

# Nederlandse Junioren Kampioenschappen 2023



KNZB in samenwerking met Z&PV Nueneu  
Eindhoven 16-6-2023 t/m 18-6-2023

Nummer: 1 - vrijdag 16 juni 2023 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

## 1. 400m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Malin Roozeboom (WVZ, 201100006)					04:51.72(+90)		
50m	00:32.78 32,78	150m	01:46.79 37,17	250m	03:01.11 37,16	350m	04:16.14 37,32
100m	01:09.62 36,84	200m	02:23.95 37,16	300m	03:38.82 37,71		
2. Fenne Metten (ZPC AMERSFOORT, 201000102)					04:58.62(+76)		
50m	00:32.59 32,59	150m	01:47.11 37,77	250m	03:04.60 38,81	350m	04:22.28 38,91
100m	01:09.34 36,75	200m	02:25.79 38,68	300m	03:43.37 38,77		
3. Nina van der Schrier (AZC, 201000444)					04:59.04(+77)		
50m	00:32.22 32,22	150m	01:46.94 38,24	250m	03:04.22 38,84	350m	04:21.98 38,56
100m	01:08.70 36,48	200m	02:25.38 38,44	300m	03:43.42 39,20		
4. Marre van der Wal (Bolsward-Workum (SG), 201000046)					05:00.86(+78)		
50m	00:33.96 33,96	150m	01:49.37 38,12	250m	03:07.38 39,27	350m	04:24.80 38,32
100m	01:11.25 37,29	200m	02:28.11 38,74	300m	03:46.48 39,10		
5. Erin de Jong (GZC DONK, 201000024)					05:01.16(+95)		
50m	00:32.38 32,38	150m	01:46.86 37,71	250m	03:03.99 38,63	350m	04:23.00 39,10
100m	01:09.15 36,77	200m	02:25.36 38,50	300m	03:43.90 39,91		
6. Nina Tetteroo (De Columbiaan, 201000048)					05:02.76(+75)		
50m	00:33.41 33,41	150m	01:48.97 37,99	250m	03:06.73 38,92	350m	04:25.30 39,65
100m	01:10.98 37,57	200m	02:27.81 38,84	300m	03:45.65 38,92		
7. Paula Spans (ZV 44, 201000064)					05:03.73(+78)		
50m	00:31.89 31,89	150m	01:44.99 37,68	250m	03:04.17 40,17	350m	04:25.10 40,37
100m	01:07.31 35,42	200m	02:24.00 39,01	300m	03:44.73 40,56		
8. Mariia Kostina (Blue Marlins, 201002042)					05:04.15(+78)		
50m	00:32.08 32,08	150m	01:47.97 38,47	250m	03:07.53 40,27	350m	04:26.23 39,25
100m	01:09.50 37,42	200m	02:27.26 39,29	300m	03:46.98 39,45		
9. Julia Dąbrowska (Blue Marlins, 201000300)					05:05.62(+75)		
50m	00:32.46 32,46	150m	01:47.29 37,98	250m	03:05.91 39,44	350m	04:26.09 39,82
100m	01:09.31 36,85	200m	02:26.47 39,18	300m	03:46.27 40,36		
10. Frédérique Nijziel (PSV, 201103114)					05:06.44(+80)		
50m	00:33.25 33,25	150m	01:51.50 39,66	250m	03:10.88 39,38	350m	04:28.78 38,58
100m	01:11.84 38,59	200m	02:31.50 40,00	300m	03:50.20 39,32		
11. Tess van de Steeg (WVZ, 201000016)					05:06.68(+77)		
50m	00:32.54 32,54	150m	01:48.49 38,48	250m	03:07.33 39,31	350m	04:27.79 39,88
100m	01:10.01 37,47	200m	02:28.02 39,53	300m	03:47.91 40,58		
12. Anne Engbersen (De Fuut, 201000044)					05:06.77(+75)		
50m	00:32.63 32,63	150m	01:48.40 38,87	250m	03:09.35 40,50	350m	04:30.70 40,55
100m	01:09.53 36,90	200m	02:28.85 40,45	300m	03:50.15 40,80		
13. Wieke Dekker (De Dolfijn, 201002020)					05:06.95(+70)		
50m	00:33.56 33,56	150m	01:50.67 38,99	250m	03:09.38 39,62	350m	04:28.49 38,83
100m	01:11.68 38,12	200m	02:29.76 39,09	300m	03:49.66 40,28		
14. Senna Boogmans (De Duinkickers, 201000640)					05:07.47(+80)		
50m	00:32.84 32,84	150m	01:48.72 38,82	250m	03:08.26 40,09	350m	04:28.71 40,19

	100m 01:09.90 37,06	200m 02:28.17 39,45	300m 03:48.52 40,26		
15. Maya Fahmi (De Dolfijn, 201003278)					05:07.59(+70)
	50m 00:33.52 33,52	150m 01:50.88 39,76	250m 03:09.87 39,12	350m 04:29.56 39,48	
	100m 01:11.12 37,60	200m 02:30.75 39,87	300m 03:50.08 40,21		
16. Freeke Super (PSV, 201003638)					05:08.03(+67)
	50m 00:34.54 34,54	150m 01:51.93 38,58	250m 03:11.38 39,47	350m 04:30.08 38,79	
	100m 01:13.35 38,81	200m 02:31.91 39,98	300m 03:51.29 39,91		
17. Elin Baars (DWK, 201000138)					05:08.30(+80)
	50m 00:34.95 34,95	150m 01:53.27 39,55	250m 03:12.01 39,04	350m 04:31.02 39,09	
	100m 01:13.72 38,77	200m 02:32.97 39,70	300m 03:51.93 39,92		
18. Noa van Zalk (ZPC AMERSFOORT, 201102534)					05:08.87(+57)
	50m 00:33.78 33,78	150m 01:48.94 38,29	250m 03:07.64 39,48	350m 04:28.55 40,69	
	100m 01:10.65 36,87	200m 02:28.16 39,22	300m 03:47.86 40,22		
19. Carla Moreno Palacios (De Dolfijn, 201002302)					05:09.05(+71)
	50m 00:32.92 32,92	150m 01:49.68 39,34	250m 03:10.00 40,52	350m 04:31.70 41,04	
	100m 01:10.34 37,42	200m 02:29.48 39,80	300m 03:50.66 40,66		
20. Anna Lepoutre (PSV, 201100534)					05:10.79(+69)
	50m 00:31.73 31,73	150m 01:48.97 39,31	250m 03:09.50 41,26	350m 04:31.53 41,62	
	100m 01:09.66 37,93	200m 02:28.24 39,27	300m 03:49.91 40,41		
21. Yill van Bezouw (Hieronymus, 201100704)					05:11.59(+73)
	50m 00:33.03 33,03	150m 01:51.04 39,22	250m 03:11.69 40,40	350m 04:32.58 40,23	
	100m 01:11.82 38,79	200m 02:31.29 40,25	300m 03:52.35 40,66		
22. Linou van Kampen (ZPCH, 201000594)					05:12.11(+76)
	50m 00:32.82 32,82	150m 01:49.30 39,37	250m 03:10.94 40,63	350m 04:32.87 41,07	
	100m 01:09.93 37,11	200m 02:30.31 41,01	300m 03:51.80 40,86		
23. Lola Verheijen (PSV, 201100832)					05:12.48(+79)
	50m 00:33.80 33,80	150m 01:53.21 40,60	250m 03:15.24 41,26	350m 04:34.16 38,49	
	100m 01:12.61 38,81	200m 02:33.98 40,77	300m 03:55.67 40,43		
24. Mattea Gliese-Sloojer (De Dinkel, 201100008)					05:12.77(+84)
	50m 00:33.38 33,38	150m 01:51.34 39,73	250m 03:11.99 40,45	350m 04:33.49 40,85	
	100m 01:11.61 38,23	200m 02:31.54 40,20	300m 03:52.64 40,65		
25. Nadia van der Wal (ZPCH, 201003114)					05:13.73(+67)
	50m 00:34.04 34,04	150m 01:54.40 40,62	250m 03:15.86 40,66	350m 04:36.65 39,97	
	100m 01:13.78 39,74	200m 02:35.20 40,80	300m 03:56.68 40,82		
26. Anouk Steller (WVZ, 201000004)					05:15.04(+80)
	50m 00:34.00 34,00	150m 01:53.53 40,45	250m 03:14.73 40,52	350m 04:36.26 40,62	
	100m 01:13.08 39,08	200m 02:34.21 40,68	300m 03:55.64 40,91		
27. Odenza Soselisa (Blue Marlins, 201101780)					05:16.32(+89)
	50m 00:34.68 34,68	150m 01:53.93 40,25	250m 03:16.31 41,55	350m 04:37.72 40,38	
	100m 01:13.68 39,00	200m 02:34.76 40,83	300m 03:57.34 41,03		
28. Milou Filemon (ZZ&PC De Devel, 201100078)					05:16.67(+78)
	50m 00:34.04 34,04	150m 01:52.22 39,80	250m 03:14.14 41,45	350m 04:37.33 41,31	
	100m 01:12.42 38,38	200m 02:32.69 40,47	300m 03:56.02 41,88		
29. Eva de Man (Aqua-Novio'94, 201000294)					05:16.97(+84)
	50m 00:33.72 33,72	150m 01:54.01 40,57	250m 03:14.69 40,64	350m 04:37.97 41,45	
	100m 01:13.44 39,72	200m 02:34.05 40,04	300m 03:56.52 41,83		
30. Famke Franzen (De Schotegil, 201000058)					05:16.99(+76)
	50m 00:34.43 34,43	150m 01:54.34 40,85	250m 03:15.92 40,61	350m 04:37.91 40,32	
	100m 01:13.49 39,06	200m 02:35.31 40,97	300m 03:57.59 41,67		
31. Ilse Jongepier (THOR, 201000006)					05:17.45(+76)
	50m 00:34.87 34,87	150m 01:54.46 40,78	250m 03:16.62 41,46	350m 04:39.31 41,43	
	100m 01:13.68 38,81	200m 02:35.16 40,70	300m 03:57.88 41,26		
32. Chloé in 't Veen (WVZ, 201100010)					05:21.51(+77)
	50m 00:35.33 35,33	150m 01:56.53 40,78	250m 03:19.67 40,89	350m 04:42.47 40,77	

	100m 01:15.7540,42	200m 02:38.7842,25	300m 04:01.7042,03		
33. Casharell Kraan (Blue Marlins, 201103426)					05:22.49(+65)
	50m 00:33.4333,43	150m 01:52.0040,57	250m 03:16.5742,45	350m 04:41.8042,43	
	100m 01:11.4338,00	200m 02:34.1242,12	300m 03:59.3742,80		
34. Tessa van Beek (DWK, 201001446)					05:22.86(+75)
	50m 00:36.7036,70	150m 01:59.0541,29	250m 03:22.0641,43	350m 04:43.8341,01	
	100m 01:17.7641,06	200m 02:40.6341,58	300m 04:02.8240,76		
35. Elke Kriesels (Hieronymus, 201100898)					05:23.18(+78)
	50m 00:35.1735,17	150m 01:57.0242,04	250m 03:20.2941,93	350m 04:43.2942,00	
	100m 01:14.9839,81	200m 02:38.3641,34	300m 04:01.2941,00		
36. Manou Longayroux (ZZ&PC De Devel, 201000580)					05:23.55(+68)
	50m 00:36.5236,52	150m 02:00.4342,14	250m 03:24.5141,73	350m 04:46.3840,13	
	100m 01:18.2941,77	200m 02:42.7842,35	300m 04:06.2541,74		
37. Evelien Goorhuis (Hieronymus, 201000194)					05:24.25(+76)
	50m 00:34.5134,51	150m 01:55.2840,86	250m 03:17.8640,82	350m 04:42.1942,01	
	100m 01:14.4239,91	200m 02:37.0441,76	300m 04:00.1842,32		
38. Alaine Lomans (Eszet, 201000420)					05:27.36(+70)
	50m 00:37.3137,31	150m 01:58.9041,19	250m 03:23.5643,29	350m 04:46.9141,24	
	100m 01:17.7140,40	200m 02:40.2741,37	300m 04:05.6742,11		
39. Femke ter Horst (ZPC Hoogeveen, 201000108)					05:27.56(+87)
	50m 00:37.0637,06	150m 01:59.0141,73	250m 03:24.7143,01	350m 04:47.3940,55	
	100m 01:17.2840,22	200m 02:41.7042,69	300m 04:06.8442,13		
40. Romée Smit (MSV-Zeemacht, 201100438)					05:28.74(+75)
	50m 00:36.5336,53	150m 02:01.0942,85	250m 03:25.7242,43	350m 04:48.6441,17	
	100m 01:18.2441,71	200m 02:43.2942,20	300m 04:07.4741,75		
41. Annelie Batenburg (PSV, 201001962)					05:29.50(+74)
	50m 00:36.9936,99	150m 02:00.3442,32	250m 03:24.7542,17	350m 04:49.4142,41	
	100m 01:18.0241,03	200m 02:42.5842,24	300m 04:07.0042,25		
42. Eefje van Hinsbergen (Blue Marlins, 201002252)					05:31.44(+68)
	50m 00:36.2036,20	150m 01:59.9542,31	250m 03:25.5942,72	350m 04:51.2642,42	
	100m 01:17.6441,44	200m 02:42.8742,92	300m 04:08.8443,25		
43. Jayna Wagemakers (AquaDream, 201000226)					05:31.61(+78)
	50m 00:36.3936,39	150m 02:00.5242,89	250m 03:26.2442,98	350m 04:52.2042,99	
	100m 01:17.6341,24	200m 02:43.2642,74	300m 04:09.2142,97		
44. Maryse Kuijper (DWK, 201000692)					05:32.53(+88)
	50m 00:35.7435,74	150m 02:00.8643,29	250m 03:27.4343,34	350m 04:52.9641,89	
	100m 01:17.5741,83	200m 02:44.0943,23	300m 04:11.0743,64		
45. Lynn ten Berge (De Dinkel, 201000884)					05:33.27(+78)
	50m 00:35.5335,53	150m 02:00.7142,77	250m 03:26.7242,66	350m 04:51.9441,81	
	100m 01:17.9442,41	200m 02:44.0643,35	300m 04:10.1343,41		
46. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)					05:35.15(+79)
	50m 00:36.8136,81	150m 02:01.1142,94	250m 03:28.1843,93	350m 04:54.3342,60	
	100m 01:18.1741,36	200m 02:44.2543,14	300m 04:11.7343,55		
47. Elin Reinstra (TriVia, 201100842)					05:36.03(+77)
	50m 00:35.2535,25	150m 01:57.0942,02	250m 03:24.5043,75	350m 04:52.9744,53	
	100m 01:15.0739,82	200m 02:40.7543,66	300m 04:08.4443,94		
48. Kim Bouman (ZPC AMERSFOORT, 201000262)					05:36.52(+89)
	50m 00:35.2935,29	150m 01:58.4042,31	250m 03:25.4043,60	350m 04:53.3243,92	
	100m 01:16.0940,80	200m 02:41.8043,40	300m 04:09.4044,00		
49. Tess Meeuwissen (De Columbiaan, 201000370)					05:42.71(+62)
	50m 00:36.2136,21	150m 02:01.3343,75	250m 03:30.5444,53	350m 04:59.0544,18	
	100m 01:17.5841,37	200m 02:46.0144,68	300m 04:14.8744,33		
DIS. Fenna Zusterzeel (PSV, 201000008)					00:00.00

## 2. 400m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Tobian Vos (ZPC AMERSFOORT, 200900005)					04:24.23(+71)
50m	00:29.01 29,01	150m	01:34.16 33,43	250m	02:43.09 34,43
100m	01:00.73 31,72	200m	02:08.66 34,50	300m	03:17.81 34,72
350m	03:51.85 34,04				
2. Theodore Allan (PSV, 200902925)					04:24.25(+65)
50m	00:29.16 29,16	150m	01:35.71 34,02	250m	02:43.90 34,07
100m	01:01.69 32,53	200m	02:09.83 34,12	300m	03:18.23 34,33
350m	03:52.26 34,03				
3. Sven Koornstra (De Vikings, 200900189)					04:27.74(+73)
50m	00:30.87 30,87	150m	01:38.38 33,45	250m	02:47.50 34,09
100m	01:04.93 34,06	200m	02:13.41 35,03	300m	03:21.80 34,30
350m	03:54.46 32,66				
4. Tim van de Moosdijk (PSV, 200900187)					04:31.24(+79)
50m	00:29.02 29,02	150m	01:35.82 34,30	250m	02:46.49 35,46
100m	01:01.52 32,50	200m	02:11.03 35,21	300m	03:21.77 35,28
350m	03:57.23 35,46				
5. Giulian Janssen (PSV, 200900125)					04:32.40(+62)
50m	00:28.98 28,98	150m	01:37.47 34,74	250m	02:47.94 35,03
100m	01:02.73 33,75	200m	02:12.91 35,44	300m	03:23.13 35,19
350m	03:58.01 34,88				
6. Jelte de Jong (ZPCH, 200900975)					04:32.43(+63)
50m	00:30.62 30,62	150m	01:38.67 34,36	250m	02:48.46 34,88
100m	01:04.31 33,69	200m	02:13.58 34,91	300m	03:23.35 34,89
350m	03:58.09 34,74				
7. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)					04:35.81(+74)
50m	00:30.21 30,21	150m	01:39.87 35,75	250m	02:51.73 36,32
100m	01:04.12 33,91	200m	02:15.41 35,54	300m	03:27.30 35,57
350m	04:01.78 34,48				
8. Mattia Maggio (Hellas-Glana, 200903311)					04:37.76(+67)
50m	00:30.11 30,11	150m	01:38.85 35,17	250m	02:48.49 34,68
100m	01:03.68 33,57	200m	02:13.81 34,96	300m	03:24.09 35,60
350m	04:01.08 36,99				
9. Feddo Smink (ZPC AMERSFOORT, 200900007)					04:37.83(+65)
50m	00:30.17 30,17	150m	01:39.23 34,94	250m	02:50.65 35,58
100m	01:04.29 34,12	200m	02:15.07 35,84	300m	03:26.97 36,32
350m	04:03.37 36,40				
10. Martijn Nies (PSV, 200902095)					04:38.43(+65)
50m	00:29.84 29,84	150m	01:38.56 35,16	250m	02:49.84 35,91
100m	01:03.40 33,56	200m	02:13.93 35,37	300m	03:26.32 36,48
350m	04:03.10 36,78				
11. Felbe van 't Land (ZPC AMERSFOORT, 200900027)					04:39.47(+74)
50m	00:29.96 29,96	150m	01:40.29 35,75	250m	02:52.28 36,09
100m	01:04.54 34,58	200m	02:16.19 35,90	300m	03:28.40 36,12
350m	04:04.74 36,34				
12. Davi Fonseca Gomes (PSV, 200902795)					04:40.44(+71)
50m	00:30.01 30,01	150m	01:40.45 35,99	250m	02:52.57 36,18
100m	01:04.46 34,45	200m	02:16.39 35,94	300m	03:29.71 37,14
350m	04:05.72 36,01				
13. Sverre van der Zwaan (WVZ, 200900737)					04:40.63(+74)
50m	00:30.61 30,61	150m	01:40.83 35,81	250m	02:52.95 36,30
100m	01:05.02 34,41	200m	02:16.65 35,82	300m	03:29.44 36,49
350m	04:05.89 36,45				
14. Finn Hilders (De Dolfijn, 200900283)					04:40.71(+69)
50m	00:30.31 30,31	150m	01:41.98 36,46	250m	02:54.04 35,62
100m	01:05.52 35,21	200m	02:18.42 36,44	300m	03:30.25 36,21
350m	04:06.18 35,93				
15. Finn Eghuizen (HZ&PC Heerenveen, 200900431)					04:42.10(+77)
50m	00:30.09 30,09	150m	01:40.22 35,79	250m	02:52.36 36,08
100m	01:04.43 34,34	200m	02:16.28 36,06	300m	03:29.69 37,33
350m	04:06.65 36,96				
16. Mike Hilders (De Dolfijn, 200900281)					04:43.74(+73)
50m	00:29.96 29,96	150m	01:40.08 35,81	250m	02:53.48 37,03
100m	01:04.27 34,31	200m	02:16.45 36,37	300m	03:30.03 36,55
350m	04:07.17 37,14				
17. Ivo Bot (Wiekslag, 200900509)					04:44.52(+68)
50m	00:29.80 29,80	150m	01:42.49 36,90	250m	02:57.03 37,38
100m	01:05.59 35,79	200m	02:19.65 37,16	300m	03:34.37 37,34
350m	04:10.75 36,38				
18. Adriaan Coppelmans (AZC, 200903243)					04:45.23(+71)

	50m 00:29.74 29,74	150m 01:39.15 35,34	250m 02:53.30 37,04	350m 04:08.53 37,32	
	100m 01:03.81 34,07	200m 02:16.26 37,11	300m 03:31.21 37,91		
19. Stefan van der Meer (VZC, 200901361)					04:47.92(+71)
	50m 00:30.61 30,61	150m 01:41.95 36,52	250m 02:56.94 37,05	350m 04:12.27 37,41	
	100m 01:05.43 34,82	200m 02:19.89 37,94	300m 03:34.86 37,92		
20. Ruben Baars (DWK, 200900471)					04:47.93(+63)
	50m 00:30.15 30,15	150m 01:41.05 36,18	250m 02:55.65 37,47	350m 04:11.52 37,90	
	100m 01:04.87 34,72	200m 02:18.18 37,13	300m 03:33.62 37,97		
21. Thygo van de Peppel (Blue Marlins, 200901101)					04:49.81(+63)
	50m 00:30.65 30,65	150m 01:44.10 36,84	250m 02:59.92 38,16	350m 04:14.96 36,77	
	100m 01:07.26 36,61	200m 02:21.76 37,66	300m 03:38.19 38,27		
22. Thomas Nauta (Arethusa, 200900339)					04:51.41(+75)
	50m 00:32.26 32,26	150m 01:46.22 37,66	250m 03:01.45 37,47	350m 04:15.91 36,68	
	100m 01:08.56 36,30	200m 02:23.98 37,76	300m 03:39.23 37,78		
23. Aidan van der Stelt (De Geul, 200900901)					04:52.47(+69)
	50m 00:31.07 31,07	150m 01:45.54 37,59	250m 03:02.19 38,80	350m 04:17.61 37,35	
	100m 01:07.95 36,88	200m 02:23.39 37,85	300m 03:40.26 38,07		
24. Evren Ege Orcunus (De Dolfijn, 201003253)					04:52.59(+71)
	50m 00:31.23 31,23	150m 01:43.76 37,33	250m 03:00.07 38,41	350m 04:17.17 38,66	
	100m 01:06.43 35,20	200m 02:21.66 37,90	300m 03:38.51 38,44		
25. Luca Boorsma (De Columbiaan, 200902031)					04:52.65(+64)
	50m 00:30.94 30,94	150m 01:42.86 36,83	250m 02:58.34 37,94	350m 04:15.03 37,95	
	100m 01:06.03 35,09	200m 02:20.40 37,54	300m 03:37.08 38,74		
26. Thijmen Pruijssers (Hieronymus, 201000129)					04:54.20(+68)
	50m 00:31.66 31,66	150m 01:45.12 37,48	250m 03:01.55 38,06	350m 04:17.71 38,26	
	100m 01:07.64 35,98	200m 02:23.49 38,37	300m 03:39.45 37,90		
27. Sacha van Hees Ajdnik (ZEPS, 200900489)					04:55.51(+73)
	50m 00:32.65 32,65	150m 01:48.72 38,43	250m 03:05.61 37,63	350m 04:21.95 38,30	
	100m 01:10.29 37,64	200m 02:27.98 39,26	300m 03:43.65 38,04		
28. Mathijs de Wit (KSN (SG), 201001215)					04:56.18(+72)
	50m 00:32.98 32,98	150m 01:50.31 39,21	250m 03:08.33 38,76	350m 04:23.85 37,46	
	100m 01:11.10 38,12	200m 02:29.57 39,26	300m 03:46.39 38,06		
29. Roy Hofman (DZ&PC, 200900439)					04:57.80(+77)
	50m 00:31.93 31,93	150m 01:46.81 38,21	250m 03:04.58 39,02	350m 04:21.38 37,68	
	100m 01:08.60 36,67	200m 02:25.56 38,75	300m 03:43.70 39,12		
30. Tariq van Laar (De Rijn, 200900819)					04:57.93(+71)
	50m 00:31.64 31,64	150m 01:46.69 37,93	250m 03:05.34 39,76	350m 04:22.81 37,90	
	100m 01:08.76 37,12	200m 02:25.58 38,89	300m 03:44.91 39,57		
30. Owen Houdé (De Geul, 200900903)					04:57.93(+71)
	50m 00:31.63 31,63	150m 01:47.41 38,70	250m 03:05.95 39,38	350m 04:24.11 38,38	
	100m 01:08.71 37,08	200m 02:26.57 39,16	300m 03:45.73 39,78		
32. Mathieu Gepkens (VZC, 201000045)					04:58.38(+70)
	50m 00:31.97 31,97	150m 01:45.77 37,46	250m 03:02.78 38,51	350m 04:21.01 39,38	
	100m 01:08.31 36,34	200m 02:24.27 38,50	300m 03:41.63 38,85		
33. Max van der Spank (Hieronymus, 201000275)					04:58.40(+71)
	50m 00:32.09 32,09	150m 01:47.01 37,53	250m 03:03.87 38,60	350m 04:21.21 38,19	
	100m 01:09.48 37,39	200m 02:25.27 38,26	300m 03:43.02 39,15		
34. Duuk Harms (Dedemsvaart-AC, 200900201)					04:58.47(+77)
	50m 00:31.98 31,98	150m 01:43.52 36,38	250m 02:59.62 37,87	350m 04:19.11 40,25	
	100m 01:07.14 35,16	200m 02:21.75 38,23	300m 03:38.86 39,24		
35. Jan Schouten (ZVL-1886 Center, 200902305)					04:59.33(+87)
	50m 00:32.19 32,19	150m 01:46.08 37,70	250m 03:03.67 38,75	350m 04:21.99 39,02	
	100m 01:08.38 36,19	200m 02:24.92 38,84	300m 03:42.97 39,30		
36. Xander Kragting (De Blauwe Schuur, 200900077)					04:59.87(+73)

	50m 00:31.89 31,89	150m 01:45.17 37,47	250m 03:03.74 39,48	350m 04:22.54 39,10	
	100m 01:07.70 35,81	200m 02:24.26 39,09	300m 03:43.44 39,70		
37. Paul Ruitenberg (De Geul, 200900979)					05:01.51(+71)
	50m 00:30.65 30,65	150m 01:44.92 38,02	250m 03:04.55 40,09	350m 04:25.10 40,32	
	100m 01:06.90 36,25	200m 02:24.46 39,54	300m 03:44.78 40,23		
38. Lucas Schouten (ZPCH, 200901925)					05:01.93(+70)
	50m 00:33.76 33,76	150m 01:49.59 38,56	250m 03:07.28 38,37	350m 04:24.28 38,56	
	100m 01:11.03 37,27	200m 02:28.91 39,32	300m 03:45.72 38,44		
39. Dinand Kop (DAW, 200901001)					05:02.10(+81)
	50m 00:32.07 32,07	150m 01:46.23 38,14	250m 03:05.10 39,30	350m 04:24.13 38,96	
	100m 01:08.09 36,02	200m 02:25.80 39,57	300m 03:45.17 40,07		
40. Bink de Vries (AZC, 200901887)					05:02.11(+68)
	50m 00:32.06 32,06	150m 01:46.47 37,90	250m 03:05.60 39,66	350m 04:24.83 39,14	
	100m 01:08.57 36,51	200m 02:25.94 39,47	300m 03:45.69 40,09		
41. Dax van den Nouland (Blue Marlins, 201000071)					05:02.62(+68)
	50m 00:32.87 32,87	150m 01:48.15 38,53	250m 03:06.00 38,99	350m 04:24.54 39,36	
	100m 01:09.62 36,75	200m 02:27.01 38,86	300m 03:45.18 39,18		
42. Oleksandr Hordiienko (De Aalscholver, 201003061)					05:04.41(+70)
	50m 00:33.48 33,48	150m 01:52.30 39,99	250m 03:12.08 39,63	350m 04:28.61 36,89	
	100m 01:12.31 38,83	200m 02:32.45 40,15	300m 03:51.72 39,64		
43. Myron Artemenko (Niemo Barracuda, 201003021)					05:05.57(+72)
	50m 00:32.05 32,05	150m 01:48.98 38,96	250m 03:09.78 40,34	350m 04:28.34 38,97	
	100m 01:10.02 37,97	200m 02:29.44 40,46	300m 03:49.37 39,59		
44. Floris van de Wal (De Treffers, 200900495)					05:06.12(+73)
	50m 00:32.52 32,52	150m 01:50.11 39,82	250m 03:12.02 41,13	350m 04:31.00 38,34	
	100m 01:10.29 37,77	200m 02:30.89 40,78	300m 03:52.66 40,64		
45. Sascha Timmer (AZC, 200902987)					05:06.69(+62)
	50m 00:31.59 31,59	150m 01:46.96 38,40	250m 03:06.66 40,11	350m 04:28.35 41,31	
	100m 01:08.56 36,97	200m 02:26.55 39,59	300m 03:47.04 40,38		
46. Ruben Kragt (ZV 44, 201000007)					05:07.17(+73)
	50m 00:32.14 32,14	150m 01:48.24 39,08	250m 03:07.44 39,42	350m 04:28.34 40,53	
	100m 01:09.16 37,02	200m 02:28.02 39,78	300m 03:47.81 40,37		
47. Mauro Bedeke (DAW, 201000537)					05:08.12(+61)
	50m 00:32.74 32,74	150m 01:48.73 38,58	250m 03:08.53 39,89	350m 04:28.84 40,08	
	100m 01:10.15 37,41	200m 02:28.64 39,91	300m 03:48.76 40,23		
48. Brent Schifflers (ZPC Woerden, 200902041)					05:08.62(+79)
	50m 00:32.55 32,55	150m 01:47.99 38,16	250m 03:07.90 40,68	350m 04:30.15 40,81	
	100m 01:09.83 37,28	200m 02:27.22 39,23	300m 03:49.34 41,44		
49. Dani Yefimov (WS Twente, 200901305)					05:21.02(+79)
	50m 00:34.31 34,31	150m 01:53.38 40,57	250m 03:17.11 41,65	350m 04:40.29 41,64	
	100m 01:12.81 38,50	200m 02:35.46 42,08	300m 03:58.65 41,54		
50. Sven Vette (De Bevelanders, 200900519)					05:24.90(+71)
	50m 00:32.94 32,94	150m 01:49.63 39,16	250m 03:13.66 43,28	350m 04:42.70 44,28	
	100m 01:10.47 37,53	200m 02:30.38 40,75	300m 03:58.42 44,76		
3. 400m wisselslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Frouke Ludwig (DZ&PC, 200800112)					05:05.99(+71)
	50m 00:31.23 31,23	150m 01:45.51 37,86	250m 03:08.46 45,06	350m 04:30.27 35,25	
	100m 01:07.65 36,42	200m 02:23.40 37,89	300m 03:55.02 46,56		
2. Dachen Haaijer (ZPC Hoogeveen, 200800380)					05:06.65(+76)
	50m 00:33.09 33,09	150m 01:53.73 40,72	250m 03:16.55 44,51	350m 04:34.67 34,68	
	100m 01:13.01 39,92	200m 02:32.04 38,31	300m 03:59.99 43,44		
3. Charlotte Leijnse (Blue Marlins, 200802948)					05:10.71(+76)
	50m 00:31.54 31,54	150m 01:48.81 40,17	250m 03:14.52 46,61	350m 04:36.16 35,03	

	100m 01:08.64 37,10	200m 02:27.91 39,10	300m 04:01.13 46,61		
4. Nova Nijziel (PSV, 200804416)					05:15.20(+68)
	50m 00:31.80 31,80	150m 01:49.31 40,44	250m 03:14.26 44,92	350m 04:38.59 37,55	
	100m 01:08.87 37,07	200m 02:29.34 40,03	300m 04:01.04 46,78		
5. Elin Ditewig (VZC, 200900392)					05:16.18(+80)
	50m 00:31.69 31,69	150m 01:50.68 40,26	250m 03:16.98 46,31	350m 04:40.36 36,72	
	100m 01:10.42 38,73	200m 02:30.67 39,99	300m 04:03.64 46,66		
6. Fay Boxum (DZ&PC, 200900060)					05:18.94(+76)
	50m 00:32.65 32,65	150m 01:52.28 40,42	250m 03:16.68 45,30	350m 04:42.12 38,30	
	100m 01:11.86 39,21	200m 02:31.38 39,10	300m 04:03.82 47,14		
7. Laura van Etten (HZ&PC Heerenveen, 200800264)					05:19.90(+81)
	50m 00:33.65 33,65	150m 01:53.45 38,17	250m 03:18.51 47,35	350m 04:43.05 37,23	
	100m 01:15.28 41,63	200m 02:31.16 37,71	300m 04:05.82 47,31		
8. Meyke v. Nimwegen (De Schotejil, 200800106)					05:20.76(+76)
	50m 00:33.60 33,60	150m 01:54.44 40,68	250m 03:20.12 45,86	350m 04:44.00 37,44	
	100m 01:13.76 40,16	200m 02:34.26 39,82	300m 04:06.56 46,44		
9. Juliëtte Woltjes (VZC, 200900774)					05:24.28(+91)
	50m 00:33.01 33,01	150m 01:56.90 43,26	250m 03:24.08 45,90	350m 04:50.00 36,39	
	100m 01:13.64 40,63	200m 02:38.18 41,28	300m 04:13.61 49,53		
10. Bregje Dekkers (PSV, 200900746)					05:24.79(+71)
	50m 00:34.33 34,33	150m 01:55.68 41,22	250m 03:24.47 48,41	350m 04:49.58 37,02	
	100m 01:14.46 40,13	200m 02:36.06 40,38	300m 04:12.56 48,09		
11. Julie van Nispen (Z&PV Nuenen, 200800290)					05:25.36(+81)
	50m 00:35.33 35,33	150m 02:00.31 41,86	250m 03:27.73 48,21	350m 04:50.86 35,43	
	100m 01:18.45 43,12	200m 02:39.52 39,21	300m 04:15.43 47,70		
12. Luus Gielens (PSV, 200900138)					05:25.48(+86)
	50m 00:34.10 34,10	150m 01:55.56 41,52	250m 03:24.08 47,50	350m 04:49.90 38,07	
	100m 01:14.04 39,94	200m 02:36.58 41,02	300m 04:11.83 47,75		
13. Emmelien Smelt (ZV Zwartsluis, 200800012)					05:26.63(+71)
	50m 00:31.71 31,71	150m 01:52.05 42,26	250m 03:21.59 47,81	350m 04:49.69 38,85	
	100m 01:09.79 38,08	200m 02:33.78 41,73	300m 04:10.84 49,25		
14. Amber Kunst (DAW, 200900680)					05:33.04(+70)
	50m 00:34.87 34,87	150m 02:01.67 42,59	250m 03:29.29 46,47	350m 04:56.75 40,17	
	100m 01:19.08 44,21	200m 02:42.82 41,15	300m 04:16.58 47,29		
15. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)					05:33.46(+64)
	50m 00:33.28 33,28	150m 01:54.93 42,95	250m 03:25.50 49,48	350m 04:55.63 40,48	
	100m 01:11.98 38,70	200m 02:36.02 41,09	300m 04:15.15 49,65		
16. Caitlin Sülter (VZC, 200900046)					05:33.96(+81)
	50m 00:32.48 32,48	150m 01:55.06 43,18	250m 03:27.95 50,18	350m 04:56.31 38,09	
	100m 01:11.88 39,40	200m 02:37.77 42,71	300m 04:18.22 50,27		
17. Hannah Markovinovic (WS Twente, 200803266)					05:33.97(+65)
	50m 00:33.84 33,84	150m 01:57.26 43,14	250m 03:29.19 48,86	350m 04:56.93 38,29	
	100m 01:14.12 40,28	200m 02:40.33 43,07	300m 04:18.64 49,45		
18. Iris Tilburg (Arethusa, 200902662)					05:34.52(+73)
	50m 00:35.16 35,16	150m 01:59.49 42,01	250m 03:28.62 47,84	350m 04:56.99 38,84	
	100m 01:17.48 42,32	200m 02:40.78 41,29	300m 04:18.15 49,53		
19. Tess Vonk (De Geul, 200900024)					05:35.91(+63)
	50m 00:32.40 32,40	150m 01:56.62 45,70	250m 03:26.40 44,78	350m 04:55.54 41,51	
	100m 01:10.92 38,52	200m 02:41.62 45,00	300m 04:14.03 47,63		
20. Julia Agricola (DZ&PC, 200800266)					05:36.65(+70)
	50m 00:33.23 33,23	150m 01:58.35 46,27	250m 03:30.60 48,70	350m 04:58.62 39,46	
	100m 01:12.08 38,85	200m 02:41.90 43,55	300m 04:19.16 48,56		
21. Madeleine Bertram (De Dolfijn, 200900516)					05:37.31(+70)
	50m 00:34.83 34,83	150m 01:59.96 42,63	250m 03:33.09 51,40	350m 05:01.68 37,61	

	100m 01:17.33	200m 02:41.69	300m 04:24.07	50,98			
22. PASCALLE SMAL (DAW, 200802958)						05:37.79(+63)	
	50m 00:32.39	150m 01:57.21	250m 03:30.09	47,81	350m 04:58.03		
	100m 01:11.58	200m 02:42.28	300m 04:17.51	47,42			
23. LIV HEIJDRAS (WVZ, 200800736)						05:39.65(+75)	
	50m 00:33.72	150m 02:00.55	250m 03:30.89	47,41	350m 05:01.97		
	100m 01:14.90	200m 02:43.48	300m 04:19.72	48,83			
24. LOTTE LÜBBERS (KSN (SG), 200900190)						05:39.90(+77)	
	50m 00:37.04	150m 02:05.69	250m 03:36.66	48,89	350m 05:04.05		
	100m 01:22.35	200m 02:47.77	300m 04:25.92	49,26			
25. SUUZ GRIEKSPOR (Noordwijkerhout, 200901204)						05:40.08(+75)	
	50m 00:34.09	150m 02:01.37	250m 03:32.77	48,12	350m 05:01.74		
	100m 01:17.05	200m 02:44.65	300m 04:21.98	49,21			
26. NIENKE KOSTER (ZPC Hoogeveen, 200900612)						05:40.46(+67)	
	50m 00:35.93	150m 02:01.57	250m 03:32.54	48,34	350m 05:02.47		
	100m 01:18.67	200m 02:44.20	300m 04:22.35	49,81			
27. DIEDERIE DE VRIES (De Fuut, 200803558)						05:42.24(+75)	
	50m 00:36.07	150m 02:06.91	250m 03:36.75	44,89	350m 05:03.35		
	100m 01:20.32	200m 02:51.86	300m 04:22.43	45,68			
28. ISA KERPELS (ZPC Hoogeveen, 200800880)						05:42.52(+84)	
	50m 00:39.26	150m 02:08.30	250m 03:38.96	48,08	350m 05:04.16		
	100m 01:25.38	200m 02:50.88	300m 04:25.58	46,62			
29. GRACE PETERS (Blue Marlins, 200901474)						05:43.52(+82)	
	50m 00:35.48	150m 02:03.10	250m 03:35.49	47,80	350m 05:05.26		
	100m 01:16.42	200m 02:47.69	300m 04:24.01	48,52			
30. JENNY MUNTINGA (ZPCH, 200900450)						05:44.98(+67)	
	50m 00:35.07	150m 02:04.80	250m 03:39.20	50,37	350m 05:08.02		
	100m 01:18.93	200m 02:48.83	300m 04:29.50	50,30			
31. STERRE DIETVORST (ZPC AMERSFOORT, 200900726)						05:46.54(+81)	
	50m 00:35.03	150m 02:06.79	250m 03:39.10	49,14	350m 05:09.09		
	100m 01:20.68	200m 02:49.96	300m 04:30.35	51,25			
32. JESSY VAN VLIJMEREN (Hieronymus, 200801452)						05:46.81(+70)	
	50m 00:33.52	150m 02:00.84	250m 03:35.70	49,52	350m 05:08.03		
	100m 01:14.48	200m 02:46.18	300m 04:26.51	50,81			
33. ILANA GENTILE (Orca, 200801558)						05:46.89(+75)	
	50m 00:34.74	150m 02:04.70	250m 03:38.95	49,10	350m 05:08.98		
	100m 01:17.15	200m 02:49.85	300m 04:29.47	50,52			
34. MYRTHE STELTEN (Hellas-Glana, 200900234)						05:48.15(+75)	
	50m 00:35.08	150m 02:06.97	250m 03:38.67	47,56	350m 05:09.81		
	100m 01:19.63	200m 02:51.11	300m 04:27.99	49,32			
35. JANNLOU JASPERS (De Vikings, 200800202)						05:49.32(+68)	
	50m 00:35.60	150m 02:07.65	250m 03:38.60	46,84	350m 05:10.18		
	100m 01:21.55	200m 02:51.76	300m 04:26.57	47,97			
36. ANNA STRANG VAN HEES (De Duinkickers, 200902566)						05:49.54(+88)	
	50m 00:37.77	150m 02:08.35	250m 03:42.45	50,01	350m 05:12.36		
	100m 01:23.24	200m 02:52.44	300m 04:32.59	50,14			
37. ESMEE VAN DER TUUK (ZPC Hoogeveen, 200800682)						05:50.89(+84)	
	50m 00:37.75	150m 02:05.53	250m 03:39.94	53,58	350m 05:13.50		
	100m 01:23.09	200m 02:46.36	300m 04:34.60	54,66			
38. ANNEBEL KLIJTMANS (Arethusas, 200900808)						05:51.33(+87)	
	50m 00:39.34	150m 02:09.50	250m 03:40.50	48,50	350m 05:12.59		
	100m 01:27.10	200m 02:52.00	300m 04:29.78	49,28			
39. MARJOLIE SPELDE (ZC Borger, 200900266)						05:52.65(+81)	
	50m 00:35.90	150m 02:04.45	250m 03:38.90	52,40	350m 05:13.41		



	100m 01:20.72 44,82	200m 02:46.50 42,05	300m 04:32.98 54,08	
40. Marlouke Frijstein (ZV 44, 200800152)				05:54.33(+73)
	50m 00:38.51 38,51	150m 02:12.48 47,82	250m 03:47.08 48,92	350m 05:16.77 38,99
	100m 01:24.66 46,15	200m 02:58.16 45,68	300m 04:37.78 50,70	
41. Chiara Lammertink (VZC, 200902200)				05:54.82(+86)
	50m 00:35.53 35,53	150m 02:04.51 45,92	250m 03:42.13 52,01	350m 05:16.88 39,66
	100m 01:18.59 43,06	200m 02:50.12 45,61	300m 04:37.22 55,09	
42. Sofie Vos (ZPC Hoogeveen, 200800804)				05:55.03(+86)
	50m 00:38.58 38,58	150m 02:08.94 44,53	250m 03:43.12 51,65	350m 05:16.27 40,09
	100m 01:24.41 45,83	200m 02:51.47 42,53	300m 04:36.18 53,06	
43. Ilse Rozema (Blue Marlins, 200803318)				05:57.91(+64)
	50m 00:31.93 31,93	150m 01:58.47 46,63	250m 03:36.70 53,32	350m 05:15.60 41,89
	100m 01:11.84 39,91	200m 02:43.38 44,91	300m 04:33.71 57,01	
44. Niobe Maduro (Aqua-Novio'94, 200800378)				05:59.30(+75)
	50m 00:35.90 35,90	150m 02:09.94 47,61	250m 03:48.02 51,72	350m 05:19.77 40,99
	100m 01:22.33 46,43	200m 02:56.30 46,36	300m 04:38.78 50,76	
DIS. Rixt Rothschild (ZC Borger, 200900026)				00:00.00
DIS. Karlijn Siderius (DWK, 200900032)				00:00.00
4. 400m wisselslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Tiede Groener (De Dinkel, 200700155)				04:44.54(+76)
	50m 00:27.98 27,98	150m 01:38.92 36,78	250m 02:56.15 41,13	350m 04:11.69 33,38
	100m 01:02.14 34,16	200m 02:15.02 36,10	300m 03:38.31 42,16	
2. Wytse Broekstra (De Vikings, 200800121)				04:46.97(+78)
	50m 00:29.77 29,77	150m 01:43.38 37,45	250m 02:59.84 39,76	350m 04:15.33 35,65
	100m 01:05.93 36,16	200m 02:20.08 36,70	300m 03:39.68 39,84	
3. Tieme Wiersma (DZ&PC, 200701031)				04:48.31(+75)
	50m 00:30.61 30,61	150m 01:43.66 36,37	250m 02:58.06 39,59	350m 04:16.38 36,01
	100m 01:07.29 36,68	200m 02:18.47 34,81	300m 03:40.37 42,31	
4. Yarno van Dam (ACZ, 200800115)				04:54.89(+71)
	50m 00:30.57 30,57	150m 01:43.78 37,56	250m 03:04.14 42,10	350m 04:21.67 33,90
	100m 01:06.22 35,65	200m 02:22.04 38,26	300m 03:47.77 43,63	
5. Tijn Hilders (De Dolfijn, 200700027)				04:57.80(+78)
	50m 00:30.29 30,29	150m 01:46.82 39,07	250m 03:07.63 41,98	350m 04:24.74 34,01
	100m 01:07.75 37,46	200m 02:25.65 38,83	300m 03:50.73 43,10	
6. Xiaoyu Yin (Blue Marlins, 200803363)				04:59.22(+68)
	50m 00:27.89 27,89	150m 01:40.16 38,26	250m 03:02.40 44,02	350m 04:24.47 35,99
	100m 01:01.90 34,01	200m 02:18.38 38,22	300m 03:48.48 46,08	
7. Jaydey Schonewille (Steenwijk 1934, 200800025)				05:00.40(+70)
	50m 00:30.06 30,06	150m 01:46.65 41,09	250m 03:08.54 42,27	350m 04:27.19 35,32
	100m 01:05.56 35,50	200m 02:26.27 39,62	300m 03:51.87 43,33	
8. Collard Jungeling (ZV 44, 200701831)				05:00.83(+64)
	50m 00:29.38 29,38	150m 01:46.15 41,50	250m 03:08.05 42,12	350m 04:26.97 36,13
	100m 01:04.65 35,27	200m 02:25.93 39,78	300m 03:50.84 42,79	
9. Mies de Wit (De Ward, 200700315)				05:01.32(+70)
	50m 00:28.53 28,53	150m 01:42.82 39,70	250m 03:05.56 43,20	350m 04:26.06 36,26
	100m 01:03.12 34,59	200m 02:22.36 39,54	300m 03:49.80 44,24	
10. Boele Böhm (Blue Marlins, 200700739)				05:02.83(+67)
	50m 00:30.49 30,49	150m 01:45.13 38,47	250m 03:08.75 45,97	350m 04:29.85 34,50
	100m 01:06.66 36,17	200m 02:22.78 37,65	300m 03:55.35 46,60	
11. Sem Belmon (PSV, 200702099)				05:03.76(+71)
	50m 00:31.86 31,86	150m 01:49.69 39,38	250m 03:10.04 42,16	350m 04:29.31 34,91
	100m 01:10.31 38,45	200m 02:27.88 38,19	300m 03:54.40 44,36	

