12.10
50m 00:45.04 45,04 100m 01:36.80 51,76 200m 03:27.09 110,29	
5. Chris Smit (Batavia Swim, 200900725)	07:57.01
50m 00:53.48 53,48 100m 01:54.40 60,92 200m 03:54.58 120,18	
6. Herniek van Dalfsen (De Eerste Kolk, 200800295)	08:06.42
50m 00:54.01 54,01 100m 01:56.07 62,06 200m 04:02.84 126,77	
7. Marnick Oortwijn (De Eerste Kolk, 200901903)	08:30.29
50m 00:49.04 49,04 100m 01:48.13 59,09 200m 04:00.70 132,57	
BM. Sven Casper Hageman (Zignea, 201000009)	BM
50m 00:42.43 42,43 100m 01:29.33 46,90 200m 03:08.68 99,35	

3. 800m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Kenza van Kapel (Waalwijkse Zwem Vereniging, 200700798)	11:00.24
50m 00:35.69 35,69 100m 01:14.59 38,90 200m 02:36.58 81,99 400m 05:23.54 166,96	
2. Viviënne Bosch (Waalwijkse Zwem Vereniging, 200700796)	11:05.89
50m 00:35.47 35,47 100m 01:14.67 39,20 200m 02:37.71 83,04 400m 05:26.15 168,44	
3. Carlijn Boltendal (Zuiderzeeswimmers, 200700082)	11:28.11
50m 00:36.44 36,44 100m 01:18.01 41,57 200m 02:44.53 86,52 400m 05:41.06 176,53	
4. Britt Hopman (Zvv, 200702688)	12:10.42
50m 00:39.42 39,42 100m 01:23.79 44,37 200m 02:57.21 93,42 400m 06:06.72 189,51	
5. Ezra Doornwaard (Noord-Veluwe, 200700914)	12:54.96

	50m 00:42.08 42,08	100m 01:28.91 46,83	200m 03:06.77 97,86	400m 06:24.39 197,62	
6. Isa Koobs (De Eerste Kolk, 200700250)	50m 00:40.24 40,24	100m 01:26.75 46,51	200m 03:03.96 97,21	400m 06:26.59 202,63	12:57.89
7. Emma van Luttikhuizen (Zvv, 200800172)	50m 00:43.95 43,95	100m 01:32.69 48,74	200m 03:12.13 99,44	400m 06:35.26 203,13	13:11.97
8. Ella Marie Kurzmänn (Batavia Swim, 200800582)	50m 00:43.76 43,76	100m 01:32.04 48,28	200m 03:11.89 99,85	400m 06:35.67 203,78	13:12.61
9. Evy Woudenberg (Zvv, 200700652)	50m 00:42.17 42,17	100m 01:31.75 49,58	200m 03:14.73 102,98	400m 06:38.47 203,74	13:17.55
10. Lieve Faber (Batavia Swim, 200800016)	50m 00:44.20 44,20	100m 01:34.00 49,80	200m 03:14.13 100,13	400m 06:36.10 201,97	13:18.86
11. Licianne Jungeling (Zuiderzeewemmers, 200801404)	50m 00:44.48 44,48	100m 01:34.22 49,74	200m 03:21.05 106,83	400m 06:57.05 216,00	14:02.65
12. Lisa Verbeek (Batavia Swim, 200801936)	50m 00:47.04 47,04	100m 01:40.47 53,43	200m 03:32.60 112,13	400m 07:24.56 231,96	14:52.29