12. Bjorn van den Berge (Z&PC De Zeeuwse Kust, 200701991)					05:04.12(+69)
50m	00:31.35 31,35	150m	01:50.57 42,14	250m	03:13.52 42,23
100m	01:08.43 37,08	200m	02:31.29 40,72	300m	03:56.42 42,90
350m	04:30.77 34,35				
13. Jisse Lousma (WVZ, 200701493)					05:09.20(+59)
50m	00:30.22 30,22	150m	01:45.04 39,81	250m	03:10.97 48,56
100m	01:05.23 35,01	200m	02:22.41 37,37	300m	03:58.78 47,81
350m	04:35.09 36,31				
14. Tim Zuurman (ZPC Hoogeveen, 200700131)					05:09.90(+84)
50m	00:33.78 33,78	150m	01:51.80 38,68	250m	03:15.17 46,09
100m	01:13.12 39,34	200m	02:29.08 37,28	300m	04:01.14 45,97
350m	04:36.27 35,13				
15. Rens Noordover (Team Noord Holland, 200800237)					05:10.36(+77)
50m	00:31.39 31,39	150m	01:48.34 40,15	250m	03:12.68 44,36
100m	01:08.19 36,80	200m	02:28.32 39,98	300m	03:59.43 46,75
350m	04:35.05 35,62				
16. Diede Veld (SWOL 1894, 200800011)					05:10.72(+75)
50m	00:31.92 31,92	150m	01:51.28 40,65	250m	03:15.58 44,55
100m	01:10.63 38,71	200m	02:31.03 39,75	300m	04:01.53 45,95
350m	04:37.34 35,81				
17. Lou van Leeuwen (De Dolfijn, 200702779)					05:11.47(+68)
50m	00:31.91 31,91	150m	01:51.17 41,99	250m	03:15.71 43,24
100m	01:09.18 37,27	200m	02:32.47 41,30	300m	04:00.70 44,99
350m	04:37.56 36,86				
18. Jere Wiersma (DZ&PC, 200701037)					05:11.54(+75)
50m	00:31.76 31,76	150m	01:50.85 40,71	250m	03:14.89 43,89
100m	01:10.14 38,38	200m	02:31.00 40,15	300m	04:00.59 45,70
350m	04:36.46 35,87				
19. Rijk Leenders (VZC, 200800627)					05:11.90(+73)
50m	00:31.10 31,10	150m	01:47.36 39,12	250m	03:10.89 45,45
100m	01:08.24 37,14	200m	02:25.44 38,08	300m	03:56.43 45,54
350m	04:34.91 38,48				
20. Ties Berghs (ZEPS, 200700709)					05:12.11(+70)
50m	00:29.79 29,79	150m	01:47.15 41,57	250m	03:14.35 46,14
100m	01:05.58 35,79	200m	02:28.21 41,06	300m	04:01.47 47,12
350m	04:38.00 36,53				
21. Daniël Wegman (Oceanus, 200802843)					05:13.17(+71)
50m	00:30.48 30,48	150m	01:49.53 41,61	250m	03:15.10 45,69
100m	01:07.92 37,44	200m	02:29.41 39,88	300m	04:02.72 47,62
350m	04:39.35 36,63				
22. Melle van Veen (Dedemsvaart-AC, 200700661)					05:14.58(+81)
50m	00:33.70 33,70	150m	01:58.62 40,27	250m	03:20.50 43,00
100m	01:18.35 44,65	200m	02:37.50 38,88	300m	04:04.11 43,61
350m	04:40.37 36,26				
23. Bas Mostert (VZC, 200800629)					05:15.93(+78)
50m	00:31.27 31,27	150m	01:51.23 43,00	250m	03:20.37 45,52
100m	01:08.23 36,96	200m	02:34.85 43,62	300m	04:07.51 47,14
350m	04:42.84 35,33				
24. Nout Folkersma (PSV, 200800595)					05:17.89(+74)
50m	00:31.62 31,62	150m	01:51.48 40,77	250m	03:16.80 44,52
100m	01:10.71 39,09	200m	02:32.28 40,80	300m	04:03.07 46,27
350m	04:41.14 38,07				
25. Mink Hugen (Aqua-Novio'94, 200801391)					05:19.87(+74)
50m	00:33.56 33,56	150m	01:54.33 42,08	250m	03:20.27 44,80
100m	01:12.25 38,69	200m	02:35.47 41,14	300m	04:06.35 46,08
350m	04:44.00 37,65				
26. Thijs Poll (ZV 44, 200700203)					05:20.24(+67)
50m	00:33.89 33,89	150m	01:57.81 40,07	250m	03:22.63 45,94
100m	01:17.74 43,85	200m	02:36.69 38,88	300m	04:10.87 48,24
350m	04:46.32 35,45				
27. Floris van der Salm (De Dolfijn, 200700705)					05:20.60(+68)
50m	00:31.91 31,91	150m	01:52.39 40,72	250m	03:18.59 45,68
100m	01:11.67 39,76	200m	02:32.91 40,52	300m	04:05.11 46,52
350m	04:43.60 38,49				
28. Gijs Hartwijk (ZVL-1886 Center, 200800573)					05:21.09(+63)
50m	00:31.93 31,93	150m	01:51.78 42,00	250m	03:18.60 45,93
100m	01:09.78 37,85	200m	02:32.67 40,89	300m	04:05.85 47,25
350m	04:43.72 37,87				
29. Bram ter Braak (De Dinkel, 200800281)					05:21.74(+77)
50m	00:31.24 31,24	150m	01:50.61 41,18	250m	03:20.13 48,34
100m	01:09.43 38,19	200m	02:31.79 41,18	300m	04:08.90 48,77
350m	04:46.25 37,35				

30. Jesse Jacobs (HZPC, 200700407)				05:26.55(+76)			
50m	00:33.1733,17	150m	01:55.9741,84	250m	03:22.7745,27	350m	04:49.8239,63
100m	01:14.1340,96	200m	02:37.5041,53	300m	04:10.1947,42		
31. Mattheijs de Rooij (WZK, 200803481)				05:27.41(+80)			
50m	00:34.5734,57	150m	01:57.7741,57	250m	03:23.9745,45	350m	04:49.2939,50
100m	01:16.2041,63	200m	02:38.5240,75	300m	04:09.7945,82		
32. Jamie Kenworthy (De Dolfijn, 200800045)				05:31.87(+70)			
50m	00:30.8930,89	150m	01:52.0243,12	250m	03:21.5447,47	350m	04:51.4340,43
100m	01:08.9038,01	200m	02:34.0742,05	300m	04:11.0049,46		
33. Youp Stulfzand (ZV 44, 200800521)				05:41.90(+66)			
50m	00:32.0232,02	150m	02:03.0848,36	250m	03:30.7741,22	350m	05:01.1041,79
100m	01:14.7242,70	200m	02:49.5546,47	300m	04:19.3148,54		
DIS. Tim Boerefijn (WVZ, 200802815)				00:00.00			
DIS. Denzel Barthen (WVZ, 200700147)				00:00.00			
DIS. Willem Weustink (Team Noord Holland, 200800109)				00:00.00			
5. 200m wisselslag - Dames							
11 - 12 jaar (Junioren 1 en 2)							
1. Malin Roozeboom (WVZ, 201100006)				02:35.16(+88)			
50m	00:33.8333,83	100m	01:13.0639,23	150m	02:00.0146,95		
2. Fenna Zusterzeel (PSV, 201000008)				02:35.61(+71)			
50m	00:33.8433,84	100m	01:12.7638,92	150m	01:58.1245,36		
3. Paula Spans (ZV 44, 201000064)				02:36.61(+75)			
50m	00:34.0334,03	100m	01:14.8540,82	150m	02:00.0245,17		
4. Julia Dąbrowska (Blue Marlins, 201000300)				02:39.04(+80)			
50m	00:32.1732,17	100m	01:13.0440,87	150m	02:00.9947,95		
5. Carla Moreno Palacios (De Dolfijn, 201002302)				02:39.78(+70)			
50m	00:34.6434,64	100m	01:17.1442,50	150m	02:04.4047,26		
6. Erin de Jong (GZC DONK, 201000024)				02:40.07(+95)			
50m	00:34.5134,51	100m	01:15.7541,24	150m	02:04.0748,32		
7. Marre van der Wal (Bolsward-Workum (SG), 201000046)				02:40.51(+81)			
50m	00:37.1037,10	100m	01:19.4842,38	150m	02:03.3443,86		
8. Anne Engbersen (De Fuut, 201000044)				02:42.01(+80)			
50m	00:35.9735,97	100m	01:15.7539,78	150m	02:05.0949,34		
9. Romée Smit (MSV-Zeemacht, 201100438)				02:42.80(+82)			
50m	00:35.2435,24	100m	01:17.0041,76	150m	02:03.9946,99		
10. Elin Baars (DWK, 201000138)				02:42.91(+76)			
50m	00:35.5135,51	100m	01:18.4442,93	150m	02:05.4847,04		
11. Yill van Bezouw (Hieronymus, 201100704)				02:43.13(+78)			
50m	00:35.1235,12	100m	01:17.1242,00	150m	02:04.9247,80		
12. Odenza Soselisa (Blue Marlins, 201101780)				02:44.23(+68)			
50m	00:32.5632,56	100m	01:15.4942,93	150m	02:06.1750,68		
13. Nina van der Schrier (AZC, 201000444)				02:44.45(+77)			
50m	00:36.1936,19	100m	01:17.1340,94	150m	02:08.1050,97		
14. Tess van de Steeg (WVZ, 201000016)				02:44.59(+81)			
50m	00:35.3535,35	100m	01:17.9442,59	150m	02:04.4746,53		
15. Mariia Kostina (Blue Marlins, 201002042)				02:44.66(+80)			
50m	00:33.8133,81	100m	01:14.8941,08	150m	02:07.7952,90		
16. Noa van Zalk (ZPC AMERSFOORT, 201102534)				02:44.69(+73)			
50m	00:33.0533,05	100m	01:16.2743,22	150m	02:06.7250,45		
17. Maryse Kuijper (DWK, 201000692)				02:44.72(+85)			

	50m 00:35.27 35,27	100m 01:17.44 42,17	150m 02:06.60 49,16	
18. Frédérique Nijziel (PSV, 201103114)	50m 00:32.31 32,31	100m 01:15.84 43,53	150m 02:07.76 51,92	02:44.90(+85)
19. Wieke Dekker (De Dolfijn, 201002020)	50m 00:38.00 38,00	100m 01:21.45 43,45	150m 02:07.35 45,90	02:45.15(+67)
20. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:36.20 36,20	100m 01:16.10 39,90	150m 02:08.35 52,25	02:45.27(+83)
21. Evelien Goorhuis (Hieronymus, 201000194)	50m 00:33.62 33,62	100m 01:15.76 42,14	150m 02:06.25 50,49	02:45.53(+78)
22. Maya Fahmi (De Dolfijn, 201003278)	50m 00:35.07 35,07	100m 01:18.66 43,59	150m 02:08.96 50,30	02:45.68(+69)
23. Annelie Batenburg (PSV, 201001962)	50m 00:33.28 33,28	100m 01:18.35 45,07	150m 02:04.10 45,75	02:45.73(+74)
24. Jayna Wagemakers (AquaDream, 201000226)	50m 00:36.46 36,46	100m 01:19.34 42,88	150m 02:06.42 47,08	02:45.79(+78)
25. Linou van Kampen (ZPCH, 201000594)	50m 00:35.27 35,27	100m 01:18.73 43,46	150m 02:07.22 48,49	02:46.90(+81)
26. Freeke Super (PSV, 201003638)	50m 00:35.91 35,91	100m 01:18.73 42,82	150m 02:09.43 50,70	02:47.27(+64)
27. Mattea Gliese-Sloojier (De Dinkel, 201100008)	50m 00:37.54 37,54	100m 01:19.24 41,70	150m 02:09.89 50,65	02:48.05(+89)
28. Tessa van Beek (DWK, 201001446)	50m 00:36.49 36,49	100m 01:19.52 43,03	150m 02:09.03 49,51	02:48.10(+78)
29. Anouk Steller (WVZ, 201000004)	50m 00:34.72 34,72	100m 01:16.19 41,47	150m 02:10.16 53,97	02:48.40(+83)
30. Ilse Jongepier (THOR, 201000006)	50m 00:38.64 38,64	100m 01:21.96 43,32	150m 02:11.27 49,31	02:48.48(+85)
31. Nina Tetteroo (De Columbiaan, 201000048)	50m 00:37.16 37,16	100m 01:21.25 44,09	150m 02:10.56 49,31	02:48.63(+83)
32. Lola Verheijen (PSV, 201100832)	50m 00:34.99 34,99	100m 01:19.96 44,97	150m 02:12.32 52,36	02:49.23(+77)
33. Anna Lepoutre (PSV, 201100534)	50m 00:34.91 34,91	100m 01:19.75 44,84	150m 02:11.01 51,26	02:49.35(+72)
34. Eefje van Hinsbergen (Blue Marlins, 201002252)	50m 00:34.59 34,59	100m 01:19.75 45,16	150m 02:09.44 49,69	02:49.56(+71)
35. Famke Franzen (De Schotegil, 201000058)	50m 00:34.15 34,15	100m 01:19.22 45,07	150m 02:10.89 51,67	02:50.23(+75)
36. Manou Longayroux (ZZ&PC De Devel, 201000580)	50m 00:35.95 35,95	100m 01:20.88 44,93	150m 02:12.59 51,71	02:50.89(+72)
37. Senna Boogmans (De Duinkickers, 201000640)	50m 00:35.85 35,85	100m 01:18.55 42,70	150m 02:12.65 54,10	02:51.21(+82)
38. Casharell Kraan (Blue Marlins, 201103426)	50m 00:35.63 35,63	100m 01:18.97 43,34	150m 02:11.47 52,50	02:51.96(+64)
39. Milou Filemon (ZZ&PC De Devel, 201100078)	50m 00:38.27 38,27	100m 01:23.50 45,23	150m 02:14.83 51,33	02:52.42(+73)
40. Elke Kriesels (Hieronymus, 201100898)	50m 00:35.40 35,40	100m 01:23.29 47,89	150m 02:14.18 50,89	02:52.51(+76)
41. Tess Meeuwissen (De Columbiaan, 201000370)	50m 00:36.47 36,47	100m 01:21.90 45,43	150m 02:12.58 50,68	02:52.60(+50)

42. Lynn ten Berge (De Dinkel, 201000884)				02:54.19(+82)
50m	00:34.92	34,92	100m 01:21.56	46,64
150m	02:15.07	53,51		
43. Elin Reinstra (TriVia, 201100842)				02:55.09(+80)
50m	00:40.01	40,01	100m 01:22.88	42,87
150m	02:14.07	51,19		
44. Eva de Man (Aqua-Novio'94, 201000294)				02:59.54(+84)
50m	00:36.90	36,90	100m 01:22.14	45,24
150m	02:16.71	54,57		
45. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)				03:00.11(+81)
50m	00:39.02	39,02	100m 01:28.37	49,35
150m	02:18.38	50,01		
46. Kim Bouman (ZPC AMERSFOORT, 201000262)				03:01.29(+91)
50m	00:35.74	35,74	100m 01:20.53	44,79
150m	02:18.78	58,25		
DIS. Femke ter Horst (ZPC Hoogeveen, 201000108)				00:00.00
DIS. Chloé in 't Veen (WVZ, 201100010)				00:00.00
DIS. Alaine Lomans (Eszet, 201000420)				00:00.00
DIS. Nadia van der Wal (ZPCH, 201003114)				00:00.00
6. 200m wisselslag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Sven Koornstra (De Vikings, 200900189)				02:20.56(+74)
50m	00:31.40	31,40	100m 01:09.28	37,88
150m	01:47.91	38,63		
2. Mattia Maggio (Hellas-Glana, 200903311)				02:21.41(+65)
50m	00:29.74	29,74	100m 01:04.92	35,18
150m	01:49.13	44,21		
3. Theodore Allan (PSV, 200902925)				02:21.93(+65)
50m	00:29.46	29,46	100m 01:08.69	39,23
150m	01:50.46	41,77		
4. Giulian Janssen (PSV, 200900125)				02:22.08(+65)
50m	00:31.26	31,26	100m 01:08.75	37,49
150m	01:48.39	39,64		
5. Feddo Smink (ZPC AMERSFOORT, 200900007)				02:23.70(+64)
50m	00:29.05	29,05	100m 01:06.34	37,29
150m	01:49.65	43,31		
6. Felbe van 't Land (ZPC AMERSFOORT, 200900027)				02:24.10(+72)
50m	00:29.62	29,62	100m 01:07.55	37,93
150m	01:51.96	44,41		
7. Tobian Vos (ZPC AMERSFOORT, 200900005)				02:24.79(+73)
50m	00:31.52	31,52	100m 01:06.49	34,97
150m	01:52.51	46,02		
8. Tim van de Moosdijk (PSV, 200900187)				02:25.59(+77)
50m	00:30.37	30,37	100m 01:06.08	35,71
150m	01:51.88	45,80		
9. Jelte de Jong (ZPCH, 200900975)				02:27.42(+69)
50m	00:30.44	30,44	100m 01:07.50	37,06
150m	01:53.75	46,25		
10. Martijn Nies (PSV, 200902095)				02:27.50(+75)
50m	00:31.12	31,12	100m 01:09.56	38,44
150m	01:54.37	44,81		
11. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)				02:28.08(+66)
50m	00:29.84	29,84	100m 01:09.14	39,30
150m	01:55.77	46,63		
12. Ivo Bot (Wiekslag, 200900509)				02:28.39(+70)
50m	00:30.59	30,59	100m 01:09.84	39,25
150m	01:54.60	44,76		
13. Finn Hilders (De Dolfijn, 200900283)				02:30.06(+71)
50m	00:32.57	32,57	100m 01:11.08	38,51
150m	01:55.37	44,29		
14. Ruben Baars (DWK, 200900471)				02:30.13(+64)
50m	00:30.71	30,71	100m 01:11.17	40,46
150m	01:53.37	42,20		
15. Davi Fonseca Gomes (PSV, 200902795)				02:31.41(+70)
50m	00:30.87	30,87	100m 01:13.68	42,81
150m	01:57.93	44,25		
16. Mike Hilders (De Dolfijn, 200900281)				02:31.46(+69)
50m	00:31.37	31,37	100m 01:09.63	38,26
150m	01:56.81	47,18		

17. Thygo van de Peppel (Blue Marlins, 200901101)	50m 00:31.18 31,18	100m 01:11.88 40,70	150m 01:56.09 44,21	02:31.58(+65)
18. Stefan van der Meer (VZC, 200901361)	50m 00:32.05 32,05	100m 01:11.42 39,37	150m 01:57.72 46,30	02:32.44(+73)
19. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:32.56 32,56	100m 01:11.23 38,67	150m 01:58.67 47,44	02:33.26(+73)
20. Sverre van der Zwaan (WVZ, 200900737)	50m 00:33.28 33,28	100m 01:12.72 39,44	150m 01:59.23 46,51	02:34.66(+89)
21. Max van der Spank (Hieronymus, 201000275)	50m 00:33.39 33,39	100m 01:15.25 41,86	150m 01:59.96 44,71	02:34.82(+75)
22. Floris van de Wal (De Treffers, 200900495)	50m 00:34.38 34,38	100m 01:15.99 41,61	150m 02:03.14 47,15	02:35.87(+75)
23. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:34.72 34,72	100m 01:15.36 40,64	150m 02:01.04 45,68	02:36.52(+68)
24. Sven Vette (De Bevelanders, 200900519)	50m 00:31.40 31,40	100m 01:11.98 40,58	150m 01:59.46 47,48	02:36.73(+79)
25. Paul Ruitenbergh (De Geul, 200900979)	50m 00:33.34 33,34	100m 01:17.30 43,96	150m 02:02.69 45,39	02:36.91(+74)
26. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:34.03 34,03	100m 01:13.19 39,16	150m 02:01.94 48,75	02:37.03(+78)
27. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:34.85 34,85	100m 01:14.38 39,53	150m 02:00.45 46,07	02:37.19(+80)
28. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:32.98 32,98	100m 01:13.19 40,21	150m 02:01.75 48,56	02:37.23(+70)
29. Thomas Nauta (Arethusa, 200900339)	50m 00:37.21 37,21	100m 01:19.84 42,63	150m 02:02.64 42,80	02:37.97(+76)
30. Jan Schouten (ZVL-1886 Center, 200902305)	50m 00:32.60 32,60	100m 01:14.98 42,38	150m 02:01.02 46,04	02:38.11(+90)
31. Xander Kragting (De Blauwe Schuur, 200900077)	50m 00:33.49 33,49	100m 01:13.59 40,10	150m 02:01.76 48,17	02:38.47(+74)
32. Aidan van der Stelt (De Geul, 200900901)	50m 00:31.72 31,72	100m 01:14.13 42,41	150m 02:02.93 48,80	02:38.50(+69)
33. Mathijs de Wit (KSN (SG), 201001215)	50m 00:37.29 37,29	100m 01:18.48 41,19	150m 02:04.37 45,89	02:38.53(+71)
34. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:34.94 34,94	100m 01:14.99 40,05	150m 02:02.06 47,07	02:39.74(+73)
35. Owen Houdé (De Geul, 200900903)	50m 00:33.72 33,72	100m 01:17.19 43,47	150m 02:06.81 49,62	02:40.83(+75)
36. Bink de Vries (AZC, 200901887)	50m 00:33.17 33,17	100m 01:16.22 43,05	150m 02:05.19 48,97	02:40.89(+69)
37. Sacha van Hees Ajdrik (ZEPS, 200900489)	50m 00:33.86 33,86	100m 01:15.91 42,05	150m 02:08.27 52,36	02:41.27(+76)
38. Roy Hofman (DZ&PC, 200900439)	50m 00:34.07 34,07	100m 01:16.26 42,19	150m 02:04.90 48,64	02:41.39(+78)
39. Ruben Kragt (ZV 44, 201000007)	50m 00:33.56 33,56	100m 01:16.12 42,56	150m 02:03.22 47,10	02:41.44(+66)
40. Lucas Schouten (ZPCH, 200901925)	50m 00:33.54 33,54	100m 01:15.59 42,05	150m 02:04.31 48,72	02:41.46(+69)
41. Dani Yefimov (WS Twente, 200901305)				02:41.80(+72)

	50m 00:34.01 34,01	100m 01:16.78 42,77	150m 02:03.34 46,56	
42. Dinand Kop (DAW, 200901001)	50m 00:32.74 32,74	100m 01:16.75 44,01	150m 02:05.46 48,71	02:42.25(+88)
43. Mathieu Gepkens (VZC, 201000045)	50m 00:37.93 37,93	100m 01:19.03 41,10	150m 02:06.93 47,90	02:43.44(+69)
44. Tariq van Laar (De Rijn, 200900819)	50m 00:35.01 35,01	100m 01:19.68 44,67	150m 02:08.21 48,53	02:44.14(+76)
45. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:35.14 35,14	100m 01:17.31 42,17	150m 02:07.32 50,01	02:44.15(+71)
46. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:36.82 36,82	100m 01:19.00 42,18	150m 02:09.60 50,60	02:44.36(+80)
47. Mauro Bedeke (DAW, 201000537)	50m 00:34.71 34,71	100m 01:17.41 42,70	150m 02:07.40 49,99	02:45.68(+63)
48. Sascha Timmer (AZC, 200902987)	50m 00:31.26 31,26	100m 01:14.49 43,23	150m 02:09.85 55,36	02:47.85(+63)
DIS. Luca Boorsma (De Columbiaan, 200902031)				00:00.00
DIS. Adriaan Coppelmans (AZC, 200903243)				00:00.00
7. 4x200m vrije slag dames Junioren				
11 - 14 jaar (Junioren 4 en jonger)				
1. DZ&PC				08:51.76
Esmee Mulder 2008 (+68)	50m 00:30.57 30,57			
Esmee Mulder 2008 (+68)	100m 01:04.28 33,71			
Esmee Mulder 2008 (+68)	150m 01:37.60 33,32			
Esmee Mulder 2008 (+68)	200m 02:12.33 34,73			
Ilse Wiltjer 2009 (+66)	250m 02:42.98 30,65			
Ilse Wiltjer 2009 (+66)	300m 03:17.83 34,85			
Ilse Wiltjer 2009 (+66)	350m 03:54.71 36,88			
Ilse Wiltjer 2009 (+66)	400m 04:30.05 35,34			
Frouke Ludwig 2008 (+34)	450m 04:59.10 29,05			
Frouke Ludwig 2008 (+34)	500m 05:31.23 32,13			
Frouke Ludwig 2008 (+34)	550m 06:04.85 33,62			
Frouke Ludwig 2008 (+34)	600m 06:39.18 34,33			
Fay Boxum 2009 (+51)	650m 07:09.31 30,13			
Fay Boxum 2009 (+51)	700m 07:42.86 33,55			
Fay Boxum 2009 (+51)	750m 08:17.56 34,70			
Fay Boxum 2009 (+51)	800m 08:51.76 34,20			
2. ZPC AMERSFOORT				08:54.54
Rosalie Reef 2008 (+68)	50m 00:28.95 28,95			
Rosalie Reef 2008 (+68)	100m 01:01.01 32,06			
Rosalie Reef 2008 (+68)	150m 01:34.52 33,51			
Rosalie Reef 2008 (+68)	200m 02:08.02 33,50			
Robine Moot 2009 (+46)	250m 02:38.59 30,57			
Robine Moot 2009 (+46)	300m 03:13.28 34,69			
Robine Moot 2009 (+46)	350m 03:49.71 36,43			
Robine Moot 2009 (+46)	400m 04:25.12 35,41			
Sterre Dietvorst 2009 (+47)	450m 04:56.48 31,36			
Sterre Dietvorst 2009 (+47)	500m 05:32.54 36,06			
Sterre Dietvorst 2009 (+47)	550m 06:09.94 37,40			
Sterre Dietvorst 2009 (+47)	600m 06:46.61 36,67			
Maike Ooms 2008 (+43)	650m 07:14.68 28,07			
Maike Ooms 2008 (+43)	700m 07:46.99 32,31			
Maike Ooms 2008 (+43)	750m 08:21.33 34,34			
Maike Ooms 2008 (+43)	800m 08:54.54 33,21			
3. Blue Marlins				08:55.19
Ece Öngören 2009 (+70)	50m 00:31.48 31,48			
Ece Öngören 2009 (+70)	100m 01:06.50 35,02			
Ece Öngören 2009 (+70)	150m 01:41.56 35,06			
Ece Öngören 2009 (+70)	200m 02:16.93 35,37			

Ilse Rozema 2008 (+35)	250m	02:46.28	29,35
Ilse Rozema 2008 (+35)	300m	03:19.94	33,66
Ilse Rozema 2008 (+35)	350m	03:55.58	35,64
Ilse Rozema 2008 (+35)	400m	04:30.09	34,51
Marit Boomers 2008 (+35)	450m	05:00.13	30,04
Marit Boomers 2008 (+35)	500m	05:34.51	34,38
Marit Boomers 2008 (+35)	550m	06:09.86	35,35
Marit Boomers 2008 (+35)	600m	06:45.09	35,23
Charlotte Leijnse 2008 (+62)	650m	07:14.29	29,20
Charlotte Leijnse 2008 (+62)	700m	07:47.45	33,16
Charlotte Leijnse 2008 (+62)	750m	08:22.16	34,71
Charlotte Leijnse 2008 (+62)	800m	08:55.19	33,03

4. VZC

09:03.93

Chiara Lammertink 2009 (+86)	50m	00:31.19	31,19
Chiara Lammertink 2009 (+86)	100m	01:06.13	34,94
Chiara Lammertink 2009 (+86)	150m	01:43.72	37,59
Chiara Lammertink 2009 (+86)	200m	02:20.23	36,51
Elin Ditewig 2009 (+27)	250m	02:49.74	29,51
Elin Ditewig 2009 (+27)	300m	03:23.28	33,54
Elin Ditewig 2009 (+27)	350m	03:58.71	35,43
Elin Ditewig 2009 (+27)	400m	04:34.26	35,55
Caitlin Sülter 2009 (+18)	450m	05:04.43	30,17
Caitlin Sülter 2009 (+18)	500m	05:38.76	34,33
Caitlin Sülter 2009 (+18)	550m	06:14.55	35,79
Caitlin Sülter 2009 (+18)	600m	06:50.25	35,70
Juliëtte Woltjes 2009 (+56)	650m	07:19.97	29,72
Juliëtte Woltjes 2009 (+56)	700m	07:53.70	33,73
Juliëtte Woltjes 2009 (+56)	750m	08:29.38	35,68
Juliëtte Woltjes 2009 (+56)	800m	09:03.93	34,55

5. PSV

09:06.20

Nova Nijziel 2008 (+70)	50m	00:31.14	31,14
Nova Nijziel 2008 (+70)	100m	01:06.35	35,21
Nova Nijziel 2008 (+70)	150m	01:42.14	35,79
Nova Nijziel 2008 (+70)	200m	02:17.42	35,28
Kinley Cole 2009 (+35)	250m	02:47.16	29,74
Kinley Cole 2009 (+35)	300m	03:22.24	35,08
Kinley Cole 2009 (+35)	350m	03:58.82	36,58
Kinley Cole 2009 (+35)	400m	04:36.06	37,24
Luus Gielens 2009 (+36)	450m	05:06.68	30,62
Luus Gielens 2009 (+36)	500m	05:41.34	34,66
Luus Gielens 2009 (+36)	550m	06:16.54	35,20
Luus Gielens 2009 (+36)	600m	06:50.50	33,96
Bregje Dekkers 2009 (+70)	650m	07:21.90	31,40
Bregje Dekkers 2009 (+70)	700m	07:55.91	34,01
Bregje Dekkers 2009 (+70)	750m	08:30.93	35,02
Bregje Dekkers 2009 (+70)	800m	09:06.20	35,27

6. De Dolfijn

09:08.33

Indira van Aggele 2008 (+79)	50m	00:30.82	30,82
Indira van Aggele 2008 (+79)	100m	01:05.72	34,90
Indira van Aggele 2008 (+79)	150m	01:41.00	35,28
Indira van Aggele 2008 (+79)	200m	02:15.99	34,99
Dana Fahmi 2008 (+3)	250m	02:47.44	31,45
Dana Fahmi 2008 (+3)	300m	03:22.56	35,12
Dana Fahmi 2008 (+3)	350m	03:58.55	35,99
Dana Fahmi 2008 (+3)	400m	04:34.82	36,27
Madeleine Bertram 2009 (+23)	450m	05:05.45	30,63
Madeleine Bertram 2009 (+23)	500m	05:40.07	34,62
Madeleine Bertram 2009 (+23)	550m	06:15.31	35,24
Madeleine Bertram 2009 (+23)	600m	06:50.51	35,20
Elin Brinkhof 2009 (+46)	650m	07:21.40	30,89
Elin Brinkhof 2009 (+46)	700m	07:55.99	34,59
Elin Brinkhof 2009 (+46)	750m	08:32.24	36,25
Elin Brinkhof 2009 (+46)	800m	09:08.33	36,09

7. DAW

09:26.86



Flo Streep 2009 (+72)	50m	00:30.94	30,94
Flo Streep 2009 (+72)	100m	01:07.31	36,37
Flo Streep 2009 (+72)	150m	01:44.63	37,32
Flo Streep 2009 (+72)	200m	02:21.95	37,32
Amber Kunst 2009 (+52)	250m	02:52.94	30,99
Amber Kunst 2009 (+52)	300m	03:28.69	35,75
Amber Kunst 2009 (+52)	350m	04:05.65	36,96
Amber Kunst 2009 (+52)	400m	04:41.70	36,05
Pascalie Smal 2008 (+40)	450m	05:13.48	31,78
Pascalie Smal 2008 (+40)	500m	05:50.35	36,87
Pascalie Smal 2008 (+40)	550m	06:29.41	39,06
Pascalie Smal 2008 (+40)	600m	07:07.07	37,66
Bette Peetoom 2008 (+28)	650m	07:37.04	29,97
Bette Peetoom 2008 (+28)	700m	08:12.69	35,65
Bette Peetoom 2008 (+28)	750m	08:50.09	37,40
Bette Peetoom 2008 (+28)	800m	09:26.86	36,77

8. Blue Marlins

09:42.22

Sophie van Leent 2008 (+70)	50m	00:30.76	30,76
Sophie van Leent 2008 (+70)	100m	01:06.56	35,80
Sophie van Leent 2008 (+70)	150m	01:45.80	39,24
Sophie van Leent 2008 (+70)	200m	02:24.48	38,68
Mariia Kostina 2010 (+56)	250m	02:56.08	31,60
Mariia Kostina 2010 (+56)	300m	03:34.36	38,28
Mariia Kostina 2010 (+56)	350m	04:14.09	39,73
Mariia Kostina 2010 (+56)	400m	04:52.51	38,42
Fleur van den Eijk 2009 (+25)	450m	05:24.12	31,61
Fleur van den Eijk 2009 (+25)	500m	06:02.08	37,96
Fleur van den Eijk 2009 (+25)	550m	06:41.32	39,24
Fleur van den Eijk 2009 (+25)	600m	07:20.68	39,36
Mijke Ouderkerken 2009 (+75)	650m	07:52.21	31,53
Mijke Ouderkerken 2009 (+75)	700m	08:27.47	35,26
Mijke Ouderkerken 2009 (+75)	750m	09:04.83	37,36
Mijke Ouderkerken 2009 (+75)	800m	09:42.22	37,39

9. ZV 44

09:54.44

Valérie Sakkers 2008 (+67)	50m	00:30.27	30,27
Valérie Sakkers 2008 (+67)	100m	01:05.59	35,32
Valérie Sakkers 2008 (+67)	150m	01:43.69	38,10
Valérie Sakkers 2008 (+67)	200m	02:21.97	38,28
Marlouke Frijstein 2008 (+45)	250m	02:55.44	33,47
Marlouke Frijstein 2008 (+45)	300m	03:32.65	37,21
Marlouke Frijstein 2008 (+45)	350m	04:10.81	38,16
Marlouke Frijstein 2008 (+45)	400m	04:48.31	37,50
Licianne Jungeling 2008 (+40)	450m	05:21.54	33,23
Licianne Jungeling 2008 (+40)	500m	06:01.46	39,92
Licianne Jungeling 2008 (+40)	550m	06:41.54	40,08
Licianne Jungeling 2008 (+40)	600m	07:21.50	39,96
Anique Polinder 2008 (+57)	650m	07:54.81	33,31
Anique Polinder 2008 (+57)	700m	08:33.62	38,81
Anique Polinder 2008 (+57)	750m	09:15.18	41,56
Anique Polinder 2008 (+57)	800m	09:54.44	39,26

8. 4x200m vrije slag heren

12 - 15 jaar (Junioren)

1. Blue Marlins

08:09.74

Boele Böhm 2007 (+69)	50m	00:28.15	28,15
Boele Böhm 2007 (+69)	100m	00:59.81	31,66
Boele Böhm 2007 (+69)	150m	01:31.10	31,29
Boele Böhm 2007 (+69)	200m	02:02.20	31,10
Xiaoyu Yin 2008 (+28)	250m	02:29.18	26,98
Xiaoyu Yin 2008 (+28)	300m	03:00.79	31,61
Xiaoyu Yin 2008 (+28)	350m	03:33.79	33,00
Xiaoyu Yin 2008 (+28)	400m	04:06.19	32,40
Kaan Sudak 2008 (+50)	450m	04:33.44	27,25
Kaan Sudak 2008 (+50)	500m	05:05.15	31,71
Kaan Sudak 2008 (+50)	550m	05:38.47	33,32
Kaan Sudak 2008 (+50)	600m	06:11.63	33,16

Nikodim Markovic 2007 (+66) 650m 06:38.79 27,16  
Nikodim Markovic 2007 (+66) 700m 07:08.07 29,28  
Nikodim Markovic 2007 (+66) 750m 07:38.84 30,77  
Nikodim Markovic 2007 (+66) 800m 08:09.74 30,90

2. Team Noord Holland

08:10.18

Giovanni Phillipson 2008 (+75) 50m 00:26.77 26,77  
Giovanni Phillipson 2008 (+75) 100m 00:56.84 30,07  
Giovanni Phillipson 2008 (+75) 150m 01:28.68 31,84  
Giovanni Phillipson 2008 (+75) 200m 02:00.24 31,56  
Willem Weustink 2008 (+33) 250m 02:28.16 27,92  
Willem Weustink 2008 (+33) 300m 03:00.20 32,04  
Willem Weustink 2008 (+33) 350m 03:34.03 33,83  
Willem Weustink 2008 (+33) 400m 04:07.54 33,51  
Rens Noordover 2008 (+62) 450m 04:35.25 27,71  
Rens Noordover 2008 (+62) 500m 05:06.87 31,62  
Rens Noordover 2008 (+62) 550m 05:40.67 33,80  
Rens Noordover 2008 (+62) 600m 06:14.46 33,79  
Bram Loots 2007 (+18) 650m 06:40.37 25,91  
Bram Loots 2007 (+18) 700m 07:10.19 29,82  
Bram Loots 2007 (+18) 750m 07:40.65 30,46  
Bram Loots 2007 (+18) 800m 08:10.18 29,53

3. De Dinkel

08:12.99

Milan Veelders 2008 (+73) 50m 00:27.79 27,79  
Milan Veelders 2008 (+73) 100m 00:58.92 31,13  
Milan Veelders 2008 (+73) 150m 01:30.50 31,58  
Milan Veelders 2008 (+73) 200m 02:03.58 33,08  
Bram ter Braak 2008 (+35) 250m 02:31.26 27,68  
Bram ter Braak 2008 (+35) 300m 03:03.29 32,03  
Bram ter Braak 2008 (+35) 350m 03:36.31 33,02  
Bram ter Braak 2008 (+35) 400m 04:09.27 32,96  
Daan van Peet 2007 (+50) 450m 04:37.01 27,74  
Daan van Peet 2007 (+50) 500m 05:08.20 31,19  
Daan van Peet 2007 (+50) 550m 05:40.90 32,70  
Daan van Peet 2007 (+50) 600m 06:14.69 33,79  
Tiede Groener 2007 (+36) 650m 06:41.13 26,44  
Tiede Groener 2007 (+36) 700m 07:11.11 29,98  
Tiede Groener 2007 (+36) 750m 07:42.34 31,23  
Tiede Groener 2007 (+36) 800m 08:12.99 30,65

4. DZ&PC

08:15.47

Tim van Erven 2007 (+74) 50m 00:27.64 27,64  
Tim van Erven 2007 (+74) 100m 00:58.64 31,00  
Tim van Erven 2007 (+74) 150m 01:30.70 32,06  
Tim van Erven 2007 (+74) 200m 02:03.15 32,45  
Niek Issard 2007 (+76) 250m 02:30.62 27,47  
Niek Issard 2007 (+76) 300m 03:02.56 31,94  
Niek Issard 2007 (+76) 350m 03:35.86 33,30  
Niek Issard 2007 (+76) 400m 04:10.63 34,77  
Storm Boxum 2007 (+44) 450m 04:37.34 26,71  
Storm Boxum 2007 (+44) 500m 05:08.41 31,07  
Storm Boxum 2007 (+44) 550m 05:41.04 32,63  
Storm Boxum 2007 (+44) 600m 06:14.58 33,54  
Tieme Wiersma 2007 (+48) 650m 06:41.39 26,81  
Tieme Wiersma 2007 (+48) 700m 07:10.79 29,40  
Tieme Wiersma 2007 (+48) 750m 07:42.87 32,08  
Tieme Wiersma 2007 (+48) 800m 08:15.47 32,60

5. WVZ

08:36.48

Tim Boerefijn 2008 (+84) 50m 00:28.99 28,99  
Tim Boerefijn 2008 (+84) 100m 01:01.91 32,92  
Tim Boerefijn 2008 (+84) 150m 01:35.60 33,69  
Tim Boerefijn 2008 (+84) 200m 02:08.22 32,62  
Jisse Lousma 2007 (+31) 250m 02:38.72 30,50  
Jisse Lousma 2007 (+31) 300m 03:12.53 33,81  
Jisse Lousma 2007 (+31) 350m 03:46.53 34,00  
Jisse Lousma 2007 (+31) 400m 04:19.47 32,94

Rely Hoogendijk 2007 (+69) 450m 04:49.15 29,68  
Rely Hoogendijk 2007 (+69) 500m 05:23.41 34,26  
Rely Hoogendijk 2007 (+69) 550m 05:58.63 35,22  
Rely Hoogendijk 2007 (+69) 600m 06:32.65 34,02  
Denzel Barthen 2007 (+54) 650m 07:00.76 28,11  
Denzel Barthen 2007 (+54) 700m 07:31.94 31,18  
Denzel Barthen 2007 (+54) 750m 08:04.96 33,02  
Denzel Barthen 2007 (+54) 800m 08:36.48 31,52

6. ZV 44

08:38.38

Collard Jungeling 2007 (+66) 50m 00:30.39 30,39  
Collard Jungeling 2007 (+66) 100m 01:04.10 33,71  
Collard Jungeling 2007 (+66) 150m 01:38.23 34,13  
Collard Jungeling 2007 (+66) 200m 02:10.73 32,50  
Youp Stuifzand 2008 (+37) 250m 02:40.14 29,41  
Youp Stuifzand 2008 (+37) 300m 03:11.22 31,08  
Youp Stuifzand 2008 (+37) 350m 03:47.49 36,27  
Youp Stuifzand 2008 (+37) 400m 04:19.85 32,36  
Gijs Vesseur 2007 (+50) 450m 04:48.04 28,19  
Gijs Vesseur 2007 (+50) 500m 05:21.26 33,22  
Gijs Vesseur 2007 (+50) 550m 05:55.58 34,32  
Gijs Vesseur 2007 (+50) 600m 06:29.63 34,05  
Thijs Poll 2007 (+27) 650m 06:58.17 28,54  
Thijs Poll 2007 (+27) 700m 07:31.12 32,95  
Thijs Poll 2007 (+27) 750m 08:05.31 34,19  
Thijs Poll 2007 (+27) 800m 08:38.38 33,07

7. Blue Marlins

08:38.46

Niels Meijer 2007 (+70) 50m 00:29.96 29,96  
Niels Meijer 2007 (+70) 100m 01:03.32 33,36  
Niels Meijer 2007 (+70) 150m 01:37.82 34,50  
Niels Meijer 2007 (+70) 200m 02:11.63 33,81  
Gaëtan Spicq 2007 (+15) 250m 02:40.14 28,51  
Gaëtan Spicq 2007 (+15) 300m 03:13.04 32,90  
Gaëtan Spicq 2007 (+15) 350m 03:47.38 34,34  
Gaëtan Spicq 2007 (+15) 400m 04:20.83 33,45  
Aditya Winterberg 2008 (+7) 450m 04:49.22 28,39  
Aditya Winterberg 2008 (+7) 500m 05:21.63 32,41  
Aditya Winterberg 2008 (+7) 550m 05:56.57 34,94  
Aditya Winterberg 2008 (+7) 600m 06:31.93 35,36  
Vincent Huele 2007 (+28) 650m 06:59.95 28,02  
Vincent Huele 2007 (+28) 700m 07:31.76 31,81  
Vincent Huele 2007 (+28) 750m 08:05.02 33,26  
Vincent Huele 2007 (+28) 800m 08:38.46 33,44

8. PSV

08:40.48

Tim van Rooij 2007 (+62) 50m 00:28.20 28,20  
Tim van Rooij 2007 (+62) 100m 00:59.37 31,17  
Tim van Rooij 2007 (+62) 150m 01:32.21 32,84  
Tim van Rooij 2007 (+62) 200m 02:07.59 35,38  
Jones Chuang 2008 (+40) 250m 02:36.26 28,67  
Jones Chuang 2008 (+40) 300m 03:08.78 32,52  
Jones Chuang 2008 (+40) 350m 03:42.24 33,46  
Jones Chuang 2008 (+40) 400m 04:16.73 34,49  
Martijn Nies 2009 (+74) 450m 04:46.95 30,22  
Martijn Nies 2009 (+74) 500m 05:20.86 33,91  
Martijn Nies 2009 (+74) 550m 05:55.42 34,56  
Martijn Nies 2009 (+74) 600m 06:29.80 34,38  
Nout Folkersma 2008 (+26) 650m 06:58.78 28,98  
Nout Folkersma 2008 (+26) 700m 07:31.23 32,45  
Nout Folkersma 2008 (+26) 750m 08:05.48 34,25  
Nout Folkersma 2008 (+26) 800m 08:40.48 35,00

9. Dedemsvaart-AC

08:51.63

Emiel de Bruijn 2007 (+74) 50m 00:29.89 29,89  
Emiel de Bruijn 2007 (+74) 100m 01:04.02 34,13  
Emiel de Bruijn 2007 (+74) 150m 01:38.86 34,84  
Emiel de Bruijn 2007 (+74) 200m 02:12.22 33,36

Lias IJzerman 2007 (+39)	250m	02:41.25	29,03
Lias IJzerman 2007 (+39)	300m	03:14.07	32,82
Lias IJzerman 2007 (+39)	350m	03:48.52	34,45
Lias IJzerman 2007 (+39)	400m	04:23.46	34,94
Mart Tempelman 2008 (+41)	450m	04:52.99	29,53
Mart Tempelman 2008 (+41)	500m	05:27.92	34,93
Mart Tempelman 2008 (+41)	550m	06:04.09	36,17
Mart Tempelman 2008 (+41)	600m	06:40.91	36,82
Melle van Veen 2007 (+57)	650m	07:09.61	28,70
Melle van Veen 2007 (+57)	700m	07:42.97	33,36
Melle van Veen 2007 (+57)	750m	08:17.96	34,99
Melle van Veen 2007 (+57)	800m	08:51.63	33,67

10. VZC

08:54.40

Rijk Leenders 2008 (+74)	50m	00:31.01	31,01
Rijk Leenders 2008 (+74)	100m	01:04.94	33,93
Rijk Leenders 2008 (+74)	150m	01:40.53	35,59
Rijk Leenders 2008 (+74)	200m	02:15.62	35,09
Felix Gepkens 2008 (+51)	250m	02:44.49	28,87
Felix Gepkens 2008 (+51)	300m	03:17.67	33,18
Felix Gepkens 2008 (+51)	350m	03:52.49	34,82
Felix Gepkens 2008 (+51)	400m	04:27.30	34,81
Stefan van der Meer 2009 (+42)	450m	04:58.90	31,60
Stefan van der Meer 2009 (+42)	500m	05:34.41	35,51
Stefan van der Meer 2009 (+42)	550m	06:11.55	37,14
Stefan van der Meer 2009 (+42)	600m	06:47.49	35,94
Bas Mostert 2008 (+70)	650m	07:16.45	28,96
Bas Mostert 2008 (+70)	700m	07:48.15	31,70
Bas Mostert 2008 (+70)	750m	08:21.74	33,59
Bas Mostert 2008 (+70)	800m	08:54.40	32,66

DIS. PSV

00:00.00

Tiago Fonseca Gomes 2007 800m 00:00.00,00

Nummer: 2 - zaterdag 17 juni 2023 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

9. 100m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Giulian Janssen (PSV, 200900125)	50m	00:26.92	26,92	00:56.26(+63)
2. Theodore Allan (PSV, 200902925)	50m	00:27.47	27,47	00:56.31(+63)
3. Ruben Baars (DWK, 200900471)	50m	00:27.52	27,52	00:56.37(+66)
4. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m	00:27.06	27,06	00:56.40(+73)
5. Mattia Maggio (Hellas-Glana, 200903311)	50m	00:27.33	27,33	00:57.43(+64)
6. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m	00:28.02	28,02	00:57.69(+73)
7. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m	00:28.09	28,09	00:58.84(+68)
8. Sven Koorstra (De Vikings, 200900189)	50m	00:28.62	28,62	00:59.01(+74)
9. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m	00:27.95	27,95	00:59.09(+66)
10. Martijn Nies (PSV, 200902095)	50m	00:28.57	28,57	00:59.45(+77)

11. Floris van de Wal (De Treffers, 200900495) 50m 00:28.71 28,71	00:59.50(+71)
12. Luca Boorsma (De Columbiaan, 200902031) 50m 00:28.70 28,70	00:59.91(+60)
13. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:29.03 29,03	01:00.30(+76)
14. Tim van de Moosdijk (PSV, 200900187) 50m 00:28.98 28,98	01:00.35(+82)
15. Adriaan Coppelmans (AZC, 200903243) 50m 00:28.86 28,86	01:00.36(+71)
16. Finn Hilders (De Dolfijn, 200900283) 50m 00:29.22 29,22	01:00.44(+69)
17. Davi Fonseca Gomes (PSV, 200902795) 50m 00:28.83 28,83	01:00.47(+69)
18. Jelte de Jong (ZPCH, 200900975) 50m 00:28.67 28,67	01:00.66(+70)
19. Ivo Bot (Wiekslag, 200900509) 50m 00:28.23 28,23	01:00.70(+71)
20. Bink de Vries (AZC, 200901887) 50m 00:28.81 28,81	01:00.71(+69)
21. Sacha van Hees Ajdnik (ZEPS, 200900489) 50m 00:29.07 29,07	01:00.86(+75)
22. Mike Hilders (De Dolfijn, 200900281) 50m 00:29.03 29,03	01:01.02(+67)
23. Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:29.31 29,31	01:01.10(+65)
24. Aidan van der Stelt (De Geul, 200900901) 50m 00:29.52 29,52	01:01.80(+67)
25. Sascha Timmer (AZC, 200902987) 50m 00:29.68 29,68	01:01.95(+62)
26. Sverre van der Zwaan (WVZ, 200900737) 50m 00:29.77 29,77	01:02.13(+70)
27. Dinand Kop (DAW, 200901001) 50m 00:30.03 30,03	01:02.28(+76)
28. Mathijs de Wit (KSN (SG), 201001215) 50m 00:30.40 30,40	01:02.29(+72)
29. Sven Vette (De Bevelanders, 200900519) 50m 00:30.13 30,13	01:02.75(+74)
30. Myron Artemenko (Niemo Barracuda, 201003021) 50m 00:30.29 30,29	01:03.00(+68)
31. Stefan van der Meer (VZC, 200901361) 50m 00:30.19 30,19	01:03.02(+74)
32. Jan Schouten (ZVL-1886 Center, 200902305) 50m 00:30.82 30,82	01:03.24(+84)
33. Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:30.49 30,49	01:03.32(+73)
34. Paul Ruitenbergh (De Geul, 200900979) 50m 00:29.76 29,76	01:03.33(+73)
35. Brent Schiffllers (ZPC Woerden, 200902041)	01:03.86(+72)

50m 00:30.71 30,71

36. Xander Kragting (De Blauwe Schuur, 200900077)	01:03.93(+77)
50m 00:30.69 30,69	
37. Tariq van Laar (De Rijn, 200900819)	01:03.94(+73)
50m 00:30.31 30,31	
38. Thijmen Pruijssers (Hieronymus, 201000129)	01:04.01(+69)
50m 00:30.70 30,70	
39. Lucas Schouten (ZPCH, 200901925)	01:04.46(+72)
50m 00:30.78 30,78	
40. Duuk Harms (Dedemsvaart-AC, 200900201)	01:04.47(+78)
50m 00:30.87 30,87	
41. Roy Hofman (DZ&PC, 200900439)	01:04.55(+76)
50m 00:31.30 31,30	
42. Thomas Nauta (Arethusa, 200900339)	01:04.68(+70)
50m 00:30.84 30,84	
43. Owen Houdé (De Geul, 200900903)	01:04.96(+76)
50m 00:31.31 31,31	
44. Mauro Bedeke (DAW, 201000537)	01:05.36(+64)
50m 00:30.97 30,97	
45. Oleksandr Hordiienko (De Aalscholver, 201003061)	01:05.44(+73)
50m 00:31.02 31,02	
46. Max van der Spank (Hieronymus, 201000275)	01:05.78(+71)
50m 00:31.49 31,49	
47. Mathieu Gepkens (VZC, 201000045)	01:05.91(+68)
50m 00:31.39 31,39	
48. Ruben Kragt (ZV 44, 201000007)	01:07.21(+74)
50m 00:31.33 31,33	
49. Dani Yefimov (WS Twente, 200901305)	01:07.88(+74)
50m 00:32.24 32,24	
50. Dax van den Nouland (Blue Marlins, 201000071)	01:09.28(+78)
50m 00:32.87 32,87	
10. 100m vrije slag - Heren	
14 - 15 jaar (Junioren 3 en 4)	
1. Nándor Szabó (De Dolfijn, 200700475)	00:53.37(+72)
50m 00:25.76 25,76	
2. Nikodim Markovic (Blue Marlins, 200700255)	00:53.42(+64)
50m 00:25.99 25,99	
3. Giovanni Phillipson (Team Noord Holland, 200801099)	00:53.57(+77)
50m 00:25.83 25,83	
4. Bram Loots (Team Noord Holland, 200700197)	00:53.79(+67)
50m 00:26.17 26,17	
5. Tiede Groener (De Dinkel, 200700155)	00:53.98(+73)
50m 00:26.26 26,26	
6. Kaan Sudak (Blue Marlins, 200803733)	00:54.04(+59)
50m 00:25.74 25,74	
7. Siem de Zeeuw (OZ&PC, 200800013)	00:54.24(+70)
50m 00:26.26 26,26	
8. Floris Tanis (Feijenoord Albion, 200700005)	00:54.50(+69)
50m 00:26.06 26,06	

9. Jake Franse (Blue Marlins, 200703873) 50m 00:26.57 26,57	00:54.96(+64)
10. Tim van Erven (DZ&PC, 200700175) 50m 00:26.99 26,99	00:55.63(+75)
11. Niek Issard (DZ&PC, 200700037) 50m 00:26.73 26,73	00:55.83(+71)
12. Marnix Rietveld (ZV Haarlem, 200700939) 50m 00:26.66 26,66	00:55.84(+65)
13. Finn Rust (Nextline Swimming, 200700469) 50m 00:26.90 26,90	00:56.07(+69)
14. Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:26.79 26,79	00:56.17(+61)
15. Daan van Peet (De Dinkel, 200700461) 50m 00:26.69 26,69	00:56.35(+71)
16. Job Sportel (V Z & P C, 200800429) 50m 00:27.13 27,13	00:56.37(+71)
17. Maikel Blijlevens (Waalwijkse Zwem Vereniging, 200701051) 50m 00:27.12 27,12	00:56.61(+60)
18. Mies de Wit (De Ward, 200700315) 50m 00:27.06 27,06	00:56.64(+67)
19. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:27.45 27,45	00:56.67(+76)
20. Tim van Rooij (PSV, 200700129) 50m 00:27.00 27,00	00:56.79(+61)
21. Rely Hoogendijk (WVZ, 200702521) 50m 00:27.54 27,54	00:56.89(+76)
22. Stijn Saelmans (Hellas-Glana, 200700373) 50m 00:27.04 27,04	00:57.08(+71)
23. Ties Berghs (ZEPS, 200700709) 50m 00:27.10 27,10	00:57.13(+67)
24. Jones Chuang (PSV, 200801173) 50m 00:27.78 27,78	00:57.20(+61)
25. Mads van Norden (ZPC AMERSFOORT, 200700029) 50m 00:27.19 27,19	00:57.22(+75)
26. Vincent Huele (Blue Marlins, 200703423) 50m 00:27.46 27,46	00:57.28(+67)
27. Rens Noordover (Team Noord Holland, 200800237) 50m 00:27.69 27,69	00:57.33(+71)
28. Filip Piszczynski (KSN (SG), 200802125) 50m 00:27.44 27,44	00:57.34(+68)
29. Tijn Hilders (De Dolfijn, 200700027) 50m 00:28.15 28,15	00:57.44(+76)
30. Daniël Wegman (Oceanus, 200802843) 50m 00:27.18 27,18	00:57.50(+70)
31. Milan Veelders (De Dinkel, 200800279) 50m 00:27.53 27,53	00:57.58(+73)
32. Gijs Vesseur (ZV 44, 200700277) 50m 00:27.70 27,70	00:57.69(+75)
33. Lucas Bemer (De Duinkickers, 200700219) 50m 00:27.41 27,41	00:57.76(+66)

34. Thijs Poll (ZV 44, 200700203) 50m 00:27.78 27,78	00:57.94(+64)
35. Jisse Lousma (WVZ, 200701493) 50m 00:28.05 28,05	00:58.04(+59)
36. Bram ter Braak (De Dinkel, 200800281) 50m 00:27.86 27,86	00:58.10(+73)
36. Suraj Baladurage (Team Noord Holland, 200801291) 50m 00:28.03 28,03	00:58.10(+62)
38. Willem Weustink (Team Noord Holland, 200800109) 50m 00:28.12 28,12	00:58.12(+70)
39. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:27.70 27,70	00:58.14(+71)
40. Jordey Thole (ZPC Hoogeveen, 200700385) 50m 00:27.99 27,99	00:58.21(+69)
41. Tim Boerefijn (WVZ, 200802815) 50m 00:28.61 28,61	00:58.31(+83)
42. Damir Mustafic (DZ&PC, 200800885) 50m 00:28.22 28,22	00:58.41(+71)
43. Melle van Veen (Dedemsvaart-AC, 200700661) 50m 00:28.06 28,06	00:58.65(+80)
44. Bas Mostert (VZC, 200800629) 50m 00:28.68 28,68	00:58.80(+74)
45. Ties Lakke (ACZ, 200703517) 50m 00:28.36 28,36	00:58.86(+76)
46. Ross de Wildt (Aqua-Novio'94, 200803359) 50m 00:28.49 28,49	00:58.90(+62)
47. Tobias Tamm (De Dolfijn, 200703631) 50m 00:27.90 27,90	00:58.97(+64)
48. Bjorn Scholten (WS Twente, 200801143) 50m 00:28.17 28,17	00:58.99(+79)
49. Nout Folkersma (PSV, 200800595) 50m 00:28.21 28,21	00:59.06(+68)
50. Rian Schoneveld (De Berkelduikers, 200801789) 50m 00:28.21 28,21	00:59.15(+70)
51. Rein Stoel (ZVL-1886 Center, 200800463) 50m 00:28.19 28,19	00:59.19(+72)
52. Arjan Boogaard (Deltasteur, 200800093) 50m 00:28.19 28,19	00:59.20(+60)
53. Thom Keukens (V.Z.V. Njord, 200700415) 50m 00:28.56 28,56	00:59.24(+70)
54. Gaëtan Spicq (Blue Marlins, 200701807) 50m 00:28.77 28,77	00:59.25(+69)
55. Emiel de Bruijn (Dedemsvaart-AC, 200700953) 50m 00:28.42 28,42	00:59.35(+72)
56. Stef Blok (Zwemclub Eijdsen, 200701087) 50m 00:27.80 27,80	00:59.47(+76)
57. Thomas van Velzen (ZV 44, 200703189) 50m 00:28.77 28,77	00:59.55(+66)





	50m 00:37.21 37,21	150m 02:07.69 42,53	250m 03:39.24 49,72	350m 05:10.84 41,37	
	100m 01:25.16 47,95	200m 02:49.52 41,83	300m 04:29.47 50,23		
11. Linou van Kampen (ZPCH, 201000594)					05:50.52(+81)
	50m 00:36.28 36,28	150m 02:07.66 47,08	250m 03:40.68 48,33	350m 05:11.93 41,62	
	100m 01:20.58 44,30	200m 02:52.35 44,69	300m 04:30.31 49,63		
12. Nina van der Schrier (AZC, 201000444)					05:50.75(+88)
	50m 00:35.55 35,55	150m 02:07.06 43,42	250m 03:41.92 52,28	350m 05:13.50 38,93	
	100m 01:23.64 48,09	200m 02:49.64 42,58	300m 04:34.57 52,65		
13. Nina Tetteroo (De Columbiaan, 201000048)					05:51.08(+96)
	50m 00:37.05 37,05	150m 02:09.19 46,24	250m 03:43.41 49,57	350m 05:13.28 39,64	
	100m 01:22.95 45,90	200m 02:53.84 44,65	300m 04:33.64 50,23		
14. Frédérique Nijziel (PSV, 201103114)					05:51.67(+80)
	50m 00:33.67 33,67	150m 01:58.77 45,77	250m 03:38.23 55,09	350m 05:13.91 39,43	
	100m 01:13.00 39,33	200m 02:43.14 44,37	300m 04:34.48 56,25		
15. Elin Baars (DWK, 201000138)					05:54.65(+83)
	50m 00:37.60 37,60	150m 02:08.25 46,98	250m 03:42.64 50,52	350m 05:15.33 41,23	
	100m 01:21.27 43,67	200m 02:52.12 43,87	300m 04:34.10 51,46		
16. Odenza Soselisa (Blue Marlins, 201101780)					05:54.83(+75)
	50m 00:34.05 34,05	150m 02:02.22 46,79	250m 03:38.43 51,29	350m 05:13.93 43,92	
	100m 01:15.43 41,38	200m 02:47.14 44,92	300m 04:30.01 51,58		
17. Carla Moreno Palacios (De Dolfijn, 201002302)					05:55.16(+68)
	50m 00:36.85 36,85	150m 02:08.93 46,91	250m 03:44.07 49,93	350m 05:16.70 41,45	
	100m 01:22.02 45,17	200m 02:54.14 45,21	300m 04:35.25 51,18		
18. Milou Filemon (ZZ&PC De Devel, 201100078)					05:55.23(+76)
	50m 00:39.14 39,14	150m 02:09.61 44,17	250m 03:45.44 51,92	350m 05:17.16 40,60	
	100m 01:25.44 46,30	200m 02:53.52 43,91	300m 04:36.56 51,12		
19. Wieke Dekker (De Dolfijn, 201002020)					05:57.92(+74)
	50m 00:38.79 38,79	150m 02:13.94 46,78	250m 03:48.22 48,24	350m 05:18.71 41,72	
	100m 01:27.16 48,37	200m 02:59.98 46,04	300m 04:36.99 48,77		
20. Anne Engbersen (De Fuut, 201000044)					05:59.59(+84)
	50m 00:36.67 36,67	150m 02:08.71 45,25	250m 03:46.63 53,02	350m 05:20.43 41,90	
	100m 01:23.46 46,79	200m 02:53.61 44,90	300m 04:38.53 51,90		
21. Anouk Steller (WVZ, 201000004)					05:59.63(+87)
	50m 00:34.93 34,93	150m 02:02.89 44,90	250m 03:42.10 54,71	350m 05:19.20 41,05	
	100m 01:17.99 43,06	200m 02:47.39 44,50	300m 04:38.15 56,05		
22. Julia Dąbrowska (Blue Marlins, 201000300)					05:59.90(+84)
	50m 00:33.40 33,40	150m 02:03.45 46,70	250m 03:42.24 53,20	350m 05:19.32 42,15	
	100m 01:16.75 43,35	200m 02:49.04 45,59	300m 04:37.17 54,93		
23. Romée Smit (MSV-Zeemacht, 201100438)					06:00.50(+75)
	50m 00:38.37 38,37	150m 02:12.27 45,00	250m 03:47.55 51,45	350m 05:22.37 43,76	
	100m 01:27.27 48,90	200m 02:56.10 43,83	300m 04:38.61 51,06		
24. Jayna Wagemakers (AquaDream, 201000226)					06:03.49(+76)
	50m 00:37.33 37,33	150m 02:10.78 46,02	250m 03:46.58 49,28	350m 05:22.70 45,59	
	100m 01:24.76 47,43	200m 02:57.30 46,52	300m 04:37.11 50,53		
25. Maryse Kuijper (DWK, 201000692)					06:03.50(+89)
	50m 00:39.31 39,31	150m 02:13.02 46,27	250m 03:48.80 51,44	350m 05:22.87 42,18	
	100m 01:26.75 47,44	200m 02:57.36 44,34	300m 04:40.69 51,89		
26. Evelien Goorhuis (Hieronymus, 201000194)					06:04.69(+78)
	50m 00:35.30 35,30	150m 02:06.91 47,55	250m 03:47.22 53,55	350m 05:24.23 43,00	
	100m 01:19.36 44,06	200m 02:53.67 46,76	300m 04:41.23 54,01		
27. Freeke Super (PSV, 201003638)					06:05.28(+64)
	50m 00:36.16 36,16	150m 02:07.31 46,82	250m 03:47.02 53,75	350m 05:25.09 41,97	
	100m 01:20.49 44,33	200m 02:53.27 45,96	300m 04:43.12 56,10		
28. Lola Verheijen (PSV, 201100832)					06:05.70(+81)

	50m 00:36.14 36,14	150m 02:11.60 50,18	250m 03:50.99 52,08	350m 05:28.07 41,36	
	100m 01:21.42 45,28	200m 02:58.91 47,31	300m 04:46.71 55,72		
29. Ilse Jongepier (THOR, 201000006)					06:06.40(+82)
	50m 00:38.56 38,56	150m 02:14.64 46,61	250m 03:52.56 52,39	350m 05:27.90 41,49	
	100m 01:28.03 49,47	200m 03:00.17 45,53	300m 04:46.41 53,85		
30. Annelie Batenburg (PSV, 201001962)					06:08.49(+77)
	50m 00:35.52 35,52	150m 02:12.56 50,48	250m 03:49.69 48,40	350m 05:24.94 45,51	
	100m 01:22.08 46,56	200m 03:01.29 48,73	300m 04:39.43 49,74		
31. Femke ter Horst (ZPC Hoogeveen, 201000108)					06:08.62(+86)
	50m 00:37.75 37,75	150m 02:09.27 47,95	250m 03:51.14 55,21	350m 05:28.21 42,16	
	100m 01:21.32 43,57	200m 02:55.93 46,66	300m 04:46.05 54,91		
32. Elke Kriesels (Hieronymus, 201100898)					06:10.24(+77)
	50m 00:39.01 39,01	150m 02:17.05 48,51	250m 03:56.86 51,75	350m 05:30.14 41,12	
	100m 01:28.54 49,53	200m 03:05.11 48,06	300m 04:49.02 52,16		
33. Manou Longayroux (ZZ&PC De Devel, 201000580)					06:10.86(+64)
	50m 00:37.48 37,48	150m 02:15.72 48,89	250m 03:56.34 53,44	350m 05:31.60 42,20	
	100m 01:26.83 49,35	200m 03:02.90 47,18	300m 04:49.40 53,06		
34. Tessa van Beek (DWK, 201001446)					06:12.31(+78)
	50m 00:37.54 37,54	150m 02:11.94 48,53	250m 03:50.88 51,77	350m 05:30.85 44,53	
	100m 01:23.41 45,87	200m 02:59.11 47,17	300m 04:46.32 55,44		
35. Senna Boogmans (De Duinkickers, 201000640)					06:13.43(+82)
	50m 00:37.41 37,41	150m 02:11.95 46,92	250m 03:55.20 56,61	350m 05:32.32 40,99	
	100m 01:25.03 47,62	200m 02:58.59 46,64	300m 04:51.33 56,13		
36. Tess van de Steeg (WVZ, 201000016)					06:13.50(+89)
	50m 00:36.16 36,16	150m 02:14.25 50,17	250m 03:50.73 49,99	350m 05:29.43 46,29	
	100m 01:24.08 47,92	200m 03:00.74 46,49	300m 04:43.14 52,41		
37. Anna Lepoutre (PSV, 201100534)					06:14.10(+77)
	50m 00:35.53 35,53	150m 02:10.47 49,81	250m 03:52.16 54,16	350m 05:32.15 42,98	
	100m 01:20.66 45,13	200m 02:58.00 47,53	300m 04:49.17 57,01		
38. Alaine Lomans (Eszet, 201000420)					06:14.22(+62)
	50m 00:37.75 37,75	150m 02:13.22 48,69	250m 03:54.63 55,11	350m 05:32.26 43,03	
	100m 01:24.53 46,78	200m 02:59.52 46,30	300m 04:49.23 54,60		
39. Mattea Gliese-Sloojer (De Dinkel, 201100008)					06:15.59(+86)
	50m 00:39.71 39,71	150m 02:18.66 47,41	250m 03:59.97 55,54	350m 05:37.38 41,67	
	100m 01:31.25 51,54	200m 03:04.43 45,77	300m 04:55.71 55,74		
40. Famke Franzen (De Schotelij, 201000058)					06:15.88(+84)
	50m 00:36.50 36,50	150m 02:15.73 51,58	250m 03:57.18 54,48	350m 05:35.03 43,81	
	100m 01:24.15 47,65	200m 03:02.70 46,97	300m 04:51.22 54,04		
41. Lynn ten Berge (De Dinkel, 201000884)					06:16.66(+85)
	50m 00:37.16 37,16	150m 02:16.27 51,16	250m 04:00.28 55,40	350m 05:36.99 40,04	
	100m 01:25.11 47,95	200m 03:04.88 48,61	300m 04:56.95 56,67		
42. Eva de Man (Aqua-Novio'94, 201000294)					06:19.55(+80)
	50m 00:39.69 39,69	150m 02:20.64 48,97	250m 04:00.17 55,07	350m 05:38.85 42,82	
	100m 01:31.67 51,98	200m 03:05.10 44,46	300m 04:56.03 55,86		
43. Elin Reinstra (TriVia, 201100842)					06:21.01(+80)
	50m 00:40.55 40,55	150m 02:20.08 47,62	250m 04:00.90 54,93	350m 05:39.20 43,36	
	100m 01:32.46 51,91	200m 03:05.97 45,89	300m 04:55.84 54,94		
44. Tess Meeuwissen (De Columbiaan, 201000370)					06:25.30(+66)
	50m 00:38.16 38,16	150m 02:16.37 49,49	250m 03:58.81 54,49	350m 05:40.62 46,16	
	100m 01:26.88 48,72	200m 03:04.32 47,95	300m 04:54.46 55,65		
45. Kim Bouman (ZPC AMERSFOORT, 201000262)					06:27.43(+92)
	50m 00:39.13 39,13	150m 02:18.77 50,21	250m 04:02.49 57,78	350m 05:45.51 45,03	
	100m 01:28.56 49,43	200m 03:04.71 45,94	300m 05:00.48 57,99		
46. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)					06:31.58(+80)

50m 00:41.18 41,18 150m 02:30.45 55,14 250m 04:13.92 53,36 350m 05:50.20 43,65  
100m 01:35.31 54,13 200m 03:20.56 50,11 300m 05:06.55 52,63

DIS. Chloé in 't Veen (WVZ, 201100010) 00:00.00  
DIS. Casharell Kraan (Blue Marlins, 201103426) 00:00.00  
DIS. Eefje van Hinsbergen (Blue Marlins, 201002252) 00:00.00  
DIS. Mariia Kostina (Blue Marlins, 201002042) 00:00.00

## 12. 100m schoolslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Nina Zusterzeel (PSV, 200800656) 01:12.59(+70)  
50m 00:33.31 33,31

2. Flora Szili-Torok (Feijenoord Albion, 200800114) 01:15.07(+65)  
50m 00:34.81 34,81

3. Esmee Mulder (DZ&PC, 200800038) 01:16.14(+69)  
50m 00:35.33 35,33

4. Veerle Hildebrand (PSV, 200801830) 01:16.52(+75)  
50m 00:34.97 34,97

5. Dachen Haaijer (ZPC Hoogeveen, 200800380) 01:16.71(+79)  
50m 00:35.78 35,78

6. Tess Vonk (De Geul, 200900024) 01:17.74(+63)  
50m 00:35.96 35,96

7. Robine Moot (ZPC AMERSFOORT, 200900330) 01:18.12(+79)  
50m 00:36.76 36,76

8. Fay Boxum (DZ&PC, 200900060) 01:19.59(+80)  
50m 00:36.75 36,75

9. Michelle van Hemert (PSV, 200901200) 01:19.85(+77)  
50m 00:37.73 37,73

10. Amber Kunst (DAW, 200900680) 01:19.87(+70)  
50m 00:37.04 37,04

11. Diede de Vries (De Fuut, 200803558) 01:19.97(+76)  
50m 00:37.57 37,57

12. Leonoor Smale (Aqua-Novio'94, 200800942) 01:21.42(+78)  
50m 00:37.78 37,78

13. Pascalie Smal (DAW, 200802958) 01:21.72(+62)  
50m 00:38.89 38,89

14. Liv Heijdra (WVZ, 200800736) 01:21.95(+72)  
50m 00:37.29 37,29

15. Elin Ditewig (VZC, 200900392) 01:21.96(+80)  
50m 00:38.45 38,45

16. Myrthe Stelten (Hellas-Glana, 200900234) 01:23.00(+74)  
50m 00:38.44 38,44

17. Jenny Muntinga (ZPCH, 200900450) 01:23.73(+68)  
50m 00:39.29 39,29

18. Jannoula Jaspers (De Vikings, 200800202) 01:23.77(+74)  
50m 00:38.75 38,75

19. Valérie Sakkers (ZV 44, 200800080) 01:24.65(+67)  
50m 00:38.32 38,32

## 13. 200m vlinderslag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Tiago Fonseca Gomes (PSV, 200703587)	50m 00:27.08 27,08	100m 00:58.97 31,89	150m 01:31.96 32,99	02:05.68(+63)				
2. Vincent Huele (Blue Marlins, 200703423)	50m 00:28.72 28,72	100m 01:01.71 32,99	150m 01:36.25 34,54	02:12.65(+73)				
3. Xiaoyu Yin (Blue Marlins, 200803363)	50m 00:29.71 29,71	100m 01:03.99 34,28	150m 01:38.62 34,63	02:14.82(+63)				
4. Collard Jungeling (ZV 44, 200701831)	50m 00:29.76 29,76	100m 01:03.84 34,08	150m 01:39.09 35,25	02:15.17(+66)				
5. Boele Böhm (Blue Marlins, 200700739)	50m 00:30.35 30,35	100m 01:06.17 35,82	150m 01:44.36 38,19	02:21.86(+73)				
6. Yarno van Dam (ACZ, 200800115)	50m 00:30.02 30,02	100m 01:05.25 35,23	150m 01:42.68 37,43	02:22.04(+69)				
7. Jones Chuang (PSV, 200801173)	50m 00:30.75 30,75	100m 01:06.70 35,95	150m 01:45.06 38,36	02:25.26(+61)				
8. Niels Meijer (Blue Marlins, 200701645)	50m 00:31.16 31,16	100m 01:07.44 36,28	150m 01:46.24 38,80	02:25.65(+67)				
9. Aditya Winterberg (Blue Marlins, 200800953) [S15]	50m 00:31.41 31,41	100m 01:08.81 37,40	150m 01:47.45 38,64	02:26.65(+66)				
10. Lou van Leeuwen (De Dolfijn, 200702779)	50m 00:32.53 32,53	100m 01:10.49 37,96	150m 01:48.62 38,13	02:27.47(+77)				
11. Daniël Wegman (Oceanus, 200802843)	50m 00:31.00 31,00	100m 01:08.61 37,61	150m 01:49.16 40,55	02:28.30(+70)				
12. Gijs Hartwijk (ZVL-1886 Center, 200800573)	50m 00:32.74 32,74	100m 01:10.89 38,15	150m 01:50.80 39,91	02:30.99(+65)				
13. Filip Piszczynski (KSN (SG), 200802125)	50m 00:32.99 32,99	100m 01:11.88 38,89	150m 01:53.29 41,41	02:32.36(+68)				
14. Rafael Fichtner (De Dolfijn, 200702841)	50m 00:32.58 32,58	100m 01:13.37 40,79	150m 02:00.53 47,16	02:50.62(+74)				
14. 400m vrije slag - Dames								
13 - 14 jaar (Junioren 3 en 4)								
1. Jade van der Schrier (AZC, 200800692)	50m 00:30.48 30,48	100m 01:03.71 33,23	150m 01:38.06 34,35	200m 02:12.90 34,84	250m 02:47.75 34,85	300m 03:23.21 35,46	350m 03:58.46 35,25	04:32.31(+70)
2. Charlotte Leijnse (Blue Marlins, 200802948)	50m 00:30.09 30,09	100m 01:03.61 33,52	150m 01:38.37 34,76	200m 02:14.27 35,90	250m 02:50.20 35,93	300m 03:26.64 36,44	350m 04:02.80 36,16	04:38.79(+76)
3. Julie van Nispen (Z&PV Nuenen, 200800290)	50m 00:33.10 33,10	100m 01:08.60 35,50	150m 01:44.48 35,88	200m 02:20.37 35,89	250m 02:55.32 34,95	300m 03:30.97 35,65	350m 04:05.74 34,77	04:39.91(+95)
4. Esmee Mulder (DZ&PC, 200800038)	50m 00:31.90 31,90	100m 01:07.61 35,71	150m 01:44.11 36,50	200m 02:20.60 36,49	250m 02:54.82 34,22	300m 03:29.91 35,09	350m 04:05.41 35,50	04:40.23(+71)
5. Bregje Dekkers (PSV, 200900746)	50m 00:31.84 31,84	100m 01:05.96 34,12	150m 01:41.56 35,60	200m 02:17.89 36,33	250m 02:54.44 36,55	300m 03:31.42 36,98	350m 04:08.06 36,64	04:43.07(+69)
6. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	50m 00:31.19 31,19	100m 01:05.90 34,71	150m 01:41.61 35,71	200m 02:18.29 36,68	250m 02:55.17 36,88	300m 03:32.32 37,15	350m 04:09.49 37,17	04:45.33(+79)
7. Juliëtte Woltjes (VZC, 200900774)	50m 00:31.65 31,65	100m 01:07.26 35,61	150m 01:43.57 36,31	200m 02:19.91 36,34	250m 02:56.07 36,16	300m 03:33.34 37,27	350m 04:09.94 36,60	04:45.79(+83)

8. Laura van Etten (HZ&PC Heerenveen, 200800264)						04:45.81(+84)	
50m	00:31.64 31,64	150m	01:43.89 36,58	250m	02:56.92 36,46	350m	04:09.59 36,44
100m	01:07.31 35,67	200m	02:20.46 36,57	300m	03:33.15 36,23		
9. Madeleine Bertram (De Dolfijn, 200900516)						04:46.29(+71)	
50m	00:30.99 30,99	150m	01:41.04 36,05	250m	02:56.93 38,15	350m	04:11.36 36,45
100m	01:04.99 34,00	200m	02:18.78 37,74	300m	03:34.91 37,98		
10. Fay Boxum (DZ&PC, 200900060)						04:46.41(+80)	
50m	00:31.52 31,52	150m	01:43.43 36,24	250m	02:57.01 36,74	350m	04:10.81 36,64
100m	01:07.19 35,67	200m	02:20.27 36,84	300m	03:34.17 37,16		
11. Luus Gielens (PSV, 200900138)						04:46.56(+87)	
50m	00:32.50 32,50	150m	01:45.12 36,98	250m	02:59.75 37,17	350m	04:12.16 35,72
100m	01:08.14 35,64	200m	02:22.58 37,46	300m	03:36.44 36,69		
12. Meyke v. Nimwegen (De Schotegil, 200800106)						04:47.11(+75)	
50m	00:32.28 32,28	150m	01:43.98 36,33	250m	02:57.17 36,41	350m	04:10.54 36,57
100m	01:07.65 35,37	200m	02:20.76 36,78	300m	03:33.97 36,80		
13. Ece Öngören (Blue Marlins, 200903862)						04:49.64(+70)	
50m	00:32.75 32,75	150m	01:45.72 36,76	250m	02:59.24 36,80	350m	04:13.27 37,25
100m	01:08.96 36,21	200m	02:22.44 36,72	300m	03:36.02 36,78		
14. Fenna Westerneng (ZPC Hoogeveen, 200900070)						04:51.22(+73)	
50m	00:31.59 31,59	150m	01:45.03 37,18	250m	03:00.51 38,02	350m	04:15.06 37,11
100m	01:07.85 36,26	200m	02:22.49 37,46	300m	03:37.95 37,44		
15. Chiara Lammertink (VZC, 200902200)						04:52.80(+84)	
50m	00:32.72 32,72	150m	01:45.83 37,11	250m	03:01.31 37,74	350m	04:16.71 36,99
100m	01:08.72 36,00	200m	02:23.57 37,74	300m	03:39.72 38,41		
16. Ilse Wiltjer (DZ&PC, 200900868)						04:53.00(+81)	
50m	00:32.94 32,94	150m	01:46.49 37,27	250m	03:01.73 37,13	350m	04:18.08 37,59
100m	01:09.22 36,28	200m	02:24.60 38,11	300m	03:40.49 38,76		
17. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)						04:54.11(+79)	
50m	00:33.08 33,08	150m	01:47.92 37,30	250m	03:03.52 37,73	350m	04:18.91 36,96
100m	01:10.62 37,54	200m	02:25.79 37,87	300m	03:41.95 38,43		
18. Iris Tilburg (Arethusa, 200902662)						04:54.91(+76)	
50m	00:32.28 32,28	150m	01:46.58 37,57	250m	03:03.10 37,91	350m	04:18.49 36,90
100m	01:09.01 36,73	200m	02:25.19 38,61	300m	03:41.59 38,49		
19. Dana Fahmi (De Dolfijn, 200804546)						04:55.64(+70)	
50m	00:33.36 33,36	150m	01:46.20 36,61	250m	03:01.19 37,50	350m	04:18.27 38,78
100m	01:09.59 36,23	200m	02:23.69 37,49	300m	03:39.49 38,30		
20. Ilse Rozema (Blue Marlins, 200803318)						04:56.09(+66)	
50m	00:32.18 32,18	150m	01:46.82 37,93	250m	03:03.02 37,57	350m	04:19.92 38,31
100m	01:08.89 36,71	200m	02:25.45 38,63	300m	03:41.61 38,59		
20. Elin Brinkhof (De Dolfijn, 200900078)						04:56.09(+71)	
50m	00:32.58 32,58	150m	01:46.28 37,41	250m	03:02.27 38,23	350m	04:19.43 38,61
100m	01:08.87 36,29	200m	02:24.04 37,76	300m	03:40.82 38,55		
22. Kinley Cole (PSV, 200903696)						04:56.29(+78)	
50m	00:33.68 33,68	150m	01:49.69 38,05	250m	03:06.63 37,38	350m	04:22.20 37,09
100m	01:11.64 37,96	200m	02:29.25 39,56	300m	03:45.11 38,48		
23. Puck van Wees (De Dolfijn, 200901020)						04:57.06(+81)	
50m	00:32.54 32,54	150m	01:45.55 37,46	250m	03:02.69 38,61	350m	04:20.13 39,04
100m	01:08.09 35,55	200m	02:24.08 38,53	300m	03:41.09 38,40		
24. Ilana Gentile (Orca, 200801558)						04:58.11(+78)	
50m	00:31.90 31,90	150m	01:46.98 38,38	250m	03:04.47 38,62	350m	04:22.44 38,33
100m	01:08.60 36,70	200m	02:25.85 38,87	300m	03:44.11 39,64		
25. Suuz Griekspoor (Noordwijkerhout, 200901204)						04:59.08(+77)	
50m	00:32.53 32,53	150m	01:47.86 38,59	250m	03:04.58 38,72	350m	04:22.03 38,49
100m	01:09.27 36,74	200m	02:25.86 38,00	300m	03:43.54 38,96		

26. Lotte Lübbers (KSN (SG), 200900190)					04:59.15(+80)
50m	00:33.63 33,63	150m	01:48.62 38,29	250m	03:07.98 39,78
100m	01:10.33 36,70	200m	02:28.20 39,58	300m	03:46.16 38,18
350m	04:24.45 38,29				
27. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)					04:59.36(+81)
50m	00:32.24 32,24	150m	01:47.52 38,51	250m	03:05.98 38,72
100m	01:09.01 36,77	200m	02:27.26 39,74	300m	03:45.23 39,25
350m	04:23.63 38,40				
28. Mijke Ouderkerken (Blue Marlins, 200901254)					05:01.46(+77)
50m	00:32.91 32,91	150m	01:47.83 38,42	250m	03:06.45 39,68
100m	01:09.41 36,50	200m	02:26.77 38,94	300m	03:45.61 39,16
350m	04:24.61 39,00				
29. Mint van Wees (De Dolfijn, 200801328)					05:03.10(+80)
50m	00:32.68 32,68	150m	01:48.58 38,80	250m	03:06.49 38,92
100m	01:09.78 37,10	200m	02:27.57 38,99	300m	03:45.88 39,39
350m	04:25.20 39,32				
30. Sofie Vos (ZPC Hoogeveen, 200800804)					05:03.74(+87)
50m	00:33.38 33,38	150m	01:48.68 38,27	250m	03:06.70 39,07
100m	01:10.41 37,03	200m	02:27.63 38,95	300m	03:46.08 39,38
350m	04:25.34 39,26				
31. Marlouke Frijstein (ZV 44, 200800152)					05:05.92(+73)
50m	00:34.97 34,97	150m	01:52.25 38,92	250m	03:10.79 39,22
100m	01:13.33 38,36	200m	02:31.57 39,32	300m	03:50.09 39,30
350m	04:28.57 38,48				
32. Esmee van der Tuuk (ZPC Hoogeveen, 200800682)					05:11.08(+87)
50m	00:35.12 35,12	150m	01:52.14 39,02	250m	03:11.37 39,58
100m	01:13.12 38,00	200m	02:31.79 39,65	300m	03:51.71 40,34
350m	04:32.11 40,40				
33. Isis Verhoeff (De Otters Het Gooi, 200902962)					05:12.82(+79)
50m	00:34.99 34,99	150m	01:52.35 39,34	250m	03:12.73 40,42
100m	01:13.01 38,02	200m	02:32.31 39,96	300m	03:53.24 40,51
350m	04:33.59 40,35				
15. 100m rugslag - Heren					
14 - 15 jaar (Junioren 3 en 4)					
1. Jake Franse (Blue Marlins, 200703873)					01:00.04(+61)
50m	00:29.52 29,52				
2. Nikodim Markovic (Blue Marlins, 200700255)					01:00.15(+65)
50m	00:28.94 28,94				
3. Wytse Broekstra (De Vikings, 200800121)					01:01.01(+62)
50m	00:29.83 29,83				
4. Tiede Groener (De Dinkel, 200700155)					01:01.84(+66)
50m	00:29.98 29,98				
5. Jisse Lousma (WVZ, 200701493)					01:02.16(+53)
50m	00:30.95 30,95				
6. Yarno van Dam (ACZ, 200800115)					01:02.70(+63)
50m	00:30.23 30,23				
7. Niek Sonneveld (WVZ, 200802631)					01:03.30(+62)
50m	00:30.67 30,67				
8. Sem Belmon (PSV, 200702099)					01:03.36(+60)
50m	00:30.82 30,82				
9. Gaëtan Spicq (Blue Marlins, 200701807)					01:03.55(+69)
50m	00:30.62 30,62				
10. Denzel Barthen (WVZ, 200700147)					01:03.82(+72)
50m	00:30.53 30,53				
11. Niek Issard (DZ&PC, 200700037)					01:03.87(+75)
50m	00:30.52 30,52				
12. Boele Böhm (Blue Marlins, 200700739)					01:04.02(+66)
50m	00:31.39 31,39				
13. Daniel Critchell (Deltasteur, 200700439)					01:05.31(+57)
50m	00:31.80 31,80				

14. Lias IJzerman (Dedemsvaart-AC, 200703145) 50m 00:31.51 31,51	01:05.61(+68)
15. Siem de Zeeuw (OZ&PC, 200800013) 50m 00:32.07 32,07	01:05.82(+62)
16. Willem Weustink (Team Noord Holland, 200800109) 50m 00:31.98 31,98	01:06.00(+68)
17. Rein Stoel (ZVL-1886 Center, 200800463) 50m 00:32.04 32,04	01:06.09(+64)
18. Mads van Norden (ZPC AMERSFOORT, 200700029) 50m 00:32.33 32,33	01:06.62(+77)
19. Xander Boets (ZPC Nova, 200800133) 50m 00:32.79 32,79	01:06.81(+79)
20. Marnix Rietveld (ZV Haerlem, 200700939) 50m 00:32.13 32,13	01:06.83(+66)
21. Maikel Blijlevens (Waalwijkse Zwem Vereniging, 200701051) 50m 00:31.97 31,97	01:06.88(+58)
22. Jere Wiersma (DZ&PC, 200701037) 50m 00:32.55 32,55	01:07.00(+67)
23. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:33.19 33,19	01:07.11(+66)
24. Tijs Kruithof (Het Ravijn, 200701181) 50m 00:32.13 32,13	01:07.12(+70)
25. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839) 50m 00:32.77 32,77	01:07.17(+62)
26. Milan Veelders (De Dinkel, 200800279) 50m 00:33.39 33,39	01:07.45(+68)
27. Jesse Molegraaf (ZPC AMERSFOORT, 200800887) 50m 00:32.62 32,62	01:07.55(+64)
28. Damir Mustafic (DZ&PC, 200800885) 50m 00:33.13 33,13	01:07.60(+61)
29. Rijk Leenders (VZC, 200800627) 50m 00:33.13 33,13	01:07.62(+62)
30. Mart Tempelman (Dedemsvaart-AC, 200801075) 50m 00:32.52 32,52	01:07.90(+60)
31. Bjorn Scholten (WS Twente, 200801143) 50m 00:32.94 32,94	01:07.95(+75)
32. Thijs Poll (ZV 44, 200700203) 50m 00:33.64 33,64	01:08.00(+63)
33. Felix Gepkens (VZC, 200800631) 50m 00:32.93 32,93	01:08.44(+61)
34. Sebastian Lopes Cardozo (WZK, 200800187) 50m 00:33.27 33,27	01:09.15(+59)
35. Diede Veld (SWOL 1894, 200800011) 50m 00:33.50 33,50	01:09.30(+62)
36. Lucas Bemer (De Duinkickers, 200700219) 50m 00:32.91 32,91	01:09.52(+67)
37. Stef Blok (Zwemclub Eijdsen, 200701087) 50m 00:34.09 34,09	01:10.04(+67)
38. Finn Rust (Nextline Swimming, 200700469)	01:10.81(+59)



50m 00:33.39 33,39

DIS. Aditya Winterberg (Blue Marlins, 200800953) [S15]

00:00.00

16. 100m vlinderslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Rosalie Reef (ZPC AMERSFOORT, 200800426)

50m 00:29.47 29,47

01:03.94(+70)

2. Indira van Aggele (De Dolfijn, 200804424)

50m 00:29.68 29,68

01:04.33(+76)

3. Frouke Ludwig (DZ&PC, 200800112)

50m 00:30.19 30,19

01:05.65(+74)

4. Nova Nijziel (PSV, 200804416)

50m 00:30.75 30,75

01:06.36(+71)

5. Caitlin Sülter (VZC, 200900046)

50m 00:31.01 31,01

01:07.10(+76)

6. Marit Boomers (Blue Marlins, 200804810)

50m 00:31.08 31,08

01:07.47(+72)

7. Jinth Engelse (Niemo Barracuda, 200800204)

50m 00:30.95 30,95

01:07.58(+79)

8. Emmelien Smelt (ZV Zwartsluis, 200800012)

50m 00:31.08 31,08

01:07.75(+71)

9. Elin Ditewig (VZC, 200900392)

50m 00:31.35 31,35

01:07.85(+81)

10. Tess Vonk (De Geul, 200900024)

50m 00:31.78 31,78

01:08.62(+65)

11. Pascalie Smal (DAW, 200802958)

50m 00:31.58 31,58

01:08.65(+63)

12. Meyke v. Nimwegen (De Schotegil, 200800106)

50m 00:32.88 32,88

01:09.48(+77)

13. Hannah Markovinovic (WS Twente, 200803266)

50m 00:32.27 32,27

01:09.65(+67)

14. Emma Rose Buitenkamp (De Dolfijn, 200801898)

50m 00:31.38 31,38

01:09.77(+71)

15. Elin Brinkhof (De Dolfijn, 200900078)

50m 00:32.14 32,14

01:10.15(+80)

16. Tara Langkamp (Aqua-Novio'94, 200900362)

50m 00:32.21 32,21

01:10.54(+69)

17. Jazz-Lynn Gomes Delgado (Feijenoord Albion, 200800738)

50m 00:32.06 32,06

01:11.09(+71)

18. Ilse Rozema (Blue Marlins, 200803318)

50m 00:32.99 32,99

01:11.26(+69)

19. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)

50m 00:33.01 33,01

01:11.30(+70)

20. Luus Gielens (PSV, 200900138)

50m 00:34.45 34,45

01:11.49(+86)

21. Liv Heijdra (WVZ, 200800736)

50m 00:32.25 32,25

01:11.75(+77)

22. Sarah Wessels (Hieronymus, 200802728)

50m 00:33.03 33,03

01:12.07(+75)

23. Dana Fahmi (De Dolfijn, 200804546)

01:12.24(+70)

	50m 00:33.27 33,27			
24.	Julia Agricola (DZ&PC, 200800266) 50m 00:33.11 33,11			01:12.46(+72)
25.	Niobe Maduro (Aqua-Novio'94, 200800378) 50m 00:33.34 33,34			01:13.15(+74)
26.	Gwen Hermans (De Columbiaan, 200900058) 50m 00:33.66 33,66			01:13.36(+67)
27.	Bette Peetoom (DAW, 200801808) 50m 00:33.22 33,22			01:13.41(+73)
28.	Jessy van Vlimmeren (Hieronymus, 200801452) 50m 00:32.37 32,37			01:13.56(+70)
29.	Ilana Gentile (Orca, 200801558) 50m 00:33.84 33,84			01:14.12(+74)
30.	Fleur van den Eijk (Blue Marlins, 200900304) 50m 00:33.36 33,36			01:14.26(+63)
31.	Bregje Dekkers (PSV, 200900746) 50m 00:34.97 34,97			01:15.07(+68)
32.	Lotte Lübbers (KSN (SG), 200900190) 50m 00:34.35 34,35			01:15.40(+84)
33.	Emma Schalken (De Duinkickers, 200802308) 50m 00:34.51 34,51			01:16.85(+87)
17.	200m schoolslag - Heren 12 - 13 jaar (Junioren 1 en 2)			
1.	Sven Koornstra (De Vikings, 200900189) 50m 00:35.20 35,20 100m 01:13.04 37,84 150m 01:51.98 38,94			02:31.42(+75)
2.	Giulian Janssen (PSV, 200900125) 50m 00:36.34 36,34 100m 01:16.86 40,52 150m 01:58.39 41,53			02:40.43(+65)
3.	Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:36.20 36,20 100m 01:16.76 40,56 150m 01:59.63 42,87			02:41.78(+72)
4.	Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:36.38 36,38 100m 01:19.36 42,98 150m 02:03.49 44,13			02:46.55(+63)
5.	Ruben Baars (DWK, 200900471) 50m 00:36.57 36,57 100m 01:19.42 42,85 150m 02:03.72 44,30			02:47.10(+73)
6.	Luca Boorsma (De Columbiaan, 200902031) 50m 00:37.46 37,46 100m 01:19.75 42,29 150m 02:03.80 44,05			02:47.76(+64)
7.	Theodore Allan (PSV, 200902925) 50m 00:36.43 36,43 100m 01:19.83 43,40 150m 02:04.49 44,66			02:48.65(+65)
8.	Adriaan Coppelmans (AZC, 200903243) 50m 00:37.61 37,61 100m 01:21.12 43,51 150m 02:05.42 44,30			02:49.11(+71)
9.	Thomas Nauta (Arethusa, 200900339) 50m 00:37.63 37,63 100m 01:20.82 43,19 150m 02:05.18 44,36			02:49.12(+71)
10.	Tim van de Moosdijk (PSV, 200900187) 50m 00:37.33 37,33 100m 01:20.22 42,89 150m 02:05.12 44,90			02:49.36(+76)
11.	Jan Schouten (ZVL-1886 Center, 200902305) 50m 00:37.88 37,88 100m 01:21.56 43,68 150m 02:05.81 44,25			02:51.15(+86)
12.	Ivo Bot (Wiekslag, 200900509) 50m 00:38.45 38,45 100m 01:23.37 44,92 150m 02:08.39 45,02			02:52.10(+73)
13.	Martijn Nies (PSV, 200902095) 50m 00:39.18 39,18 100m 01:23.34 44,16 150m 02:08.85 45,51			02:52.58(+80)

14. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:39.33 39,33	100m 01:24.30 44,97	150m 02:10.00 45,70	02:52.89(+74)
15. Davi Fonseca Gomes (PSV, 200902795)	50m 00:36.96 36,96	100m 01:21.10 44,14	150m 02:06.67 45,57	02:53.14(+73)
16. Jelte de Jong (ZPCH, 200900975)	50m 00:39.45 39,45	100m 01:23.44 43,99	150m 02:08.19 44,75	02:53.15(+71)
17. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m 00:39.94 39,94	100m 01:24.48 44,54	150m 02:10.67 46,19	02:55.34(+72)
18. Finn Hilders (De Dolfijn, 200900283)	50m 00:37.52 37,52	100m 01:22.89 45,37	150m 02:08.98 46,09	02:55.46(+68)
19. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:39.63 39,63	100m 01:25.39 45,76	150m 02:11.38 45,99	02:55.96(+68)
20. Max van der Spank (Hieronymus, 201000275)	50m 00:40.31 40,31	100m 01:26.21 45,90	150m 02:12.22 46,01	02:56.83(+71)
21. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:38.85 38,85	100m 01:24.82 45,97	150m 02:12.22 47,40	02:58.55(+77)
22. Floris van de Wal (De Treffers, 200900495)	50m 00:41.13 41,13	100m 01:27.77 46,64	150m 02:14.50 46,73	02:59.18(+76)
23. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:40.44 40,44	100m 01:26.98 46,54	150m 02:13.12 46,14	02:59.60(+81)
24. Sven Vette (De Bevelanders, 200900519)	50m 00:38.93 38,93	100m 01:25.12 46,19	150m 02:12.98 47,86	02:59.87(+76)
25. Paul Ruitenbergh (De Geul, 200900979)	50m 00:39.59 39,59	100m 01:25.26 45,67	150m 02:13.23 47,97	03:00.51(+77)
26. Dani Yefimov (WS Twente, 200901305)	50m 00:40.64 40,64	100m 01:27.03 46,39	150m 02:14.91 47,88	03:00.70(+79)
27. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:41.71 41,71	100m 01:28.28 46,57	150m 02:15.74 47,46	03:00.90(+72)
28. Aidan van der Stelt (De Geul, 200900901)	50m 00:40.42 40,42	100m 01:27.04 46,62	150m 02:15.00 47,96	03:01.42(+72)
29. Owen Houdé (De Geul, 200900903)	50m 00:40.36 40,36	100m 01:27.19 46,83	150m 02:14.91 47,72	03:01.47(+78)
30. Sverre van der Zwaan (WVZ, 200900737)	50m 00:41.49 41,49	100m 01:28.22 46,73	150m 02:15.65 47,43	03:01.65(+73)
31. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:40.29 40,29	100m 01:27.95 47,66	150m 02:17.61 49,66	03:02.36(+75)
32. Stefan van der Meer (VZC, 200901361)	50m 00:40.84 40,84	100m 01:27.46 46,62	150m 02:15.33 47,87	03:03.17(+71)
33. Mathijs de Wit (KSN (SG), 201001215)	50m 00:43.63 43,63	100m 01:32.41 48,78	150m 02:18.96 46,55	03:04.73(+74)
34. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:42.29 42,29	100m 01:29.83 47,54	150m 02:17.73 47,90	03:05.17(+66)
35. Mathieu Gepkens (VZC, 201000045)	50m 00:41.36 41,36	100m 01:28.29 46,93	150m 02:16.73 48,44	03:05.40(+69)
36. Tariq van Laar (De Rijn, 200900819)	50m 00:41.84 41,84	100m 01:30.36 48,52	150m 02:19.62 49,26	03:07.58(+72)
37. Ruben Kragt (ZV 44, 201000007)	50m 00:41.37 41,37	100m 01:29.57 48,20	150m 02:19.29 49,72	03:07.71(+71)
38. Roy Hofman (DZ&PC, 200900439)	50m 00:42.79 42,79	100m 01:31.58 48,79	150m 02:20.37 48,79	03:08.37(+92)

39. Mike Hilders (De Dolfijn, 200900281)	50m 00:42.1842,18	100m 01:29.0746,89	150m 02:18.5849,51	03:08.43(+70)
40. Dinand Kop (DAW, 200901001)	50m 00:41.9641,96	100m 01:29.6347,67	150m 02:19.5149,88	03:08.66(+80)
41. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:42.8942,89	100m 01:31.8548,96	150m 02:20.5548,70	03:09.70(+81)
42. Bink de Vries (AZC, 200901887)	50m 00:41.4841,48	100m 01:30.1248,64	150m 02:20.0549,93	03:10.35(+72)
43. Xander Kragting (De Blauwe Schuur, 200900077)	50m 00:41.7341,73	100m 01:30.1648,43	150m 02:20.9850,82	03:10.77(+77)
44. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:44.6244,62	100m 01:33.8849,26	150m 02:24.3150,43	03:12.52(+75)
45. Lucas Schouten (ZPCH, 200901925)	50m 00:42.8842,88	100m 01:33.4350,55	150m 02:24.3250,89	03:14.27(+67)
46. Sacha van Hees Ajdnik (ZEPS, 200900489)	50m 00:44.5344,53	100m 01:35.3550,82	150m 02:27.6152,26	03:15.72(+75)
47. Mauro Bedeke (DAW, 201000537)	50m 00:42.7242,72	100m 01:32.1749,45	150m 02:24.2152,04	03:16.49(+64)
48. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:44.6544,65	100m 01:35.2750,62	150m 02:27.9552,68	03:18.65(+76)
DIS. Sascha Timmer (AZC, 200902987)				00:00.00
DIS. Mattia Maggio (Hellas-Glana, 200903311)				00:00.00
18. 200m schoolslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Wytse Broekstra (De Vikings, 200800121)	50m 00:32.3832,38	100m 01:08.6436,26	150m 01:45.3136,67	02:22.73(+75)
2. Storm Boxum (DZ&PC, 200700421)	50m 00:31.7331,73	100m 01:08.7737,04	150m 01:46.2537,48	02:25.27(+67)
3. Mies de Wit (De Ward, 200700315)	50m 00:34.7234,72	100m 01:13.5938,87	150m 01:52.5838,99	02:31.60(+68)
4. Tieme Wiersma (DZ&PC, 200701031)	50m 00:34.1834,18	100m 01:12.4338,25	150m 01:52.5140,08	02:33.66(+73)
5. Denzel Barthen (WVZ, 200700147)	50m 00:34.0534,05	100m 01:13.4239,37	150m 01:53.8340,41	02:34.10(+75)
6. Bjorn van den Berge (Z&PC De Zeeuwse Kust, 200701991)	50m 00:35.4835,48	100m 01:15.4439,96	150m 01:56.1540,71	02:36.00(+66)
7. Ross de Wildt (Aqua-Novio'94, 200803359)	50m 00:35.4135,41	100m 01:15.3339,92	150m 01:55.8940,56	02:36.07(+60)
8. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	50m 00:31.8831,88	100m 01:10.4638,58	150m 01:52.0741,61	02:36.25(+60)
9. Tijn Hilders (De Dolfijn, 200700027)	50m 00:34.7434,74	100m 01:15.0940,35	150m 01:56.3841,29	02:37.43(+77)
10. Hein Muller (DZ&PC, 200800157)	50m 00:33.4633,46	100m 01:13.0239,56	150m 01:54.6141,59	02:37.52(+71)
11. Giovanni Phillipson (Team Noord Holland, 200801099)	50m 00:34.0234,02	100m 01:13.9639,94	150m 01:56.5542,59	02:39.01(+77)
12. Collard Jungeling (ZV 44, 200701831)	50m 00:35.5535,55	100m 01:16.6041,05	150m 01:58.8142,21	02:39.76(+64)