4. 800m vrije slag - Heren 12 - 13 jaar (Junioren 1 en 2)					
1. Lars ten Katen (Batavia Swim, 200600959)	50m 00:37.60 37,60	100m 01:19.51 41,91	200m 02:46.30 86,79	400m 05:39.86 173,56	11:25.03
2. Luca Gerringa (Batavia Swim, 200700555)	50m 00:38.07 38,07	100m 01:21.38 43,31	200m 02:49.51 88,13	400m 05:46.19 176,68	11:30.01
3. Björn Trinks (De Eerste Kolk, 200600149)	50m 00:35.09 35,09	100m 01:15.37 40,28	200m 02:41.19 85,82	400m 05:39.30 178,11	11:31.62
4. Timo Bourgonje (Zvv, 200700599)	50m 00:39.20 39,20	100m 01:22.39 43,19	200m 02:53.54 91,15	400m 05:58.54 185,00	11:57.02
5. Sylvan Jager (Batavia Swim, 200702673)	50m 00:39.69 39,69	100m 01:25.41 45,72	200m 02:59.65 94,24	400m 06:12.18 192,53	12:27.83
6. Bram Meijering (Batavia Swim, 200603151)	50m 00:38.11 38,11	100m 01:22.88 44,77	200m 02:59.35 96,47	400m 06:11.28 191,93	12:29.28
7. Collard Jungeling (Zuiderzeewemmers, 200701831)	50m 00:41.46 41,46	100m 01:27.95 46,49	200m 03:02.62 94,67	400m 06:16.33 193,71	12:36.73
8. Laurens van der Pligt (De Eerste Kolk, 200700015)	50m 00:42.16 42,16	100m 01:28.02 45,86	200m 03:05.43 97,41	400m 06:21.47 196,04	12:37.88
9. Jöran Brouwer (De Eerste Kolk, 200600449)	50m 00:40.86 40,86	100m 01:28.37 47,51	200m 03:10.13 101,76	400m 06:39.78 209,65	13:29.46
10. Tibeau Sijtsma (Zuiderzeewemmers, 200602619)	50m 00:43.49 43,49	100m 01:33.68 50,19	200m 03:18.61 104,93	400m 07:00.03 221,42	14:03.34
11. Bert Hagting (Zuiderzeewemmers, 200701121)	50m 00:45.10 45,10	100m 01:36.97 51,87	200m 03:20.89 103,92	400m 06:56.02 215,13	14:10.10
DIS. Dylan de Vries (De Eerste Kolk, 200603847)					00:00.00
5. 1500m vrije slag - Dames vanaf 13 jaar (Junioren 3 en ouder)					
1. Grith Sigsgaard (De Otters Het Gooi, 197200772)	50m 00:34.82 34,82	100m 01:12.29 37,47	200m 02:27.89 75,60	400m 04:59.89 152,00	800m 10:03.57 303,68
2. Lianne Andeweg (Zuiderzeewemmers, 198800092)	50m 00:34.94 34,94	100m 01:12.61 37,67	200m 02:28.68 76,07	400m 05:00.23 151,55	800m 10:10.43 310,20
3. Kirsten Opmeer (Octopus, 199800014)	50m 00:34.78 34,78	100m 01:12.29 37,47	200m 02:29.92 77,39	400m 05:12.15 162,23	800m 10:38.12 325,97