13. Jordey Thole (ZPC Hoogeveen, 200700385)				02:40.47(+69)
	50m 00:35.77 35,77	100m 01:16.84 41,07	150m 01:59.34 42,50	
14. Twan Huisman (WVZ, 200702207)				02:40.63(+77)
	50m 00:35.47 35,47	100m 01:16.51 41,04	150m 01:58.39 41,88	
15. Matthijs de Rooij (WZK, 200803481)				02:41.30(+79)
	50m 00:35.24 35,24	100m 01:16.58 41,34	150m 01:59.13 42,55	
16. Youp Stuifzand (ZV 44, 200800521)				02:41.86(+62)
	50m 00:32.41 32,41	100m 01:12.78 40,37	150m 01:57.11 44,33	
17. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839)				02:41.88(+75)
	50m 00:35.60 35,60	100m 01:17.91 42,31	150m 02:00.11 42,20	
18. Lars de Kooter (De Biesboschzwemmers, 200800185)				02:42.06(+74)
	50m 00:35.78 35,78	100m 01:16.31 40,53	150m 01:59.22 42,91	
19. Nout Folkersma (PSV, 200800595)				02:42.46(+68)
	50m 00:36.43 36,43	100m 01:17.80 41,37	150m 01:59.92 42,12	
20. Sem Belmon (PSV, 200702099)				02:43.06(+70)
	50m 00:35.26 35,26	100m 01:16.15 40,89	150m 01:59.63 43,48	
21. Rijk Leenders (VZC, 200800627)				02:43.90(+74)
	50m 00:36.41 36,41	100m 01:17.96 41,55	150m 02:00.87 42,91	
22. Tim van Rooij (PSV, 200700129)				02:44.15(+65)
	50m 00:36.12 36,12	100m 01:18.77 42,65	150m 02:02.01 43,24	
23. Melle van Veen (Dedemsvaart-AC, 200700661)				02:44.73(+79)
	50m 00:37.07 37,07	100m 01:18.77 41,70	150m 02:02.03 43,26	
24. Joris Willemse (Hellas-Glana, 200801745)				02:45.75(+71)
	50m 00:36.00 36,00	100m 01:17.55 41,55	150m 02:01.35 43,80	
25. Willem Weustink (Team Noord Holland, 200800109)				02:45.81(+67)
	50m 00:37.35 37,35	100m 01:19.81 42,46	150m 02:03.51 43,70	
26. Lucas Bemer (De Duinkickers, 200700219)				02:45.84(+67)
	50m 00:37.22 37,22	100m 01:19.75 42,53	150m 02:02.77 43,02	
27. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)				02:46.11(+70)
	50m 00:35.99 35,99	100m 01:18.52 42,53	150m 02:02.33 43,81	
28. Thom Keukens (V.Z.V. Njord, 200700415)				02:47.50(+69)
	50m 00:38.58 38,58	100m 01:21.50 42,92	150m 02:05.35 43,85	
28. Suraj Baladurage (Team Noord Holland, 200801291)				02:47.50(+62)
	50m 00:37.22 37,22	100m 01:19.86 42,64	150m 02:03.80 43,94	
30. Kobe Verhaegen (De Zilvermeeuw, 200802609)				02:47.66(+83)
	50m 00:38.89 38,89	100m 01:21.69 42,80	150m 02:05.65 43,96	
31. Daniel Critchell (Deltasteur, 200700439)				02:47.83(+63)
	50m 00:37.82 37,82	100m 01:21.24 43,42	150m 02:05.79 44,55	
32. Lou van Leeuwen (De Dolfijn, 200702779)				02:48.29(+76)
	50m 00:37.27 37,27	100m 01:20.23 42,96	150m 02:03.90 43,67	
33. Jonathan Baaijens (PSV, 200800409)				02:48.32(+79)
	50m 00:38.19 38,19	100m 01:21.89 43,70	150m 02:05.23 43,34	
34. Emiel de Bruijn (Dedemsvaart-AC, 200700953)				02:48.35(+72)
	50m 00:36.47 36,47	100m 01:20.05 43,58	150m 02:04.39 44,34	
35. Cruz de Groot (Team Noord Holland, 200801077)				02:48.40(+66)
	50m 00:36.36 36,36	100m 01:19.34 42,98	150m 02:03.82 44,48	
36. Joshwe Oleana (De Warande, 200701987)				02:49.39(+66)
	50m 00:34.61 34,61	100m 01:16.62 42,01	150m 02:02.64 46,02	
DIS. Lars Kool (DAW, 200700511)				00:00.00

## 19. 100m schoolslag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Paula Spans (ZV 44, 201000064)	01:15.99(+77)
50m 00:35.60 35,60	
2. Fenna Zusterzeel (PSV, 201000008)	01:19.29(+70)
50m 00:36.53 36,53	
3. Marre van der Wal (Bolsward-Workum (SG), 201000046)	01:19.50(+82)
50m 00:37.67 37,67	
4. Carla Moreno Palacios (De Dolfijn, 201002302)	01:20.04(+68)
50m 00:36.87 36,87	
5. Nadia van der Wal (ZPCH, 201003114)	01:21.04(+68)
50m 00:38.09 38,09	
6. Julia Dąbrowska (Blue Marlins, 201000300)	01:22.01(+79)
50m 00:37.09 37,09	
7. Jayna Wagemakers (AquaDream, 201000226)	01:22.60(+76)
50m 00:38.71 38,71	
8. Anne Engbersen (De Fuut, 201000044)	01:23.17(+75)
50m 00:39.28 39,28	
9. Annelie Batenburg (PSV, 201001962)	01:23.18(+75)
50m 00:38.87 38,87	
10. Tess van de Steeg (WVZ, 201000016)	01:23.41(+82)
50m 00:38.81 38,81	
11. Yill van Bezouw (Hieronymus, 201100704)	01:23.52(+77)
50m 00:38.72 38,72	
12. Linou van Kampen (ZPCH, 201000594)	01:24.49(+79)
50m 00:39.51 39,51	
13. Eefje van Hinsbergen (Blue Marlins, 201002252)	01:24.75(+72)
50m 00:38.99 38,99	
14. Noa van Zalk (ZPC AMERSFOORT, 201102534)	01:25.38(+75)
50m 00:40.06 40,06	
15. Romée Smit (MSV-Zeemacht, 201100438)	01:25.95(+72)
50m 00:40.67 40,67	
16. Wieke Dekker (De Dolfijn, 201002020)	01:26.00(+69)
50m 00:39.93 39,93	
17. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)	01:26.52(+76)
50m 00:39.76 39,76	
18. Malin Roozeboom (WVZ, 201100006)	01:26.87(+80)
50m 00:41.65 41,65	
19. Odenza Soselisa (Blue Marlins, 201101780)	01:26.88(+73)
50m 00:41.44 41,44	
20. Maryse Kuijper (DWK, 201000692)	01:27.09(+84)
50m 00:41.69 41,69	
21. Famke Franzen (De Schotejil, 201000058)	01:27.26(+78)
50m 00:40.31 40,31	
22. Elin Baars (DWK, 201000138)	01:27.51(+81)
50m 00:41.94 41,94	
23. Tess Meeuwissen (De Columbiaan, 201000370)	01:28.10(+52)
50m 00:41.04 41,04	

24. Chloé in 't Veen (WVZ, 201100010) 50m 00:41.9941,99	01:29.50(+70)
25. Ilse Jongepier (THOR, 201000006) 50m 00:42.7642,76	01:29.72(+77)
26. Casharell Kraan (Blue Marlins, 201103426) 50m 00:40.9940,99	01:29.88(+65)
27. Erin de Jong (GZC DONK, 201000024) 50m 00:42.6742,67	01:30.21(+91)
28. Elin Reinstra (TriVia, 201100842) 50m 00:43.4543,45	01:30.76(+78)
29. Eva de Man (Aqua-Novio'94, 201000294) 50m 00:42.9742,97	01:30.84(+88)
30. Evelien Goorhuis (Hieronymus, 201000194) 50m 00:41.8441,84	01:31.04(+78)
31. Mariia Kostina (Blue Marlins, 201002042) 50m 00:41.6441,64	01:31.17(+85)
32. Elke Kriesels (Hieronymus, 201100898) 50m 00:42.7742,77	01:31.23(+74)
33. Mattea Gliese-Slooijer (De Dinkel, 201100008) 50m 00:42.6742,67	01:31.35(+92)
34. Freeke Super (PSV, 201003638) 50m 00:43.2743,27	01:31.39(+65)
35. Maya Fahmi (De Dolfijn, 201003278) 50m 00:43.2143,21	01:31.55(+71)
36. Nina Tetteroo (De Columbiaan, 201000048) 50m 00:44.1144,11	01:31.72(+70)
37. Nina van der Schrier (AZC, 201000444) 50m 00:43.1643,16	01:31.81(+82)
38. Tessa van Beek (DWK, 201001446) 50m 00:43.8543,85	01:31.84(+78)
39. Femke ter Horst (ZPC Hoogeveen, 201000108) 50m 00:43.6643,66	01:32.31(+80)
40. Anouk Steller (WVZ, 201000004) 50m 00:43.5043,50	01:32.73(+85)
41. Senna Boogmans (De Duinkickers, 201000640) 50m 00:44.1144,11	01:33.79(+80)
42. Anna Lepoutre (PSV, 201100534) 50m 00:42.9542,95	01:34.00(+77)
43. Lola Verheijen (PSV, 201100832) 50m 00:43.9143,91	01:34.18(+82)
44. Manou Longayroux (ZZ&PC De Devel, 201000580) 50m 00:43.7943,79	01:34.38(+73)
45. Frédérique Nijziel (PSV, 201103114) 50m 00:44.6744,67	01:34.52(+84)
46. Fenne Metten (ZPC AMERSFOORT, 201000102) 50m 00:44.7344,73	01:34.84(+79)
47. Milou Filemon (ZZ&PC De Devel, 201100078) 50m 00:44.6544,65	01:35.56(+76)
48. Alaine Lomans (Eszet, 201000420)	01:35.62(+68)

50m 00:45.68 45,68

49. Lynn ten Berge (De Dinkel, 201000884) 01:38.01(+85)  
50m 00:45.47 45,47
50. Kim Bouman (ZPC AMERSFOORT, 201000262) 01:38.57(+100)  
50m 00:46.83 46,83

Nummer: 3 - zaterdag 17 juni 2023 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

10. 100m vrije slag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Giovanni Phillipson (Team Noord Holland, 200801099) 00:52.96(+79)  
50m 00:25.46 25,46
2. Bram Loots (Team Noord Holland, 200700197) 00:53.03(+66)  
50m 00:25.63 25,63
3. Nándor Szabó (De Dolfijn, 200700475) 00:53.34(+67)  
50m 00:25.59 25,59
4. Tiede Groener (De Dinkel, 200700155) 00:53.47(+73)  
50m 00:26.44 26,44
5. Siem de Zeeuw (OZ&PC, 200800013) 00:54.43(+69)  
50m 00:26.34 26,34
6. Tim van Erven (DZ&PC, 200700175) 00:55.51(+73)  
50m 00:26.59 26,59
7. Niek Issard (DZ&PC, 200700037) 00:55.61(+73)  
50m 00:26.76 26,76
8. Marnix Rietveld (ZV Haerlem, 200700939) 00:55.74(+69)  
50m 00:26.76 26,76
9. Finn Rust (Nextline Swimming, 200700469) 00:56.40(+69)  
50m 00:27.18 27,18
10. Kaan Sudak (Blue Marlins, 200803733) 01:02.36(+59)  
50m 00:24.15 24,15
- . Daan van Peet (De Dinkel, 200700461)
- . Xiaoyu Yin (Blue Marlins, 200803363)

12. 100m schoolslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Nina Zusterzeel (PSV, 200800656) 01:12.97(+71)  
50m 00:33.67 33,67
2. Flora Szili-Torok (Feijenoord Albion, 200800114) 01:15.31(+64)  
50m 00:35.00 35,00
3. Veerle Hildebrand (PSV, 200801830) 01:15.38(+71)  
50m 00:35.43 35,43
4. Dachen Haaijer (ZPC Hoogeveen, 200800380) 01:15.53(+76)  
50m 00:36.46 36,46
5. Esmee Mulder (DZ&PC, 200800038) 01:15.99(+70)  
50m 00:35.17 35,17
6. Robine Moot (ZPC AMERSFOORT, 200900330) 01:17.49(+77)  
50m 00:36.39 36,39
7. Michelle van Hemert (PSV, 200901200) 01:18.00(+78)  
50m 00:36.86 36,86
8. Tess Vonk (De Geul, 200900024) 01:18.14(+64)



50m 00:36.74 36,74

9. Diede de Vries (De Fuut, 200803558)						01:18.94(+74)
50m 00:37.93 37,93						
10. Amber Kunst (DAW, 200900680)						01:19.13(+73)
50m 00:36.79 36,79						
. Leonoor Smale (Aqua-Novio'94, 200800942)						
. Pascale Smal (DAW, 200802958)						
20. 400m wisselslag - Heren						
12 - 13 jaar (Junioren 1 en 2)						
1. Sven Koorstra (De Vikings, 200900189)						04:57.17(+76)
50m 00:32.07 32,07	150m 01:51.18 40,64	250m 03:10.83 40,37	350m 04:24.46 34,22			
100m 01:10.54 38,47	200m 02:30.46 39,28	300m 03:50.24 39,41				
2. Mattia Maggio (Hellas-Glana, 200903311)						05:05.32(+66)
50m 00:30.81 30,81	150m 01:46.23 38,94	250m 03:10.02 45,28	350m 04:31.01 35,66			
100m 01:07.29 36,48	200m 02:24.74 38,51	300m 03:55.35 45,33				
3. Tim van de Moosdijk (PSV, 200900187)						05:09.14(+85)
50m 00:31.47 31,47	150m 01:47.54 37,40	250m 03:12.42 47,57	350m 04:34.77 35,06			
100m 01:10.14 38,67	200m 02:24.85 37,31	300m 03:59.71 47,29				
4. Giulian Janssen (PSV, 200900125)						05:09.92(+66)
50m 00:33.56 33,56	150m 01:55.31 41,79	250m 03:17.47 42,27	350m 04:37.43 36,46			
100m 01:13.52 39,96	200m 02:35.20 39,89	300m 04:00.97 43,50				
5. Martijn Nies (PSV, 200902095)						05:10.07(+82)
50m 00:32.06 32,06	150m 01:50.96 41,87	250m 03:16.85 45,27	350m 04:37.97 34,78			
100m 01:09.09 37,03	200m 02:31.58 40,62	300m 04:03.19 46,34				
6. Jelte de Jong (ZPCH, 200900975)						05:10.58(+70)
50m 00:31.03 31,03	150m 01:49.02 41,07	250m 03:14.24 46,21	350m 04:36.05 35,48			
100m 01:07.95 36,92	200m 02:28.03 39,01	300m 04:00.57 46,33				
7. Tobian Vos (ZPC AMERSFOORT, 200900005)						05:10.86(+72)
50m 00:32.29 32,29	150m 01:50.15 39,30	250m 03:15.73 48,10	350m 04:37.65 33,96			
100m 01:10.85 38,56	200m 02:27.63 37,48	300m 04:03.69 47,96				
8. Theodore Allan (PSV, 200902925)						05:10.90(+67)
50m 00:30.92 30,92	150m 01:51.27 44,20	250m 03:17.28 45,10	350m 04:38.68 34,66			
100m 01:07.07 36,15	200m 02:32.18 40,91	300m 04:04.02 46,74				
9. Feddo Smink (ZPC AMERSFOORT, 200900007)						05:12.93(+68)
50m 00:31.62 31,62	150m 01:51.54 41,15	250m 03:18.25 46,63	350m 04:39.21 35,08			
100m 01:10.39 38,77	200m 02:31.62 40,08	300m 04:04.13 45,88				
10. Adriaan Coppelmans (AZC, 200903243)						05:16.81(+70)
50m 00:33.23 33,23	150m 01:55.44 42,26	250m 03:20.66 44,74	350m 04:41.88 36,06			
100m 01:13.18 39,95	200m 02:35.92 40,48	300m 04:05.82 45,16				
11. Ivo Bot (Wiekslag, 200900509)						05:17.79(+69)
50m 00:31.66 31,66	150m 01:54.11 41,36	250m 03:21.51 47,31	350m 04:43.02 35,44			
100m 01:12.75 41,09	200m 02:34.20 40,09	300m 04:07.58 46,07				
12. Luca Boorsma (De Columbiaan, 200902031)						05:19.22(+70)
50m 00:32.07 32,07	150m 01:51.85 40,69	250m 03:18.16 46,42	350m 04:42.16 36,17			
100m 01:11.16 39,09	200m 02:31.74 39,89	300m 04:05.99 47,83				
13. Sverre van der Zwaan (WVZ, 200900737)						05:20.59(+73)
50m 00:32.94 32,94	150m 01:52.16 40,04	250m 03:19.68 47,75	350m 04:44.89 36,43			
100m 01:12.12 39,18	200m 02:31.93 39,77	300m 04:08.46 48,78				
14. Mike Hilders (De Dolfijn, 200900281)						05:21.00(+73)
50m 00:32.21 32,21	150m 01:52.33 40,65	250m 03:20.73 49,00	350m 04:45.60 35,59			
100m 01:11.68 39,47	200m 02:31.73 39,40	300m 04:10.01 49,28				
15. Finn Hilders (De Dolfijn, 200900283)						05:21.42(+70)
50m 00:33.64 33,64	150m 01:56.34 41,89	250m 03:24.31 45,92	350m 04:47.61 36,10			

	100m 01:14.4540,81	200m 02:38.3942,05	300m 04:11.5147,20		
16. Stefan van der Meer (VZC, 200901361)					05:22.51(+79)
	50m 00:33.1233,12	150m 01:53.3641,19	250m 03:21.5748,49	350m 04:46.9836,53	
	100m 01:12.1739,05	200m 02:33.0839,72	300m 04:10.4548,88		
17. Davi Fonseca Gomes (PSV, 200902795)					05:23.35(+74)
	50m 00:31.8631,86	150m 01:56.6646,03	250m 03:24.9645,80	350m 04:49.4038,02	
	100m 01:10.6338,77	200m 02:39.1642,50	300m 04:11.3846,42		
18. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)					05:24.34(+73)
	50m 00:30.6330,63	150m 01:53.3442,63	250m 03:24.1148,58	350m 04:51.0036,98	
	100m 01:10.7140,08	200m 02:35.5342,19	300m 04:14.0249,91		
19. Ruben Baars (DWK, 200900471)					05:24.76(+73)
	50m 00:34.2234,22	150m 02:00.0343,93	250m 03:26.8644,28	350m 04:50.1436,74	
	100m 01:16.1041,88	200m 02:42.5842,55	300m 04:13.4046,54		
20. Myron Artemenko (Niemo Barracuda, 201003021)					05:24.89(+72)
	50m 00:34.0834,08	150m 01:55.2439,91	250m 03:22.8547,85	350m 04:48.5535,99	
	100m 01:15.3341,25	200m 02:35.0039,76	300m 04:12.5649,71		
21. Evren Ege Orcunus (De Dolfijn, 201003253)					05:25.31(+66)
	50m 00:33.3933,39	150m 01:54.4642,10	250m 03:22.7447,20	350m 04:48.9537,59	
	100m 01:12.3638,97	200m 02:35.5441,08	300m 04:11.3648,62		
22. Felbe van 't Land (ZPC AMERSFOORT, 200900027)					05:26.45(+73)
	50m 00:31.6731,67	150m 01:55.5244,41	250m 03:25.5147,77	350m 04:50.6136,76	
	100m 01:11.1139,44	200m 02:37.7442,22	300m 04:13.8548,34		
23. Max van der Spank (Hieronymus, 201000275)					05:28.63(+76)
	50m 00:34.2134,21	150m 01:59.2043,56	250m 03:28.4147,31	350m 04:52.3236,98	
	100m 01:15.6441,43	200m 02:41.1041,90	300m 04:15.3446,93		
24. Thomas Nauta (Arethusa, 200900339)					05:32.61(+77)
	50m 00:38.4638,46	150m 02:09.7544,63	250m 03:35.8343,31	350m 04:57.3537,21	
	100m 01:25.1246,66	200m 02:52.5242,77	300m 04:20.1444,31		
25. Duuk Harms (Dedemsvaart-AC, 200900201)					05:32.76(+85)
	50m 00:35.4735,47	150m 01:59.8041,77	250m 03:28.5448,24	350m 04:55.3638,31	
	100m 01:18.0342,56	200m 02:40.3040,50	300m 04:17.0548,51		
26. Thijmen Pruijssers (Hieronymus, 201000129)					05:33.15(+70)
	50m 00:36.2736,27	150m 02:02.0242,24	250m 03:29.8846,72	350m 04:56.2638,34	
	100m 01:19.7843,51	200m 02:43.1641,14	300m 04:17.9248,04		
27. Aidan van der Stelt (De Geul, 200900901)					05:34.12(+67)
	50m 00:32.8732,87	150m 02:00.8544,81	250m 03:32.8248,90	350m 05:00.9537,94	
	100m 01:16.0443,17	200m 02:43.9243,07	300m 04:23.0150,19		
28. Paul Ruitenbergh (De Geul, 200900979)					05:34.74(+77)
	50m 00:34.3434,34	150m 02:00.6244,84	250m 03:33.0248,21	350m 05:00.3937,34	
	100m 01:15.7841,44	200m 02:44.8144,19	300m 04:23.0550,03		
29. Dax van den Nouland (Blue Marlins, 201000071)					05:34.87(+73)
	50m 00:35.8235,82	150m 02:01.3842,26	250m 03:30.2548,14	350m 04:57.3339,42	
	100m 01:19.1243,30	200m 02:42.1140,73	300m 04:17.9147,66		
30. Jan Schouten (ZVL-1886 Center, 200902305)					05:36.41(+88)
	50m 00:32.8532,85	150m 02:01.2447,51	250m 03:31.7845,09	350m 04:59.1439,52	
	100m 01:13.7340,88	200m 02:46.6945,45	300m 04:19.6247,84		
31. Floris van de Wal (De Treffers, 200900495)					05:37.29(+78)
	50m 00:36.3736,37	150m 02:05.3044,17	250m 03:36.6848,63	350m 05:03.8938,34	
	100m 01:21.1344,76	200m 02:48.0542,75	300m 04:25.5548,87		
32. Xander Kragting (De Blauwe Schuur, 200900077)					05:38.30(+78)
	50m 00:35.2135,21	150m 02:01.8543,10	250m 03:33.2749,50	350m 05:02.3037,88	
	100m 01:18.7543,54	200m 02:43.7741,92	300m 04:24.4251,15		
33. Roy Hofman (DZ&PC, 200900439)					05:42.24(+76)
	50m 00:37.5637,56	150m 02:06.1843,13	250m 03:38.0150,06	350m 05:06.0437,76	

	100m 01:23.0545,49	200m 02:47.9541,77	300m 04:28.2850,27		
34. Mathijs de Wit (KSN (SG), 201001215)					05:44.60(+79)
	50m 00:39.3939,39	150m 02:09.1644,80	250m 03:42.1549,43	350m 05:09.2438,13	
	100m 01:24.3644,97	200m 02:52.7243,56	300m 04:31.1148,96		
35. Dinand Kop (DAW, 200901001)					05:46.15(+77)
	50m 00:34.3934,39	150m 02:02.6844,24	250m 03:37.6150,87	350m 05:08.5039,21	
	100m 01:18.4444,05	200m 02:46.7444,06	300m 04:29.2951,68		
36. Bink de Vries (AZC, 200901887)					05:46.55(+75)
	50m 00:35.4735,47	150m 02:05.7546,47	250m 03:40.4447,48	350m 05:09.8038,75	
	100m 01:19.2843,81	200m 02:52.9647,21	300m 04:31.0550,61		
37. Ruben Kragt (ZV 44, 201000007)					05:47.75(+70)
	50m 00:34.6434,64	150m 02:03.8745,33	250m 03:38.1349,69	350m 05:09.2539,83	
	100m 01:18.5443,90	200m 02:48.4444,57	300m 04:29.4251,29		
38. Owen Houdé (De Geul, 200900903)					05:48.00(+77)
	50m 00:36.5636,56	150m 02:10.2245,96	250m 03:44.0349,31	350m 05:12.5038,83	
	100m 01:24.2647,70	200m 02:54.7244,50	300m 04:33.6749,64		
39. Brent Schifflers (ZPC Woerden, 200902041)					05:48.29(+76)
	50m 00:36.5836,58	150m 02:05.3644,75	250m 03:40.2651,59	350m 05:11.6138,97	
	100m 01:20.6144,03	200m 02:48.6743,31	300m 04:32.6452,38		
40. Sacha van Hees Ajdnik (ZEPS, 200900489)					05:50.88(+74)
	50m 00:35.7035,70	150m 02:05.3746,72	250m 03:44.7653,20	350m 05:17.6238,34	
	100m 01:18.6542,95	200m 02:51.5646,19	300m 04:39.2854,52		
41. Sven Vette (De Bevelanders, 200900519)					05:50.89(+80)
	50m 00:33.8233,82	150m 02:02.3347,23	250m 03:35.9150,08	350m 05:11.5043,26	
	100m 01:15.1041,28	200m 02:45.8343,50	300m 04:28.2452,33		
42. Dani Yefimov (WS Twente, 200901305)					05:51.45(+83)
	50m 00:35.4635,46	150m 02:05.6447,94	250m 03:40.0749,02	350m 05:12.3741,26	
	100m 01:17.7042,24	200m 02:51.0545,41	300m 04:31.1151,04		
43. Oleksandr Hordiienko (De Aalscholver, 201003061)					05:51.74(+74)
	50m 00:37.1837,18	150m 02:09.0745,85	250m 03:43.8951,43	350m 05:15.8739,70	
	100m 01:23.2246,04	200m 02:52.4643,39	300m 04:36.1752,28		
44. Mauro Bedeke (DAW, 201000537)					05:52.12(+65)
	50m 00:35.3535,35	150m 02:04.7745,96	250m 03:40.6451,58	350m 05:13.7240,63	
	100m 01:18.8143,46	200m 02:49.0644,29	300m 04:33.0952,45		
45. Tariq van Laar (De Rijn, 200900819)					05:55.92(+74)
	50m 00:36.9536,95	150m 02:13.6348,36	250m 03:48.3549,40	350m 05:18.4339,18	
	100m 01:25.2748,32	200m 02:58.9545,32	300m 04:39.2550,90		
46. Lucas Schouten (ZPCH, 200901925)					05:57.74(+75)
	50m 00:36.6736,67	150m 02:08.3046,25	250m 03:45.0052,50	350m 05:19.7841,26	
	100m 01:22.0545,38	200m 02:52.5044,20	300m 04:38.5253,52		
47. Sascha Timmer (AZC, 200902987)					06:04.98(+63)
	50m 00:31.5731,57	150m 01:58.5147,27	250m 03:43.9659,62	350m 05:24.4939,68	
	100m 01:11.2439,67	200m 02:44.3445,83	300m 04:44.8160,85		
DIS. Mathieu Gepkens (VZC, 201000045)					00:00.00
DIS. Finn Eghuizen (HZ&PC Heerenveen, 200900431)					00:00.00
DIS. Thygo van de Peppel (Blue Marlins, 200901101)					00:00.00(+71)
	50m 00:35.2335,23				
21. 100m vlinderslag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Frédérique Nijziel (PSV, 201103114)					01:08.07(+75)
	50m 00:31.9631,96				
2. Odenza Soselisa (Blue Marlins, 201101780)					01:08.22(+74)

50m 00:31.46 31,46

3. Julia Dąbrowska (Blue Marlins, 201000300) 01:11.77(+83)  
50m 00:32.38 32,38
4. Erin de Jong (GZC DONK, 201000024) 01:12.99(+91)  
50m 00:34.04 34,04
5. Maya Fahmi (De Dolfijn, 201003278) 01:13.48(+71)  
50m 00:34.78 34,78
6. Noa van Zalk (ZPC AMERSFOORT, 201102534) 01:13.59(+67)  
50m 00:33.23 33,23
7. Paula Spans (ZV 44, 201000064) 01:14.13(+76)  
50m 00:34.37 34,37
8. Mariia Kostina (Blue Marlins, 201002042) 01:14.21(+83)  
50m 00:33.08 33,08
9. Evelien Goorhuis (Hieronymus, 201000194) 01:14.47(+76)  
50m 00:32.79 32,79
10. Yill van Bezouw (Hieronymus, 201100704) 01:15.19(+79)  
50m 00:35.08 35,08
11. Malin Roozeboom (WVZ, 201100006) 01:17.56(+84)  
50m 00:34.81 34,81
12. Anna Lepoutre (PSV, 201100534) 01:17.57(+73)  
50m 00:34.17 34,17
13. Eefje van Hinsbergen (Blue Marlins, 201002252) 01:17.60(+76)  
50m 00:35.56 35,56
14. Anouk Steller (WVZ, 201000004) 01:17.68(+84)  
50m 00:35.78 35,78
15. Nadia van der Wal (ZPCH, 201003114) 01:17.74(+68)  
50m 00:34.39 34,39
16. Marre van der Wal (Bolsward-Workum (SG), 201000046) 01:17.91(+82)  
50m 00:36.67 36,67
17. Fenne Metten (ZPC AMERSFOORT, 201000102) 01:18.24(+81)  
50m 00:36.69 36,69
18. Lola Verheijen (PSV, 201100832) 01:18.26(+85)  
50m 00:35.42 35,42
19. Carla Moreno Palacios (De Dolfijn, 201002302) 01:18.39(+66)  
50m 00:35.79 35,79
20. Femke ter Horst (ZPC Hoogeveen, 201000108) 01:18.43(+86)  
50m 00:35.87 35,87
21. Elke Kriesels (Hieronymus, 201100898) 01:19.08(+75)  
50m 00:35.77 35,77
22. Linou van Kampen (ZPCH, 201000594) 01:19.19(+73)  
50m 00:35.48 35,48
23. Lynn ten Berge (De Dinkel, 201000884) 01:19.31(+83)  
50m 00:35.58 35,58
24. Elin Baars (DWK, 201000138) 01:19.52(+86)  
50m 00:36.53 36,53
25. Freeke Super (PSV, 201003638) 01:19.69(+60)  
50m 00:36.19 36,19
26. Anne Engbersen (De Fuut, 201000044) 01:19.78(+84)  
50m 00:36.99 36,99

27. Tess Meeuwissen (De Columbiaan, 201000370)	01:19.81(+68)
50m 00:35.96 35,96	
28. Tessa van Beek (DWK, 201001446)	01:19.97(+72)
50m 00:37.29 37,29	
29. Annelie Batenburg (PSV, 201001962)	01:20.17(+78)
50m 00:35.05 35,05	
30. Senna Boogmans (De Duinkickers, 201000640)	01:20.65(+82)
50m 00:36.54 36,54	
31. Nina van der Schrier (AZC, 201000444)	01:20.69(+78)
50m 00:36.17 36,17	
32. Casharell Kraan (Blue Marlins, 201103426)	01:20.80(+63)
50m 00:35.75 35,75	
33. Romée Smit (MSV-Zeemacht, 201100438)	01:21.16(+79)
50m 00:36.99 36,99	
34. Tess van de Steeg (WVZ, 201000016)	01:21.46(+83)
50m 00:35.90 35,90	
35. Ilse Jongepier (THOR, 201000006)	01:21.59(+84)
50m 00:37.20 37,20	
36. Chloé in 't Veen (WVZ, 201100010)	01:21.74(+74)
50m 00:36.97 36,97	
37. Nina Tetteroo (De Columbiaan, 201000048)	01:22.43(+76)
50m 00:37.14 37,14	
38. Elaine Lomans (Eszet, 201000420)	01:22.50(+59)
50m 00:37.91 37,91	
39. Famke Franzen (De Schotegil, 201000058)	01:22.68(+79)
50m 00:36.25 36,25	
40. Manou Longayroux (ZZ&PC De Devel, 201000580)	01:22.70(+69)
50m 00:36.31 36,31	
41. Milou Filemon (ZZ&PC De Devel, 201100078)	01:22.73(+75)
50m 00:38.64 38,64	
42. Fenna Zusterzeel (PSV, 201000008)	01:23.08(+73)
50m 00:35.78 35,78	
43. Jayna Wagemakers (AquaDream, 201000226)	01:23.52(+77)
50m 00:37.62 37,62	
44. Kim Bouman (ZPC AMERSFOORT, 201000262)	01:23.88(+93)
50m 00:38.93 38,93	
45. Wieke Dekker (De Dolfijn, 201002020)	01:24.46(+71)
50m 00:37.78 37,78	
46. Maryse Kuijper (DWK, 201000692)	01:25.01(+85)
50m 00:38.04 38,04	
47. Elin Reinstra (TriVia, 201100842)	01:29.23(+74)
50m 00:40.22 40,22	
48. Eva de Man (Aqua-Novio'94, 201000294)	01:29.53(+91)
50m 00:37.69 37,69	
49. Mattea Gliese-Sloojier (De Dinkel, 201100008)	01:30.47(+88)
50m 00:40.16 40,16	
50. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)	01:31.68(+79)
50m 00:40.60 40,60	

15. 100m rugslag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Jake Franse (Blue Marlins, 200703873)	00:59.34
50m 00:28.99 28,99	
2. Wytse Broekstra (De Vikings, 200800121)	01:00.90(+62)
50m 00:29.55 29,55	
3. Tiede Groener (De Dinkel, 200700155)	01:01.30(+67)
50m 00:29.59 29,59	
4. Jisse Lousma (WVZ, 200701493)	01:01.74(+54)
50m 00:30.20 30,20	
5. Yarno van Dam (ACZ, 200800115)	01:03.24(+62)
50m 00:30.53 30,53	
6. Gaëtan Spicq (Blue Marlins, 200701807)	01:03.35(+73)
50m 00:30.69 30,69	
7. Niek Sonneveld (WVZ, 200802631)	01:03.39(+61)
50m 00:30.28 30,28	
8. Niek Issard (DZ&PC, 200700037)	01:03.45(+72)
50m 00:30.65 30,65	
9. Denzel Barthen (WVZ, 200700147)	01:03.83(+75)
50m 00:31.53 31,53	
10. Sem Belmon (PSV, 200702099)	01:04.19(+63)
50m 00:30.94 30,94	
. Boele Böhm (Blue Marlins, 200700739)	
. Daniel Critchell (Deltasteur, 200700439)	

16. 100m vlinderslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Rosalie Reef (ZPC AMERSFOORT, 200800426)	01:03.31(+69)
50m 00:29.04 29,04	
2. Indira van Aggele (De Dolfijn, 200804424)	01:03.70(+73)
50m 00:29.82 29,82	
3. Frouke Ludwig (DZ&PC, 200800112)	01:03.80(+74)
50m 00:29.49 29,49	
4. Elin Ditewig (VZC, 200900392)	01:06.20(+80)
50m 00:30.84 30,84	
5. Jinth Engelse (Niemo Barracuda, 200800204)	01:06.30(+78)
50m 00:30.52 30,52	
6. Nova Nijziel (PSV, 200804416)	01:06.59(+72)
50m 00:31.00 31,00	
7. Marit Boomers (Blue Marlins, 200804810)	01:06.64(+73)
50m 00:30.85 30,85	
8. Caitlin Sülter (VZC, 200900046)	01:06.71(+79)
50m 00:30.77 30,77	
9. Emmelien Smelt (ZV Zwartsluis, 200800012)	01:07.26(+73)
50m 00:30.97 30,97	
10. Tess Vonk (De Geul, 200900024)	01:09.19(+67)
50m 00:31.73 31,73	
. Pascalie Smal (DAW, 200802958)	
. Meyke v. Nimwegen (De Schotejil, 200800106)	

22. 50m vrije slag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Tiago Fonseca Gomes (PSV, 200703587)	00:23.94(+62)
2. Giovanni Phillipson (Team Noord Holland, 200801099)	00:24.24(+76)
3. Kaan Sudak (Blue Marlins, 200803733)	00:24.28(+59)
4. Floris Tanis (Feijenoord Albion, 200700005)	00:24.48(+66)
5. Nándor Szabó (De Dolfijn, 200700475)	00:24.68(+72)
6. Jake Franse (Blue Marlins, 200703873)	00:25.18(+64)
7. Siem de Zeeuw (OZ&PC, 200800013)	00:25.26(+71)
8. Bram Loots (Team Noord Holland, 200700197)	00:25.33(+59)
9. Marnix Rietveld (ZV Haerlem, 200700939)	00:25.44(+67)
10. Boele Böhm (Blue Marlins, 200700739)	00:25.62(+71)
11. Gijs Vesseur (ZV 44, 200700277)	00:25.64(+72)
12. Jones Chuang (PSV, 200801173)	00:25.73(+61)
13. Ties Berghs (ZEPS, 200700709)	00:25.75(+70)
14. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:25.77(+64)
15. Maikel Blijlevens (Waalwijkse Zwem Vereniging, 200701051)	00:25.78(+60)
16. Job Sportel (V Z & P C, 200800429)	00:25.80(+71)
17. Tijs Kruithof (Het Ravijn, 200701181)	00:25.83(+70)
18. Finn Rust (Nextline Swimming, 200700469)	00:25.92(+78)
19. Jaydey Schonewille (Steenwijk 1934, 200800025)	00:25.93(+77)
20. Mies de Wit (De Ward, 200700315)	00:25.96(+68)
20. Lucas Bemmer (De Duinkickers, 200700219)	00:25.96(+68)
22. Mads van Norden (ZPC AMERSFOORT, 200700029)	00:25.98(+77)
23. Filip Piszczynski (KSN (SG), 200802125)	00:26.00(+66)
24. Rely Hoogendijk (WVZ, 200702521)	00:26.03(+67)
25. Tim van Erven (DZ&PC, 200700175)	00:26.13(+76)
26. Emiel de Bruijn (Dedemsvaart-AC, 200700953)	00:26.14(+75)
27. Thijs Poll (ZV 44, 200700203)	00:26.17(+67)
28. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:26.19(+72)
29. Daan van Peet (De Dinkel, 200700461)	00:26.22(+74)
30. Tijn Hilders (De Dolfijn, 200700027)	00:26.25(+77)
31. Jisse Lousma (WVZ, 200701493)	00:26.27(+62)
32. Stijn Saelmans (Hellas-Glana, 200700373)	00:26.28(+72)
33. Daniël Wegman (Oceanus, 200802843)	00:26.35(+75)
33. Thom Verdonck (PSV, 200703213)	00:26.35(+69)
35. Stef Blok (Zwemclub Eijsden, 200701087)	00:26.42(+78)
36. Thijmen Willekes (Zwemclub Zeist, 200703077)	00:26.44(+69)
37. Joshwe Oleana (De Warande, 200701987)	00:26.45(+68)
38. Ties Lakke (ACZ, 200703517)	00:26.48(+73)

39. Damir Mustafic (DZ&PC, 200800885)		00:26.59(+73)
40. Bram ter Braak (De Dinkel, 200800281)		00:26.66(+79)
40. Tom Ariens (De Ward, 200703219)		00:26.66(+74)
40. Suraj Baladurage (Team Noord Holland, 200801291)		00:26.66(+62)
40. Luca Gerringa (Batavia Swim, 200700555)		00:26.66(+71)
44. Rens Noordover (Team Noord Holland, 200800237)		00:26.68(+72)
44. Cruz de Groot (Team Noord Holland, 200801077)		00:26.68(+67)
46. Jordey Thole (ZPC Hoogeveen, 200700385)		00:26.70(+70)
46. Yarno van Dam (ACZ, 200800115)		00:26.70(+69)
48. Milan Veelders (De Dinkel, 200800279)		00:26.72(+75)
49. Tobias Tamm (De Dolfijn, 200703631)		00:26.74(+64)
50. Youp Stuifzand (ZV 44, 200800521)		00:26.90(+50)
50. Lias IJzerman (Dedemsvaart-AC, 200703145)		00:26.90(+79)
52. Bjorn Scholten (WS Twente, 200801143)		00:27.04(+79)
53. Rian Schoneveld (De Berkelduikers, 200801789)		00:27.06(+61)
54. Arie Brussaard (Batavia Swim, 200700781)		00:27.17(+64)
55. Mart Tempelman (Dedemsvaart-AC, 200801075)		00:27.25(+72)
56. Odo McCarthy (ZV Overbetuwe, 200700307)		00:27.27(+68)
57. Arjan Boogaard (Deltasteur, 200800093)		00:27.28(+64)
58. Derek Smit (De Reuring, 200702055)		00:27.30(+67)
59. Ryan Huizinga (Bubble, 200700419)		00:27.35(+75)
60. Sebastian Lopes Cardozo (WZK, 200800187)		00:27.36(+68)
61. Timo Berghuis (NDD, 200801991)		00:27.42(+77)
62. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)		00:27.52(+69)
63. Thomas van Velzen (ZV 44, 200703189)		00:27.55(+65)
DIS. Niek Issard (DZ&PC, 200700037)		00:00.00
<b>23. 200m vrije slag - Dames</b>		
<i>13 - 14 jaar (Junioren 3 en 4)</i>		
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)		02:07.54(+76)
50m 00:29.34 29,34	100m 01:01.56 32,22	150m 01:34.76 33,20
2. Juliette Woltjes (VZC, 200900774)		02:10.62(+79)
50m 00:30.58 30,58	100m 01:04.75 34,17	150m 01:38.71 33,96
3. Ilse Rozema (Blue Marlins, 200803318)		02:10.73(+67)
50m 00:29.55 29,55	100m 01:02.78 33,23	150m 01:37.15 34,37
4. Esmee Mulder (DZ&PC, 200800038)		02:11.00(+70)
50m 00:30.38 30,38	100m 01:03.99 33,61	150m 01:37.65 33,66
5. Charlotte Leijnse (Blue Marlins, 200802948)		02:11.17(+77)
50m 00:29.64 29,64	100m 01:02.64 33,00	150m 01:37.13 34,49
6. Julie van Nispen (Z&PV Nuenen, 200800290)		02:11.57(+87)
50m 00:31.22 31,22	100m 01:03.93 32,71	150m 01:37.26 33,33
7. Jade van der Schrier (AZC, 200800692)		02:12.90(+72)
50m 00:30.38 30,38	100m 01:03.43 33,05	150m 01:37.84 34,41



8. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:30.73 30,73	100m 01:04.81 34,08	150m 01:39.59 34,78	02:13.57(+73)
9. Fay Boxum (DZ&PC, 200900060)	50m 00:30.24 30,24	100m 01:04.22 33,98	150m 01:38.97 34,75	02:13.62(+77)
10. Ilse Wiltjer (DZ&PC, 200900868)	50m 00:30.23 30,23	100m 01:03.79 33,56	150m 01:39.38 35,59	02:13.91(+83)
11. Marit Boomers (Blue Marlins, 200804810)	50m 00:31.07 31,07	100m 01:05.23 34,16	150m 01:39.97 34,74	02:14.05(+71)
12. Indira van Aggele (De Dolfijn, 200804424)	50m 00:30.82 30,82	100m 01:05.03 34,21	150m 01:40.81 35,78	02:14.55(+73)
13. Fenna Westerneng (ZPC Hoogeveen, 200900070)	50m 00:31.52 31,52	100m 01:06.80 35,28	150m 01:42.06 35,26	02:15.39(+77)
14. Caitlin Sülter (VZC, 200900046)	50m 00:31.57 31,57	100m 01:06.44 34,87	150m 01:42.54 36,10	02:15.54(+77)
15. Laura van Etten (HZ&PC Heerenveen, 200800264)	50m 00:30.41 30,41	100m 01:04.06 33,65	150m 01:39.63 35,57	02:15.76(+81)
16. Luus Gielens (PSV, 200900138)	50m 00:32.05 32,05	100m 01:06.56 34,51	150m 01:41.54 34,98	02:16.21(+87)
17. Bregje Dekkers (PSV, 200900746)	50m 00:30.94 30,94	100m 01:04.52 33,58	150m 01:39.63 35,11	02:16.26(+66)
18. Kinley Cole (PSV, 200903696)	50m 00:32.39 32,39	100m 01:07.56 35,17	150m 01:43.26 35,70	02:16.60(+81)
19. Flora Szili-Torok (Feijenoord Albion, 200800114)	50m 00:31.35 31,35	100m 01:05.62 34,27	150m 01:41.70 36,08	02:16.94(+65)
20. Julia Agricola (DZ&PC, 200800266)	50m 00:31.19 31,19	100m 01:06.46 35,27	150m 01:42.51 36,05	02:17.60(+72)
21. Jazz-Lynn Gomes Delgado (Feijenoord Albion, 200800738)	50m 00:30.90 30,90	100m 01:06.01 35,11	150m 01:41.45 35,44	02:17.61(+74)
22. Meyke v. Nimwegen (De Schotegil, 200800106)	50m 00:31.61 31,61	100m 01:06.46 34,85	150m 01:42.51 36,05	02:17.68(+79)
23. Ilana Gentile (Orca, 200801558)	50m 00:31.11 31,11	100m 01:06.22 35,11	150m 01:42.88 36,66	02:18.03(+79)
24. Jenny Muntinga (ZPCH, 200900450)	50m 00:31.05 31,05	100m 01:05.83 34,78	150m 01:42.36 36,53	02:18.62(+69)
25. Ece Öngören (Blue Marlins, 200903862)	50m 00:32.05 32,05	100m 01:07.65 35,60	150m 01:44.09 36,44	02:19.36(+71)
26. Hannah Markovinovic (WS Twente, 200803266)	50m 00:32.07 32,07	100m 01:07.53 35,46	150m 01:44.07 36,54	02:19.62(+64)
27. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:32.08 32,08	100m 01:08.33 36,25	150m 01:45.21 36,88	02:20.22(+77)
28. Elin Brinkhof (De Dolfijn, 200900078)	50m 00:32.09 32,09	100m 01:08.08 35,99	150m 01:44.97 36,89	02:20.52(+75)
29. Pascale Smal (DAW, 200802958)	50m 00:32.05 32,05	100m 01:07.37 35,32	150m 01:44.35 36,98	02:20.53(+63)
30. Mint van Wees (De Dolfijn, 200801328)	50m 00:31.28 31,28	100m 01:07.11 35,83	150m 01:43.91 36,80	02:20.68(+78)
31. Bette Peetoom (DAW, 200801808)	50m 00:31.19 31,19	100m 01:06.96 35,77	150m 01:44.35 37,39	02:20.87(+73)
32. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)	50m 00:31.52 31,52	100m 01:07.45 35,93	150m 01:44.58 37,13	02:21.16(+82)

33. Valérie Sakkers (ZV 44, 200800080)	50m 00:31.69 31,69	100m 01:08.62 36,93	150m 01:45.93 37,31	02:21.42(+67)
33. Mijke Ouderkerken (Blue Marlins, 200901254)	50m 00:31.99 31,99	100m 01:07.34 35,35	150m 01:44.56 37,22	02:21.42(+80)
35. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:31.24 31,24	100m 01:06.79 35,55	150m 01:44.30 37,51	02:21.52(+65)
36. Robine Moot (ZPC AMERSFOORT, 200900330)	50m 00:32.62 32,62	100m 01:09.41 36,79	150m 01:47.39 37,98	02:25.78(+77)
24. 100m rugslag - Heren				
<i>12 - 13 jaar (Junioren 1 en 2)</i>				
1. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:30.26 30,26			01:02.90(+62)
2. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m 00:31.25 31,25			01:03.72(+77)
3. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:30.93 30,93			01:04.45(+58)
4. Luca Boorsma (De Columbiaan, 200902031)	50m 00:31.64 31,64			01:05.14(+60)
5. Tim van de Moosdijk (PSV, 200900187)	50m 00:31.88 31,88			01:06.04(+67)
6. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:32.25 32,25			01:06.53(+71)
7. Theodore Allan (PSV, 200902925)	50m 00:32.93 32,93			01:07.33(+77)
8. Mike Hilders (De Dolfijn, 200900281)	50m 00:33.25 33,25			01:07.94(+74)
9. Sven Koornstra (De Vikings, 200900189)	50m 00:33.18 33,18			01:08.64(+70)
10. Giulian Janssen (PSV, 200900125)	50m 00:33.30 33,30			01:08.78(+62)
11. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:33.56 33,56			01:08.94(+64)
12. Finn Hilders (De Dolfijn, 200900283)	50m 00:33.33 33,33			01:09.09(+68)
13. Adriaan Coppelmans (AZC, 200903243)	50m 00:33.17 33,17			01:09.30(+74)
14. Jelte de Jong (ZPCH, 200900975)	50m 00:33.99 33,99			01:09.75(+71)
15. Ruben Baars (DWK, 200900471)	50m 00:34.18 34,18			01:09.96(+70)
16. Martijn Nies (PSV, 200902095)	50m 00:33.99 33,99			01:10.34(+74)
17. Thygo van de Peppel (Blue Marlins, 200901101)	50m 00:34.31 34,31			01:10.70(+71)
18. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:34.49 34,49			01:11.15(+73)
19. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:33.99 33,99			01:11.41(+60)
20. Sven Vette (De Bevelanders, 200900519)				01:11.62(+67)

	50m 00:34.66 34,66	
21.	Floris van de Wal (De Treffers, 200900495) 50m 00:35.10 35,10	01:11.78(+83)
22.	Myron Artemenko (Niemo Barracuda, 201003021) 50m 00:35.17 35,17	01:11.79(+60)
23.	Stefan van der Meer (VZC, 200901361) 50m 00:35.31 35,31	01:11.85(+68)
24.	Sverre van der Zwaan (WVZ, 200900737) 50m 00:35.20 35,20	01:12.00(+67)
25.	Ivo Bot (Wiekslag, 200900509) 50m 00:34.14 34,14	01:12.10(+68)
26.	Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:35.09 35,09	01:12.35(+71)
27.	Mathieu Gepkens (VZC, 201000045) 50m 00:35.33 35,33	01:12.76(+70)
28.	Aidan van der Stelt (De Geul, 200900901) 50m 00:34.83 34,83	01:13.08(+72)
29.	Xander Kragting (De Blauwe Schuur, 200900077) 50m 00:35.94 35,94	01:13.16(+68)
30.	Mathijs de Wit (KSN (SG), 201001215) 50m 00:37.52 37,52	01:14.82(+73)
31.	Brent Schiffliers (ZPC Woerden, 200902041) 50m 00:37.00 37,00	01:14.94(+77)
32.	Davi Fonseca Gomes (PSV, 200902795) 50m 00:36.67 36,67	01:15.30(+63)
33.	Dax van den Nouland (Blue Marlins, 201000071) 50m 00:36.61 36,61	01:15.32(+75)
34.	Sacha van Hees Ajdnik (ZEPS, 200900489) 50m 00:36.66 36,66	01:15.36(+79)
35.	Oleksandr Hordiienko (De Aalscholver, 201003061) 50m 00:36.68 36,68	01:15.37(+66)
36.	Owen Houdé (De Geul, 200900903) 50m 00:37.51 37,51	01:15.44(+80)
37.	Hijmen Pruijssers (Hieronymus, 201000129) 50m 00:36.73 36,73	01:15.47(+62)
38.	Roy Hofman (DZ&PC, 200900439) 50m 00:36.94 36,94	01:15.63(+81)
38.	Paul Ruitenbergh (De Geul, 200900979) 50m 00:36.77 36,77	01:15.63(+79)
40.	Sascha Timmer (AZC, 200902987) 50m 00:36.26 36,26	01:15.75(+59)
41.	Jan Schouten (ZVL-1886 Center, 200902305) 50m 00:36.40 36,40	01:16.02(+81)
42.	Dani Yefimov (WS Twente, 200901305) 50m 00:37.59 37,59	01:16.48(+67)
43.	Max van der Spank (Hieronymus, 201000275) 50m 00:36.14 36,14	01:16.76(+77)
44.	Ruben Kragt (ZV 44, 201000007) 50m 00:36.94 36,94	01:17.08(+70)

45. Mauro Bedeke (DAW, 201000537)				01:17.16(+63)
50m	00:36.97	36,97		
46. Lucas Schouten (ZPCH, 200901925)				01:17.45(+67)
50m	00:36.98	36,98		
47. Bink de Vries (AZC, 200901887)				01:17.55(+66)
50m	00:36.67	36,67		
48. Tariq van Laar (De Rijn, 200900819)				01:17.86(+68)
50m	00:38.45	38,45		
49. Dinand Kop (DAW, 200901001)				01:18.40(+68)
50m	00:36.87	36,87		
50. Thomas Nauta (Arethusa, 200900339)				01:19.22(+74)
50m	00:37.65	37,65		
25. 200m wisselslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Nikodim Markovic (Blue Marlins, 200700255)				02:09.37(+64)
50m	00:26.88	26,88	100m 00:59.95	33,07 150m 01:38.85
				38,90
2. Tiede Groener (De Dinkel, 200700155)				02:10.42(+74)
50m	00:27.63	27,63	100m 01:01.58	33,95 150m 01:40.68
				39,10
3. Tiago Fonseca Gomes (PSV, 200703587)				02:10.52(+64)
50m	00:26.70	26,70	100m 01:00.67	33,97 150m 01:41.69
				41,02
4. Wytse Broekstra (De Vikings, 200800121)				02:13.69(+78)
50m	00:29.64	29,64	100m 01:03.92	34,28 150m 01:41.82
				37,90
5. Denzel Barthen (WVZ, 200700147)				02:15.27(+77)
50m	00:29.28	29,28	100m 01:04.61	35,33 150m 01:44.93
				40,32
6. Tieme Wiersma (DZ&PC, 200701031)				02:16.16(+74)
50m	00:29.36	29,36	100m 01:03.09	33,73 150m 01:42.96
				39,87
7. Xiaoyu Yin (Blue Marlins, 200803363)				02:17.01(+65)
50m	00:28.80	28,80	100m 01:03.84	35,04 150m 01:45.18
				41,34
8. Mies de Wit (De Ward, 200700315)				02:17.35(+66)
50m	00:28.58	28,58	100m 01:06.06	37,48 150m 01:45.94
				39,88
9. Storm Boxum (DZ&PC, 200700421)				02:17.91(+73)
50m	00:29.77	29,77	100m 01:07.60	37,83 150m 01:44.72
				37,12
10. Yarno van Dam (ACZ, 200800115)				02:19.18(+68)
50m	00:29.69	29,69	100m 01:05.62	35,93 150m 01:47.13
				41,51
11. Job Sportel (V Z & P C, 200800429)				02:19.30(+71)
50m	00:29.65	29,65	100m 01:07.66	38,01 150m 01:47.25
				39,59
12. Tijn Hilders (De Dolfijn, 200700027)				02:20.23(+80)
50m	00:30.07	30,07	100m 01:08.39	38,32 150m 01:49.15
				40,76
13. Sem Belmon (PSV, 200702099)				02:20.31(+70)
50m	00:31.22	31,22	100m 01:06.90	35,68 150m 01:47.66
				40,76
14. Jake Franse (Blue Marlins, 200703873)				02:20.33(+64)
50m	00:28.70	28,70	100m 01:02.65	33,95 150m 01:46.38
				43,73
15. Bjorn van den Berge (Z&PC De Zeeuwse Kust, 200701991)				02:20.72(+65)
50m	00:29.74	29,74	100m 01:08.74	39,00 150m 01:49.27
				40,53
16. Jaydey Schonewille (Steenwijk 1934, 200800025)				02:20.75(+74)
50m	00:29.40	29,40	100m 01:07.55	38,15 150m 01:47.81
				40,26
17. Ties Berghs (ZEPS, 200700709)				02:21.33(+70)
50m	00:28.94	28,94	100m 01:07.26	38,32 150m 01:50.72
				43,46
18. Giovanni Phillipson (Team Noord Holland, 200801099)				02:21.42(+80)

	50m 00:29.06 29,06	100m 01:03.75 34,69	150m 01:48.08 44,33	
19. Marnix Rietveld (ZV Haerlem, 200700939)	50m 00:29.45 29,45	100m 01:07.33 37,88	150m 01:50.83 43,50	02:23.10(+70)
20. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	50m 00:29.31 29,31	100m 01:07.24 37,93	150m 01:48.80 41,56	02:23.18(+65)
21. Willem Weustink (Team Noord Holland, 200800109)	50m 00:29.19 29,19	100m 01:06.82 37,63	150m 01:50.36 43,54	02:23.30(+68)
22. Daniël Wegman (Oceanus, 200802843)	50m 00:29.51 29,51	100m 01:06.99 37,48	150m 01:51.07 44,08	02:23.65(+74)
23. Rens Noordover (Team Noord Holland, 200800237)	50m 00:31.49 31,49	100m 01:09.18 37,69	150m 01:51.84 42,66	02:23.74(+73)
24. Rijk Leenders (VZC, 200800627)	50m 00:30.83 30,83	100m 01:08.73 37,90	150m 01:49.44 40,71	02:23.81(+71)
25. Collard Jungeling (ZV 44, 200701831)	50m 00:29.59 29,59	100m 01:09.69 40,10	150m 01:51.83 42,14	02:24.22(+64)
26. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)	50m 00:30.42 30,42	100m 01:07.90 37,48	150m 01:50.04 42,14	02:24.41(+67)
27. Jisse Lousma (WVZ, 200701493)	50m 00:29.53 29,53	100m 01:06.32 36,79	150m 01:53.48 47,16	02:24.46(+61)
28. Tim van Rooij (PSV, 200700129)	50m 00:29.55 29,55	100m 01:07.10 37,55	150m 01:49.28 42,18	02:24.57(+62)
29. Diede Veld (SWOL 1894, 200800011)	50m 00:30.87 30,87	100m 01:08.57 37,70	150m 01:52.60 44,03	02:24.66(+75)
30. Daniel Critchell (Deltasteur, 200700439)	50m 00:31.12 31,12	100m 01:07.74 36,62	150m 01:51.30 43,56	02:25.11(+63)
31. Nout Folkersma (PSV, 200800595)	50m 00:30.63 30,63	100m 01:07.78 37,15	150m 01:50.12 42,34	02:25.23(+74)
32. Tim van Erven (DZ&PC, 200700175)	50m 00:30.81 30,81	100m 01:08.66 37,85	150m 01:54.48 45,82	02:25.26(+74)
33. Daan van Peet (De Dinkel, 200700461)	50m 00:29.03 29,03	100m 01:07.22 38,19	150m 01:52.98 45,76	02:25.95(+75)
34. Filip Piszczynski (KSN (SG), 200802125)	50m 00:29.99 29,99	100m 01:07.67 37,68	150m 01:52.34 44,67	02:26.27(+74)
35. Thom Keukens (V.Z.V. Njord, 200700415)	50m 00:31.85 31,85	100m 01:10.56 38,71	150m 01:53.89 43,33	02:26.35(+75)
36. Siem de Zeeuw (OZ&PC, 200800013)	50m 00:30.05 30,05	100m 01:07.30 37,25	150m 01:56.01 48,71	02:26.37(+74)
37. Tim Zuurman (ZPC Hoogeveen, 200700131)	50m 00:33.66 33,66	100m 01:11.68 38,02	150m 01:54.84 43,16	02:27.21(+81)
38. Melle van Veen (Dedemsvaart-AC, 200700661)	50m 00:31.76 31,76	100m 01:10.72 38,96	150m 01:54.34 43,62	02:27.74(+81)
39. Jere Wiersma (DZ&PC, 200701037)	50m 00:30.70 30,70	100m 01:08.76 38,06	150m 01:53.00 44,24	02:27.86(+76)
40. Lucas Bemer (De Duinkickers, 200700219)	50m 00:29.98 29,98	100m 01:08.80 38,82	150m 01:54.13 45,33	02:27.94(+68)
41. Rein Stoel (ZVL-1886 Center, 200800463)	50m 00:30.28 30,28	100m 01:07.89 37,61	150m 01:52.73 44,84	02:28.53(+69)
42. Lou van Leeuwen (De Dolfijn, 200702779)	50m 00:31.55 31,55	100m 01:11.90 40,35	150m 01:55.87 43,97	02:28.89(+74)

43. Thijs Poll (ZV 44, 200700203)				02:29.43(+71)
	50m 00:32.37 32,37	100m 01:11.33 38,96	150m 01:57.12 45,79	
44. Rely Hoogendijk (WVZ, 200702521)				02:29.50(+78)
	50m 00:30.22 30,22	100m 01:10.68 40,46	150m 01:57.33 46,65	
45. Matthijs de Rooij (WZK, 200803481)				02:29.88(+78)
	50m 00:32.38 32,38	100m 01:11.80 39,42	150m 01:54.53 42,73	
46. Gijs Hartwijk (ZVL-1886 Center, 200800573)				02:30.63(+66)
	50m 00:31.65 31,65	100m 01:10.57 38,92	150m 01:55.69 45,12	
47. Jamie Kenworthy (De Dolfijn, 200800045)				02:30.78(+69)
	50m 00:29.84 29,84	100m 01:08.90 39,06	150m 01:54.69 45,79	
48. Youp Stuifzand (ZV 44, 200800521)				02:37.83(+58)
	50m 00:31.58 31,58	100m 01:13.02 41,44	150m 01:58.88 45,86	
26. 200m rugslag - Dames				
11 - 12 jaar (Junioren 1 en 2)				
1. Malin Roozeboom (WVZ, 201100006)				02:30.70(+78)
	50m 00:36.12 36,12	100m 01:14.88 38,76	150m 01:53.90 39,02	
2. Fenna Zusterzeel (PSV, 201000008)				02:31.99(+58)
	50m 00:35.56 35,56	100m 01:14.40 38,84	150m 01:53.41 39,01	
3. Nina van der Schrier (AZC, 201000444)				02:38.40(+74)
	50m 00:37.53 37,53	100m 01:17.73 40,20	150m 01:58.95 41,22	
4. Freeke Super (PSV, 201003638)				02:38.62(+61)
	50m 00:36.51 36,51	100m 01:16.97 40,46	150m 01:58.71 41,74	
5. Paula Spans (ZV 44, 201000064)				02:39.06(+72)
	50m 00:37.54 37,54	100m 01:18.00 40,46	150m 01:59.45 41,45	
6. Erin de Jong (GZC DONK, 201000024)				02:39.09(+95)
	50m 00:37.57 37,57	100m 01:18.14 40,57	150m 01:59.32 41,18	
7. Fenne Metten (ZPC AMERSFOORT, 201000102)				02:40.35(+82)
	50m 00:38.17 38,17	100m 01:18.84 40,67	150m 02:00.80 41,96	
8. Tess van de Steeg (WVZ, 201000016)				02:40.59(+70)
	50m 00:36.79 36,79	100m 01:18.03 41,24	150m 01:59.50 41,47	
9. Julia Dąbrowska (Blue Marlins, 201000300)				02:40.89(+70)
	50m 00:37.34 37,34	100m 01:18.55 41,21	150m 02:00.18 41,63	
10. Elin Baars (DWK, 201000138)				02:42.00(+68)
	50m 00:39.29 39,29	100m 01:19.56 40,27	150m 02:00.90 41,34	
11. Romée Smit (MSV-Zeemacht, 201100438)				02:42.05(+72)
	50m 00:37.75 37,75	100m 01:19.09 41,34	150m 02:02.02 42,93	
12. Anouk Steller (WVZ, 201000004)				02:42.58(+65)
	50m 00:36.40 36,40	100m 01:17.21 40,81	150m 01:59.68 42,47	
13. Anne Engbersen (De Fuut, 201000044)				02:43.36(+74)
	50m 00:37.43 37,43	100m 01:18.88 41,45	150m 02:02.48 43,60	
14. Frédérique Nijziel (PSV, 201103114)				02:44.43(+68)
	50m 00:38.69 38,69	100m 01:20.35 41,66	150m 02:03.29 42,94	
15. Mariia Kostina (Blue Marlins, 201002042)				02:44.86(+75)
	50m 00:36.81 36,81	100m 01:18.39 41,58	150m 02:01.58 43,19	
16. Evelien Goorhuis (Hieronymus, 201000194)				02:45.11(+66)
	50m 00:39.44 39,44	100m 01:22.52 43,08	150m 02:04.83 42,31	
17. Maryse Kuijper (DWK, 201000692)				02:45.25(+79)
	50m 00:40.00 40,00	100m 01:22.54 42,54	150m 02:04.61 42,07	
18. Mattea Gliese-Slooijer (De Dinkel, 201100008)				02:45.40(+78)
	50m 00:37.57 37,57	100m 01:19.80 42,23	150m 02:02.98 43,18	

19. Tessa van Beek (DWK, 201001446)				02:45.55(+75)	
50m 00:39.26	39,26	100m 01:21.76	42,50	150m 02:04.32	42,56
20. Wieke Dekker (De Dolfijn, 201002020)				02:45.96(+58)	
50m 00:38.94	38,94	100m 01:21.70	42,76	150m 02:04.79	43,09
21. Marre van der Wal (Bolsward-Workum (SG), 201000046)				02:46.57(+76)	
50m 00:39.86	39,86	100m 01:22.37	42,51	150m 02:05.63	43,26
22. Yill van Bezouw (Hieronymus, 201100704)				02:46.72(+65)	
50m 00:39.15	39,15	100m 01:21.70	42,55	150m 02:05.28	43,58
23. Nina Tetteroo (De Columbiaan, 201000048)				02:46.83(+75)	
50m 00:39.60	39,60	100m 01:21.80	42,20	150m 02:05.22	43,42
24. Odenza Soselisa (Blue Marlins, 201101780)				02:47.21(+69)	
50m 00:38.70	38,70	100m 01:21.77	43,07	150m 02:05.70	43,93
25. Carla Moreno Palacios (De Dolfijn, 201002302)				02:47.24(+65)	
50m 00:38.64	38,64	100m 01:21.28	42,64	150m 02:05.29	44,01
26. Noa van Zalk (ZPC AMERSFOORT, 201102534)				02:47.33(+78)	
50m 00:39.17	39,17	100m 01:21.61	42,44	150m 02:04.88	43,27
27. Eva de Man (Aqua-Novio'94, 201000294)				02:47.52(+73)	
50m 00:39.20	39,20	100m 01:21.95	42,75	150m 02:06.25	44,30
28. Maya Fahmi (De Dolfijn, 201003278)				02:48.42(+75)	
50m 00:40.52	40,52	100m 01:23.20	42,68	150m 02:06.82	43,62
29. Jayna Wagemakers (AquaDream, 201000226)				02:48.71(+72)	
50m 00:38.90	38,90	100m 01:22.01	43,11	150m 02:06.44	44,43
30. Nadia van der Wal (ZPCH, 201003114)				02:49.21(+64)	
50m 00:38.54	38,54	100m 01:20.59	42,05	150m 02:05.52	44,93
31. Ilse Jongepier (THOR, 201000006)				02:49.45(+75)	
50m 00:40.67	40,67	100m 01:24.34	43,67	150m 02:08.09	43,75
32. Milou Filemon (ZZ&PC De Devel, 201100078)				02:49.55(+76)	
50m 00:39.82	39,82	100m 01:23.59	43,77	150m 02:07.38	43,79
32. Casharell Kraan (Blue Marlins, 201103426)				02:49.55(+69)	
50m 00:38.51	38,51	100m 01:21.87	43,36	150m 02:07.21	45,34
34. Tess Meeuwissen (De Columbiaan, 201000370)				02:49.90(+89)	
50m 00:39.35	39,35	100m 01:22.87	43,52	150m 02:07.56	44,69
35. Senna Boogmans (De Duinkickers, 201000640)				02:50.09(+69)	
50m 00:39.38	39,38	100m 01:22.17	42,79	150m 02:06.24	44,07
36. Femke ter Horst (ZPC Hoogeveen, 201000108)				02:52.24(+75)	
50m 00:39.92	39,92	100m 01:24.27	44,35	150m 02:08.97	44,70
37. Famke Franzen (De Schotegil, 201000058)				02:52.84(+63)	
50m 00:39.89	39,89	100m 01:24.22	44,33	150m 02:10.54	46,32
38. Chloé in 't Veen (WVZ, 201100010)				02:53.17(+66)	
50m 00:41.19	41,19	100m 01:25.17	43,98	150m 02:10.20	45,03
39. Elke Kriesels (Hieronymus, 201100898)				02:53.30(+62)	
50m 00:40.18	40,18	100m 01:24.17	43,99	150m 02:10.10	45,93
40. Kim Bouman (ZPC AMERSFOORT, 201000262)				02:53.76(+77)	
50m 00:40.03	40,03	100m 01:23.72	43,69	150m 02:10.24	46,52
41. Eefje van Hinsbergen (Blue Marlins, 201002252)				02:53.81(+76)	
50m 00:41.04	41,04	100m 01:25.68	44,64	150m 02:10.40	44,72
42. Lola Verheijen (PSV, 201100832)				02:54.90(+77)	
50m 00:39.69	39,69	100m 01:25.40	45,71	150m 02:12.00	46,60

43. Anna Lepoutre (PSV, 201100534)				02:56.26(+78)	
50m	00:42.1342,13	100m	01:26.8944,76	150m	02:12.5045,61
44. Lynn ten Berge (De Dinkel, 201000884)				02:57.28(+82)	
50m	00:41.7441,74	100m	01:27.4245,68	150m	02:12.6645,24
45. Annelie Batenburg (PSV, 201001962)				02:58.13(+77)	
50m	00:41.4141,41	100m	01:26.7845,37	150m	02:12.7545,97
46. Alaine Lomans (Eszet, 201000420)				02:58.52(+64)	
50m	00:42.1142,11	100m	01:27.4045,29	150m	02:13.1845,78
47. Manou Longayroux (ZZ&PC De Devel, 201000580)				03:00.22(+62)	
50m	00:43.7843,78	100m	01:30.5046,72	150m	02:17.3446,84
48. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)				03:11.57(+75)	
50m	00:44.9644,96	100m	01:34.6849,72	150m	02:23.9349,25
DIS. Elin Reinstra (TriVia, 201100842)				00:00.00	
DIS. Linou van Kampen (ZPCH, 201000594)				00:00.00	
27. 200m rugslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Frouke Ludwig (DZ&PC, 200800112)				02:18.08(+58)	
50m	00:32.2932,29	100m	01:06.7434,45	150m	01:41.9335,19
2. Jinth Engelse (Niemo Barracuda, 200800204)				02:20.11(+60)	
50m	00:33.1833,18	100m	01:09.2736,09	150m	01:46.2036,93
3. Laura van Etten (HZ&PC Heerenveen, 200800264)				02:21.07(+75)	
50m	00:32.9532,95	100m	01:08.5335,58	150m	01:44.5235,99
4. Fay Boxum (DZ&PC, 200900060)				02:26.63(+69)	
50m	00:33.7233,72	100m	01:10.8337,11	150m	01:48.8137,98
5. Jade van der Schrier (AZC, 200800692)				02:26.71(+71)	
50m	00:34.5834,58	100m	01:11.8037,22	150m	01:50.0238,22
6. Nova Nijziel (PSV, 200804416)				02:27.12(+62)	
50m	00:33.8933,89	100m	01:11.1637,27	150m	01:49.5038,34
7. Elin Ditewig (VZC, 200900392)				02:27.94(+71)	
50m	00:33.6033,60	100m	01:11.1537,55	150m	01:49.8038,65
8. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)				02:29.48(+67)	
50m	00:34.2334,23	100m	01:13.3139,08	150m	01:52.5939,28
9. Emmelien Smelt (ZV Zwartsluis, 200800012)				02:29.97(+69)	
50m	00:35.4735,47	100m	01:13.8338,36	150m	01:52.6338,80
10. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)				02:30.37(+65)	
50m	00:33.7033,70	100m	01:11.1937,49	150m	01:50.5239,33
11. Charlotte Leijnse (Blue Marlins, 200802948)				02:31.04(+71)	
50m	00:34.7434,74	100m	01:12.8838,14	150m	01:52.2239,34
12. Meyke v. Nimwegen (De Schotegil, 200800106)				02:32.02(+63)	
50m	00:35.7335,73	100m	01:13.5837,85	150m	01:52.8339,25
13. Fenna Westerneng (ZPC Hoogeveen, 200900070)				02:32.70(+71)	
50m	00:36.3736,37	100m	01:15.6039,23	150m	01:55.0239,42
14. Ece Öngören (Blue Marlins, 200903862)				02:32.96(+67)	
50m	00:35.4535,45	100m	01:14.2038,75	150m	01:54.3840,18
15. Nienke Koster (ZPC Hoogeveen, 200900612)				02:33.20(+60)	
50m	00:35.8035,80	100m	01:14.6838,88	150m	01:54.3239,64
16. Tereza Boom (PSV, 200904028)				02:33.67(+55)	
50m	00:34.6834,68	100m	01:13.9439,26	150m	01:54.3240,38
17. Luus Gielens (PSV, 200900138)				02:33.83(+74)	



	50m 00:36.28 36,28	100m 01:15.22 38,94	150m 01:55.34 40,12	
18. Marjolie Spelde (ZC Borger, 200900266)	50m 00:35.85 35,85	100m 01:15.18 39,33	150m 01:55.61 40,43	02:34.33(+69)
19. Esmee van der Tuuk (ZPC Hoogeveen, 200800682)	50m 00:36.85 36,85	100m 01:16.74 39,89	150m 01:56.64 39,90	02:35.34(+73)
20. Iris Tilburg (Arethusa, 200902662)	50m 00:36.27 36,27	100m 01:15.86 39,59	150m 01:56.38 40,52	02:36.54(+70)
21. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:36.70 36,70	100m 01:17.12 40,42	150m 01:57.72 40,60	02:36.74(+62)
22. Amber Kunst (DAW, 200900680)	50m 00:36.39 36,39	100m 01:16.36 39,97	150m 01:57.62 41,26	02:37.17(+62)
23. Emma Rose Buitenkamp (De Dolfijn, 200801898)	50m 00:37.13 37,13	100m 01:17.38 40,25	150m 01:58.38 41,00	02:37.35(+70)
24. Floortje van 't Wout (De Dolfijn, 200802286)	50m 00:36.24 36,24	100m 01:15.31 39,07	150m 01:56.39 41,08	02:37.37(+77)
25. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:35.31 35,31	100m 01:14.87 39,56	150m 01:56.12 41,25	02:37.55(+56)
26. Jenny Muntinga (ZPCH, 200900450)	50m 00:36.06 36,06	100m 01:15.76 39,70	150m 01:57.07 41,31	02:37.80(+64)
27. Elin Brinkhof (De Dolfijn, 200900078)	50m 00:36.34 36,34	100m 01:15.53 39,19	150m 01:56.73 41,20	02:37.94(+75)
28. Nikki Hofland (MSV-Zeemacht, 200900244)	50m 00:37.22 37,22	100m 01:18.06 40,84	150m 01:59.51 41,45	02:38.93(+75)
29. Liv Heijdra (WVZ, 200800736)	50m 00:36.84 36,84	100m 01:17.79 40,95	150m 01:59.32 41,53	02:39.06(+68)
30. Ilse Rozema (Blue Marlins, 200803318)	50m 00:37.61 37,61	100m 01:18.54 40,93	150m 02:00.11 41,57	02:40.02(+64)
31. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:37.08 37,08	100m 01:17.33 40,25	150m 01:59.68 42,35	02:40.35(+67)
32. Valérie Sakkers (ZV 44, 200800080)	50m 00:36.86 36,86	100m 01:18.26 41,40	150m 01:59.90 41,64	02:40.69(+65)
33. Fleur van den Eijk (Blue Marlins, 200900304)	50m 00:36.68 36,68	100m 01:18.50 41,82	150m 02:00.90 42,40	02:42.74(+67)
34. Sofie Vos (ZPC Hoogeveen, 200800804)	50m 00:37.81 37,81	100m 01:18.80 40,99	150m 02:00.93 42,13	02:42.89(+82)
35. Gwen Hermans (De Columbiaan, 200900058)	50m 00:37.14 37,14	100m 01:18.71 41,57	150m 02:02.05 43,34	02:44.14(+59)
36. Jannoula Jaspers (De Vikings, 200800202)	50m 00:36.76 36,76	100m 01:19.97 43,21	150m 02:04.44 44,47	02:46.68(+66)
28. 4x100m wisselslag heren				
12 - 15 jaar (Junioren)				
1. Blue Marlins				04:02.53
Jake Franse 2007 (+61)	50m 00:29.82 29,82			
Jake Franse 2007 (+61)	100m 01:00.75 30,93			
Nikodim Markovic 2007 (+70)	150m 01:33.74 32,99			
Nikodim Markovic 2007 (+70)	200m 02:10.63 36,89			
Vincent Huele 2007 (+43)	250m 02:37.42 26,79			
Vincent Huele 2007 (+43)	300m 03:08.51 31,09			
Kaan Sudak 2008 (+34)	350m 03:34.00 25,49			
Kaan Sudak 2008 (+34)	400m 04:02.53 28,53			
2. DZ&PC				04:08.44

Tieme Wiersma 2007 (+60)	50m	00:30.58	30,58	
Tieme Wiersma 2007 (+60)	100m	01:02.54	31,96	
Storm Boxum 2007 (+39)	150m	01:33.50	30,96	
Storm Boxum 2007 (+39)	200m	02:09.69	36,19	
Niek Issard 2007 (+64)	250m	02:38.24	28,55	
Niek Issard 2007 (+64)	300m	03:12.87	34,63	
Tim van Erven 2007 (+56)	350m	03:39.45	26,58	
Tim van Erven 2007 (+56)	400m	04:08.44	28,99	
3. Team Noord Holland				04:09.19
Giovanni Phillipson 2008 (+68)	50m	00:29.05	29,05	
Giovanni Phillipson 2008 (+68)	100m	01:00.08	31,03	
Cruz de Groot 2008 (+26)	150m	01:34.31	34,23	
Cruz de Groot 2008 (+26)	200m	02:15.10	40,79	
Willem Weustink 2008 (+43)	250m	02:43.20	28,10	
Willem Weustink 2008 (+43)	300m	03:16.45	33,25	
Bram Loots 2007 (+41)	350m	03:41.80	25,35	
Bram Loots 2007 (+41)	400m	04:09.19	27,39	
4. PSV				04:10.43
Sem Belmon 2007 (+64)	50m	00:32.00	32,00	
Sem Belmon 2007 (+64)	100m	01:05.77	33,77	
Giulian Janssen 2009 (+45)	150m	01:38.48	32,71	
Giulian Janssen 2009 (+45)	200m	02:17.53	39,05	
Tiago Fonseca Gomes 2007 (+50)	250m	02:43.36	25,83	
Tiago Fonseca Gomes 2007 (+50)	300m	03:14.05	30,69	
Theodore Allan 2009 (+56)	350m	03:41.08	27,03	
Theodore Allan 2009 (+56)	400m	04:10.43	29,35	
5. ZPC AMERSFOORT				04:13.11
Tobian Vos 2009 (+70)	50m	00:30.79	30,79	
Tobian Vos 2009 (+70)	100m	01:02.95	32,16	
Rens van Wijngaarden 2008 (+77)	150m	01:36.17	33,22	
Rens van Wijngaarden 2008 (+77)	200m	02:14.10	37,93	
Mads van Norden 2007 (+63)	250m	02:42.56	28,46	
Mads van Norden 2007 (+63)	300m	03:17.36	34,80	
Felbe van 't Land 2009 (+48)	350m	03:43.48	26,12	
Felbe van 't Land 2009 (+48)	400m	04:13.11	29,63	
6. WVZ				04:16.75
Jisse Lousma 2007 (+53)	50m	00:30.84	30,84	
Jisse Lousma 2007 (+53)	100m	01:03.36	32,52	
Twan Huisman 2007 (+21)	150m	01:35.93	32,57	
Twan Huisman 2007 (+21)	200m	02:15.09	39,16	
Denzel Barthen 2007 (+47)	250m	02:44.62	29,53	
Denzel Barthen 2007 (+47)	300m	03:18.50	33,88	
Rely Hoogendijk 2007 (+58)	350m	03:45.95	27,45	
Rely Hoogendijk 2007 (+58)	400m	04:16.75	30,80	
7. Blue Marlins				04:19.26
Gaëtan Spicq 2007 (+72)	50m	00:31.30	31,30	
Gaëtan Spicq 2007 (+72)	100m	01:05.24	33,94	
Thygo van de Peppel 2009 (+61)	150m	01:40.23	34,99	
Thygo van de Peppel 2009 (+61)	200m	02:21.68	41,45	
Xiaoyu Yin 2008 (+23)	250m	02:49.40	27,72	
Xiaoyu Yin 2008 (+23)	300m	03:23.12	33,72	
Boele Böhm 2007 (+44)	350m	03:50.08	26,96	
Boele Böhm 2007 (+44)	400m	04:19.26	29,18	
8. De Dinkel				04:19.85
Milan Veelders 2008 (+70)	50m	00:33.02	33,02	
Milan Veelders 2008 (+70)	100m	01:08.39	35,37	
Tiede Groener 2007 (+42)	150m	01:41.63	33,24	
Tiede Groener 2007 (+42)	200m	02:19.69	38,06	
Daan van Peet 2007 (+45)	250m	02:47.89	28,20	
Daan van Peet 2007 (+45)	300m	03:22.31	34,42	
Bram ter Braak 2008 (+28)	350m	03:49.87	27,56	
Bram ter Braak 2008 (+28)	400m	04:19.85	29,98	

9. ZV 44				04:21.88
	Thijs Poll 2007 (+63)	50m	00:33.65 33,65	
	Thijs Poll 2007 (+63)	100m	01:09.43 35,78	
	Youp Stuijfzand 2008 (+33)	150m	01:42.10 32,67	
	Youp Stuijfzand 2008 (+33)	200m	02:22.14 40,04	
	Collard Jungeling 2007 (+51)	250m	02:50.90 28,76	
	Collard Jungeling 2007 (+51)	300m	03:24.59 33,69	
	Gijs Vesseur 2007 (+28)	350m	03:51.23 26,64	
	Gijs Vesseur 2007 (+28)	400m	04:21.88 30,65	
10. De Dolfijn				04:23.79
	Floris van der Salm 2007 (+69)	50m	00:32.49 32,49	
	Floris van der Salm 2007 (+69)	100m	01:07.91 35,42	
	Tijn Hilders 2007 (+20)	150m	01:42.22 34,31	
	Tijn Hilders 2007 (+20)	200m	02:22.24 40,02	
	Jamie Kenworthy 2008 (+39)	250m	02:51.06 28,82	
	Jamie Kenworthy 2008 (+39)	300m	03:26.44 35,38	
	Nándor Szabó 2007 (+30)	350m	03:53.36 26,92	
	Nándor Szabó 2007 (+30)	400m	04:23.79 30,43	
11. Hellas-Glana				04:24.28
	Mattia Maggio 2009 (+62)	50m	00:30.33 30,33	
	Mattia Maggio 2009 (+62)	100m	01:03.42 33,09	
	Joris Willemse 2008 (-1)	150m	01:37.83 34,41	
	Joris Willemse 2008 (-1)	200m	02:17.88 40,05	
	Stijn Saelmans 2007 (+43)	250m	02:46.01 28,13	
	Stijn Saelmans 2007 (+43)	300m	03:23.06 37,05	
	Jannick van Eeghem 2008 (+68)	350m	03:52.12 29,06	
	Jannick van Eeghem 2008 (+68)	400m	04:24.28 32,16	
12. PSV				04:24.41
	Tim van de Moosdijk 2009 (+71)	50m	00:32.40 32,40	
	Tim van de Moosdijk 2009 (+71)	100m	01:06.74 34,34	
	Tim van Rooij 2007 (+40)	150m	01:41.79 35,05	
	Tim van Rooij 2007 (+40)	200m	02:23.03 41,24	
	Jones Chuang 2008 (+20)	250m	02:51.70 28,67	
	Jones Chuang 2008 (+20)	300m	03:24.12 32,42	
	Nout Folkersma 2008 (+46)	350m	03:52.85 28,73	
	Nout Folkersma 2008 (+46)	400m	04:24.41 31,56	
13. VZC				04:29.24
	Felix Gepkens 2008 (+68)	50m	00:33.12 33,12	
	Felix Gepkens 2008 (+68)	100m	01:07.69 34,57	
	Rijk Leenders 2008 (+38)	150m	01:42.88 35,19	
	Rijk Leenders 2008 (+38)	200m	02:22.68 39,80	
	Stefan van der Meer 2009 (+38)	250m	02:54.37 31,69	
	Stefan van der Meer 2009 (+38)	300m	03:31.68 37,31	
	Bas Mostert 2008 (+50)	350m	03:59.33 27,65	
	Bas Mostert 2008 (+50)	400m	04:29.24 29,91	
14. Dedemsvaart-AC				04:31.09
	Lias IJzerman 2007 (+70)	50m	00:32.62 32,62	
	Lias IJzerman 2007 (+70)	100m	01:07.46 34,84	
	Emiel de Bruijn 2007 (+34)	150m	01:42.08 34,62	
	Emiel de Bruijn 2007 (+34)	200m	02:22.61 40,53	
	Mart Tempelman 2008 (+18)	250m	02:53.01 30,40	
	Mart Tempelman 2008 (+18)	300m	03:32.10 39,09	
	Melle van Veen 2007 (+57)	350m	04:00.30 28,20	
	Melle van Veen 2007 (+57)	400m	04:31.09 30,79	
15. PSV				04:36.00
	Thom Verdonck 2007 (+60)	50m	00:32.65 32,65	
	Thom Verdonck 2007 (+60)	100m	01:08.71 36,06	
	Jonathan Baaijens 2008 (+23)	150m	01:43.21 34,50	
	Jonathan Baaijens 2008 (+23)	200m	02:22.98 39,77	
	Davi Fonseca Gomes 2009 (+54)	250m	02:55.05 32,07	
	Davi Fonseca Gomes 2009 (+54)	300m	03:33.01 37,96	
	Martijn Nies 2009 (+42)	350m	04:02.05 29,04	
	Martijn Nies 2009 (+42)	400m	04:36.00 33,95	

29. 4x100m vrije slag dames Junioren

11 - 14 jaar (Junioren 4 en jonger)

1. ZPC AMERSFOORT			04:00.32
Rosalie Reef 2008 (+71)	50m	00:27.64 27,64	
Rosalie Reef 2008 (+71)	100m	00:57.46 29,82	
Senna Rijnbeek 2009 (+81)	150m	01:27.22 29,76	
Senna Rijnbeek 2009 (+81)	200m	01:59.99 32,77	
Robine Moot 2009 (+47)	250m	02:29.63 29,64	
Robine Moot 2009 (+47)	300m	03:03.04 33,41	
Maike Ooms 2008 (+31)	350m	03:30.26 27,22	
Maike Ooms 2008 (+31)	400m	04:00.32 30,06	
2. DZ&PC			04:03.86
Esmee Mulder 2008 (+71)	50m	00:29.16 29,16	
Esmee Mulder 2008 (+71)	100m	01:02.29 33,13	
Fay Boxum 2009 (+32)	150m	01:31.33 29,04	
Fay Boxum 2009 (+32)	200m	02:03.53 32,20	
Frouke Ludwig 2008 (+30)	250m	02:32.03 28,50	
Frouke Ludwig 2008 (+30)	300m	03:02.73 30,70	
Ilse Wiltjer 2009 (+68)	350m	03:32.24 29,51	
Ilse Wiltjer 2009 (+68)	400m	04:03.86 31,62	
3. Blue Marlins			04:05.60
Ilse Rozema 2008 (+66)	50m	00:29.09 29,09	
Ilse Rozema 2008 (+66)	100m	01:00.42 31,33	
Fleur van den Eijk 2009 (+56)	150m	01:30.52 30,10	
Fleur van den Eijk 2009 (+56)	200m	02:03.69 33,17	
Marit Boomers 2008 (+48)	250m	02:32.80 29,11	
Marit Boomers 2008 (+48)	300m	03:04.30 31,50	
Charlotte Leijnse 2008 (+62)	350m	03:33.67 29,37	
Charlotte Leijnse 2008 (+62)	400m	04:05.60 31,93	
4. De Dolfijn			04:07.46
Indira van Aggele 2008 (+74)	50m	00:28.98 28,98	
Indira van Aggele 2008 (+74)	100m	01:00.24 31,26	
Madeleine Bertram 2009 (+59)	150m	01:30.29 30,05	
Madeleine Bertram 2009 (+59)	200m	02:02.53 32,24	
Emma Rose Buitenkamp 2008 (+44)	250m	02:31.50 28,97	
Emma Rose Buitenkamp 2008 (+44)	300m	03:04.04 32,54	
Puck van Wees 2009 (+28)	350m	03:34.06 30,02	
Puck van Wees 2009 (+28)	400m	04:07.46 33,40	
5. VZC			04:10.02
Chiara Lammertink 2009 (+83)	50m	00:30.44 30,44	
Chiara Lammertink 2009 (+83)	100m	01:04.21 33,77	
Elin Ditewig 2009 (+35)	150m	01:33.85 29,64	
Elin Ditewig 2009 (+35)	200m	02:06.65 32,80	
Caitlin Sülter 2009 (+7)	250m	02:36.31 29,66	
Caitlin Sülter 2009 (+7)	300m	03:08.34 32,03	
Juliëtte Woltjes 2009 (+60)	350m	03:38.34 30,00	
Juliëtte Woltjes 2009 (+60)	400m	04:10.02 31,68	
6. DAW			04:12.00
Bette Peetoom 2008 (+76)	50m	00:30.01 30,01	
Bette Peetoom 2008 (+76)	100m	01:02.92 32,91	
Amber Kunst 2009 (+34)	150m	01:33.11 30,19	
Amber Kunst 2009 (+34)	200m	02:05.24 32,13	
Flo Streep 2009 (+50)	250m	02:34.32 29,08	
Flo Streep 2009 (+50)	300m	03:08.31 33,99	
Pascal Smal 2008 (+41)	350m	03:38.55 30,24	
Pascal Smal 2008 (+41)	400m	04:12.00 33,45	
7. PSV			04:12.01
Luus Gielens 2009 (+88)	50m	00:30.78 30,78	
Luus Gielens 2009 (+88)	100m	01:03.98 33,20	
Bregje Dekkers 2009 (+63)	150m	01:34.50 30,52	
Bregje Dekkers 2009 (+63)	200m	02:07.99 33,49	
Veerle Hildebrand 2008 (+63)	250m	02:37.89 29,90	

Veerle Hildebrand 2008 (+63)	300m	03:10.78	32,89	
Kinley Cole 2009 (+44)	350m	03:39.82	29,04	
Kinley Cole 2009 (+44)	400m	04:12.01	32,19	
8. Blue Marlins				04:17.23
Sophie van Leent 2008 (+71)	50m	00:30.03	30,03	
Sophie van Leent 2008 (+71)	100m	01:03.77	33,74	
Mariia Kostina 2010 (+58)	150m	01:34.20	30,43	
Mariia Kostina 2010 (+58)	200m	02:08.95	34,75	
Ece Öngören 2009 (+89)	250m	02:40.28	31,33	
Ece Öngören 2009 (+89)	300m	03:13.90	33,62	
Mijke Ouderkerken 2009 (+53)	350m	03:44.13	30,23	
Mijke Ouderkerken 2009 (+53)	400m	04:17.23	33,10	
9. PSV				04:18.27
Fenna Zusterzeel 2010 (+70)	50m	00:30.69	30,69	
Fenna Zusterzeel 2010 (+70)	100m	01:04.41	33,72	
Freeke Super 2010 (+35)	150m	01:35.79	31,38	
Freeke Super 2010 (+35)	200m	02:09.80	34,01	
Tereza Boom 2009 (+52)	250m	02:40.64	30,84	
Tereza Boom 2009 (+52)	300m	03:14.99	34,35	
Nova Nijziel 2008 (+73)	350m	03:44.85	29,86	
Nova Nijziel 2008 (+73)	400m	04:18.27	33,42	
10. HZ&PC Heerenveen				04:19.26
Laura van Etten 2008 (+83)	50m	00:30.37	30,37	
Laura van Etten 2008 (+83)	100m	01:02.72	32,35	
Silke Hooghiemstra 2009 (+53)	150m	01:33.02	30,30	
Silke Hooghiemstra 2009 (+53)	200m	02:06.03	33,01	
Elise Dorlandt 2010 (+43)	250m	02:37.86	31,83	
Elise Dorlandt 2010 (+43)	300m	03:13.62	35,76	
Femke Smilde 2008 (+40)	350m	03:44.27	30,65	
Femke Smilde 2008 (+40)	400m	04:19.26	34,99	
11. AZC				04:21.86
Zoë Rijkaart 2009 (+71)	50m	00:31.17	31,17	
Zoë Rijkaart 2009 (+71)	100m	01:05.56	34,39	
Jorja Verschoor 2009 (+43)	150m	01:36.14	30,58	
Jorja Verschoor 2009 (+43)	200m	02:10.92	34,78	
Nina van der Schrier 2010 (+61)	250m	02:42.87	31,95	
Nina van der Schrier 2010 (+61)	300m	03:18.63	35,76	
Jade van der Schrier 2008 (+72)	350m	03:49.53	30,90	
Jade van der Schrier 2008 (+72)	400m	04:21.86	32,33	
12. Dedemsvaart-AC				04:23.84
Daphne Dijsselhof 2009 (+83)	50m	00:31.69	31,69	
Daphne Dijsselhof 2009 (+83)	100m	01:05.48	33,79	
Esther Dijsselhof 2008 (+45)	150m	01:37.34	31,86	
Esther Dijsselhof 2008 (+45)	200m	02:12.58	35,24	
Esmé Sportel 2009 (+10)	250m	02:44.83	32,25	
Esmé Sportel 2009 (+10)	300m	03:20.32	35,49	
Lois Waterham 2008 (+34)	350m	03:50.04	29,72	
Lois Waterham 2008 (+34)	400m	04:23.84	33,80	
13. Aqua-Novio'94				04:24.29
Tara Langkamp 2009 (+73)	50m	00:30.20	30,20	
Tara Langkamp 2009 (+73)	100m	01:04.15	33,95	
Niobe Maduro 2008 (+44)	150m	01:36.11	31,96	
Niobe Maduro 2008 (+44)	200m	02:11.99	35,88	
Leonoor Smale 2008 (+44)	250m	02:43.48	31,49	
Leonoor Smale 2008 (+44)	300m	03:18.78	35,30	
Myla Klaassen 2009 (+28)	350m	03:49.78	31,00	
Myla Klaassen 2009 (+28)	400m	04:24.29	34,51	
14. DWK				04:26.20
Karlijn Siderius 2009 (+78)	50m	00:30.97	30,97	
Karlijn Siderius 2009 (+78)	100m	01:06.31	35,34	
Laura Volkers 2008 (+45)	150m	01:37.26	30,95	
Laura Volkers 2008 (+45)	200m	02:12.30	35,04	

Sofie van Poecke 2010 (+25)	250m	02:43.28	30,98	
Sofie van Poecke 2010 (+25)	300m	03:19.17	35,89	
Elin Baars 2010 (+30)	350m	03:51.96	32,79	
Elin Baars 2010 (+30)	400m	04:26.20	34,24	
15. Hellas-Glana				04:27.28
Noa Roberts 2008 (+75)	50m	00:31.90	31,90	
Noa Roberts 2008 (+75)	100m	01:05.84	33,94	
Myrthe Stelten 2009 (+45)	150m	01:37.88	32,04	
Myrthe Stelten 2009 (+45)	200m	02:12.28	34,40	
Julie Simonis 2010 (+72)	250m	02:44.37	32,09	
Julie Simonis 2010 (+72)	300m	03:19.63	35,26	
Sterre de Veen 2011 (+24)	350m	03:50.98	31,35	
Sterre de Veen 2011 (+24)	400m	04:27.28	36,30	
16. WS Twente				04:28.72
Emma Steenbrink 2009 (+75)	50m	00:31.73	31,73	
Emma Steenbrink 2009 (+75)	100m	01:07.10	35,37	
Iris Boswinkel 2008 (+47)	150m	01:40.23	33,13	
Iris Boswinkel 2008 (+47)	200m	02:17.92	37,69	
Meyke Haytink 2008 (+22)	250m	02:48.57	30,65	
Meyke Haytink 2008 (+22)	300m	03:23.41	34,84	
Hannah Markovinovic 2008 (+54)	350m	03:54.67	31,26	
Hannah Markovinovic 2008 (+54)	400m	04:28.72	34,05	
17. ZV 44				04:28.93
Valérie Sakkers 2008 (+66)	50m	00:30.45	30,45	
Valérie Sakkers 2008 (+66)	100m	01:03.83	33,38	
Licianne Jungeling 2008 (+20)	150m	01:35.95	32,12	
Licianne Jungeling 2008 (+20)	200m	02:12.39	36,44	
Marlouke Frijstein 2008 (+49)	250m	02:44.82	32,43	
Marlouke Frijstein 2008 (+49)	300m	03:19.75	34,93	
Anique Polinder 2008 (+46)	350m	03:52.25	32,50	
Anique Polinder 2008 (+46)	400m	04:28.93	36,68	
18. De Duinkickers				04:32.74
Ifke Stam 2008 (+71)	50m	00:31.58	31,58	
Ifke Stam 2008 (+71)	100m	01:07.32	35,74	
Emma Schalken 2008 (+37)	150m	01:39.22	31,90	
Emma Schalken 2008 (+37)	200m	02:14.48	35,26	
Anna Strang van Hees 2009 (+43)	250m	02:46.44	31,96	
Anna Strang van Hees 2009 (+43)	300m	03:21.44	35,00	
Floore Boekema 2009 (+12)	350m	03:54.42	32,98	
Floore Boekema 2009 (+12)	400m	04:32.74	38,32	
19. PSV				04:33.02
Nina Zusterzeel 2008 (+72)	50m	00:31.49	31,49	
Nina Zusterzeel 2008 (+72)	100m	01:07.59	36,10	
Anna Lepoutre 2011 (+187)	150m	01:39.26	31,67	
Anna Lepoutre 2011 (+187)	200m	02:15.24	35,98	
Bo Bontrup 2009 (+52)	250m	02:49.55	34,31	
Bo Bontrup 2009 (+52)	300m	03:26.50	36,95	
Frédérique Nijziel 2011 (+61)	350m	03:58.28	31,78	
Frédérique Nijziel 2011 (+61)	400m	04:33.02	34,74	