	100m 01:12.53 37,75	400m 05:12.15 162,23	800m 10:38.12 325,97	
4. Nike Tolsma (Zignea, 200300336)	50m 00:35.38 35,38	200m 02:34.57 80,75	400m 05:15.76 161,19	800m 10:41.06 325,30
	100m 01:13.82 38,44	400m 05:15.76 161,19	800m 10:41.06 325,30	20:09.98
5. Myrthe Dam (Zuiderzeewemmers, 200602336)	50m 00:36.39 36,39	200m 02:36.22 80,47	400m 05:21.77 165,55	800m 10:52.24 330,47
	100m 01:15.75 39,36	400m 05:21.77 165,55	800m 10:52.24 330,47	20:18.94
6. Dagmar Kruik (Zuiderzeewemmers, 199800008)	50m 00:36.49 36,49	200m 02:40.10 83,37	400m 05:28.66 168,56	800m 11:04.42 335,76
	100m 01:16.73 40,24	400m 05:28.66 168,56	800m 11:04.42 335,76	20:34.41
7. Elmi Roelofsen (Zvv, 199008198)	50m 00:37.49 37,49	200m 02:40.54 82,79	400m 05:28.53 167,99	800m 11:07.97 339,44
	100m 01:17.75 40,26	400m 05:28.53 167,99	800m 11:07.97 339,44	21:05.34
8. Sanne van Dijk (Zuiderzeewemmers, 200502098)	50m 00:36.66 36,66	200m 02:41.54 84,87	400m 05:34.18 172,64	800m 11:19.73 345,55
	100m 01:16.67 40,01	400m 05:34.18 172,64	800m 11:19.73 345,55	21:11.77
9. Tamar van der Beek (Zvv, 200203614)	50m 00:36.26 36,26	200m 02:38.95 82,91	400m 05:26.54 167,59	800m 11:09.01 342,47
	100m 01:16.04 39,78	400m 05:26.54 167,59	800m 11:09.01 342,47	21:14.83
10. Bloem Muijlaert (Zvv, 200602754)	50m 00:35.88 35,88	200m 02:41.72 85,30	400m 05:32.86 171,14	800m 11:19.04 346,18
	100m 01:16.42 40,54	400m 05:32.86 171,14	800m 11:19.04 346,18	21:19.99
11. Myrthe Bosman (De Eerste Kolk, 200500838)	50m 00:35.13 35,13	200m 02:39.07 84,53	400m 05:32.42 173,35	800m 11:24.63 352,21
	100m 01:14.54 39,41	400m 05:32.42 173,35	800m 11:24.63 352,21	21:35.17
12. Nienke van der Klugt (Batavia Swim, 200403236)	50m 00:39.39 39,39	200m 02:50.51 88,12	400m 05:47.26 176,75	800m 11:43.14 355,88
	100m 01:22.39 43,00	400m 05:47.26 176,75	800m 11:43.14 355,88	21:36.82
13. Leonie Veldhuis (Zvv, 200301768)	50m 00:37.97 37,97	200m 02:44.39 85,25	400m 05:37.92 173,53	800m 11:30.37 352,45
	100m 01:19.14 41,17	400m 05:37.92 173,53	800m 11:30.37 352,45	21:44.39
14. Ilse Hallie (Octopus, 200200128)	50m 00:36.51 36,51	200m 02:40.92 84,51	400m 05:34.49 173,57	800m 11:29.74 355,25
	100m 01:16.41 39,90	400m 05:34.49 173,57	800m 11:29.74 355,25	21:45.18
15. Irmgard van Weeghel (Z&PC Hatto-Heim, 199204834)	50m 00:38.42 38,42	200m 02:44.86 85,17	400m 05:38.42 173,56	800m 11:30.72 352,30
	100m 01:19.69 41,27	400m 05:38.42 173,56	800m 11:30.72 352,30	21:57.92
16. Nynke Jansen (Batavia Swim, 200404914)	50m 00:39.79 39,79	200m 02:50.37 88,44	400m 05:49.49 179,12	800m 11:50.36 360,87
	100m 01:21.93 42,14	400m 05:49.49 179,12	800m 11:50.36 360,87	22:04.04
17. Anouk Bosman (De Eerste Kolk, 200500836)	50m 00:36.48 36,48	200m 02:45.00 87,96	400m 05:46.60 181,60	800m 11:46.95 360,35
	100m 01:17.04 40,56	400m 05:46.60 181,60	800m 11:46.95 360,35	22:10.39
18. Mette Etmans (Batavia Swim, 200500848)	50m 00:38.96 38,96	200m 02:50.54 88,39	400m 05:50.80 180,26	800m 11:58.80 368,00
	100m 01:22.15 43,19	400m 05:50.80 180,26	800m 11:58.80 368,00	22:26.18
19. Demi Visscher (De Eerste Kolk, 200101874)	50m 00:37.48 37,48	200m 02:46.36 87,45	400m 05:47.07 180,71	800m 11:56.99 369,92
	100m 01:18.91 41,43	400m 05:47.07 180,71	800m 11:56.99 369,92	22:46.36
20. Idske Roest (Zuiderzeewemmers, 200300658)	50m 00:41.21 41,21	200m 02:57.20 91,27	400m 06:03.48 186,28	800m 12:17.45 373,97
	100m 01:25.93 44,72	400m 06:03.48 186,28	800m 12:17.45 373,97	22:58.61
21. Marjan Rikken (Zvv, 199206114)	50m 00:38.60 38,60	200m 02:43.03 82,80	400m 05:41.48 178,45	800m 11:55.02 373,54
				22:59.66