Nummer: 4 - zondag 18 juni 2023 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

### 30. 100m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Malin Roozeboom (WVZ, 201100006)				01:04.32(+79)
	50m	00:31.32	31,32	
2. Anne Engbersen (De Fuut, 201000044)				01:04.33(+74)
	50m	00:30.86	30,86	
3. Nina van der Schrier (AZC, 201000444)				01:04.42(+82)
	50m	00:30.98	30,98	

4. Fenna Zusterzeel (PSV, 201000008) 50m 00:30.83 30,83	01:04.46(+74)
5. Paula Spans (ZV 44, 201000064) 50m 00:31.17 31,17	01:04.64(+78)
6. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:30.58 30,58	01:04.81(+79)
7. Mariia Kostina (Blue Marlins, 201002042) 50m 00:30.97 30,97	01:04.94(+86)
8. Maryse Kuijper (DWK, 201000692) 50m 00:30.65 30,65	01:05.01(+82)
9. Anouk Steller (WVZ, 201000004) 50m 00:30.91 30,91	01:05.03(+82)
10. Freeke Super (PSV, 201003638) 50m 00:31.11 31,11	01:05.37(+61)
11. Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:31.52 31,52	01:05.67(+68)
12. Tess van de Steeg (WVZ, 201000016) 50m 00:31.53 31,53	01:05.71(+82)
13. Anna Lepoutre (PSV, 201100534) 50m 00:31.30 31,30	01:05.79(+69)
14. Frédérique Nijziel (PSV, 201103114) 50m 00:31.36 31,36	01:05.86(+82)
15. Erin de Jong (GZC DONK, 201000024) 50m 00:31.81 31,81	01:05.98(+85)
16. Elin Baars (DWK, 201000138) 50m 00:32.49 32,49	01:06.09(+91)
17. Romée Smit (MSV-Zeemacht, 201100438) 50m 00:31.34 31,34	01:06.16(+73)
18. Marre van der Wal (Bolsward-Workum (SG), 201000046) 50m 00:32.20 32,20	01:06.30(+78)
19. Chloé in 't Veen (WVZ, 201100010) 50m 00:32.61 32,61	01:06.39(+69)
20. Tessa van Beek (DWK, 201001446) 50m 00:32.93 32,93	01:06.40(+75)
21. Senna Boogmans (De Duinkickers, 201000640) 50m 00:31.73 31,73	01:06.61(+80)
22. Eva de Man (Aqua-Novio'94, 201000294) 50m 00:31.89 31,89	01:06.62(+84)
23. Mattea Gliese-Sloojer (De Dinkel, 201100008) 50m 00:31.16 31,16	01:06.87(+87)
24. Fenne Metten (ZPC AMERSFOORT, 201000102) 50m 00:32.44 32,44	01:06.97(+77)
25. Yill van Bezouw (Hieronymus, 201100704) 50m 00:32.15 32,15	01:07.00(+76)
26. Lola Verheijen (PSV, 201100832) 50m 00:32.32 32,32	01:07.16(+76)
27. Linou van Kampen (ZPCH, 201000594) 50m 00:32.21 32,21	01:07.35(+84)

28. Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:32.00 32,00	01:07.37(+69)
29. Famke Franzen (De Schotelij, 201000058) 50m 00:32.35 32,35	01:07.79(+76)
30. Odenza Soselisa (Blue Marlins, 201101780) 50m 00:31.86 31,86	01:07.95(+73)
31. Nina Tetteroo (De Columbiaan, 201000048) 50m 00:33.30 33,30	01:08.13(+73)
32. Evelien Goorhuis (Hieronymus, 201000194) 50m 00:32.58 32,58	01:08.15(+77)
33. Wieke Dekker (De Dolfijn, 201002020) 50m 00:32.19 32,19	01:08.41(+67)
34. Lynn ten Berge (De Dinkel, 201000884) 50m 00:32.15 32,15	01:08.60(+80)
35. Maya Fahmi (De Dolfijn, 201003278) 50m 00:33.28 33,28	01:08.71(+72)
36. Elke Kriesels (Hieronymus, 201100898) 50m 00:32.57 32,57	01:08.82(+74)
37. Casharell Kraan (Blue Marlins, 201103426) 50m 00:32.48 32,48	01:08.99(+63)
38. Annelie Batenburg (PSV, 201001962) 50m 00:33.27 33,27	01:09.19(+69)
39. Nadia van der Wal (ZPCH, 201003114) 50m 00:32.57 32,57	01:09.35(+67)
40. Jayna Wagemakers (AquaDream, 201000226) 50m 00:32.88 32,88	01:09.39(+75)
41. Eefje van Hinsbergen (Blue Marlins, 201002252) 50m 00:33.08 33,08	01:09.55(+69)
42. Elin Reinstra (TriVia, 201100842) 50m 00:33.57 33,57	01:10.02(+76)
43. Milou Filemon (ZZ&PC De Devel, 201100078) 50m 00:33.42 33,42	01:10.50(+77)
44. Alaine Lomans (Eszet, 201000420) 50m 00:33.60 33,60	01:10.53(+71)
45. Kim Bouman (ZPC AMERSFOORT, 201000262) 50m 00:33.56 33,56	01:10.69(+88)
46. Ilse Jongepier (THOR, 201000006) 50m 00:33.39 33,39	01:10.75(+78)
47. Tess Meeuwissen (De Columbiaan, 201000370) 50m 00:34.12 34,12	01:11.52(+68)
48. Manou Longayroux (ZZ&PC De Devel, 201000580) 50m 00:34.38 34,38	01:11.62(+69)
49. Femke ter Horst (ZPC Hoogeveen, 201000108) 50m 00:33.99 33,99	01:12.24(+83)
50. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178) 50m 00:34.95 34,95	01:13.65(+83)
31. 100m vrije slag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1. Rosalie Reef (ZPC AMERSFOORT, 200800426) 50m 00:27.87 27,87	00:57.93(+71)



2. Maaïke Ooms (ZPC AMERSFOORT, 200801580) 50m 00:28.40 28,40	00:58.63(+74)
3. Juliëtte Woltjes (VZC, 200900774) 50m 00:28.95 28,95	01:00.01(+84)
4. Indira van Aggele (De Dolfijn, 200804424) 50m 00:29.13 29,13	01:00.17(+75)
5. Ilse Rozema (Blue Marlins, 200803318) 50m 00:29.10 29,10	01:00.23(+67)
6. Marit Boomers (Blue Marlins, 200804810) 50m 00:29.58 29,58	01:01.35(+75)
7. Fay Boxum (DZ&PC, 200900060) 50m 00:29.47 29,47	01:01.39(+80)
8. Jinth Engelse (Niemo Barracuda, 200800204) 50m 00:29.24 29,24	01:01.49(+74)
9. Julie van Nispen (Z&PV Nuenen, 200800290) 50m 00:29.68 29,68	01:01.67(+78)
10. Caitlin Sülter (VZC, 200900046) 50m 00:30.39 30,39	01:01.81(+75)
11. Kinley Cole (PSV, 200903696) 50m 00:29.82 29,82	01:01.94(+73)
12. Charlotte Leijnse (Blue Marlins, 200802948) 50m 00:29.50 29,50	01:02.00(+75)
13. Jade van der Schrier (AZC, 200800692) 50m 00:30.17 30,17	01:02.20(+74)
14. Emma Rose Buitenkamp (De Dolfijn, 200801898) 50m 00:29.34 29,34	01:02.66(+73)
15. Fenna Westerneng (ZPC Hoogeveen, 200900070) 50m 00:30.51 30,51	01:02.71(+72)
16. Jazz-Lynn Gomes Delgado (Feijenoord Albion, 200800738) 50m 00:29.96 29,96	01:02.84(+71)
17. Luus Gielens (PSV, 200900138) 50m 00:30.25 30,25	01:02.87(+84)
18. Ilse Wiltjer (DZ&PC, 200900868) 50m 00:30.05 30,05	01:02.89(+81)
19. Myla Klaassen (Aqua-Novio'94, 200900110) 50m 00:29.87 29,87	01:02.99(+66)
19. Madeleine Bertram (De Dolfijn, 200900516) 50m 00:30.38 30,38	01:02.99(+63)
21. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:30.57 30,57	01:03.12(+80)
22. Valérie Sakkers (ZV 44, 200800080) 50m 00:30.27 30,27	01:03.27(+67)
23. Ilana Gentile (Orca, 200801558) 50m 00:30.47 30,47	01:03.53(+71)
24. Nienke Koster (ZPC Hoogeveen, 200900612) 50m 00:30.22 30,22	01:03.58(+66)
25. Lois Waterham (Dedemsvaart-AC, 200803726) 50m 00:30.47 30,47	01:03.76(+71)
25. Phyllis Legein (ZPC Nederweert, 200801396)	01:03.76(+77)

	50m 00:30.50 30,50	
27. Mint van Wees (De Dolfijn, 200801328)	50m 00:30.69 30,69	01:03.79(+77)
28. Chiara Lammertink (VZC, 200902200)	50m 00:30.67 30,67	01:03.80(+86)
29. Bette Peetoom (DAW, 200801808)	50m 00:30.35 30,35	01:03.82(+71)
30. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:30.30 30,30	01:03.88(+61)
31. Laura van Etten (HZ&PC Heerenveen, 200800264)	50m 00:29.86 29,86	01:03.90(+82)
32. Liv Heijdra (WVZ, 200800736)	50m 00:30.20 30,20	01:03.93(+70)
33. Lotte Lübbers (KSN (SG), 200900190)	50m 00:30.78 30,78	01:03.98(+83)
34. Amber Kunst (DAW, 200900680)	50m 00:30.95 30,95	01:04.01(+69)
35. Flo Streep (DAW, 200900676)	50m 00:29.67 29,67	01:04.02(+70)
36. Jenny Muntinga (ZPCH, 200900450)	50m 00:30.47 30,47	01:04.10(+71)
37. Bregje Dekkers (PSV, 200900746)	50m 00:30.70 30,70	01:04.15(+67)
38. Mijke Ouderkerken (Blue Marlins, 200901254)	50m 00:30.77 30,77	01:04.18(+75)
39. Puck van Wees (De Dolfijn, 200901020)	50m 00:31.04 31,04	01:04.28(+81)
40. Pien Hemmeler (De Dinkel, 200800278)	50m 00:30.84 30,84	01:04.29(+75)
41. Fleur van den Eijk (Blue Marlins, 200900304)	50m 00:30.74 30,74	01:04.30(+64)
42. Iris Tilburg (Arethusa, 200902662)	50m 00:30.65 30,65	01:04.42(+70)
43. Sophie van Leent (Blue Marlins, 200800522)	50m 00:30.40 30,40	01:04.50(+70)
44. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:30.69 30,69	01:04.60(+78)
45. Isis Verhoeff (De Otters Het Gooi, 200902962)	50m 00:30.33 30,33	01:04.62(+76)
46. Elin Brinkhof (De Dolfijn, 200900078)	50m 00:31.27 31,27	01:04.70(+72)
47. Tereza Boom (PSV, 200904028)	50m 00:30.24 30,24	01:04.92(+68)
48. Floortje van 't Wout (De Dolfijn, 200802286)	50m 00:30.76 30,76	01:04.96(+79)
49. Veerle Hildebrand (PSV, 200801830)	50m 00:31.16 31,16	01:05.21(+72)
50. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:31.28 31,28	01:05.36(+76)

51. Karlijn van der Schrier (Hieronymus, 200900834) 50m 00:31.32 31,32	01:05.54(+81)
52. Jessy van Vlimmeren (Hieronymus, 200801452) 50m 00:30.92 30,92	01:05.73(+71)
53. Esmaé de Gans (ZPC AMERSFOORT, 200900134) 50m 00:31.09 31,09	01:05.79(+80)
54. Karlijn Siderius (DWK, 200900032) 50m 00:31.06 31,06	01:06.09(+77)
55. Sterre Dietvorst (ZPC AMERSFOORT, 200900726) 50m 00:31.46 31,46	01:06.15(+85)
56. Marre Rademaker (De Reuring, 200801792) 50m 00:31.57 31,57	01:06.65(+63)
32. 100m schoolslag - Heren 12 - 13 jaar (Junioren 1 en 2)	
1. Giulian Janssen (PSV, 200900125) 50m 00:33.36 33,36	01:12.08(+64)
2. Sven Koornstra (De Vikings, 200900189) 50m 00:34.41 34,41	01:12.30(+72)
3. Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:34.68 34,68	01:14.42(+71)
4. Ruben Baars (DWK, 200900471) 50m 00:35.46 35,46	01:14.43(+70)
5. Theodore Allan (PSV, 200902925) 50m 00:34.27 34,27	01:14.61(+67)
6. Luca Boorsma (De Columbiaan, 200902031) 50m 00:35.15 35,15	01:15.16(+61)
7. Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:35.34 35,34	01:15.30(+64)
8. Adriaan Coppelmans (AZC, 200903243) 50m 00:35.43 35,43	01:17.02(+69)
9. Mattia Maggio (Hellas-Glana, 200903311) 50m 00:36.29 36,29	01:18.15(+63)
10. Martijn Nies (PSV, 200902095) 50m 00:36.49 36,49	01:18.76(+82)
11. Felbe van 't Land (ZPC AMERSFOORT, 200900027) 50m 00:37.18 37,18	01:19.04(+72)
12. Ivo Bot (Wiekslag, 200900509) 50m 00:36.71 36,71	01:19.26(+70)
13. Jelte de Jong (ZPCH, 200900975) 50m 00:37.08 37,08	01:19.71(+70)
14. Davi Fonseca Gomes (PSV, 200902795) 50m 00:36.99 36,99	01:19.77(+73)
15. Jan Schouten (ZVL-1886 Center, 200902305) 50m 00:37.89 37,89	01:20.31(+85)
16. Thomas Nauta (Arethusa, 200900339) 50m 00:37.89 37,89	01:20.59(+75)
17. Sven Vette (De Bevelanders, 200900519) 50m 00:37.95 37,95	01:20.85(+73)
18. Tim van de Moosdijk (PSV, 200900187)	01:20.93(+84)

50m 00:37.32 37,32

19. Finn Hilders (De Dolfijn, 200900283) 01:21.36(+69)  
50m 00:38.11 38,11
20. Duuk Harms (Dedemsvaart-AC, 200900201) 01:21.68(+78)  
50m 00:38.59 38,59
21. Dani Yefimov (WS Twente, 200901305) 01:22.23(+70)  
50m 00:37.87 37,87
22. Tobian Vos (ZPC AMERSFOORT, 200900005) 01:23.22(+74)  
50m 00:39.56 39,56
23. Paul Ruitenbergh (De Geul, 200900979) 01:23.24(+74)  
50m 00:37.99 37,99
24. Owen Houdé (De Geul, 200900903) 01:23.29(+79)  
50m 00:39.21 39,21
25. Myron Artemenko (Niemo Barracuda, 201003021) 01:23.65(+71)  
50m 00:40.48 40,48
26. Max van der Spank (Hieronymus, 201000275) 01:23.84(+68)  
50m 00:39.82 39,82
27. Thijmen Pruijssers (Hieronymus, 201000129) 01:23.90(+70)  
50m 00:39.59 39,59
28. Dax van den Nouland (Blue Marlins, 201000071) 01:24.27(+62)  
50m 00:39.70 39,70
29. Aidan van der Stelt (De Geul, 200900901) 01:24.28(+70)  
50m 00:40.06 40,06
30. Mathijs de Wit (KSN (SG), 201001215) 01:24.50(+73)  
50m 00:40.47 40,47
31. Mathieu Gepkens (VZC, 201000045) 01:24.97(+71)  
50m 00:39.87 39,87
32. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 01:25.20(+77)  
50m 00:39.58 39,58
33. Bink de Vries (AZC, 200901887) 01:26.00(+70)  
50m 00:40.00 40,00
34. Tariq van Laar (De Rijn, 200900819) 01:26.21(+70)  
50m 00:40.28 40,28
35. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425) 01:26.40(+73)  
50m 00:39.25 39,25
36. Mike Hilders (De Dolfijn, 200900281) 01:26.53(+71)  
50m 00:40.12 40,12
37. Stefan van der Meer (VZC, 200901361) 01:26.63(+74)  
50m 00:40.79 40,79
38. Sverre van der Zwaan (WVZ, 200900737) 01:26.97(+77)  
50m 00:40.99 40,99
39. Evren Ege Orcunus (De Dolfijn, 201003253) 01:27.22(+66)  
50m 00:41.38 41,38
40. Ruben Kragt (ZV 44, 201000007) 01:27.50(+70)  
50m 00:40.59 40,59
41. Dinand Kop (DAW, 200901001) 01:28.02(+79)  
50m 00:41.09 41,09
42. Roy Hofman (DZ&PC, 200900439) 01:28.96(+79)  
50m 00:41.29 41,29

43. Sacha van Hees Ajdnik (ZEPS, 200900489) 50m 00:41.59 41,59	01:28.97(+74)
44. Xander Kragting (De Blauwe Schuur, 200900077) 50m 00:40.83 40,83	01:29.52(+77)
45. Brent Schifflers (ZPC Woerden, 200902041) 50m 00:42.28 42,28	01:30.74(+75)
46. Lucas Schouten (ZPCH, 200901925) 50m 00:43.40 43,40	01:31.99(+69)
47. Oleksandr Hordiienko (De Aalscholver, 201003061) 50m 00:43.46 43,46	01:32.17(+79)
48. Mauro Bedeke (DAW, 201000537) 50m 00:42.14 42,14	01:32.25(+65)
49. Sascha Timmer (AZC, 200902987) 50m 00:43.72 43,72	01:38.62(+61)
DIS. Floris van de Wal (De Treffers, 200900495)	00:00.00
33. 100m schoolslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1. Wytse Broekstra (De Vikings, 200800121) 50m 00:30.54 30,54	01:05.44(+75)
2. Storm Boxum (DZ&PC, 200700421) 50m 00:31.06 31,06	01:07.06(+69)
3. Nikodim Markovic (Blue Marlins, 200700255) 50m 00:31.70 31,70	01:07.20(+65)
4. Job Sportel (V Z & P C, 200800429) 50m 00:32.01 32,01	01:09.35(+68)
5. Quinten Brouwer von Gonzenbach (TriVia, 200700001) 50m 00:32.03 32,03	01:09.82(+66)
6. Mies de Wit (De Ward, 200700315) 50m 00:32.73 32,73	01:09.90(+67)
7. Youp Stuijzand (ZV 44, 200800521) 50m 00:32.78 32,78	01:09.91(+63)
8. Giovanni Phillipson (Team Noord Holland, 200801099) 50m 00:32.12 32,12	01:10.37(+82)
9. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023) 50m 00:32.62 32,62	01:10.68(+66)
10. Bjorn van den Berge (Z&PC De Zeeuwse Kust, 200701991) 50m 00:33.36 33,36	01:10.94(+67)
11. Hein Muller (DZ&PC, 200800157) 50m 00:33.21 33,21	01:11.82(+70)
12. Ross de Wildt (Aqua-Novio'94, 200803359) 50m 00:33.99 33,99	01:11.86(+62)
13. Jordey Thole (ZPC Hoogeveen, 200700385) 50m 00:34.14 34,14	01:12.78(+69)
14. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839) 50m 00:32.97 32,97	01:12.82(+75)
15. Daniel Critchell (Deltasteur, 200700439) 50m 00:33.09 33,09	01:12.99(+62)
16. Twan Huisman (WVZ, 200702207) 50m 00:33.52 33,52	01:13.03(+73)

17. Liam Diavatopoulos (Wijchen, 200802549) 50m 00:33.14 33,14	01:13.10(+77)
18. Collard Jungeling (ZV 44, 200701831) 50m 00:34.86 34,86	01:13.73(+66)
19. Floris van der Valk (Wiekslag, 200801891) 50m 00:33.96 33,96	01:13.79(+68)
20. Tijn Hilders (De Dolfijn, 200700027) 50m 00:34.06 34,06	01:14.09(+73)
21. Yarno van Dam (ACZ, 200800115) 50m 00:35.16 35,16	01:14.59(+66)
22. Damir Mustafic (DZ&PC, 200800885) 50m 00:34.59 34,59	01:14.63(+73)
23. Guus Kui (ZPC Watervlo, 200700845) 50m 00:35.53 35,53	01:14.88(+61)
24. Alexander Griston (De Dolfijn, 200803053) 50m 00:35.25 35,25	01:14.94(+71)
25. Lars Kool (DAW, 200700511) 50m 00:35.05 35,05	01:15.04(+72)
26. James Lawton (De Columbiaan, 200700745) 50m 00:34.43 34,43	01:15.20(+69)
27. Nout Folkersma (PSV, 200800595) 50m 00:34.87 34,87	01:15.28(+69)
28. Lucas Bemer (De Duinkickers, 200700219) 50m 00:35.27 35,27	01:15.40(+67)
29. Lars de Kooter (De Biesboschzwemmers, 200800185) 50m 00:34.52 34,52	01:15.49(+71)
30. Floris Tanis (Feijenoord Albion, 200700005) 50m 00:33.90 33,90	01:15.56(+73)
31. Tim van Rooij (PSV, 200700129) 50m 00:34.32 34,32	01:15.58(+63)
32. Cruz de Groot (Team Noord Holland, 200801077) 50m 00:34.38 34,38	01:15.69(+68)
33. Joris Willemse (Hellas-Glana, 200801745) 50m 00:35.37 35,37	01:15.74(+70)
34. Matthijs de Rooij (WZK, 200803481) 50m 00:35.24 35,24	01:15.76(+77)
35. Jelte de Boer (De Vikings, 200700345) 50m 00:34.75 34,75	01:15.98(+62)
36. Hijmen Willekes (Zwemclub Zeist, 200703077) 50m 00:36.25 36,25	01:16.35(+73)
37. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:36.02 36,02	01:16.42(+77)
38. Emiel de Bruijn (Dedemsvaart-AC, 200700953) 50m 00:36.02 36,02	01:17.03(+73)
39. Kobe Verhaegen (De Zilvermeeuw, 200802609) 50m 00:35.92 35,92	01:17.14(+79)
40. Suraj Baladurage (Team Noord Holland, 200801291) 50m 00:35.89 35,89	01:17.22(+61)
41. Filip Piszczynski (KSN (SG), 200802125)	01:17.52(+72)

	50m 00:35.56 35,56			
42. Rein Stoel (ZVL-1886 Center, 200800463)	50m 00:35.70 35,70			01:17.82(+78)
43. Rijk Leenders (VZC, 200800627)	50m 00:36.89 36,89			01:17.92(+76)
44. Stijn Saelmans (Hellas-Glana, 200700373)	50m 00:35.90 35,90			01:18.09(+68)
45. Melle van Veen (Dedemsvaart-AC, 200700661)	50m 00:36.24 36,24			01:18.21(+82)
46. Jisse Lousma (WVZ, 200701493)	50m 00:36.44 36,44			01:18.77(+61)
47. Lou van Leeuwen (De Dolfijn, 200702779)	50m 00:37.15 37,15			01:18.78(+66)
48. Thom Verdonck (PSV, 200703213)	50m 00:36.41 36,41			01:18.88(+73)
49. Max Bakker (Het Y, 200702097)	50m 00:35.85 35,85			01:18.95(+72)
50. Daniël Wegman (Oceanus, 200802843)	50m 00:37.07 37,07			01:19.46(+74)
51. Jamie Kenworthy (De Dolfijn, 200800045)	50m 00:36.44 36,44			01:19.58(+68)
52. Sami El Fhim (Aqua-Novio'94, 200700935)	50m 00:36.42 36,42			01:20.36(+89)
53. Gijs Vesseur (ZV 44, 200700277)	50m 00:37.92 37,92			01:22.27(+76)
DIS. Jonathan Baaijens (PSV, 200800409)				00:00.00
34. 200m vlinderslag - Dames				
13 - 14 jaar (Junioren 3 en 4)				
1. Frouke Ludwig (DZ&PC, 200800112)	50m 00:31.87 31,87	100m 01:08.76 36,89	150m 01:46.88 38,12	02:26.58(+74)
2. Nova Nijziel (PSV, 200804416)	50m 00:32.62 32,62	100m 01:10.19 37,57	150m 01:49.50 39,31	02:28.38(+72)
3. Emmelien Smelt (ZV Zwartsluis, 200800012)	50m 00:32.10 32,10	100m 01:10.15 38,05	150m 01:51.11 40,96	02:35.44(+80)
4. Meyke v. Nimwegen (De Schotejil, 200800106)	50m 00:33.35 33,35	100m 01:12.04 38,69	150m 01:53.35 41,31	02:36.65(+81)
5. Tess Vonk (De Geul, 200900024)	50m 00:33.51 33,51	100m 01:13.58 40,07	150m 01:54.62 41,04	02:39.41(+67)
6. Dana Fahmi (De Dolfijn, 200804546)	50m 00:34.32 34,32	100m 01:13.56 39,24	150m 01:55.80 42,24	02:39.77(+74)
7. Julia Agricola (DZ&PC, 200800266)	50m 00:34.67 34,67	100m 01:15.13 40,46	150m 01:57.24 42,11	02:40.87(+74)
8. Pascalie Smal (DAW, 200802958)	50m 00:32.93 32,93	100m 01:13.45 40,52	150m 01:56.36 42,91	02:41.46(+64)
9. Grace Peters (Blue Marlins, 200901474)	50m 00:35.23 35,23	100m 01:16.49 41,26	150m 01:59.85 43,36	02:44.33(+85)
10. Hannah Markovinovic (WS Twente, 200803266)	50m 00:35.07 35,07	100m 01:16.43 41,36	150m 02:01.16 44,73	02:45.90(+75)
35. 400m vrije slag - Heren				

14 - 15 jaar (Junioren 3 en 4)

1. Tiago Fonseca Gomes (PSV, 200703587)					04:02.96(+63)
50m	00:27.11 27,11	150m	01:28.21 30,98	250m	02:31.56 31,43
100m	00:57.23 30,12	200m	02:00.13 31,92	300m	03:03.50 31,94
350m	03:34.39 30,89				
2. Bram Loots (Team Noord Holland, 200700197)					04:03.16(+66)
50m	00:27.54 27,54	150m	01:28.57 31,08	250m	02:31.56 31,63
100m	00:57.49 29,95	200m	01:59.93 31,36	300m	03:02.85 31,29
350m	03:34.43 31,58				
3. Tieme Wiersma (DZ&PC, 200701031)					04:16.25(+72)
50m	00:28.68 28,68	150m	01:32.03 32,34	250m	02:38.17 33,14
100m	00:59.69 31,01	200m	02:05.03 33,00	300m	03:11.32 33,15
350m	03:44.61 33,29				
4. Xiaoyu Yin (Blue Marlins, 200803363)					04:22.15(+66)
50m	00:28.81 28,81	150m	01:34.63 33,25	250m	02:41.13 32,72
100m	01:01.38 32,57	200m	02:08.41 33,78	300m	03:14.60 33,47
350m	03:48.22 33,62				
5. Tijn Hilders (De Dolfijn, 200700027)					04:23.18(+77)
50m	00:29.37 29,37	150m	01:35.83 33,74	250m	02:44.32 34,26
100m	01:02.09 32,72	200m	02:10.06 34,23	300m	03:18.55 34,23
350m	03:51.66 33,11				
6. Tim van Erven (DZ&PC, 200700175)					04:24.27(+72)
50m	00:28.78 28,78	150m	01:34.41 33,64	250m	02:42.80 34,42
100m	01:00.77 31,99	200m	02:08.38 33,97	300m	03:17.85 35,05
350m	03:52.41 34,56				
7. Siem de Zeeuw (OZ&PC, 200800013)					04:24.55(+70)
50m	00:27.86 27,86	150m	01:34.31 33,96	250m	02:43.98 34,83
100m	01:00.35 32,49	200m	02:09.15 34,84	300m	03:18.46 34,48
350m	03:51.78 33,32				
8. Boele Böhm (Blue Marlins, 200700739)					04:25.00(+75)
50m	00:29.17 29,17	150m	01:36.59 33,98	250m	02:45.04 33,87
100m	01:02.61 33,44	200m	02:11.17 34,58	300m	03:19.05 34,01
350m	03:52.83 33,78				
9. Sem Belmon (PSV, 200702099)					04:25.37(+72)
50m	00:30.05 30,05	150m	01:35.85 33,40	250m	02:43.63 33,94
100m	01:02.45 32,40	200m	02:09.69 33,84	300m	03:18.12 34,49
350m	03:52.28 34,16				
10. Milan Veelders (De Dinkel, 200800279)					04:25.96(+81)
50m	00:29.48 29,48	150m	01:36.74 34,09	250m	02:44.05 33,10
100m	01:02.65 33,17	200m	02:10.95 34,21	300m	03:18.37 34,32
350m	03:53.11 34,74				
11. Jaydey Schonewille (Steenwijk 1934, 200800025)					04:26.76(+79)
50m	00:30.58 30,58	150m	01:37.54 33,74	250m	02:46.54 34,11
100m	01:03.80 33,22	200m	02:12.43 34,89	300m	03:20.75 34,21
350m	03:54.38 33,63				
12. Denzel Barthen (WVZ, 200700147)					04:27.26(+77)
50m	00:28.86 28,86	150m	01:35.36 34,13	250m	02:45.22 34,98
100m	01:01.23 32,37	200m	02:10.24 34,88	300m	03:21.62 36,40
350m	03:58.34 36,72				
13. Ties Berghs (ZEPS, 200700709)					04:27.79(+69)
50m	00:28.39 28,39	150m	01:33.72 33,38	250m	02:43.53 35,33
100m	01:00.34 31,95	200m	02:08.20 34,48	300m	03:19.03 35,50
350m	03:54.48 35,45				
14. Diede Veld (SWOL 1894, 200800011)					04:31.31(+77)
50m	00:29.79 29,79	150m	01:37.28 34,63	250m	02:47.44 35,24
100m	01:02.65 32,86	200m	02:12.20 34,92	300m	03:23.10 35,66
350m	03:57.95 34,85				
15. Melle van Veen (Dedemsvaart-AC, 200700661)					04:31.72(+81)
50m	00:30.29 30,29	150m	01:39.29 35,13	250m	02:48.89 34,94
100m	01:04.16 33,87	200m	02:13.95 34,66	300m	03:23.93 35,04
350m	03:58.81 34,88				
16. Bas Mostert (VZC, 200800629)					04:32.24(+86)
50m	00:30.54 30,54	150m	01:39.07 34,28	250m	02:47.92 34,52
100m	01:04.79 34,25	200m	02:13.40 34,33	300m	03:23.07 35,15
350m	03:58.46 35,39				
17. Tim Boerefijn (WVZ, 200802815)					04:32.99(+80)
50m	00:30.32 30,32	150m	01:39.16 35,01	250m	02:49.76 36,00
100m	01:04.15 33,83	200m	02:13.76 34,60	300m	03:25.20 35,44
350m	04:01.53 36,33				
18. Rens Noordover (Team Noord Holland, 200800237)					04:33.97(+75)
50m	00:29.23 29,23	150m	01:36.80 34,48	250m	02:47.87 35,36
				300m	03:23.07 35,15
				350m	03:59.39 35,65



	100m 01:02.32 33,09	200m 02:12.51 35,71	300m 03:23.74 35,87	
19. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	50m 00:29.80 29,80	150m 01:38.07 34,96	250m 02:48.52 35,17	350m 03:59.41 35,22
	100m 01:03.11 33,31	200m 02:13.35 35,28	300m 03:24.19 35,67	04:34.22(+69)
20. Bram ter Braak (De Dinkel, 200800281)	50m 00:29.13 29,13	150m 01:38.95 36,13	250m 02:50.04 35,22	350m 04:00.83 34,75
	100m 01:02.82 33,69	200m 02:14.82 35,87	300m 03:26.08 36,04	04:34.46(+77)
21. Jere Wiersma (DZ&PC, 200701037)	50m 00:30.51 30,51	150m 01:39.89 34,92	250m 02:50.13 35,17	350m 04:01.07 35,25
	100m 01:04.97 34,46	200m 02:14.96 35,07	300m 03:25.82 35,69	04:35.03(+82)
22. Thijs Poll (ZV 44, 200700203)	50m 00:29.92 29,92	150m 01:39.49 35,51	250m 02:51.86 36,17	350m 04:03.21 35,00
	100m 01:03.98 34,06	200m 02:15.69 36,20	300m 03:28.21 36,35	04:36.11(+71)
23. Arnoud Bult (De Dinkel, 200701387)	50m 00:29.68 29,68	150m 01:38.12 34,86	250m 02:49.93 35,67	350m 04:01.75 34,99
	100m 01:03.26 33,58	200m 02:14.26 36,14	300m 03:26.76 36,83	04:36.42(+79)
24. Tim Zuurman (ZPC Hoogeveen, 200700131)	50m 00:31.75 31,75	150m 01:42.15 35,29	250m 02:53.35 35,53	350m 04:03.77 34,81
	100m 01:06.86 35,11	200m 02:17.82 35,67	300m 03:28.96 35,61	04:36.59(+81)
25. Finn Rust (Nextline Swimming, 200700469)	50m 00:30.58 30,58	150m 01:40.61 35,03	250m 02:51.75 35,65	350m 04:02.48 33,94
	100m 01:05.58 35,00	200m 02:16.10 35,49	300m 03:28.54 36,79	04:36.90(+70)
26. Felix Gepkens (VZC, 200800631)	50m 00:29.81 29,81	150m 01:39.64 35,66	250m 02:51.29 35,57	350m 04:02.90 35,43
	100m 01:03.98 34,17	200m 02:15.72 36,08	300m 03:27.47 36,18	04:36.93(+78)
27. Gaëtan Spicq (Blue Marlins, 200701807)	50m 00:29.86 29,86	150m 01:38.26 35,27	250m 02:50.79 36,20	350m 04:03.59 36,36
	100m 01:02.99 33,13	200m 02:14.59 36,33	300m 03:27.23 36,44	04:37.60(+72)
28. Gijs Hartwijk (ZVL-1886 Center, 200800573)	50m 00:32.11 32,11	150m 01:43.67 36,01	250m 02:56.06 36,39	350m 04:08.96 36,48
	100m 01:07.66 35,55	200m 02:19.67 36,00	300m 03:32.48 36,42	04:42.73(+67)
29. Lou van Leeuwen (De Dolfijn, 200702779)	50m 00:31.24 31,24	150m 01:42.02 35,90	250m 02:55.75 36,72	350m 04:07.69 36,46
	100m 01:06.12 34,88	200m 02:19.03 37,01	300m 03:31.23 35,48	04:42.92(+77)
30. Bjorn Scholten (WS Twente, 200801143)	50m 00:29.07 29,07	150m 01:39.33 36,77	250m 02:53.59 36,91	350m 04:10.02 37,64
	100m 01:02.56 33,49	200m 02:16.68 37,35	300m 03:32.38 38,79	04:46.24(+82)
DIS. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)				00:00.00
36. 100m rugslag - Dames				
13 - 14 jaar (Junioren 3 en 4)				
1. Jinth Engelse (Niemo Barracuda, 200800204)	50m 00:30.84 30,84			01:03.61(+62)
2. Frouke Ludwig (DZ&PC, 200800112)	50m 00:32.05 32,05			01:05.53(+59)
3. Laura van Etten (HZ&PC Heerenveen, 200800264)	50m 00:31.99 31,99			01:06.08(+71)
4. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:32.71 32,71			01:07.82(+64)
5. Fay Boxum (DZ&PC, 200900060)	50m 00:32.65 32,65			01:08.69(+67)
6. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:33.50 33,50			01:09.09(+68)

7. Elin Ditewig (VZC, 200900392) 50m 00:33.15 33,15	01:09.22(+65)
8. Nienke Koster (ZPC Hoogeveen, 200900612) 50m 00:33.68 33,68	01:09.30(+55)
9. Jade van der Schrier (AZC, 200800692) 50m 00:34.71 34,71	01:10.05(+68)
10. Tereza Boom (PSV, 200904028) 50m 00:34.09 34,09	01:10.42(+58)
11. Emmelien Smelt (ZV Zwartsluis, 200800012) 50m 00:34.34 34,34	01:10.68(+67)
12. Jazz-Lynn Gomes Delgado (Feijenoord Albion, 200800738) 50m 00:33.94 33,94	01:10.78(+48)
13. Maaike Ooms (ZPC AMERSFOORT, 200801580) 50m 00:35.00 35,00	01:11.84(+70)
14. Emma Rose Buitenkamp (De Dolfijn, 200801898) 50m 00:34.09 34,09	01:11.86(+67)
15. Iris Tilburg (Arethusa, 200902662) 50m 00:34.98 34,98	01:12.21(+70)
16. Ece Öngören (Blue Marlins, 200903862) 50m 00:34.97 34,97	01:12.40(+68)
17. Marjolie Spelde (ZC Borger, 200900266) 50m 00:35.24 35,24	01:12.59(+68)
18. Hannah Markovinovic (WS Twente, 200803266) 50m 00:35.01 35,01	01:12.61(+69)
19. Myla Klaassen (Aqua-Novio'94, 200900110) 50m 00:34.78 34,78	01:12.82(+50)
20. Milou Geneuglijk (TriVia, 200900556) 50m 00:35.13 35,13	01:12.92(+58)
21. Floortje van 't Wout (De Dolfijn, 200802286) 50m 00:35.84 35,84	01:13.04(+76)
22. Bregje Dekkers (PSV, 200900746) 50m 00:35.24 35,24	01:13.13(+61)
23. Madeleine Bertram (De Dolfijn, 200900516) 50m 00:35.55 35,55	01:13.15(+67)
24. Gwen Hermans (De Columbiaan, 200900058) 50m 00:35.62 35,62	01:13.23(+60)
25. Luus Gielens (PSV, 200900138) 50m 00:35.51 35,51	01:13.34(+74)
26. Esmee van der Tuuk (ZPC Hoogeveen, 200800682) 50m 00:35.54 35,54	01:13.41(+77)
27. Ilse Rozema (Blue Marlins, 200803318) 50m 00:35.98 35,98	01:13.60(+63)
28. Ilse Wiltjer (DZ&PC, 200900868) 50m 00:35.95 35,95	01:13.98(+82)
29. Bette Peetoom (DAW, 200801808) 50m 00:35.63 35,63	01:14.22(+72)
30. Laura Volkers (DWK, 200800056) 50m 00:35.78 35,78	01:14.25(+67)
31. Esmé Sportel (Dedemsvaart-AC, 200900682) 50m 00:35.56 35,56	01:14.40(+69)

32. Fleur van den Eijk (Blue Marlins, 200900304) 50m 00:35.51 35,51	01:14.50(+65)
33. Noa Roberts (Hellas-Glana, 200800702) 50m 00:36.42 36,42	01:14.57(+75)
34. Karlijn van der Schrier (Hieronymus, 200900834) 50m 00:35.84 35,84	01:14.70(+71)
35. Lotte Lübbers (KSN (SG), 200900190) 50m 00:36.35 36,35	01:14.74(+78)
36. Valérie Sakkers (ZV 44, 200800080) 50m 00:36.48 36,48	01:15.03(+65)
37. Myrthe Stelten (Hellas-Glana, 200900234) 50m 00:37.09 37,09	01:15.95(+67)
38. Jenny Muntinga (ZPCH, 200900450) 50m 00:36.51 36,51	01:16.32(+64)
39. Jannoula Jaspers (De Vikings, 200800202) 50m 00:36.58 36,58	01:16.41(+67)
40. Ilana Gentile (Orca, 200801558) 50m 00:37.50 37,50	01:16.51(+69)
37. 100m vlinderslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1. Nikodim Markovic (Blue Marlins, 200700255) 50m 00:26.59 26,59	00:57.78(+63)
2. Tiago Fonseca Gomes (PSV, 200703587) 50m 00:27.32 27,32	00:58.21(+64)
3. Vincent Huele (Blue Marlins, 200703423) 50m 00:26.96 26,96	00:58.63(+64)
4. Kaan Sudak (Blue Marlins, 200803733) 50m 00:27.22 27,22	00:59.59(+57)
5. Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:27.93 27,93	00:59.93(+67)
6. Jake Franse (Blue Marlins, 200703873) 50m 00:28.08 28,08	01:00.19(+65)
7. Yarno van Dam (ACZ, 200800115) 50m 00:28.15 28,15	01:00.29(+67)
8. Jones Chuang (PSV, 200801173) 50m 00:28.43 28,43	01:00.50(+59)
9. Mies de Wit (De Ward, 200700315) 50m 00:28.39 28,39	01:00.94(+67)
10. Maikel Blijlevens (Waalwijkse Zwem Vereniging, 200701051) 50m 00:28.08 28,08	01:01.67(+60)
11. Collard Jungeling (ZV 44, 200701831) 50m 00:28.99 28,99	01:01.81(+65)
12. Daniël Wegman (Oceanus, 200802843) 50m 00:28.30 28,30	01:02.00(+71)
13. Marnix Rietveld (ZV Haerlem, 200700939) 50m 00:28.44 28,44	01:02.09(+69)
14. Jisse Lousma (WVZ, 200701493) 50m 00:29.57 29,57	01:02.79(+62)
15. Mads van Norden (ZPC AMERSFOORT, 200700029)	01:02.86(+77)

	50m 00:28.53 28,53			
16.	Giovanni Phillipson (Team Noord Holland, 200801099)			01:02.98(+81)
	50m 00:28.20 28,20			
17.	Niek Issard (DZ&PC, 200700037)			01:03.22(+77)
	50m 00:29.24 29,24			
18.	Ties Berghs (ZEPS, 200700709)			01:03.36(+71)
	50m 00:29.54 29,54			
19.	Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)			01:03.38(+64)
	50m 00:29.42 29,42			
20.	Daan van Peet (De Dinkel, 200700461)			01:03.71(+73)
	50m 00:28.92 28,92			
21.	Filip Piszczynski (KSN (SG), 200802125)			01:03.91(+68)
	50m 00:29.33 29,33			
22.	Aditya Winterberg (Blue Marlins, 200800953) [S15]			01:04.29(+67)
	50m 00:29.74 29,74			
23.	Stijn Saelmans (Hellas-Glana, 200700373)			01:04.63(+75)
	50m 00:28.79 28,79			
24.	Denzel Barthen (WVZ, 200700147)			01:06.06(+83)
	50m 00:30.98 30,98			
38.	200m schoolslag - Dames			
	11 - 12 jaar (Junioren 1 en 2)			
1.	Marre van der Wal (Bolsward-Workum (SG), 201000046)			02:46.64(+76)
	50m 00:38.40 38,40 100m 01:21.68 43,28 150m 02:04.74 43,06			
2.	Paula Spans (ZV 44, 201000064)			02:48.42(+82)
	50m 00:37.01 37,01 100m 01:19.38 42,37 150m 02:04.01 44,63			
3.	Nadia van der Wal (ZPCH, 201003114)			02:56.40(+72)
	50m 00:38.94 38,94 100m 01:24.57 45,63 150m 02:10.45 45,88			
4.	Fenna Zusterzeel (PSV, 201000008)			02:56.86(+73)
	50m 00:38.79 38,79 100m 01:24.20 45,41 150m 02:10.17 45,97			
5.	Yill van Bezouw (Hieronymus, 201100704)			02:58.38(+75)
	50m 00:40.19 40,19 100m 01:26.58 46,39 150m 02:13.25 46,67			
6.	Jayna Wagemakers (AquaDream, 201000226)			03:00.00(+74)
	50m 00:39.22 39,22 100m 01:24.86 45,64 150m 02:12.10 47,24			
7.	Annelie Batenburg (PSV, 201001962)			03:00.14(+76)
	50m 00:40.31 40,31 100m 01:26.15 45,84 150m 02:13.00 46,85			
8.	Carla Moreno Palacios (De Dolfijn, 201002302)			03:00.70(+69)
	50m 00:40.70 40,70 100m 01:27.50 46,80 150m 02:15.15 47,65			
9.	Wieke Dekker (De Dolfijn, 201002020)			03:01.71(+70)
	50m 00:40.96 40,96 100m 01:27.77 46,81 150m 02:15.17 47,40			
10.	Anne Engbersen (De Fuut, 201000044)			03:02.13(+82)
	50m 00:40.65 40,65 100m 01:26.91 46,26 150m 02:14.30 47,39			
11.	Tess van de Steeg (WVZ, 201000016)			03:02.64(+84)
	50m 00:40.02 40,02 100m 01:25.68 45,66 150m 02:13.69 48,01			
12.	Linou van Kampen (ZPCH, 201000594)			03:03.27(+90)
	50m 00:41.92 41,92 100m 01:29.15 47,23 150m 02:16.57 47,42			
13.	Malin Roozeboom (WVZ, 201100006)			03:05.77(+79)
	50m 00:42.08 42,08 100m 01:30.96 48,88 150m 02:18.54 47,58			
14.	Noa van Zalk (ZPC AMERSFOORT, 201102534)			03:06.68(+68)
	50m 00:40.77 40,77 100m 01:28.67 47,90 150m 02:18.37 49,70			

15. Elin Baars (DWK, 201000138)				03:08.05(+74)
	50m 00:43.6843,68	100m 01:31.9848,30	150m 02:20.3448,36	
16. Julia Dąbrowska (Blue Marlins, 201000300)				03:08.17(+81)
	50m 00:40.6440,64	100m 01:28.9548,31	150m 02:19.0350,08	
17. Nina Tetteroo (De Columbiaan, 201000048)				03:09.38(+71)
	50m 00:44.4944,49	100m 01:32.9648,47	150m 02:21.5848,62	
18. Eefje van Hinsbergen (Blue Marlins, 201002252)				03:09.98(+72)
	50m 00:42.7242,72	100m 01:32.0149,29	150m 02:21.9849,97	
19. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)				03:10.36(+76)
	50m 00:42.3242,32	100m 01:32.0549,73	150m 02:22.9350,88	
20. Erin de Jong (GZC DONK, 201000024)				03:11.11(+89)
	50m 00:43.4243,42	100m 01:33.2049,78	150m 02:22.2449,04	
21. Maryse Kuijper (DWK, 201000692)				03:11.39(+85)
	50m 00:43.2043,20	100m 01:32.6149,41	150m 02:22.7550,14	
22. Tess Meeuwissen (De Columbiaan, 201000370)				03:12.23(+70)
	50m 00:42.0142,01	100m 01:31.7849,77	150m 02:23.1251,34	
23. Odenza Soselisa (Blue Marlins, 201101780)				03:13.13(+78)
	50m 00:43.0243,02	100m 01:32.7449,72	150m 02:23.3350,59	
24. Romée Smit (MSV-Zeemacht, 201100438)				03:13.36(+78)
	50m 00:44.6344,63	100m 01:35.6050,97	150m 02:28.5852,98	
25. Casharell Kraan (Blue Marlins, 201103426)				03:14.29(+62)
	50m 00:43.4443,44	100m 01:32.8949,45	150m 02:24.3151,42	
26. Ilse Jongepier (THOR, 201000006)				03:14.32(+78)
	50m 00:44.5944,59	100m 01:35.0750,48	150m 02:25.3950,32	
27. Famke Franzen (De Schotelij, 201000058)				03:14.85(+80)
	50m 00:44.4244,42	100m 01:35.6051,18	150m 02:25.7450,14	
28. Elin Reinstra (TriVia, 201100842)				03:15.57(+79)
	50m 00:45.1345,13	100m 01:35.6850,55	150m 02:26.0650,38	
29. Maya Fahmi (De Dolfijn, 201003278)				03:16.07(+71)
	50m 00:44.2244,22	100m 01:33.4649,24	150m 02:25.2251,76	
30. Elke Kriesels (Hieronymus, 201100898)				03:16.97(+72)
	50m 00:44.8144,81	100m 01:35.1850,37	150m 02:26.3551,17	
31. Chloé in 't Veen (WVZ, 201100010)				03:17.62(+66)
	50m 00:44.7744,77	100m 01:35.7350,96	150m 02:27.6151,88	
32. Femke ter Horst (ZPC Hoogeveen, 201000108)				03:17.98(+81)
	50m 00:44.9144,91	100m 01:35.6850,77	150m 02:27.1751,49	
33. Nina van der Schrier (AZC, 201000444)				03:18.17(+84)
	50m 00:44.7844,78	100m 01:35.1650,38	150m 02:27.0151,85	
34. Evelien Goorhuis (Hieronymus, 201000194)				03:18.44(+78)
	50m 00:44.1944,19	100m 01:35.2351,04	150m 02:26.5651,33	
35. Eva de Man (Aqua-Novio'94, 201000294)				03:19.85(+87)
	50m 00:44.5644,56	100m 01:36.1951,63	150m 02:27.4951,30	
36. Tessa van Beek (DWK, 201001446)				03:20.39(+75)
	50m 00:44.7644,76	100m 01:35.4550,69	150m 02:28.2052,75	
37. Milou Filemon (ZZ&PC De Devel, 201100078)				03:20.58(+85)
	50m 00:44.3044,30	100m 01:35.5651,26	150m 02:27.8552,29	
38. Mattea Gliese-Sloolijer (De Dinkel, 201100008)				03:20.68(+84)
	50m 00:44.1144,11	100m 01:36.0551,94	150m 02:28.2952,24	
39. Alaine Lomans (Eszet, 201000420)				03:20.78(+56)

	50m 00:45.94 45,94	100m 01:38.12 52,18	150m 02:29.88 51,76	
40. Mariia Kostina (Blue Marlins, 201002042)	50m 00:44.12 44,12	100m 01:36.16 52,04	150m 02:28.60 52,44	03:21.29(+90)
41. Anouk Steller (WVZ, 201000004)	50m 00:44.59 44,59	100m 01:35.08 50,49	150m 02:27.94 52,86	03:21.35(+88)
42. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:45.46 45,46	100m 01:38.41 52,95	150m 02:30.69 52,28	03:23.39(+78)
43. Lola Verheijen (PSV, 201100832)	50m 00:44.63 44,63	100m 01:38.53 53,90	150m 02:32.03 53,50	03:23.47(+84)
44. Senna Boogmans (De Duinkickers, 201000640)	50m 00:45.88 45,88	100m 01:37.80 51,92	150m 02:31.27 53,47	03:24.54(+83)
45. Freeke Super (PSV, 201003638)	50m 00:46.19 46,19	100m 01:40.07 53,88	150m 02:33.37 53,30	03:25.18(+63)
46. Frédérique Nijziel (PSV, 201103114)	50m 00:45.39 45,39	100m 01:37.31 51,92	150m 02:31.67 54,36	03:27.16(+74)
47. Anna Lepoutre (PSV, 201100534)	50m 00:45.56 45,56	100m 01:38.99 53,43	150m 02:33.62 54,63	03:27.52(+69)
48. Manou Longayroux (ZZ&PC De Devel, 201000580)	50m 00:47.93 47,93	100m 01:41.06 53,13	150m 02:35.62 54,56	03:28.28(+72)
49. Lynn ten Berge (De Dinkel, 201000884)	50m 00:46.95 46,95	100m 01:40.99 54,04	150m 02:35.62 54,63	03:29.69(+79)
50. Kim Bouman (ZPC AMERSFOORT, 201000262)	50m 00:48.77 48,77	100m 01:45.29 56,52	150m 02:42.34 57,05	03:39.42(+93)
39. 200m schoolslag - Dames				
13 - 14 jaar (Junioren 3 en 4)				
1. Dachen Haaijer (ZPC Hoogeveen, 200800380)	50m 00:37.92 37,92	100m 01:20.50 42,58	150m 02:01.89 41,39	02:42.44(+79)
2. Nina Zusterzeel (PSV, 200800656)	50m 00:35.21 35,21	100m 01:16.97 41,76	150m 02:00.13 43,16	02:43.07(+69)
3. Esmee Mulder (DZ&PC, 200800038)	50m 00:35.95 35,95	100m 01:17.57 41,62	150m 02:00.20 42,63	02:43.49(+71)
4. Flora Szili-Torok (Feijenoord Albion, 200800114)	50m 00:37.13 37,13	100m 01:19.37 42,24	150m 02:03.02 43,65	02:46.11(+64)
5. Veerle Hildebrand (PSV, 200801830)	50m 00:37.47 37,47	100m 01:21.29 43,82	150m 02:06.31 45,02	02:51.20(+72)
6. Diede de Vries (De Fuut, 200803558)	50m 00:39.45 39,45	100m 01:24.19 44,74	150m 02:09.16 44,97	02:52.59(+76)
7. Elin Ditewig (VZC, 200900392)	50m 00:38.79 38,79	100m 01:22.58 43,79	150m 02:07.75 45,17	02:52.66(+80)
8. Tess Vonk (De Geul, 200900024)	50m 00:39.88 39,88	100m 01:24.26 44,38	150m 02:07.50 43,24	02:52.76(+64)
9. Fay Boxum (DZ&PC, 200900060)	50m 00:38.21 38,21	100m 01:22.48 44,27	150m 02:07.11 44,63	02:53.09(+80)
10. Liv Heijdra (WVZ, 200800736)	50m 00:38.50 38,50	100m 01:23.03 44,53	150m 02:07.77 44,74	02:53.32(+78)
11. Leonoor Smale (Aqua-Novio'94, 200800942)	50m 00:39.44 39,44	100m 01:24.06 44,62	150m 02:08.49 44,43	02:53.96(+82)
12. Meyke v. Nimwegen (De Schotegil, 200800106)	50m 00:40.29 40,29	100m 01:25.04 44,75	150m 02:10.08 45,04	02:54.59(+80)

13. PASCALLE SMAL (DAW, 200802958)				02:55.18(+62)			
50m	00:39.75	39,75	100m 01:24.40	44,65	150m 02:09.65	45,25	
14. DJELAYSA BUUNK (Z&PC De Zeeuwse Kust, 200900536)				02:55.45(+76)			
50m	00:40.31	40,31	100m 01:25.32	45,01	150m 02:10.46	45,14	
15. MIJKE OUDERKERKEN (Blue Marlins, 200901254)				02:55.86(+74)			
50m	00:39.83	39,83	100m 01:24.46	44,63	150m 02:10.00	45,54	
16. AMBER KUNST (DAW, 200900680)				02:56.15(+73)			
50m	00:39.72	39,72	100m 01:25.29	45,57	150m 02:10.76	45,47	
17. MICHELLE VAN HEMERT (PSV, 200901200)				02:56.82(+84)			
50m	00:39.60	39,60	100m 01:25.63	46,03	150m 02:11.34	45,71	
18. ISA KERPELS (ZPC HOOGEVEEN, 200800880)				02:57.11(+84)			
50m	00:40.04	40,04	100m 01:25.59	45,55	150m 02:11.40	45,81	
19. RIXT ROTHSCHAIID (ZC BORGER, 200900026)				03:00.16(+75)			
50m	00:40.64	40,64	100m 01:27.13	46,49	150m 02:14.17	47,04	
20. VERA BASTIAESENS (Hieronymus, 200800572)				03:00.34(+75)			
50m	00:41.38	41,38	100m 01:27.66	46,28	150m 02:14.45	46,79	
21. SOPHIE VAN LEENT (Blue Marlins, 200800522)				03:00.94(+70)			
50m	00:39.33	39,33	100m 01:26.24	46,91	150m 02:13.67	47,43	
22. BREGJE DEKKERS (PSV, 200900746)				03:02.03(+72)			
50m	00:41.81	41,81	100m 01:28.15	46,34	150m 02:14.79	46,64	
23. ESTHER DIJSSSELHOF (Dedemsvaart-AC, 200800784)				03:02.11(+73)			
50m	00:39.00	39,00	100m 01:24.59	45,59	150m 02:13.04	48,45	
24. JANNLOU JASPERS (De Vikings, 200800202)				03:02.32(+76)			
50m	00:40.50	40,50	100m 01:26.91	46,41	150m 02:14.58	47,67	
25. LIEZE BERSCH (SBC2000, 200800536)				03:03.21(+82)			
50m	00:39.69	39,69	100m 01:26.46	46,77	150m 02:14.41	47,95	
26. MYRTHE STELTEN (Hellas-Glana, 200900234)				03:06.36(+77)			
50m	00:42.70	42,70	100m 01:30.95	48,25	150m 02:18.66	47,71	
27. GRACE PETERS (Blue Marlins, 200901474)				03:06.39(+78)			
50m	00:41.59	41,59	100m 01:29.80	48,21	150m 02:19.07	49,27	
40. 200m vrije slag - Heren							
12 - 13 jaar (Junioren 1 en 2)							
1. TOBIAN VOS (ZPC AMERSFOORT, 200900005)				02:04.66(+69)			
50m	00:28.71	28,71	100m 00:59.93	31,22	150m 01:32.66	32,73	
2. THEODORE ALLAN (PSV, 200902925)				02:04.76(+65)			
50m	00:28.74	28,74	100m 01:00.35	31,61	150m 01:33.17	32,82	
3. MATTIA MAGGIO (Hellas-Glana, 200903311)				02:05.49(+64)			
50m	00:28.89	28,89	100m 01:00.36	31,47	150m 01:33.51	33,15	
4. GIULIAN JANSSEN (PSV, 200900125)				02:06.57(+65)			
50m	00:27.87	27,87	100m 00:59.92	32,05	150m 01:33.62	33,70	
5. SVEN KOORNSTRA (De Vikings, 200900189)				02:06.72(+76)			
50m	00:29.65	29,65	100m 01:02.47	32,82	150m 01:34.70	32,23	
6. FEDDO SMINK (ZPC AMERSFOORT, 200900007)				02:10.49(+63)			
50m	00:29.25	29,25	100m 01:03.55	34,30	150m 01:38.04	34,49	
7. FINN EGHUIZEN (HZ&PC Heerenveen, 200900431)				02:10.66(+77)			
50m	00:29.81	29,81	100m 01:03.09	33,28	150m 01:37.24	34,15	
8. TIM VAN DE MOOSDIJK (PSV, 200900187)				02:10.67(+75)			
50m	00:29.39	29,39	100m 01:02.06	32,67	150m 01:36.87	34,81	
9. MARTIJN NIES (PSV, 200902095)				02:10.94(+84)			
50m	00:30.29	30,29	100m 01:04.02	33,73	150m 01:38.17	34,15	

10. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:29.18 29,18	100m 01:02.12 32,94	150m 01:36.89 34,77	02:11.20(+74)
11. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:29.26 29,26	100m 01:03.30 34,04	150m 01:38.19 34,89	02:11.97(+73)
11. Mike Hilders (De Dolfijn, 200900281)	50m 00:29.90 29,90	100m 01:03.77 33,87	150m 01:38.31 34,54	02:11.97(+70)
13. Finn Hilders (De Dolfijn, 200900283)	50m 00:30.03 30,03	100m 01:04.00 33,97	150m 01:39.06 35,06	02:12.11(+70)
14. Jelte de Jong (ZPCH, 200900975)	50m 00:29.89 29,89	100m 01:03.10 33,21	150m 01:37.51 34,41	02:12.40(+70)
15. Davi Fonseca Gomes (PSV, 200902795)	50m 00:29.13 29,13	100m 01:03.18 34,05	150m 01:38.00 34,82	02:12.66(+73)
16. Ivo Bot (Wiekslag, 200900509)	50m 00:29.80 29,80	100m 01:04.98 35,18	150m 01:40.05 35,07	02:14.10(+69)
17. Ruben Baars (DWK, 200900471)	50m 00:29.81 29,81	100m 01:04.39 34,58	150m 01:39.87 35,48	02:14.20(+69)
18. Sacha van Hees Ajdnik (ZEPS, 200900489)	50m 00:30.78 30,78	100m 01:05.82 35,04	150m 01:41.49 35,67	02:14.62(+72)
19. Adriaan Coppelmans (AZC, 200903243)	50m 00:29.77 29,77	100m 01:03.88 34,11	150m 01:39.59 35,71	02:14.95(+70)
20. Aidan van der Stelt (De Geul, 200900901)	50m 00:31.10 31,10	100m 01:06.39 35,29	150m 01:42.91 36,52	02:15.40(+70)
21. Sverre van der Zwaan (WVZ, 200900737)	50m 00:31.08 31,08	100m 01:05.31 34,23	150m 01:40.46 35,15	02:15.72(+74)
22. Floris van de Wal (De Treffers, 200900495)	50m 00:31.45 31,45	100m 01:07.13 35,68	150m 01:44.52 37,39	02:17.04(+74)
23. Luca Boorsma (De Columbiaan, 200902031)	50m 00:29.93 29,93	100m 01:04.37 34,44	150m 01:40.85 36,48	02:17.55(+64)
24. Stefan van der Meer (VZC, 200901361)	50m 00:31.25 31,25	100m 01:06.08 34,83	150m 01:42.70 36,62	02:18.64(+75)
25. Mathijs de Wit (KSN (SG), 201001215)	50m 00:31.59 31,59	100m 01:07.65 36,06	150m 01:44.96 37,31	02:18.77(+74)
26. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:31.17 31,17	100m 01:06.52 35,35	150m 01:43.63 37,11	02:18.81(+69)
27. Bink de Vries (AZC, 200901887)	50m 00:30.96 30,96	100m 01:07.04 36,08	150m 01:44.02 36,98	02:19.00(+69)
28. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:31.79 31,79	100m 01:07.50 35,71	150m 01:44.26 36,76	02:19.65(+71)
29. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:31.39 31,39	100m 01:07.87 36,48	150m 01:44.87 37,00	02:19.91(+72)
30. Paul Ruitenbergh (De Geul, 200900979)	50m 00:31.45 31,45	100m 01:07.66 36,21	150m 01:45.23 37,57	02:19.93(+76)
31. Xander Kragting (De Blauwe Schuur, 200900077)	50m 00:31.66 31,66	100m 01:07.39 35,73	150m 01:44.10 36,71	02:19.98(+77)
32. Dinand Kop (DAW, 200901001)	50m 00:31.81 31,81	100m 01:06.94 35,13	150m 01:44.79 37,85	02:20.01(+85)
32. Roy Hofman (DZ&PC, 200900439)	50m 00:31.99 31,99	100m 01:07.60 35,61	150m 01:44.26 36,66	02:20.01(+78)
34. Thomas Nauta (Arethusa, 200900339)				02:20.25(+73)



	50m 00:31.98 31,98	100m 01:07.93 35,95	150m 01:44.81 36,88	
35. Tariq van Laar (De Rijn, 200900819)	50m 00:30.91 30,91	100m 01:07.15 36,24	150m 01:44.51 37,36	02:20.36(+74)
36. Jan Schouten (ZVL-1886 Center, 200902305)	50m 00:32.70 32,70	100m 01:08.80 36,10	150m 01:45.84 37,04	02:20.55(+92)
37. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:32.37 32,37	100m 01:08.97 36,60	150m 01:46.68 37,71	02:21.05(+78)
38. Sascha Timmer (AZC, 200902987)	50m 00:31.79 31,79	100m 01:08.46 36,67	150m 01:46.31 37,85	02:21.09(+56)
39. Mathieu Gepkens (VZC, 201000045)	50m 00:32.39 32,39	100m 01:08.56 36,17	150m 01:45.37 36,81	02:21.24(+71)
40. Mauro Bedeke (DAW, 201000537)	50m 00:32.02 32,02	100m 01:08.21 36,19	150m 01:45.44 37,23	02:21.29(+64)
41. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:32.89 32,89	100m 01:09.92 37,03	150m 01:47.51 37,59	02:21.30(+78)
42. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:31.46 31,46	100m 01:07.36 35,90	150m 01:45.13 37,77	02:23.20(+87)
43. Owen Houdé (De Geul, 200900903)	50m 00:32.38 32,38	100m 01:09.71 37,33	150m 01:48.63 38,92	02:23.27(+79)
44. Max van der Spank (Hieronymus, 201000275)	50m 00:32.96 32,96	100m 01:10.98 38,02	150m 01:48.77 37,79	02:23.93(+71)
45. Sven Vette (De Bevelanders, 200900519)	50m 00:31.74 31,74	100m 01:08.14 36,40	150m 01:46.57 38,43	02:25.03(+79)
46. Lucas Schouten (ZPCH, 200901925)	50m 00:32.68 32,68	100m 01:09.74 37,06	150m 01:48.25 38,51	02:25.53(+74)
47. Ruben Kragt (ZV 44, 201000007)	50m 00:32.45 32,45	100m 01:10.07 37,62	150m 01:48.83 38,76	02:27.05(+61)
48. Thygo van de Peppel (Blue Marlins, 200901101)	50m 00:33.28 33,28	100m 01:12.48 39,20	150m 01:51.54 39,06	02:28.61(+72)
49. Dani Yefimov (WS Twente, 200901305)	50m 00:33.77 33,77	100m 01:11.45 37,68	150m 01:50.84 39,39	02:28.94(+77)
50. Dax van den Noulant (Blue Marlins, 201000071)	50m 00:33.43 33,43	100m 01:11.08 37,65	150m 01:50.46 39,38	02:29.97(+76)

Nummer: 5 - zondag 18 juni 2023 om 15:30u (50 m)

Aanvangstijd juryvergadering: 14:30u

### 31. 100m vrije slag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Rosalie Reef (ZPC AMERSFOORT, 200800426)	50m 00:27.36 27,36	00:56.82(+69)
2. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	50m 00:27.96 27,96	00:58.31(+77)
3. Juliette Woltjes (VZC, 200900774)	50m 00:28.47 28,47	00:59.24(+78)
4. Ilse Rozema (Blue Marlins, 200803318)	50m 00:28.54 28,54	00:59.42(+63)
5. Indira van Aggele (De Dolfijn, 200804424)	50m 00:28.72 28,72	00:59.80(+72)
6. Charlotte Leijnse (Blue Marlins, 200802948)		01:00.60(+75)

	50m 00:29.08 29,08	
7.	Marit Boomers (Blue Marlins, 200804810) 50m 00:29.62 29,62	01:00.97(+79)
8.	Caitlin Sülter (VZC, 200900046) 50m 00:29.82 29,82	01:01.53(+74)
9.	Julie van Nispen (Z&PV Nuenen, 200800290) 50m 00:29.52 29,52	01:01.72(+88)
10.	Kinley Cole (PSV, 200903696) 50m 00:29.69 29,69	01:01.93(+74)
.	Jade van der Schrier (AZC, 200800692)	
.	Emma Rose Buitenkamp (De Dolfijn, 200801898)	
33.	100m schoolslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1.	Wytse Broekstra (De Vikings, 200800121) 50m 00:30.80 30,80	01:05.97(+75)
2.	Storm Boxum (DZ&PC, 200700421) 50m 00:31.14 31,14	01:06.49(+69)
3.	Nikodim Markovic (Blue Marlins, 200700255) 50m 00:31.58 31,58	01:07.09(+64)
4.	Quinten Brouwer von Gonzenbach (TriVia, 200700001) 50m 00:31.48 31,48	01:08.74(+66)
5.	Bjorn van den Berge (Z&PC De Zeeuwse Kust, 200701991) 50m 00:32.64 32,64	01:10.24(+66)
6.	Mies de Wit (De Ward, 200700315) 50m 00:32.88 32,88	01:10.44(+66)
7.	Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023) 50m 00:32.73 32,73	01:10.50(+63)
8.	Hein Muller (DZ&PC, 200800157) 50m 00:33.41 33,41	01:10.54(+70)
9.	Youp Stuifzand (ZV 44, 200800521) 50m 00:32.44 32,44	01:11.28(+63)
.	Jordey Thole (ZPC Hoogeveen, 200700385)	
.	Ross de Wildt (Aqua-Novio'94, 200803359)	
DIS.	Job Sportel (V Z & P C, 200800429)	00:00.00
41.	100m rugslag - Dames 11 - 12 jaar (Junioren 1 en 2)	
1.	Fenna Zusterzeel (PSV, 201000008) 50m 00:33.95 33,95	01:09.76(+61)
2.	Malin Roozeboom (WVZ, 201100006) 50m 00:34.77 34,77	01:09.80(+71)
3.	Freeke Super (PSV, 201003638) 50m 00:34.86 34,86	01:12.17(+61)
4.	Paula Spans (ZV 44, 201000064) 50m 00:35.34 35,34	01:12.83(+72)
5.	Tess van de Steeg (WVZ, 201000016) 50m 00:35.14 35,14	01:13.33(+70)
6.	Anouk Steller (WVZ, 201000004) 50m 00:35.23 35,23	01:13.38(+66)

7. Anne Engbersen (De Fuut, 201000044) 50m 00:35.99 35,99	01:13.42(+70)
8. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:35.84 35,84	01:13.67(+76)
9. Mariia Kostina (Blue Marlins, 201002042) 50m 00:35.91 35,91	01:14.49(+73)
10. Frédérique Nijziel (PSV, 201103114) 50m 00:35.99 35,99	01:14.77(+72)
11. Nina van der Schrier (AZC, 201000444) 50m 00:37.07 37,07	01:15.31(+73)
12. Erin de Jong (GZC DONK, 201000024) 50m 00:37.05 37,05	01:15.49(+79)
13. Elin Baars (DWK, 201000138) 50m 00:37.24 37,24	01:15.66(+66)
14. Kim Bouman (ZPC AMERSFOORT, 201000262) 50m 00:37.11 37,11	01:15.87(+76)
14. Maryse Kuijper (DWK, 201000692) 50m 00:37.30 37,30	01:15.87(+80)
16. Fenne Metten (ZPC AMERSFOORT, 201000102) 50m 00:37.66 37,66	01:15.93(+90)
17. Romée Smit (MSV-Zeemacht, 201100438) 50m 00:37.16 37,16	01:16.22(+71)
18. Tessa van Beek (DWK, 201001446) 50m 00:37.54 37,54	01:16.47(+76)
19. Yill van Bezouw (Hieronymus, 201100704) 50m 00:37.20 37,20	01:16.75(+64)
20. Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:37.29 37,29	01:16.80(+69)
21. Mattea Gliese-Sloojer (De Dinkel, 201100008) 50m 00:37.08 37,08	01:16.83(+83)
22. Elin Reinstra (TriVia, 201100842) 50m 00:37.96 37,96	01:16.88(+86)
23. Evelien Goorhuis (Hieronymus, 201000194) 50m 00:37.28 37,28	01:17.19(+64)
24. Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:38.19 38,19	01:17.20(+66)
25. Odenza Soselisa (Blue Marlins, 201101780) 50m 00:38.03 38,03	01:17.23(+74)
26. Casharell Kraan (Blue Marlins, 201103426) 50m 00:37.02 37,02	01:17.53(+65)
27. Wieke Dekker (De Dolfijn, 201002020) 50m 00:37.93 37,93	01:17.59(+59)
28. Senna Boogmans (De Duinkickers, 201000640) 50m 00:37.70 37,70	01:17.65(+67)
29. Famke Franzen (De Schotegil, 201000058) 50m 00:37.39 37,39	01:17.79(+66)
30. Marre van der Wal (Bolsward-Workum (SG), 201000046) 50m 00:38.10 38,10	01:18.10(+61)
31. Jayna Wagemakers (AquaDream, 201000226)	01:18.52(+71)

	50m 00:37.88 37,88	
32. Elke Kriesels (Hieronymus, 201100898)	50m 00:38.73 38,73	01:18.57(+65)
33. Eva de Man (Aqua-Novio'94, 201000294)	50m 00:38.29 38,29	01:18.72(+67)
34. Maya Fahmi (De Dolfijn, 201003278)	50m 00:38.96 38,96	01:19.09(+62)
35. Linou van Kampen (ZPCH, 201000594)	50m 00:38.74 38,74	01:19.43(+85)
36. Lola Verheijen (PSV, 201100832)	50m 00:37.81 37,81	01:19.90(+72)
37. Chloé in 't Veen (WVZ, 201100010)	50m 00:40.14 40,14	01:20.52(+76)
38. Ilse Jongepier (THOR, 201000006)	50m 00:39.14 39,14	01:20.61(+74)
39. Femke ter Horst (ZPC Hoogeveen, 201000108)	50m 00:39.22 39,22	01:21.01(+74)
40. Nadia van der Wal (ZPCH, 201003114)	50m 00:39.37 39,37	01:21.37(+68)
41. Annelie Batenburg (PSV, 201001962)	50m 00:39.76 39,76	01:21.39(+76)
42. Nina Tetteroo (De Columbiaan, 201000048)	50m 00:39.81 39,81	01:21.63(+79)
43. Manou Longayroux (ZZ&PC De Devel, 201000580)	50m 00:40.67 40,67	01:21.85(+60)
44. Tess Meeuwissen (De Columbiaan, 201000370)	50m 00:39.59 39,59	01:21.87(+76)
45. Milou Filemon (ZZ&PC De Devel, 201100078)	50m 00:39.41 39,41	01:21.92(+73)
46. Lynn ten Berge (De Dinkel, 201000884)	50m 00:39.54 39,54	01:22.32(+71)
47. Eefje van Hinsbergen (Blue Marlins, 201002252)	50m 00:39.87 39,87	01:22.41(+71)
48. Alaine Lomans (Eszet, 201000420)	50m 00:40.33 40,33	01:22.48(+64)
49. Anna Lepoutre (PSV, 201100534)	50m 00:40.13 40,13	01:22.96(+73)
50. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)	50m 00:43.15 43,15	01:29.80(+80)
42. 100m vlinderslag - Heren		
12 - 13 jaar (Junioren 1 en 2)		
1. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:28.90 28,90	01:01.37(+61)
2. Theodore Allan (PSV, 200902925)	50m 00:29.38 29,38	01:03.30(+66)
3. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:29.79 29,79	01:04.39(+63)
4. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:29.85 29,85	01:05.02(+72)

5. Giulian Janssen (PSV, 200900125) 50m 00:29.71 29,71	01:05.14(+61)
6. Martijn Nies (PSV, 200902095) 50m 00:31.20 31,20	01:06.43(+80)
7. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425) 50m 00:30.35 30,35	01:06.76(+71)
8. Luca Boorsma (De Columbiaan, 200902031) 50m 00:30.59 30,59	01:06.83(+63)
9. Sascha Timmer (AZC, 200902987) 50m 00:30.83 30,83	01:07.00(+59)
10. Myron Artemenko (Niemo Barracuda, 201003021) 50m 00:31.93 31,93	01:07.03(+70)
11. Jelte de Jong (ZPCH, 200900975) 50m 00:31.05 31,05	01:07.57(+70)
12. Tobian Vos (ZPC AMERSFOORT, 200900005) 50m 00:31.37 31,37	01:07.78(+74)
13. Davi Fonseca Gomes (PSV, 200902795) 50m 00:30.82 30,82	01:07.79(+78)
14. Tim van de Moosdijk (PSV, 200900187) 50m 00:30.42 30,42	01:07.97(+72)
15. Stefan van der Meer (VZC, 200901361) 50m 00:31.86 31,86	01:08.31(+69)
16. Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:32.43 32,43	01:08.58(+65)
17. Ivo Bot (Wiekslag, 200900509) 50m 00:31.24 31,24	01:08.80(+71)
18. Aidan van der Stelt (De Geul, 200900901) 50m 00:31.42 31,42	01:09.36(+69)
19. Mike Hilders (De Dolfijn, 200900281) 50m 00:31.34 31,34	01:09.79(+70)
20. Ruben Baars (DWK, 200900471) 50m 00:31.32 31,32	01:10.05(+72)
21. Sverre van der Zwaan (WVZ, 200900737) 50m 00:32.64 32,64	01:10.38(+85)
22. Jan Schouten (ZVL-1886 Center, 200902305) 50m 00:31.42 31,42	01:10.45(+87)
23. Sven Vette (De Bevelanders, 200900519) 50m 00:31.93 31,93	01:10.78(+71)
24. Max van der Spank (Hieronymus, 201000275) 50m 00:33.50 33,50	01:11.55(+68)
25. Adriaan Coppelmans (AZC, 200903243) 50m 00:32.91 32,91	01:12.58(+68)
26. Floris van de Wal (De Treffers, 200900495) 50m 00:34.21 34,21	01:13.09(+74)
27. Paul Ruitenbergh (De Geul, 200900979) 50m 00:32.63 32,63	01:13.15(+72)
28. Finn Hilders (De Dolfijn, 200900283) 50m 00:33.27 33,27	01:13.28(+71)
29. Dinand Kop (DAW, 200901001) 50m 00:32.82 32,82	01:13.31(+80)

30. Ruben Kragt (ZV 44, 201000007) 50m 00:33.20 33,20	01:13.91(+69)
31. Dani Yefimov (WS Twente, 200901305) 50m 00:34.24 34,24	01:14.06(+75)
32. Duuk Harms (Dedemsvaart-AC, 200900201) 50m 00:33.83 33,83	01:14.44(+89)
33. Thijmen Pruijssers (Hieronymus, 201000129) 50m 00:33.93 33,93	01:15.02(+76)
34. Bink de Vries (AZC, 200901887) 50m 00:33.66 33,66	01:15.20(+69)
35. Xander Kragting (De Blauwe Schuur, 200900077) 50m 00:34.62 34,62	01:16.06(+78)
36. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:34.60 34,60	01:16.44(+78)
37. Sacha van Hees Ajdnik (ZEPS, 200900489) 50m 00:34.88 34,88	01:16.63(+77)
38. Roy Hofman (DZ&PC, 200900439) 50m 00:34.45 34,45	01:16.69(+76)
39. Brent Schifflers (ZPC Woerden, 200902041) 50m 00:35.38 35,38	01:18.46(+77)
40. Mauro Bedeke (DAW, 201000537) 50m 00:34.58 34,58	01:18.91(+68)
41. Dax van den Nouland (Blue Marlins, 201000071) 50m 00:35.63 35,63	01:19.25(+70)
42. Owen Houdé (De Geul, 200900903) 50m 00:35.33 35,33	01:19.39(+81)
43. Tariq van Laar (De Rijn, 200900819) 50m 00:35.93 35,93	01:19.88(+77)
44. Mathijs de Wit (KSN (SG), 201001215) 50m 00:36.94 36,94	01:20.10(+71)
45. Oleksandr Hordiienko (De Aalscholver, 201003061) 50m 00:35.64 35,64	01:20.73(+75)
46. Mathieu Gepkens (VZC, 201000045) 50m 00:37.15 37,15	01:22.78(+72)
47. Thomas Nauta (Arethusa, 200900339) 50m 00:38.20 38,20	01:25.93(+73)
DIS. Sven Koornstra (De Vikings, 200900189)	00:00.00
DIS. Lucas Schouten (ZPCH, 200901925)	00:00.00
DIS. Thygo van de Peppel (Blue Marlins, 200901101)	00:00.00
36. 100m rugslag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1. Jinth Engelse (Niemo Barracuda, 200800204) 50m 00:30.58 30,58	01:03.40(+62)
2. Frouke Ludwig (DZ&PC, 200800112) 50m 00:31.62 31,62	01:05.24(+61)
3. Laura van Etten (HZ&PC Heerenveen, 200800264) 50m 00:32.33 32,33	01:06.06(+75)
4. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:06.98(+66)

	50m 00:32.39 32,39	
5.	Elin Ditewig (VZC, 200900392) 50m 00:32.98 32,98	01:08.17(+71)
6.	Fay Boxum (DZ&PC, 200900060) 50m 00:32.80 32,80	01:08.41(+67)
7.	Nienke Koster (ZPC Hoogeveen, 200900612) 50m 00:32.94 32,94	01:08.49(+63)
8.	Jade van der Schrier (AZC, 200800692) 50m 00:34.28 34,28	01:10.03(+74)
9.	Tereza Boom (PSV, 200904028) 50m 00:32.65 32,65	01:10.10(+64)
10.	Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:33.44 33,44	01:10.73(+72)
.	Emmelien Smelt (ZV Zwartsluis, 200800012)	
.	Emma Rose Buitenkamp (De Dolfijn, 200801898)	
37.	100m vlinderslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1.	Tiago Fonseca Gomes (PSV, 200703587) 50m 00:26.39 26,39	00:55.91(+62)
2.	Vincent Huele (Blue Marlins, 200703423) 50m 00:26.95 26,95	00:57.73(+67)
3.	Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:27.08 27,08	00:58.82(+66)
4.	Yarno van Dam (ACZ, 200800115) 50m 00:27.90 27,90	01:00.35(+69)
5.	Jones Chuang (PSV, 200801173) 50m 00:27.58 27,58	01:00.38(+58)
6.	Maikel Blijlevens (Waalwijkse Zwem Vereniging, 200701051) 50m 00:27.89 27,89	01:00.88(+60)
7.	Daniël Wegman (Oceanus, 200802843) 50m 00:27.99 27,99	01:01.07(+73)
8.	Collard Jungeling (ZV 44, 200701831) 50m 00:28.48 28,48	01:01.39(+68)
9.	Mies de Wit (De Ward, 200700315) 50m 00:28.22 28,22	01:01.60(+66)
10.	Marnix Rietveld (ZV Haerlem, 200700939) 50m 00:28.21 28,21	01:01.62(+67)
.	Jisse Lousma (WVZ, 200701493)	
.	Mads van Norden (ZPC AMERSFOORT, 200700029)	
43.	50m vrije slag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1.	Rosalie Reef (ZPC AMERSFOORT, 200800426)	00:26.63(+70)
2.	Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:27.21(+77)
3.	Jinth Engelse (Niemo Barracuda, 200800204)	00:27.28(+74)
4.	Indira van Aggele (De Dolfijn, 200804424)	00:27.69(+73)
5.	Emma Rose Buitenkamp (De Dolfijn, 200801898)	00:27.81(+76)
6.	Emmelien Smelt (ZV Zwartsluis, 200800012)	00:27.87(+71)

7. Flora Szili-Torok (Feijenoord Albion, 200800114)	00:27.93(+64)
8. Juliëtte Woltjes (VZC, 200900774)	00:27.95(+82)
9. Jazz-Lynn Gomes Delgado (Feijenoord Albion, 200800738)	00:27.99(+73)
10. Ilse Wiltjer (DZ&PC, 200900868)	00:28.15(+79)
11. Marit Boomers (Blue Marlins, 200804810)	00:28.19(+76)
12. Charlotte Leijnse (Blue Marlins, 200802948)	00:28.23(+80)
13. Liv Heijdra (WVZ, 200800736)	00:28.26(+72)
14. Ilse Rozema (Blue Marlins, 200803318)	00:28.30(+69)
15. Bette Peetoom (DAW, 200801808)	00:28.49(+71)
16. Ilana Gentile (Orca, 200801558)	00:28.53(+71)
17. Caitlin Sülter (VZC, 200900046)	00:28.59(+77)
18. Valérie Sakkers (ZV 44, 200800080)	00:28.62(+66)
19. Kinley Cole (PSV, 200903696)	00:28.66(+73)
20. Megan Snoek (DAW, 200900888)	00:28.69(+66)
21. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:28.83(+85)
22. Flo Streep (DAW, 200900676)	00:28.86(+72)
23. Myla Klaassen (Aqua-Novio'94, 200900110)	00:28.94(+68)
24. Julie van Nispen (Z&PV Nuenen, 200800290)	00:28.97(+81)
25. Julia Agricola (DZ&PC, 200800266)	00:28.98(+76)
26. Amber Kunst (DAW, 200900680)	00:28.99(+71)
27. Patricia de Leu (De Reuring, 200900982)	00:29.06(+70)
28. Lois Waterham (Dedemsvaart-AC, 200803726)	00:29.18(+70)
29. Fenna Westerneng (ZPC Hoogeveen, 200900070)	00:29.19(+73)
29. Joleen Noordenbos (Orca, 200900884)	00:29.19(+73)
31. Madeleine Bertram (De Dolfijn, 200900516)	00:29.20(+73)
32. Tara Langkamp (Aqua-Novio'94, 200900362)	00:29.24(+72)
33. Isis Verhoeff (De Otters Het Gooi, 200902962)	00:29.28(+75)
34. Jade van der Schrier (AZC, 200800692)	00:29.33(+75)
35. Pien Hemmeler (De Dinkel, 200800278)	00:29.36(+71)
36. Luus Gielens (PSV, 200900138)	00:29.37(+82)
37. Iris Tilburg (Arethusa, 200902662)	00:29.38(+76)
38. Phyllis Legein (ZPC Nederweert, 200801396)	00:29.39(+79)
39. Lotte Lübbers (KSN (SG), 200900190)	00:29.42(+73)
40. Jenny Muntinga (ZPCH, 200900450)	00:29.43(+73)
41. Fleur van den Eijk (Blue Marlins, 200900304)	00:29.44(+68)
42. Sophie van Leent (Blue Marlins, 200800522)	00:29.45(+71)
43. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:29.49(+84)
44. Veerle Hildebrand (PSV, 200801830)	00:29.53(+76)



45. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)				00:29.62(+72)
45. Annemijn Kragt (Deltasteur, 200802710)				00:29.62(+81)
47. Floortje van 't Wout (De Dolfijn, 200802286)				00:29.63(+81)
48. Jaydee Leenders (Noord Limburg (SG), 200900112)				00:29.66(+83)
49. Jessy van Vlimmeren (Hieronymus, 200801452)				00:29.68(+71)
49. Mint van Wees (De Dolfijn, 200801328)				00:29.68(+81)
49. Puck van Wees (De Dolfijn, 200901020)				00:29.68(+81)
52. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)				00:29.73(+82)
53. Karlijn Siderius (DWK, 200900032)				00:29.76(+78)
54. Nienke Koster (ZPC Hoogeveen, 200900612)				00:29.77(+65)
55. Esmee van Dijk (Het Ravijn, 200803180)				00:29.84(+64)
56. Marre Rademaker (De Reuring, 200801792)				00:29.93(+67)
57. Jannoula Jaspers (De Vikings, 200800202)				00:30.78(+77)
44. 200m vrije slag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Tiago Fonseca Gomes (PSV, 200703587)				01:54.40(+62)
50m 00:26.40 26,40	100m 00:56.28 29,88	150m 01:25.41 29,13		
2. Bram Loots (Team Noord Holland, 200700197)				01:55.66(+69)
50m 00:26.58 26,58	100m 00:56.29 29,71	150m 01:26.73 30,44		
3. Xiaoyu Yin (Blue Marlins, 200803363)				02:01.26(+66)
50m 00:27.55 27,55	100m 00:58.11 30,56	150m 01:29.97 31,86		
4. Boele Böhm (Blue Marlins, 200700739)				02:01.69(+71)
50m 00:27.64 27,64	100m 00:58.97 31,33	150m 01:30.88 31,91		
5. Siem de Zeeuw (OZ&PC, 200800013)				02:01.76(+71)
50m 00:27.24 27,24	100m 00:57.99 30,75	150m 01:30.62 32,63		
6. Tieme Wiersma (DZ&PC, 200701031)				02:01.82(+74)
50m 00:27.35 27,35	100m 00:57.87 30,52	150m 01:29.65 31,78		
7. Denzel Barthen (WVZ, 200700147)				02:01.99(+77)
50m 00:27.30 27,30	100m 00:57.93 30,63	150m 01:30.46 32,53		
8. Milan Veelders (De Dinkel, 200800279)				02:02.66(+73)
50m 00:28.78 28,78	100m 01:00.67 31,89	150m 01:31.54 30,87		
9. Tijn Hilders (De Dolfijn, 200700027)				02:02.68(+72)
50m 00:28.68 28,68	100m 01:00.30 31,62	150m 01:31.88 31,58		
10. Tim van Erven (DZ&PC, 200700175)				02:03.41(+73)
50m 00:28.01 28,01	100m 00:59.33 31,32	150m 01:32.16 32,83		
11. Nándor Szabó (De Dolfijn, 200700475)				02:03.43(+78)
50m 00:27.56 27,56	100m 00:58.28 30,72	150m 01:30.74 32,46		
12. Jaydey Schonewille (Steenwijk 1934, 200800025)				02:03.66(+74)
50m 00:28.28 28,28	100m 00:59.89 31,61	150m 01:32.21 32,32		
13. Marnix Rietveld (ZV Haerlem, 200700939)				02:03.78(+68)
50m 00:28.48 28,48	100m 00:59.90 31,42	150m 01:32.05 32,15		
14. Floris Tanis (Feijenoord Albion, 200700005)				02:03.83(+68)
50m 00:27.02 27,02	100m 00:57.45 30,43	150m 01:30.11 32,66		
15. Job Sportel (V Z & P C, 200800429)				02:04.31(+69)
50m 00:28.53 28,53	100m 01:00.38 31,85	150m 01:32.54 32,16		
16. Ties Berghs (ZEPS, 200700709)				02:04.34(+72)

	50m 00:28.05 28,05	100m 00:59.62 31,57	150m 01:32.06 32,44	
17. Storm Boxum (DZ&PC, 200700421)	50m 00:28.14 28,14	100m 01:00.18 32,04	150m 01:32.45 32,27	02:05.45(+74)
18. Bjorn van den Berge (Z&PC De Zeeuwse Kust, 200701991)	50m 00:29.18 29,18	100m 01:01.58 32,40	150m 01:34.52 32,94	02:05.85(+65)
19. Yarno van Dam (ACZ, 200800115)	50m 00:28.14 28,14	100m 00:59.96 31,82	150m 01:33.03 33,07	02:06.28(+68)
20. Tim Boerefijn (WVZ, 200802815)	50m 00:29.31 29,31	100m 01:01.78 32,47	150m 01:34.68 32,90	02:06.69(+80)
21. Bram ter Braak (De Dinkel, 200800281)	50m 00:29.17 29,17	100m 01:01.57 32,40	150m 01:34.14 32,57	02:06.87(+74)
22. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	50m 00:28.30 28,30	100m 01:00.83 32,53	150m 01:34.35 33,52	02:07.05(+72)
23. Rens Noordover (Team Noord Holland, 200800237)	50m 00:28.72 28,72	100m 01:01.16 32,44	150m 01:34.36 33,20	02:07.61(+67)
24. Diede Veld (SWOL 1894, 200800011)	50m 00:29.14 29,14	100m 01:01.22 32,08	150m 01:34.90 33,68	02:07.75(+74)
25. Tim van Rooij (PSV, 200700129)	50m 00:28.92 28,92	100m 01:01.33 32,41	150m 01:34.56 33,23	02:07.82(+63)
26. Gijs Vesseur (ZV 44, 200700277)	50m 00:28.53 28,53	100m 01:01.04 32,51	150m 01:34.85 33,81	02:08.13(+74)
27. Bas Mostert (VZC, 200800629)	50m 00:29.59 29,59	100m 01:02.32 32,73	150m 01:36.50 34,18	02:08.38(+78)
27. Maikel Blijlevens (Waalwijkse Zwem Vereniging, 200701051)	50m 00:28.99 28,99	100m 01:02.48 33,49	150m 01:36.94 34,46	02:08.38(+60)
29. Daan van Peet (De Dinkel, 200700461)	50m 00:28.79 28,79	100m 01:01.01 32,22	150m 01:34.57 33,56	02:08.53(+70)
30. Thijs Poll (ZV 44, 200700203)	50m 00:28.97 28,97	100m 01:01.68 32,71	150m 01:36.47 34,79	02:08.71(+71)
31. Thom Keukens (V.Z.V. Njord, 200700415)	50m 00:29.77 29,77	100m 01:03.53 33,76	150m 01:37.22 33,69	02:08.97(+76)
32. Jones Chuang (PSV, 200801173)	50m 00:29.24 29,24	100m 01:01.98 32,74	150m 01:35.73 33,75	02:09.20(+64)
33. Bjorn Scholten (WS Twente, 200801143)	50m 00:29.62 29,62	100m 01:03.67 34,05	150m 01:37.48 33,81	02:09.61(+80)
34. Rian Schoneveld (De Berkelduikers, 200801789)	50m 00:29.28 29,28	100m 01:03.77 34,49	150m 01:37.07 33,30	02:09.71(+67)
35. Stijn Saelmans (Hellas-Glana, 200700373)	50m 00:28.62 28,62	100m 01:01.80 33,18	150m 01:36.31 34,51	02:10.41(+76)
36. Filip Piszczynski (KSN (SG), 200802125)	50m 00:30.30 30,30	100m 01:03.74 33,44	150m 01:37.80 34,06	02:10.42(+72)
37. Melle van Veen (Dedemsvaart-AC, 200700661)	50m 00:30.02 30,02	100m 01:03.40 33,38	150m 01:37.35 33,95	02:10.75(+82)
38. Damir Mustafic (DZ&PC, 200800885)	50m 00:28.93 28,93	100m 01:01.58 32,65	150m 01:37.12 35,54	02:10.90(+73)
39. Daniël Wegman (Oceanus, 200802843)	50m 00:29.80 29,80	100m 01:03.86 34,06	150m 01:39.27 35,41	02:10.99(+73)
40. Tim Zuurman (ZPC Hoogeveen, 200700131)	50m 00:30.92 30,92	100m 01:04.40 33,48	150m 01:38.71 34,31	02:11.38(+84)

41. Lucas Bemer (De Duinkickers, 200700219)				02:12.03(+66)	
50m	00:28.56 28,56	100m	01:01.49 32,93	150m	01:36.69 35,20
42. Lou van Leeuwen (De Dolfijn, 200702779)				02:12.29(+74)	
50m	00:30.23 30,23	100m	01:04.02 33,79	150m	01:38.66 34,64
43. Jere Wiersma (DZ&PC, 200701037)				02:12.33(+72)	
50m	00:29.45 29,45	100m	01:03.28 33,83	150m	01:37.95 34,67
44. Mies de Wit (De Ward, 200700315)				02:12.55(+69)	
50m	00:29.06 29,06	100m	01:02.26 33,20	150m	01:36.57 34,31
45. Felix Gepkens (VZC, 200800631)				02:12.88(+75)	
50m	00:29.53 29,53	100m	01:03.22 33,69	150m	01:38.67 35,45
45. Nout Folkersma (PSV, 200800595)				02:12.88(+71)	
50m	00:29.53 29,53	100m	01:03.21 33,68	150m	01:37.78 34,57
47. Rijk Leenders (VZC, 200800627)				02:13.30(+73)	
50m	00:30.11 30,11	100m	01:03.65 33,54	150m	01:38.59 34,94
48. Rely Hoogendijk (WVZ, 200702521)				02:13.45(+71)	
50m	00:29.34 29,34	100m	01:03.68 34,34	150m	01:38.68 35,00
49. Arjan Boogaard (Deltasteur, 200800093)				02:13.47(+63)	
50m	00:28.59 28,59	100m	01:00.92 32,33	150m	01:36.38 35,46
50. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)				02:14.84(+67)	
50m	00:29.02 29,02	100m	01:01.90 32,88	150m	01:37.13 35,23
51. Youp Stuifzand (ZV 44, 200800521)				02:16.75(+64)	
50m	00:31.05 31,05	100m	01:07.14 36,09	150m	01:39.79 32,65
45. 200m vrije slag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Malin Roozeboom (WVZ, 201100006)				02:17.52(+80)	
50m	00:31.57 31,57	100m	01:07.34 35,77	150m	01:43.17 35,83
2. Marre van der Wal (Bolsward-Workum (SG), 201000046)				02:20.65(+81)	
50m	00:33.17 33,17	100m	01:09.17 36,00	150m	01:46.13 36,96
3. Nina van der Schrier (AZC, 201000444)				02:20.76(+82)	
50m	00:32.01 32,01	100m	01:07.88 35,87	150m	01:45.00 37,12
4. Paula Spans (ZV 44, 201000064)				02:20.77(+79)	
50m	00:31.77 31,77	100m	01:07.37 35,60	150m	01:44.47 37,10
5. Erin de Jong (GZC DONK, 201000024)				02:21.31(+80)	
50m	00:32.30 32,30	100m	01:08.47 36,17	150m	01:44.97 36,50
6. Fenne Metten (ZPC AMERSFOORT, 201000102)				02:23.32(+81)	
50m	00:32.82 32,82	100m	01:09.63 36,81	150m	01:47.24 37,61
7. Anne Engbersen (De Fuut, 201000044)				02:23.37(+85)	
50m	00:32.67 32,67	100m	01:09.62 36,95	150m	01:47.31 37,69
8. Linou van Kampen (ZPCH, 201000594)				02:24.11(+85)	
50m	00:33.17 33,17	100m	01:09.29 36,12	150m	01:47.14 37,85
9. Frédérique Nijziel (PSV, 201103114)				02:24.20(+76)	
50m	00:32.91 32,91	100m	01:10.30 37,39	150m	01:47.79 37,49
10. Maya Fahmi (De Dolfijn, 201003278)				02:24.39(+71)	
50m	00:33.32 33,32	100m	01:10.35 37,03	150m	01:48.30 37,95
11. Julia Dąbrowska (Blue Marlins, 201000300)				02:24.41(+81)	
50m	00:31.75 31,75	100m	01:08.52 36,77	150m	01:46.79 38,27
12. Tess van de Steeg (WVZ, 201000016)				02:24.44(+84)	
50m	00:33.12 33,12	100m	01:09.79 36,67	150m	01:47.19 37,40
13. Mariia Kostina (Blue Marlins, 201002042)				02:24.81(+88)	
50m	00:32.20 32,20	100m	01:09.15 36,95	150m	01:47.80 38,65

14. Senna Boogmans (De Duinkickers, 201000640)	50m 00:33.15 33,15	100m 01:10.09 36,94	150m 01:48.37 38,28	02:24.88(+84)
15. Freeke Super (PSV, 201003638)	50m 00:33.19 33,19	100m 01:11.13 37,94	150m 01:48.69 37,56	02:25.12(+62)
16. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:33.84 33,84	100m 01:11.02 37,18	150m 01:48.86 37,84	02:25.72(+69)
17. Elin Baars (DWK, 201000138)	50m 00:33.99 33,99	100m 01:11.58 37,59	150m 01:49.71 38,13	02:25.80(+82)
18. Anna Lepoutre (PSV, 201100534)	50m 00:32.70 32,70	100m 01:10.61 37,91	150m 01:49.01 38,40	02:26.36(+70)
19. Wieke Dekker (De Dolfijn, 201002020)	50m 00:33.87 33,87	100m 01:11.89 38,02	150m 01:50.13 38,24	02:26.72(+73)
20. Yill van Bezouw (Hieronymus, 201100704)	50m 00:33.41 33,41	100m 01:11.70 38,29	150m 01:50.23 38,53	02:26.76(+76)
21. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:33.68 33,68	100m 01:10.94 37,26	150m 01:49.33 38,39	02:27.33(+71)
22. Fenna Zusterzeel (PSV, 201000008)	50m 00:33.29 33,29	100m 01:11.24 37,95	150m 01:50.24 39,00	02:27.64(+73)
23. Famke Franzen (De Schotegil, 201000058)	50m 00:34.09 34,09	100m 01:12.28 38,19	150m 01:51.06 38,78	02:27.78(+86)
24. Nina Tetteroo (De Columbiaan, 201000048)	50m 00:34.70 34,70	100m 01:12.51 37,81	150m 01:50.71 38,20	02:27.91(+81)
25. Anouk Steller (WVZ, 201000004)	50m 00:33.72 33,72	100m 01:11.72 38,00	150m 01:49.90 38,18	02:27.97(+97)
26. Eva de Man (Aqua-Novio'94, 201000294)	50m 00:34.05 34,05	100m 01:12.05 38,00	150m 01:51.47 39,42	02:28.07(+85)
27. Lola Verheijen (PSV, 201100832)	50m 00:33.67 33,67	100m 01:12.49 38,82	150m 01:51.04 38,55	02:28.26(+79)
28. Chloé in 't Veen (WVZ, 201100010)	50m 00:34.04 34,04	100m 01:12.31 38,27	150m 01:51.05 38,74	02:28.44(+67)
29. Milou Filemon (ZZ&PC De Devel, 201100078)	50m 00:33.81 33,81	100m 01:11.78 37,97	150m 01:51.07 39,29	02:28.57(+77)
30. Evelien Goorhuis (Hieronymus, 201000194)	50m 00:33.95 33,95	100m 01:12.55 38,60	150m 01:51.71 39,16	02:29.62(+78)
31. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:34.92 34,92	100m 01:13.53 38,61	150m 01:52.48 38,95	02:29.71(+73)
32. Casharell Kraan (Blue Marlins, 201103426)	50m 00:34.47 34,47	100m 01:12.49 38,02	150m 01:52.06 39,57	02:30.12(+79)
33. Mattea Gliese-Slooijer (De Dinkel, 201100008)	50m 00:33.39 33,39	100m 01:11.55 38,16	150m 01:51.43 39,88	02:30.40(+89)
34. Maryse Kuijper (DWK, 201000692)	50m 00:34.11 34,11	100m 01:12.92 38,81	150m 01:52.11 39,19	02:30.51(+85)
35. Elke Kriesels (Hieronymus, 201100898)	50m 00:34.93 34,93	100m 01:13.71 38,78	150m 01:53.58 39,87	02:31.22(+75)
36. Nadia van der Wal (ZPCH, 201003114)	50m 00:33.49 33,49	100m 01:12.62 39,13	150m 01:52.87 40,25	02:31.72(+73)
37. Jayna Wagemakers (AquaDream, 201000226)	50m 00:34.42 34,42	100m 01:14.05 39,63	150m 01:54.14 40,09	02:33.09(+77)