	100m 01:20.23 41,63	400m 05:41.48 178,45	800m 11:55.02 373,54	
22. Naomi van der Sluis (De Eerste Kolk, 200402824)	50m 00:38.96 38,96	200m 02:50.54 88,17	400m 05:52.83 182,29	800m 12:08.61 375,78
	100m 01:22.37 43,41	400m 05:52.83 182,29	800m 12:08.61 375,78	23:02.02
23. Lena Nieuwdam (Zignea, 200202806)	50m 00:39.68 39,68	200m 02:56.17 92,32	400m 06:03.60 187,43	800m 12:14.12 370,52
	100m 01:23.85 44,17	400m 06:03.60 187,43	800m 12:14.12 370,52	23:10.36
24. Shania Frederik (Batavia Swim, 200604386)	50m 00:41.22 41,22	200m 02:56.92 91,26	400m 06:04.33 187,41	800m 12:20.07 375,74
	100m 01:25.66 44,44	400m 06:04.33 187,41	800m 12:20.07 375,74	23:13.52
25. Anne-Linn Meijering (Batavia Swim, 200403252)	50m 00:42.23 42,23	200m 03:08.86 98,47	400m 06:22.36 193,50	800m 12:46.16 383,80
	100m 01:30.39 48,16	400m 06:22.36 193,50	800m 12:46.16 383,80	23:44.32
26. Sheila ten Voorde (Zvv, 199904538)	50m 00:38.08 38,08	200m 02:51.47 91,12	400m 05:58.07 186,60	800m 12:23.51 385,44
	100m 01:20.35 42,27	400m 05:58.07 186,60	800m 12:23.51 385,44	23:47.31
27. Joelle Kagenaar (Zignea, 200600070)	50m 00:40.07 40,07	200m 02:56.58 92,29	400m 06:04.04 187,46	800m 12:23.17 379,13
	100m 01:24.29 44,22	400m 06:04.04 187,46	800m 12:23.17 379,13	23:55.06
28. Wendy van Luttikhuisen (Zvv, 200501052)	50m 00:39.61 39,61	200m 02:59.69 94,75	400m 06:12.85 193,16	800m 12:40.69 387,84
	100m 01:24.94 45,33	400m 06:12.85 193,16	800m 12:40.69 387,84	24:09.96
29. Irenka van Dalfsen (De Eerste Kolk, 200302666)	50m 00:39.97 39,97	200m 02:57.66 93,84	400m 06:08.92 191,26	800m 12:48.29 399,37
	100m 01:23.82 43,85	400m 06:08.92 191,26	800m 12:48.29 399,37	24:12.09
30. Lara Tuinman (De Eerste Kolk, 200400148)	50m 00:40.26 40,26	200m 03:02.69 97,06	400m 06:19.83 197,14	800m 12:55.11 395,28
	100m 01:25.63 45,37	400m 06:19.83 197,14	800m 12:55.11 395,28	24:15.09
31. Marit Brouwer (Z&PC Hatto-Heim, 200501626)	50m 00:42.32 42,32	200m 03:04.13 95,83	400m 06:20.21 196,08	800m 12:55.71 395,50
	100m 01:28.30 45,98	400m 06:20.21 196,08	800m 12:55.71 395,50	24:25.22
32. Jirsa van Dalfsen (De Eerste Kolk, 200600146)	50m 00:43.36 43,36	200m 03:09.37 98,42	400m 06:27.57 198,20	800m 13:06.55 398,98
	100m 01:30.95 47,59	400m 06:27.57 198,20	800m 13:06.55 398,98	24:32.81
33. Sophie Velsink (Zvv, 200503930)	50m 00:43.67 43,67	200m 03:14.64 101,96	400m 06:38.07 203,43	800m 13:24.44 406,37
	100m 01:32.68 49,01	400m 06:38.07 203,43	800m 13:24.44 406,37	25:07.21
34. Anniek van 't Holt (Z&PC Hatto-Heim, 200603140)	50m 00:43.86 43,86	200m 03:15.07 102,93	400m 06:45.93 210,86	800m 13:44.13 418,20
	100m 01:32.14 48,28	400m 06:45.93 210,86	800m 13:44.13 418,20	26:00.94
35. Anouk Trinks (De Eerste Kolk, 200302878)	50m 00:41.50 41,50	200m 03:13.33 103,14	400m 06:48.40 215,07	800m 14:06.94 438,54
	100m 01:30.19 48,69	400m 06:48.40 215,07	800m 14:06.94 438,54	26:49.64
36. Betsie Klompmaker-Mulder (Noord-Veluwe, 195900200)	50m 00:52.88 52,88	200m 03:57.35 122,26	400m 08:05.96 248,61	800m 16:18.73 492,77
	100m 01:55.09 62,21	400m 08:05.96 248,61	800m 16:18.73 492,77	30:38.09
37. Annemieke Visch (Zuiderzeezwemmers, 198302762) [S14]	50m 00:50.98 50,98	200m 03:52.15 124,20	400m 08:05.47 253,32	800m 16:28.05 502,58
	100m 01:47.95 56,97	400m 08:05.47 253,32	800m 16:28.05 502,58	31:11.79
6. 1500m vrije slag - Heren				
vanaf 14 jaar (Junioren 3 en ouder)				
1. Jarmo van den Blink (Batavia Swim, 200100585)	50m 00:31.52 31,52	200m 02:16.14 70,47	400m 04:38.85 142,71	800m 09:29.17 290,32
	100m 01:05.67 34,15	400m 04:38.85 142,71	800m 09:29.17 290,32	18:03.82