38. Tessa van Beek (DWK, 201001446)				02:33.26(+78)	
50m	00:35.42	35,42	100m 01:14.97	39,55 150m 01:54.58	39,61
39. Ilse Jongepier (THOR, 201000006)				02:34.09(+80)	
50m	00:35.79	35,79	100m 01:15.63	39,84 150m 01:56.36	40,73
40. Romée Smit (MSV-Zeemacht, 201100438)				02:34.80(+76)	
50m	00:35.74	35,74	100m 01:16.21	40,47 150m 01:57.60	41,39
41. Manou Longayroux (ZZ&PC De Devel, 201000580)				02:35.61(+69)	
50m	00:35.66	35,66	100m 01:16.33	40,67 150m 01:57.58	41,25
42. Annelie Batenburg (PSV, 201001962)				02:36.26(+75)	
50m	00:35.74	35,74	100m 01:15.43	39,69 150m 01:56.49	41,06
43. Tess Meeuwissen (De Columbiaan, 201000370)				02:37.16(+63)	
50m	00:35.17	35,17	100m 01:15.22	40,05 150m 01:56.48	41,26
44. Alaine Lomans (Eszet, 201000420)				02:37.64(+56)	
50m	00:35.16	35,16	100m 01:15.37	40,21 150m 01:57.10	41,73
45. Eefje van Hinsbergen (Blue Marlins, 201002252)				02:37.76(+73)	
50m	00:36.01	36,01	100m 01:17.38	41,37 150m 01:58.51	41,13
46. Femke ter Horst (ZPC Hoogeveen, 201000108)				02:38.30(+87)	
50m	00:36.85	36,85	100m 01:17.51	40,66 150m 01:59.06	41,55
47. Elin Reinstra (TriVia, 201100842)				02:38.75(+83)	
50m	00:35.57	35,57	100m 01:15.78	40,21 150m 01:57.26	41,48
48. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)				02:39.19(+79)	
50m	00:36.54	36,54	100m 01:17.83	41,29 150m 01:59.71	41,88
49. Lynn ten Berge (De Dinkel, 201000884)				02:40.82(+83)	
50m	00:35.43	35,43	100m 01:16.39	40,96 150m 01:58.64	42,25
50. Kim Bouman (ZPC AMERSFOORT, 201000262)				02:43.50(+88)	
50m	00:36.91	36,91	100m 01:18.76	41,85 150m 02:02.36	43,60
46. 200m wisselslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Frouke Ludwig (DZ&PC, 200800112)				02:25.49(+73)	
50m	00:30.10	30,10	100m 01:06.32	36,22 150m 01:51.42	45,10
2. Dachen Haaijer (ZPC Hoogeveen, 200800380)				02:25.98(+77)	
50m	00:32.22	32,22	100m 01:09.84	37,62 150m 01:53.06	43,22
3. Rosalie Reef (ZPC AMERSFOORT, 200800426)				02:26.09(+73)	
50m	00:30.40	30,40	100m 01:10.78	40,38 150m 01:53.46	42,68
4. Fay Boxum (DZ&PC, 200900060)				02:28.01(+79)	
50m	00:31.88	31,88	100m 01:09.81	37,93 150m 01:53.75	43,94
5. Nova Nijziel (PSV, 200804416)				02:28.25(+73)	
50m	00:31.21	31,21	100m 01:09.22	38,01 150m 01:53.20	43,98
6. Charlotte Leijnse (Blue Marlins, 200802948)				02:29.63(+75)	
50m	00:31.55	31,55	100m 01:08.92	37,37 150m 01:55.87	46,95
7. Elin Ditewig (VZC, 200900392)				02:30.26(+79)	
50m	00:31.25	31,25	100m 01:10.23	38,98 150m 01:56.26	46,03
8. Meyke v. Nimwegen (De Schotegil, 200800106)				02:31.76(+80)	
50m	00:32.29	32,29	100m 01:11.59	39,30 150m 01:55.94	44,35
9. Emmelien Smelt (ZV Zwartsluis, 200800012)				02:33.45(+79)	
50m	00:31.60	31,60	100m 01:10.92	39,32 150m 01:57.14	46,22
10. Flora Szili-Torok (Feijenoord Albion, 200800114)				02:33.88(+64)	
50m	00:32.73	32,73	100m 01:13.05	40,32 150m 01:57.98	44,93
11. Laura van Etten (HZ&PC Heerenveen, 200800264)				02:34.10(+79)	
50m	00:34.22	34,22	100m 01:11.06	36,84 150m 01:59.03	47,97

12. Luus Gielens (PSV, 200900138)				02:34.40(+86)
	50m 00:33.92 33,92	100m 01:13.21 39,29	150m 01:59.20 45,99	
13. Julliette Woltjes (VZC, 200900774)				02:34.44(+80)
	50m 00:32.26 32,26	100m 01:13.01 40,75	150m 02:00.33 47,32	
14. Jinh Engelse (Niemo Barracuda, 200800204)				02:34.94(+79)
	50m 00:32.47 32,47	100m 01:11.33 38,86	150m 01:59.23 47,90	
15. Amber Kunst (DAW, 200900680)				02:35.01(+70)
	50m 00:33.77 33,77	100m 01:14.33 40,56	150m 01:59.16 44,83	
16. Caitlin Sülter (VZC, 200900046)				02:35.02(+82)
	50m 00:31.72 31,72	100m 01:12.01 40,29	150m 01:59.83 47,82	
17. Bregje Dekkers (PSV, 200900746)				02:35.14(+70)
	50m 00:34.13 34,13	100m 01:12.75 38,62	150m 01:59.44 46,69	
18. Indira van Aggele (De Dolfijn, 200804424)				02:35.29(+76)
	50m 00:30.82 30,82	100m 01:11.75 40,93	150m 01:59.75 48,00	
19. Julia Agricola (DZ&PC, 200800266)				02:35.38(+74)
	50m 00:32.81 32,81	100m 01:14.32 41,51	150m 02:00.07 45,75	
20. Nina Zusterzeel (PSV, 200800656)				02:36.10(+71)
	50m 00:33.12 33,12	100m 01:15.02 41,90	150m 01:57.38 42,36	
21. Pascale Smal (DAW, 200802958)				02:36.74(+61)
	50m 00:31.97 31,97	100m 01:14.11 42,14	150m 01:59.92 45,81	
22. Elin Brinkhof (De Dolfijn, 200900078)				02:36.77(+73)
	50m 00:31.54 31,54	100m 01:12.63 41,09	150m 02:00.95 48,32	
23. Madeleine Bertram (De Dolfijn, 200900516)				02:36.83(+79)
	50m 00:34.66 34,66	100m 01:14.80 40,14	150m 02:03.16 48,36	
24. Fenna Westerneng (ZPC Hoogeveen, 200900070)				02:36.85(+74)
	50m 00:34.22 34,22	100m 01:14.06 39,84	150m 02:01.14 47,08	
25. Tess Vonk (De Geul, 200900024)				02:37.43(+67)
	50m 00:31.66 31,66	100m 01:14.55 42,89	150m 01:59.80 45,25	
26. Robine Moot (ZPC AMERSFOORT, 200900330)				02:37.72(+74)
	50m 00:34.81 34,81	100m 01:17.53 42,72	150m 02:00.97 43,44	
27. Ilana Gentile (Orca, 200801558)				02:37.73(+76)
	50m 00:32.90 32,90	100m 01:14.87 41,97	150m 02:02.15 47,28	
28. Nienke Koster (ZPC Hoogeveen, 200900612)				02:37.92(+68)
	50m 00:34.14 34,14	100m 01:12.79 38,65	150m 02:00.43 47,64	
29. Hannah Markovinovic (WS Twente, 200803266)				02:38.46(+69)
	50m 00:32.78 32,78	100m 01:13.11 40,33	150m 02:02.80 49,69	
30. Iris Tilburg (Arethusa, 200902662)				02:38.70(+83)
	50m 00:34.83 34,83	100m 01:15.34 40,51	150m 02:01.99 46,65	
31. Esmaé de Gans (ZPC AMERSFOORT, 200900134)				02:39.15(+78)
	50m 00:33.56 33,56	100m 01:14.52 40,96	150m 02:03.43 48,91	
32. Emma Rose Buitenkamp (De Dolfijn, 200801898)				02:39.60(+76)
	50m 00:31.77 31,77	100m 01:12.40 40,63	150m 02:03.11 50,71	
33. Liv Heijdra (WVZ, 200800736)				02:39.72(+79)
	50m 00:32.41 32,41	100m 01:14.97 42,56	150m 02:00.27 45,30	
34. Valérie Sakkers (ZV 44, 200800080)				02:39.76(+71)
	50m 00:34.32 34,32	100m 01:17.25 42,93	150m 02:03.43 46,18	
35. Jenny Muntinga (ZPCH, 200900450)				02:39.77(+74)
	50m 00:34.73 34,73	100m 01:15.51 40,78	150m 02:03.54 48,03	
36. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)				02:40.05(+79)

	50m 00:35.27 35,27	100m 01:17.50 42,23	150m 02:04.04 46,54	
37. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:32.60 32,60	100m 01:13.11 40,51	150m 02:02.93 49,82	02:40.72(+66)
38. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:33.41 33,41	100m 01:16.58 43,17	150m 02:03.97 47,39	02:40.98(+71)
39. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:34.88 34,88	100m 01:17.56 42,68	150m 02:03.57 46,01	02:41.12(+76)
40. Floortje van 't Wout (De Dolfijn, 200802286)	50m 00:34.49 34,49	100m 01:15.47 40,98	150m 02:04.64 49,17	02:41.45(+80)
41. Ilse Rozema (Blue Marlins, 200803318)	50m 00:32.76 32,76	100m 01:14.74 41,98	150m 02:05.26 50,52	02:42.18(+67)
42. Jessy van Vlimmeren (Hieronymus, 200801452)	50m 00:34.10 34,10	100m 01:17.31 43,21	150m 02:05.68 48,37	02:43.35(+71)
43. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)	50m 00:35.03 35,03	100m 01:18.25 43,22	150m 02:07.96 49,71	02:44.74(+92)
44. Fleur van den Eijk (Blue Marlins, 200900304)	50m 00:33.94 33,94	100m 01:16.00 42,06	150m 02:05.78 49,78	02:45.81(+67)
45. Jannoula Jaspers (De Vikings, 200800202)	50m 00:36.60 36,60	100m 01:20.79 44,19	150m 02:07.75 46,96	02:47.72(+75)
DIS. Julie van Nispen (Z&PV Nuenen, 200800290)				00:00.00
DIS. Jade van der Schrier (AZC, 200800692)				00:00.00
47. 200m rugslag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m 00:33.65 33,65	100m 01:09.68 36,03	150m 01:45.64 35,96	02:18.55(+78)
2. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:31.87 31,87	100m 01:07.29 35,42	150m 01:43.41 36,12	02:18.73(+60)
3. Tim van de Moosdijk (PSV, 200900187)	50m 00:32.77 32,77	100m 01:07.90 35,13	150m 01:44.47 36,57	02:19.90(+65)
4. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:33.26 33,26	100m 01:10.43 37,17	150m 01:47.90 37,47	02:23.93(+68)
5. Giulian Janssen (PSV, 200900125)	50m 00:34.39 34,39	100m 01:12.45 38,06	150m 01:50.52 38,07	02:26.20(+60)
6. Mike Hilders (De Dolfijn, 200900281)	50m 00:34.03 34,03	100m 01:11.02 36,99	150m 01:48.73 37,71	02:26.65(+70)
7. Luca Boorsma (De Columbiaan, 200902031)	50m 00:34.19 34,19	100m 01:11.40 37,21	150m 01:49.48 38,08	02:26.85(+56)
8. Sven Koornstra (De Vikings, 200900189)	50m 00:35.71 35,71	100m 01:13.44 37,73	150m 01:50.68 37,24	02:26.97(+72)
9. Jelte de Jong (ZPCH, 200900975)	50m 00:35.23 35,23	100m 01:13.12 37,89	150m 01:50.87 37,75	02:27.76(+71)
10. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:34.76 34,76	100m 01:13.06 38,30	150m 01:52.05 38,99	02:29.08(+59)
11. Finn Hilders (De Dolfijn, 200900283)	50m 00:34.51 34,51	100m 01:12.77 38,26	150m 01:52.19 39,42	02:29.49(+79)
12. Martijn Nies (PSV, 200902095)	50m 00:35.50 35,50	100m 01:13.83 38,33	150m 01:52.72 38,89	02:29.81(+77)
13. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:35.64 35,64	100m 01:14.23 38,59	150m 01:52.73 38,50	02:30.31(+59)

14. Adriaan Coppelmans (AZC, 200903243)				02:30.36(+73)
50m 00:34.46 34,46	100m 01:12.79 38,33	150m 01:52.14 39,35		
15. Theodore Allan (PSV, 200902925)				02:30.50(+80)
50m 00:34.40 34,40	100m 01:12.53 38,13	150m 01:52.01 39,48		
16. Sverre van der Zwaan (WVZ, 200900737)				02:30.67(+68)
50m 00:35.05 35,05	100m 01:13.35 38,30	150m 01:52.12 38,77		
17. Ivo Bot (Wiekslag, 200900509)				02:30.98(+68)
50m 00:33.89 33,89	100m 01:13.43 39,54	150m 01:53.16 39,73		
18. Finn Eghuizen (HZ&PC Heerenveen, 200900431)				02:33.10(+76)
50m 00:35.52 35,52	100m 01:14.62 39,10	150m 01:54.56 39,94		
19. Myron Artemenko (Niemo Barracuda, 201003021)				02:34.20(+55)
50m 00:35.76 35,76	100m 01:14.83 39,07	150m 01:55.57 40,74		
20. Xander Kragting (De Blauwe Schuur, 200900077)				02:34.39(+69)
50m 00:36.15 36,15	100m 01:15.11 38,96	150m 01:55.19 40,08		
21. Stefan van der Meer (VZC, 200901361)				02:34.79(+63)
50m 00:36.20 36,20	100m 01:15.80 39,60	150m 01:55.92 40,12		
22. Evren Ege Orcunus (De Dolfijn, 201003253)				02:34.82(+80)
50m 00:36.80 36,80	100m 01:16.22 39,42	150m 01:55.90 39,68		
23. Ruben Baars (DWK, 200900471)				02:36.23(+69)
50m 00:36.64 36,64	100m 01:16.29 39,65	150m 01:56.71 40,42		
24. Mathieu Gepkens (VZC, 201000045)				02:36.53
50m 00:36.99 36,99	100m 01:16.92 39,93	150m 01:57.30 40,38		
25. Sven Vette (De Bevelanders, 200900519)				02:36.63(+72)
50m 00:34.97 34,97	100m 01:14.43 39,46	150m 01:56.27 41,84		
26. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)				02:37.56(+66)
50m 00:35.25 35,25	100m 01:15.46 40,21	150m 01:57.21 41,75		
27. Floris van de Wal (De Treffers, 200900495)				02:38.98(+84)
50m 00:37.19 37,19	100m 01:18.13 40,94	150m 02:00.26 42,13		
28. Thijmen Pruijssers (Hieronymus, 201000129)				02:39.12(+64)
50m 00:37.95 37,95	100m 01:18.21 40,26	150m 01:59.53 41,32		
29. Oleksandr Hordiienko (De Aalscholver, 201003061)				02:39.16(+65)
50m 00:38.09 38,09	100m 01:19.66 41,57	150m 02:01.57 41,91		
30. Aidan van der Stelt (De Geul, 200900901)				02:39.51(+67)
50m 00:36.04 36,04	100m 01:17.39 41,35	150m 02:00.22 42,83		
31. Dani Yefimov (WS Twente, 200901305)				02:40.94(+69)
50m 00:39.49 39,49	100m 01:20.86 41,37	150m 02:01.79 40,93		
32. Davi Fonseca Gomes (PSV, 200902795)				02:41.05(+70)
50m 00:37.80 37,80	100m 01:19.52 41,72	150m 02:02.04 42,52		
33. Roy Hofman (DZ&PC, 200900439)				02:41.67(+80)
50m 00:38.37 38,37	100m 01:20.04 41,67	150m 02:02.74 42,70		
34. Ruben Kragt (ZV 44, 201000007)				02:41.83(+67)
50m 00:37.12 37,12	100m 01:18.10 40,98	150m 02:00.09 41,99		
35. Mathijs de Wit (KSN (SG), 201001215)				02:41.84(+72)
50m 00:38.88 38,88	100m 01:21.17 42,29	150m 02:03.33 42,16		
36. Sacha van Hees Ajdnik (ZEPS, 200900489)				02:42.02(+80)
50m 00:37.89 37,89	100m 01:19.77 41,88	150m 02:02.81 43,04		
37. Dinand Kop (DAW, 200901001)				02:43.17(+73)
50m 00:37.18 37,18	100m 01:18.87 41,69	150m 02:01.28 42,41		
38. Thvao van de Peppel (Blue Marlins, 200901101)				02:43.22(+68)



	50m 00:38.53 38,53	100m 01:20.44 41,91	150m 02:02.28 41,84	
39. Max van der Spank (Hieronymus, 201000275)				02:43.59(+68)
	50m 00:39.40 39,40	100m 01:21.58 42,18	150m 02:02.68 41,10	
40. Dax van den Nouland (Blue Marlins, 201000071)				02:43.78(+74)
	50m 00:38.03 38,03	100m 01:18.97 40,94	150m 02:01.93 42,96	
41. Mauro Bedeke (DAW, 201000537)				02:44.33(+61)
	50m 00:37.31 37,31	100m 01:19.01 41,70	150m 02:02.06 43,05	
42. Paul Ruitenbergh (De Geul, 200900979)				02:45.01(+70)
	50m 00:37.84 37,84	100m 01:20.39 42,55	150m 02:04.67 44,28	
43. Thomas Nauta (Arethusa, 200900339)				02:45.49(+70)
	50m 00:38.89 38,89	100m 01:21.14 42,25	150m 02:04.44 43,30	
44. Owen Houdé (De Geul, 200900903)				02:47.02(+87)
	50m 00:38.63 38,63	100m 01:22.58 43,95	150m 02:07.03 44,45	
45. Jan Schouten (ZVL-1886 Center, 200902305)				02:47.06(+77)
	50m 00:38.88 38,88	100m 01:22.37 43,49	150m 02:07.09 44,72	
45. Tariq van Laar (De Rijn, 200900819)				02:47.06(+69)
	50m 00:39.75 39,75	100m 01:22.07 42,32	150m 02:04.75 42,68	
47. Bink de Vries (AZC, 200901887)				02:47.86(+71)
	50m 00:38.44 38,44	100m 01:21.59 43,15	150m 02:05.72 44,13	
48. Lucas Schouten (ZPCH, 200901925)				02:49.52(+62)
	50m 00:38.51 38,51	100m 01:22.79 44,28	150m 02:07.19 44,40	
49. Sascha Timmer (AZC, 200902987)				02:51.83(+70)
	50m 00:37.75 37,75	100m 01:21.23 43,48	150m 02:06.43 45,20	
DIS. Brent Schifflers (ZPC Woerden, 200902041)				00:00.00
48. 200m rugslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Jake Franse (Blue Marlins, 200703873)				02:10.58(+61)
	50m 00:30.68 30,68	100m 01:03.85 33,17	150m 01:37.67 33,82	
2. Nikodim Markovic (Blue Marlins, 200700255)				02:11.12(+67)
	50m 00:30.41 30,41	100m 01:03.76 33,35	150m 01:37.81 34,05	
3. Giovanni Phillipson (Team Noord Holland, 200801099)				02:12.11(+71)
	50m 00:29.97 29,97	100m 01:03.38 33,41	150m 01:38.40 35,02	
4. Tiede Groener (De Dinkel, 200700155)				02:12.97(+67)
	50m 00:30.67 30,67	100m 01:04.83 34,16	150m 01:38.99 34,16	
5. Wytse Broekstra (De Vikings, 200800121)				02:13.58(+60)
	50m 00:30.80 30,80	100m 01:04.85 34,05	150m 01:39.25 34,40	
6. Tieme Wiersma (DZ&PC, 200701031)				02:15.57(+65)
	50m 00:30.93 30,93	100m 01:05.80 34,87	150m 01:41.41 35,61	
7. Jisse Lousma (WVZ, 200701493)				02:15.73(+53)
	50m 00:32.82 32,82	100m 01:07.85 35,03	150m 01:42.65 34,80	
8. Gaëtan Spicq (Blue Marlins, 200701807)				02:17.28(+70)
	50m 00:31.70 31,70	100m 01:06.38 34,68	150m 01:42.27 35,89	
9. Niek Issard (DZ&PC, 200700037)				02:19.47(+73)
	50m 00:32.10 32,10	100m 01:07.67 35,57	150m 01:43.63 35,96	
10. Boele Böhm (Blue Marlins, 200700739)				02:19.68(+65)
	50m 00:32.70 32,70	100m 01:08.62 35,92	150m 01:44.94 36,32	
11. Jaydey Schonewille (Steenwijk 1934, 200800025)				02:20.83(+67)
	50m 00:33.28 33,28	100m 01:09.42 36,14	150m 01:45.83 36,41	
12. Yarno van Dam (ACZ, 200800115)				02:21.37(+64)

	50m 00:31.84 31,84	100m 01:08.00 36,16	150m 01:45.27 37,27	
13. Job Sportel (V Z & P C, 200800429)	50m 00:33.42 33,42	100m 01:09.73 36,31	150m 01:46.16 36,43	02:21.77(+61)
14. Niek Sonneveld (WVZ, 200802631)	50m 00:32.41 32,41	100m 01:08.58 36,17	150m 01:46.48 37,90	02:21.82(+61)
15. Thijs Poll (ZV 44, 200700203)	50m 00:34.11 34,11	100m 01:11.08 36,97	150m 01:47.98 36,90	02:22.91(+72)
16. Rijk Leenders (VZC, 200800627)	50m 00:34.18 34,18	100m 01:09.96 35,78	150m 01:46.58 36,62	02:23.12(+67)
17. Willem Weustink (Team Noord Holland, 200800109)	50m 00:32.79 32,79	100m 01:09.19 36,40	150m 01:46.77 37,58	02:23.21(+66)
18. Mads van Norden (ZPC AMERSFOORT, 200700029)	50m 00:32.09 32,09	100m 01:09.19 37,10	150m 01:46.77 37,58	02:23.47(+81)
19. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	50m 00:31.96 31,96	100m 01:08.32 36,36	150m 01:46.87 38,55	02:23.53(+61)
20. Siem de Zeeuw (OZ&PC, 200800013)	50m 00:32.96 32,96	100m 01:09.67 36,71	150m 01:47.08 37,41	02:23.64(+62)
21. Daniel Critchell (Deltasteur, 200700439)	50m 00:33.59 33,59	100m 01:10.13 36,54	150m 01:47.62 37,49	02:23.99(+60)
22. Lias IJzerman (Dedemsvaart-AC, 200703145)	50m 00:32.08 32,08	100m 01:08.01 35,93	150m 01:46.56 38,55	02:24.53(+69)
23. Rein Stoel (ZVL-1886 Center, 200800463)	50m 00:32.27 32,27	100m 01:08.73 36,46	150m 01:47.50 38,77	02:25.28(+71)
24. Denzel Barthen (WVZ, 200700147)	50m 00:33.46 33,46	100m 01:09.98 36,52	150m 01:48.74 38,76	02:25.92(+78)
25. Diede Veld (SWOL 1894, 200800011)	50m 00:33.77 33,77	100m 01:10.62 36,85	150m 01:48.86 38,24	02:26.26(+63)
26. Tim Zuurman (ZPC Hoogeveen, 200700131)	50m 00:35.29 35,29	100m 01:12.15 36,86	150m 01:49.90 37,75	02:26.31(+81)
27. Xander Boets (ZPC Nova, 200800133)	50m 00:33.59 33,59	100m 01:10.16 36,57	150m 01:47.69 37,53	02:26.58(+74)
28. Sebastian Lopes Cardozo (WZK, 200800187)	50m 00:33.40 33,40	100m 01:11.00 37,60	150m 01:49.59 38,59	02:27.35(+60)
29. Felix Gepkens (VZC, 200800631)	50m 00:34.01 34,01	100m 01:12.60 38,59	150m 01:51.11 38,51	02:27.43(+64)
30. Jere Wiersma (DZ&PC, 200701037)	50m 00:33.75 33,75	100m 01:11.01 37,26	150m 01:50.49 39,48	02:28.54(+75)
31. Tijn Hilders (De Dolfijn, 200700027)	50m 00:33.59 33,59	100m 01:11.21 37,62	150m 01:50.46 39,25	02:29.15(+66)
32. Rian Schoneveld (De Berkelduikers, 200801789)	50m 00:34.72 34,72	100m 01:12.66 37,94	150m 01:52.27 39,61	02:31.87(+54)
33. Rens Noordover (Team Noord Holland, 200800237)	50m 00:35.41 35,41	100m 01:13.39 37,98	150m 01:53.44 40,05	02:32.54(+66)
DIS. Xiaoyu Yin (Blue Marlins, 200803363)				00:00.00
49. 4x100m wisselslag dames Junioren 11 - 14 jaar (Junioren 4 en jonger)				
1. DZ&PC				04:28.67
	Fay Boxum 2009 (+65)	50m 00:32.80 32,80		
	Fay Boxum 2009 (+65)	100m 01:08.31 35,51		
	Esmee Mulder 2008 (+10)	150m 01:43.50 35,19		

	Esmee Mulder 2008 (+10)	200m	02:24.17	40,67	
	Frouke Ludwig 2008 (+23)	250m	02:53.14	28,97	
	Frouke Ludwig 2008 (+23)	300m	03:28.51	35,37	
	Ilse Wiltjer 2009 (+44)	350m	03:57.27	28,76	
	Ilse Wiltjer 2009 (+44)	400m	04:28.67	31,40	
2.	ZPC AMERSFOORT				04:33.73
	Senna Rijnbeek 2009 (+73)	50m	00:33.84	33,84	
	Senna Rijnbeek 2009 (+73)	100m	01:11.53	37,69	
	Robine Moot 2009 (+48)	150m	01:49.38	37,85	
	Robine Moot 2009 (+48)	200m	02:32.43	43,05	
	Rosalie Reef 2008 (-3)	250m	03:01.14	28,71	
	Rosalie Reef 2008 (-3)	300m	03:35.64	34,50	
	Maike Ooms 2008 (+16)	350m	04:03.30	27,66	
	Maike Ooms 2008 (+16)	400m	04:33.73	30,43	
3.	PSV				04:34.42
	Tereza Boom 2009 (+61)	50m	00:34.23	34,23	
	Tereza Boom 2009 (+61)	100m	01:11.85	37,62	
	Nina Zusterzeel 2008 (+42)	150m	01:45.58	33,73	
	Nina Zusterzeel 2008 (+42)	200m	02:26.12	40,54	
	Nova Nijziel 2008 (+48)	250m	02:56.43	30,31	
	Nova Nijziel 2008 (+48)	300m	03:32.19	35,76	
	Kinley Cole 2009 (+45)	350m	04:02.24	30,05	
	Kinley Cole 2009 (+45)	400m	04:34.42	32,18	
4.	PSV				04:38.35
	Fenna Zusterzeel 2010 (+62)	50m	00:33.91	33,91	
	Fenna Zusterzeel 2010 (+62)	100m	01:09.81	35,90	
	Veerle Hildebrand 2008 (+63)	150m	01:45.58	35,77	
	Veerle Hildebrand 2008 (+63)	200m	02:25.19	39,61	
	Frédérique Nijziel 2011 (+44)	250m	02:57.04	31,85	
	Frédérique Nijziel 2011 (+44)	300m	03:35.80	38,76	
	Luus Gielens 2009 (+57)	350m	04:05.79	29,99	
	Luus Gielens 2009 (+57)	400m	04:38.35	32,56	
5.	De Dolfijn				04:40.44
	Emma Rose Buitenkamp 2008 (+71)	50m	00:34.34	34,34	
	Emma Rose Buitenkamp 2008 (+71)	100m	01:11.97	37,63	
	Carla Moreno Palacios 2010 (+22)	150m	01:49.00	37,03	
	Carla Moreno Palacios 2010 (+22)	200m	02:32.42	43,42	
	Indira van Aggele 2008 (+61)	250m	03:02.96	30,54	
	Indira van Aggele 2008 (+61)	300m	03:39.34	36,38	
	Madeleine Bertram 2009 (+44)	350m	04:08.93	29,59	
	Madeleine Bertram 2009 (+44)	400m	04:40.44	31,51	
6.	VZC				04:43.34
	Elin Ditewig 2009 (+69)	50m	00:33.20	33,20	
	Elin Ditewig 2009 (+69)	100m	01:08.58	35,38	
	Juliette Woltjes 2009 (+50)	150m	01:46.83	38,25	
	Juliette Woltjes 2009 (+50)	200m	02:30.84	44,01	
	Caitlin Sülter 2009 (+30)	250m	03:01.78	30,94	
	Caitlin Sülter 2009 (+30)	300m	03:38.95	37,17	
	Chiara Lammertink 2009 (+56)	350m	04:09.49	30,54	
	Chiara Lammertink 2009 (+56)	400m	04:43.34	33,85	
7.	DAW				04:44.24
	Bette Peetoom 2008 (+57)	50m	00:35.58	35,58	
	Bette Peetoom 2008 (+57)	100m	01:13.61	38,03	
	Amber Kunst 2009 (+33)	150m	01:49.89	36,28	
	Amber Kunst 2009 (+33)	200m	02:32.71	42,82	
	Pascalie Smal 2008 (+21)	250m	03:03.65	30,94	
	Pascalie Smal 2008 (+21)	300m	03:40.58	36,93	
	Flo Streep 2009 (+27)	350m	04:09.85	29,27	
	Flo Streep 2009 (+27)	400m	04:44.24	34,39	
8.	Blue Marlins				04:45.68
	Charlotte Leijnse 2008 (+73)	50m	00:33.96	33,96	
	Charlotte Leijnse 2008 (+73)	100m	01:10.91	36,95	

Julia Dąbrowska 2010 (+74)	150m	01:49.29	38,38	
Julia Dąbrowska 2010 (+74)	200m	02:36.21	46,92	
Marit Boomers 2008 (+48)	250m	03:06.72	30,51	
Marit Boomers 2008 (+48)	300m	03:43.61	36,89	
Ilse Rozema 2008 (+51)	350m	04:12.73	29,12	
Ilse Rozema 2008 (+51)	400m	04:45.68	32,95	
9. Blue Marlins				04:47.38
Ece Öngören 2009 (+67)	50m	00:33.99	33,99	
Ece Öngören 2009 (+67)	100m	01:10.89	36,90	
Mijke Ouderkerken 2009 (+35)	150m	01:49.27	38,38	
Mijke Ouderkerken 2009 (+35)	200m	02:33.14	43,87	
Odenza Soselisa 2011 (+50)	250m	03:05.10	31,96	
Odenza Soselisa 2011 (+50)	300m	03:42.49	37,39	
Fleur van den Eijk 2009 (+75)	350m	04:13.07	30,58	
Fleur van den Eijk 2009 (+75)	400m	04:47.38	34,31	
10. ZPC Hoogeveen				04:49.96
Nienke Koster 2009 (+60)	50m	00:33.66	33,66	
Nienke Koster 2009 (+60)	100m	01:10.41	36,75	
Dachen Haaijer 2008 (+36)	150m	01:47.26	36,85	
Dachen Haaijer 2008 (+36)	200m	02:28.32	41,06	
Esmee van der Tuuk 2008 (+80)	250m	03:03.54	35,22	
Esmee van der Tuuk 2008 (+80)	300m	03:46.78	43,24	
Fenna Westerneng 2009 (+52)	350m	04:17.12	30,34	
Fenna Westerneng 2009 (+52)	400m	04:49.96	32,84	
11. Aqua-Novio'94				04:50.37
Myla Klaassen 2009 (+55)	50m	00:34.94	34,94	
Myla Klaassen 2009 (+55)	100m	01:12.23	37,29	
Leonoor Smale 2008 (+53)	150m	01:48.89	36,66	
Leonoor Smale 2008 (+53)	200m	02:31.38	42,49	
Niobe Maduro 2008 (+53)	250m	03:04.33	32,95	
Niobe Maduro 2008 (+53)	300m	03:46.38	42,05	
Tara Langkamp 2009 (+22)	350m	04:16.14	29,76	
Tara Langkamp 2009 (+22)	400m	04:50.37	34,23	
12. PSV				04:51.90
Freeke Super 2010 (+60)	50m	00:35.25	35,25	
Freeke Super 2010 (+60)	100m	01:12.88	37,63	
Michelle van Hemert 2009 (+46)	150m	01:50.35	37,47	
Michelle van Hemert 2009 (+46)	200m	02:32.77	42,42	
Bregje Dekkers 2009 (+64)	250m	03:05.82	33,05	
Bregje Dekkers 2009 (+64)	300m	03:46.15	40,33	
Anna Lepoutre 2011 (+40)	350m	04:16.68	30,53	
Anna Lepoutre 2011 (+40)	400m	04:51.90	35,22	
13. Dedemsvaart-AC				04:56.29
Esmé Sportel 2009 (+70)	50m	00:36.85	36,85	
Esmé Sportel 2009 (+70)	100m	01:14.17	37,32	
Esther Dijsselhof 2008 (+46)	150m	01:52.14	37,97	
Esther Dijsselhof 2008 (+46)	200m	02:36.40	44,26	
Lois Waterham 2008 (+41)	250m	03:09.70	33,30	
Lois Waterham 2008 (+41)	300m	03:50.96	41,26	
Daphne Dijsselhof 2009 (+45)	350m	04:22.15	31,19	
Daphne Dijsselhof 2009 (+45)	400m	04:56.29	34,14	
14. Hieronymus				04:57.37
Karlijn van der Schrier 2009 (+73)	50m	00:35.41	35,41	
Karlijn van der Schrier 2009 (+73)	100m	01:13.86	38,45	
Yill van Bezouw 2011 (+44)	150m	01:53.29	39,43	
Yill van Bezouw 2011 (+44)	200m	02:40.11	46,82	
Sarah Wessels 2008 (+45)	250m	03:12.97	32,86	
Sarah Wessels 2008 (+45)	300m	03:52.61	39,64	
Jessy van Vlimmeren 2008 (+46)	350m	04:23.01	30,40	
Jessy van Vlimmeren 2008 (+46)	400m	04:57.37	34,36	
15. HZ&PC Heerenveen				04:58.03
Laura van Etten 2008 (+71)	50m	00:32.30	32,30	

Laura van Etten 2008 (+71)	100m	01:06.34	34,04	
Lobke Hempenius 2011 (+33)	150m	01:48.36	42,02	
Lobke Hempenius 2011 (+33)	200m	02:36.95	48,59	
Silke Hooghiemstra 2009 (+45)	250m	03:10.29	33,34	
Silke Hooghiemstra 2009 (+45)	300m	03:49.90	39,61	
Elise Dorlandt 2010 (+37)	350m	04:21.50	31,60	
Elise Dorlandt 2010 (+37)	400m	04:58.03	36,53	
16. DWK				04:59.19
Laura Volkers 2008 (+68)	50m	00:35.98	35,98	
Laura Volkers 2008 (+68)	100m	01:14.52	38,54	
Fenne de Vogt 2009 (+35)	150m	01:52.80	38,28	
Fenne de Vogt 2009 (+35)	200m	02:39.44	46,64	
Lili Oosting 2009 (+36)	250m	03:14.51	35,07	
Lili Oosting 2009 (+36)	300m	03:54.84	40,33	
Karlijn Siderius 2009 (+31)	350m	04:24.87	30,03	
Karlijn Siderius 2009 (+31)	400m	04:59.19	34,32	
17. WVZ				04:59.58
Malin Roozeboom 2011 (+77)	50m	00:35.38	35,38	
Malin Roozeboom 2011 (+77)	100m	01:12.22	36,84	
Liv Heijdra 2008 (+56)	150m	01:49.22	37,00	
Liv Heijdra 2008 (+56)	200m	02:31.75	42,53	
Anouk Steller 2010 (+59)	250m	03:07.15	35,40	
Anouk Steller 2010 (+59)	300m	03:51.46	44,31	
Chloé in 't Veen 2011 (+54)	350m	04:24.22	32,76	
Chloé in 't Veen 2011 (+54)	400m	04:59.58	35,36	
18. Hellas-Glana				05:02.54
Noa Roberts 2008 (+76)	50m	00:36.24	36,24	
Noa Roberts 2008 (+76)	100m	01:13.77	37,53	
Myrthe Stelten 2009 (+37)	150m	01:52.77	39,00	
Myrthe Stelten 2009 (+37)	200m	02:39.03	46,26	
Esra Simon 2011 (+79)	250m	03:13.87	34,84	
Esra Simon 2011 (+79)	300m	03:54.80	40,93	
Julie Simonis 2010 (+51)	350m	04:27.06	32,26	
Julie Simonis 2010 (+51)	400m	05:02.54	35,48	
19. ZV 44				05:07.83
Valérie Sakkers 2008 (+61)	50m	00:35.66	35,66	
Valérie Sakkers 2008 (+61)	100m	01:14.47	38,81	
Anique Polinder 2008 (+32)	150m	01:54.20	39,73	
Anique Polinder 2008 (+32)	200m	02:42.56	48,36	
Marlouke Frijstein 2008 (+57)	250m	03:17.75	35,19	
Marlouke Frijstein 2008 (+57)	300m	03:59.11	41,36	
Licianne Jungeling 2008 (+11)	350m	04:31.93	32,82	
Licianne Jungeling 2008 (+11)	400m	05:07.83	35,90	
50. 4x100m vrije slag heren				
12 - 15 jaar (Junioren)				
1. Blue Marlins				03:38.10
Nikodim Markovic 2007 (+63)	50m	00:26.41	26,41	
Nikodim Markovic 2007 (+63)	100m	00:53.69	27,28	
Kaan Sudak 2008 (+49)	150m	01:19.84	26,15	
Kaan Sudak 2008 (+49)	200m	01:48.46	28,62	
Xiaoyu Yin 2008 (+32)	250m	02:14.57	26,11	
Xiaoyu Yin 2008 (+32)	300m	02:44.01	29,44	
Boele Böhm 2007 (+37)	350m	03:09.64	25,63	
Boele Böhm 2007 (+37)	400m	03:38.10	28,46	
2. Team Noord Holland				03:40.93
Giovanni Phillipson 2008 (+80)	50m	00:25.84	25,84	
Giovanni Phillipson 2008 (+80)	100m	00:53.32	27,48	
Suraj Baladurage 2008 (+46)	150m	01:20.51	27,19	
Suraj Baladurage 2008 (+46)	200m	01:51.02	30,51	
Rens Noordover 2008 (+41)	250m	02:17.79	26,77	
Rens Noordover 2008 (+41)	300m	02:47.72	29,93	
Bram Loots 2007 (+41)	350m	03:13.34	25,62	

	Bram Loots 2007 (+41)	400m	03:40.93	27,59	
3.	PSV				03:42.56
	Giulian Janssen 2009 (+63)	50m	00:26.99	26,99	
	Giulian Janssen 2009 (+63)	100m	00:57.25	30,26	
	Theodore Allan 2009 (+55)	150m	01:24.47	27,22	
	Theodore Allan 2009 (+55)	200m	01:54.27	29,80	
	Tim van Rooij 2007 (+40)	250m	02:20.62	26,35	
	Tim van Rooij 2007 (+40)	300m	02:50.58	29,96	
	Tiago Fonseca Gomes 2007 (+32)	350m	03:15.55	24,97	
	Tiago Fonseca Gomes 2007 (+32)	400m	03:42.56	27,01	
4.	DZ&PC				03:43.46
	Niek Issard 2007 (+76)	50m	00:26.97	26,97	
	Niek Issard 2007 (+76)	100m	00:56.18	29,21	
	Tim van Erven 2007 (+56)	150m	01:22.77	26,59	
	Tim van Erven 2007 (+56)	200m	01:51.99	29,22	
	Storm Boxum 2007 (+26)	250m	02:18.25	26,26	
	Storm Boxum 2007 (+26)	300m	02:47.78	29,53	
	Tieme Wiersma 2007 (+52)	350m	03:14.45	26,67	
	Tieme Wiersma 2007 (+52)	400m	03:43.46	29,01	
5.	De Dinkel				03:45.48
	Daan van Peet 2007 (+74)	50m	00:26.80	26,80	
	Daan van Peet 2007 (+74)	100m	00:56.60	29,80	
	Bram ter Braak 2008 (+36)	150m	01:23.62	27,02	
	Bram ter Braak 2008 (+36)	200m	01:53.66	30,04	
	Milan Veelders 2008 (+57)	250m	02:20.83	27,17	
	Milan Veelders 2008 (+57)	300m	02:50.95	30,12	
	Tiede Groener 2007 (+45)	350m	03:16.92	25,97	
	Tiede Groener 2007 (+45)	400m	03:45.48	28,56	
6.	ZPC AMERSFOORT				03:49.22
	Felbe van 't Land 2009 (+72)	50m	00:26.69	26,69	
	Felbe van 't Land 2009 (+72)	100m	00:56.08	29,39	
	Tobian Vos 2009 (+42)	150m	01:23.66	27,58	
	Tobian Vos 2009 (+42)	200m	01:53.40	29,74	
	Mads van Norden 2007 (+66)	250m	02:20.83	27,43	
	Mads van Norden 2007 (+66)	300m	02:51.12	30,29	
	Feddo Smink 2009 (+59)	350m	03:18.94	27,82	
	Feddo Smink 2009 (+59)	400m	03:49.22	30,28	
7.	WVZ				03:50.28
	Rely Hoogendijk 2007 (+73)	50m	00:27.29	27,29	
	Rely Hoogendijk 2007 (+73)	100m	00:57.14	29,85	
	Jisse Lousma 2007 (+43)	150m	01:25.27	28,13	
	Jisse Lousma 2007 (+43)	200m	01:55.50	30,23	
	Tim Boerefijn 2008 (+30)	250m	02:23.03	27,53	
	Tim Boerefijn 2008 (+30)	300m	02:53.03	30,00	
	Denzel Barthen 2007 (+47)	350m	03:21.04	28,01	
	Denzel Barthen 2007 (+47)	400m	03:50.28	29,24	
8.	De Dolfijn				03:53.94
	Nándor Szabó 2007 (+70)	50m	00:26.11	26,11	
	Nándor Szabó 2007 (+70)	100m	00:54.65	28,54	
	Tijn Hilders 2007 (+29)	150m	01:21.77	27,12	
	Tijn Hilders 2007 (+29)	200m	01:51.82	30,05	
	Tobias Tamm 2007 (+37)	250m	02:20.33	28,51	
	Tobias Tamm 2007 (+37)	300m	02:51.67	31,34	
	Finn Hilders 2009 (+39)	350m	03:20.80	29,13	
	Finn Hilders 2009 (+39)	400m	03:53.94	33,14	
9.	Blue Marlins				03:55.28
	Niels Meijer 2007 (+61)	50m	00:29.30	29,30	
	Niels Meijer 2007 (+61)	100m	01:00.20	30,90	
	Aditya Winterberg 2008 (+19)	150m	01:28.08	27,88	
	Aditya Winterberg 2008 (+19)	200m	01:59.69	31,61	
	Gaëtan Spicq 2007 (+30)	250m	02:27.77	28,08	
	Gaëtan Spicq 2007 (+30)	300m	02:58.50	30,73	

Vincent Huele 2007 (+32)	350m	03:25.56	27,06	
Vincent Huele 2007 (+32)	400m	03:55.28	29,72	
10. Dedemsvaart-AC				03:56.14
Mart Tempelman 2008 (+67)	50m	00:28.21	28,21	
Mart Tempelman 2008 (+67)	100m	01:00.16	31,95	
Lias IJzerman 2007 (+30)	150m	01:27.51	27,35	
Lias IJzerman 2007 (+30)	200m	01:58.63	31,12	
Emiel de Bruijn 2007 (+13)	250m	02:26.27	27,64	
Emiel de Bruijn 2007 (+13)	300m	02:57.34	31,07	
Melle van Veen 2007 (+49)	350m	03:25.02	27,68	
Melle van Veen 2007 (+49)	400m	03:56.14	31,12	
11. PSV				03:57.15
Jones Chuang 2008 (+58)	50m	00:27.43	27,43	
Jones Chuang 2008 (+58)	100m	00:57.15	29,72	
Davi Fonseca Gomes 2009 (+66)	150m	01:26.37	29,22	
Davi Fonseca Gomes 2009 (+66)	200m	01:58.49	32,12	
Martijn Nies 2009 (+54)	250m	02:27.52	29,03	
Martijn Nies 2009 (+54)	300m	02:58.76	31,24	
Nout Folkersma 2008 (+37)	350m	03:26.30	27,54	
Nout Folkersma 2008 (+37)	400m	03:57.15	30,85	
12. PSV				04:02.77
Thom Verdonck 2007 (+70)	50m	00:27.80	27,80	
Thom Verdonck 2007 (+70)	100m	00:58.07	30,27	
Jonathan Baaijens 2008 (+44)	150m	01:29.13	31,06	
Jonathan Baaijens 2008 (+44)	200m	02:02.77	33,64	
Phin van Ek 2007 (+15)	250m	02:31.29	28,52	
Phin van Ek 2007 (+15)	300m	03:03.01	31,72	
Tim van de Moosdijk 2009 (+36)	350m	03:31.38	28,37	
Tim van de Moosdijk 2009 (+36)	400m	04:02.77	31,39	
13. Hellas-Glana				04:05.17
Stijn Saelmans 2007 (+73)	50m	00:27.37	27,37	
Stijn Saelmans 2007 (+73)	100m	00:57.77	30,40	
Mattia Maggio 2009 (+38)	150m	01:25.32	27,55	
Mattia Maggio 2009 (+38)	200m	01:57.00	31,68	
Jannick van Eeghem 2008 (+59)	250m	02:26.14	29,14	
Jannick van Eeghem 2008 (+59)	300m	02:57.43	31,29	
Joris Willemse 2008 (+19)	350m	03:28.52	31,09	
Joris Willemse 2008 (+19)	400m	04:05.17	36,65	
14. Batavia Swim				04:06.37
Sylvan Jager 2007 (+63)	50m	00:29.21	29,21	
Sylvan Jager 2007 (+63)	100m	01:00.92	31,71	
Arie Brussaard 2007 (+56)	150m	01:29.39	28,47	
Arie Brussaard 2007 (+56)	200m	02:01.99	32,60	
Siem Faber 2009 (+48)	250m	02:33.91	31,92	
Siem Faber 2009 (+48)	300m	03:07.87	33,96	
Luca Gerringa 2007 (+42)	350m	03:35.76	27,89	
Luca Gerringa 2007 (+42)	400m	04:06.37	30,61	
15. VZC				04:06.47
Bas Mostert 2008 (+80)	50m	00:28.32	28,32	
Bas Mostert 2008 (+80)	100m	00:59.13	30,81	
Stefan van der Meer 2009 (+36)	150m	01:29.58	30,45	
Stefan van der Meer 2009 (+36)	200m	02:03.14	33,56	
Felix Gepkens 2008 (+74)	250m	02:32.45	29,31	
Felix Gepkens 2008 (+74)	300m	03:05.02	32,57	
Rijk Leenders 2008 (+48)	350m	03:34.44	29,42	
Rijk Leenders 2008 (+48)	400m	04:06.47	32,03	
16. Aqua-Novio'94				04:09.18
Mink Hugen 2008 (+74)	50m	00:29.35	29,35	
Mink Hugen 2008 (+74)	100m	01:02.17	32,82	
Noah Jansen 2009 (+43)	150m	01:32.43	30,26	
Noah Jansen 2009 (+43)	200m	02:06.54	34,11	
Tim Brouwer 2008 (+28)	250m	02:36.10	29,56	

Tim Brouwer 2008 (+28) 300m 03:08.90 32,80  
Sami El Fhim 2007 (+14) 350m 03:36.66 27,76  
Sami El Fhim 2007 (+14) 400m 04:09.18 32,52

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00:00.00

Collard Jungeling 2007 (+66) 50m 00:28.31 28,31  
Collard Jungeling 2007 (+66) 100m 01:00.19 31,88  
Gijs Vesseur 2007 (+53) 150m 01:27.34 27,15  
Gijs Vesseur 2007 (+53) 200m 01:58.10 30,76  
Thomas van Velzen 2007 (-5) 400m 00:00.00 -118,10