2. Ilmar Stoop (Zuiderzeezwemmers, 200100871)					18:32.70
50m	00:31.07 31,07	200m	02:16.48 70,53	400m	04:40.51 144,03
100m	01:05.95 34,88	400m	04:40.51 144,03	800m	09:42.02 301,51
3. Matias Jansen (Zignea, 200300199)					18:37.98
50m	00:31.85 31,85	200m	02:21.33 73,91	400m	04:52.57 151,24
100m	01:07.42 35,57	400m	04:52.57 151,24	800m	09:57.25 304,68
4. Lesley Smits (Zuiderzeezwemmers, 200105227)					19:01.07
50m	00:32.40 32,40	200m	02:24.45 75,72	400m	04:58.47 154,02
100m	01:08.73 36,33	400m	04:58.47 154,02	800m	10:04.81 306,34
5. Lars Koopman (Zignea, 200202131)					20:20.63
50m	00:34.21 34,21	200m	02:31.72 80,22	400m	05:17.98 166,26
100m	01:11.50 37,29	400m	05:17.98 166,26	800m	10:50.84 332,86
6. Lennard Beens (De Eerste Kolk, 200200099)					20:36.30
50m	00:35.24 35,24	200m	02:35.41 81,83	400m	05:21.18 165,77
100m	01:13.58 38,34	400m	05:21.18 165,77	800m	11:00.48 339,30
7. Gerko Versluis (Zuiderzeezwemmers, 196901439)					20:58.50
50m	00:37.72 37,72	200m	02:40.91 83,12	400m	05:29.23 168,32
100m	01:17.79 40,07	400m	05:29.23 168,32	800m	11:05.06 335,83
8. Thijs Goossens (Zignea, 200204401)					21:02.85
50m	00:34.37 34,37	200m	02:33.38 81,44	400m	05:18.42 165,04
100m	01:11.94 37,57	400m	05:18.42 165,04	800m	10:59.37 340,95
9. Youri Jansen (Batavia Swim, 200105259)					21:14.96
50m	00:36.82 36,82	200m	02:45.29 86,29	400m	05:39.75 174,46
100m	01:19.00 42,18	400m	05:39.75 174,46	800m	11:28.56 348,81
10. Jorgen Gerritsen (De Eerste Kolk, 200000001)					21:16.84
50m	00:34.80 34,80	200m	02:34.54 81,30	400m	05:25.63 171,09
100m	01:13.24 38,44	400m	05:25.63 171,09	800m	11:17.79 352,16
11. Gerco Kwakkel (Z&PC Hatto-Heim, 199800847)					21:30.30
50m	00:34.28 34,28	200m	02:35.93 82,76	400m	05:27.45 171,52
100m	01:13.17 38,89	400m	05:27.45 171,52	800m	11:17.91 350,46
12. Jan Julkowski (Zignea, 200500275)					22:29.15
50m	00:36.13 36,13	200m	02:43.62 86,16	400m	05:44.05 180,43
100m	01:17.46 41,33	400m	05:44.05 180,43	800m	11:53.78 369,73
13. Tom Bandsma (Psv, 197701625)					23:03.31
50m	00:37.40 37,40	200m	02:43.98 85,92	400m	05:44.27 180,29
100m	01:18.06 40,66	400m	05:44.27 180,29	800m	10:20.77 276,50
14. Paul van der Voort (De Zwoer, 196200715)					24:05.89
50m	00:39.42 39,42	200m	02:59.10 95,08	400m	06:13.13 194,03
100m	01:24.02 44,60	400m	06:13.13 194,03	800m	12:44.89 391,76
15. Luuk Hagting (Zuiderzeezwemmers, 197101709)					24:26.32
50m	00:42.15 42,15	200m	03:01.91 94,18	400m	06:13.91 192,00
100m	01:27.73 45,58	400m	06:13.91 192,00	800m	12:46.72 392,81
16. Frans de Lange (Flevo, 199206249)					24:37.73
50m	00:40.37 40,37	200m	03:01.76 95,92	400m	06:21.94 200,18
100m	01:25.84 45,47	400m	06:21.94 200,18	800m	13:05.44 403,50
BM. Storm Tolsma (Zignea, 200600277)					BM
50m	00:34.82 34,82	200m	02:33.90 80,79	400m	05:17.96 164,06
100m	01:13.11 38,29	400m	05:17.96 164,06	800m	10:48.64 330,68
7. 100m wisselslag - Dames					
10 - 10 jaar (Minioren 5)					
1. Isabel Eemstra (Octopus, 200900042)					01:28.87
2. Iris van Beek (Zignea, 200902580)					01:30.94
3. Elin Heeren (Zignea, 200900688)					01:35.42

8. 100m wisselslag - Heren

10 - 11 jaar (*Minioren 5 en 6*)

1. Herniek van Dalfsen (De Eerste Kolk, 200800295)

01:58.94

2. Marnick Oortwijn (De Eerste Kolk, 200901903)

02:01.29

DIS. Daniël Deuling (Zignea, 200801251)

00:00.00

BM. Sven Casper Hageman (Zignea, 201000009)

BM