

Uitslag overzicht

Korte baan (25m), AQUA 2024

|                    | Afstand/zwemslag | Pl.       | Tijd     | Ronde | oude PR. | Versch. |              |
|--------------------|------------------|-----------|----------|-------|----------|---------|--------------|
| van Alebeek Isabel | 21-4-2003        | 200301694 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 36.41    |       | 28.95    | 80%     | 249 Pnt.     |
|                    | 100 vrije slag   |           | 1:15.28  |       | 1:04.15  | 85%     | 297 Pnt.     |
|                    | 200 vrije slag   |           | 2:41.53  |       | 2:24.86  | 90%     | 318 Pnt.     |
|                    | 400 vrije slag   |           | 5:44.96  |       | 5:15.25  | 91%     | 301 Pnt.     |
|                    | 800 vrije slag   |           | 11:48.58 |       | 10:59.89 | 93%     | 305 Pnt.     |
|                    | 1500 vrije slag  | 29        | 22:28.76 |       | 21:13.93 | 94%     | 305 Pnt.     |
| Dörr Elise         | 3-5-2005         | 200501192 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 39.11    |       | 31.34    | 80%     | 201 Pnt.     |
|                    | 100 vrije slag   |           | 1:24.12  |       | 1:10.03  | 83%     | 213 Pnt.     |
|                    | 200 vrije slag   |           | 2:55.50  |       | 2:40.38  | 91%     | 248 Pnt.     |
|                    | 400 vrije slag   |           | 6:06.19  |       | 6:04.89  | 100%    | 252 Pnt.     |
|                    | 800 vrije slag   |           | 12:32.55 |       | 12:18.06 | 98%     | 255 Pnt.     |
|                    | 1500 vrije slag  | 34        | 23:25.83 |       | 24:27.99 | 104%    | PR. 269 Pnt. |
| Dörr Jona          | 22-5-2008        | 200800567 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 36.34    |       | 27.96    | 77%     | 170 Pnt.     |
|                    | 100 vrije slag   |           | 1:17.64  |       | 1:04.64  | 83%     | 192 Pnt.     |
|                    | 200 vrije slag   |           | 2:44.57  |       | 2:37.72  | 96%     | 220 Pnt.     |
|                    | 400 vrije slag   |           | 5:44.03  |       | 5:35.34  | 97%     | 234 Pnt.     |
|                    | 800 vrije slag   |           | 11:55.63 |       | --       |         | PR. 233 Pnt. |
|                    | 1500 vrije slag  | 26        | 22:17.58 |       | --       |         | PR. 253 Pnt. |
| Ewijk Marith       | 22-1-2008        | 200801414 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 34.85    |       | 30.79    | 88%     | 284 Pnt.     |
|                    | 100 vrije slag   |           | 1:14.51  |       | 1:07.37  | 90%     | 306 Pnt.     |
|                    | 200 vrije slag   |           | 2:39.02  |       | 2:27.89  | 93%     | 333 Pnt.     |
|                    | 400 vrije slag   | 7         | 5:29.66  |       | 5:14.55  | 95%     | 345 Pnt.     |
| Geers Chris        | 29-11-2006       | 200600131 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 30.55    |       | 24.97    | 82%     | 287 Pnt.     |
|                    | 100 vrije slag   |           | 1:05.40  |       | 55.22    | 84%     | 322 Pnt.     |
|                    | 200 vrije slag   |           | 2:18.37  |       | 2:04.64  | 90%     | 370 Pnt.     |
|                    | 400 vrije slag   |           | 4:51.05  |       | 4:41.28  | 97%     | 387 Pnt.     |
|                    | 800 vrije slag   |           | 9:59.87  |       | --       |         | PR. 395 Pnt. |
|                    | 1500 vrije slag  | 8         | 19:06.37 |       | --       |         | PR. 403 Pnt. |
| van der Ham Britt  | 22-8-2008        | 200801320 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 37.77    |       | 32.87    | 87%     | 223 Pnt.     |
|                    | 100 vrije slag   |           | 1:18.99  |       | 1:12.25  | 91%     | 257 Pnt.     |
|                    | 200 vrije slag   |           | 2:45.17  |       | 2:41.53  | 98%     | 297 Pnt.     |
|                    | 400 vrije slag   |           | 5:46.22  |       | 5:37.55  | 97%     | 298 Pnt.     |
|                    | 800 vrije slag   |           | 11:55.03 |       | 12:02.90 | 101%    | PR. 297 Pnt. |
|                    | 1500 vrije slag  | 32        | 22:44.69 |       | 23:24.88 | 103%    | PR. 294 Pnt. |
| van der Ham Collin | 8-5-2010         | 201000877 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 34.63    |       | 28.68    | 83%     | 197 Pnt.     |
|                    | 100 vrije slag   |           | 1:13.52  |       | 1:05.32  | 89%     | 226 Pnt.     |
|                    | 200 vrije slag   |           | 2:36.89  |       | 2:30.78  | 96%     | 254 Pnt.     |
|                    | 400 vrije slag   |           | 5:27.07  |       | 5:15.95  | 97%     | 273 Pnt.     |
|                    | 800 vrije slag   |           | 11:08.53 |       | 11:29.22 | 103%    | PR. 285 Pnt. |
|                    | 1500 vrije slag  | 17        | 21:03.97 |       | 21:46.42 | 103%    | PR. 300 Pnt. |
| van der Ham Dylan  | 20-11-2012       | 201200425 |          |       |          |         | WZV          |
|                    | 50 vrije slag    |           | 42.05    |       | 37.36    | 89%     | 110 Pnt.     |
|                    | 100 vrije slag   |           | 1:31.19  |       | 1:22.96  | 91%     | 118 Pnt.     |
|                    | 200 vrije slag   |           | 3:12.12  |       | 3:09.96  | 99%     | 138 Pnt.     |
|                    | 400 vrije slag   |           | 6:39.50  |       | 7:15.53  | 109%    | PR. 149 Pnt. |
|                    | 800 vrije slag   | 11        | 13:26.19 |       | 14:46.09 | 110%    | PR. 163 Pnt. |

|                  |                |           |          |          |      |     |          |
|------------------|----------------|-----------|----------|----------|------|-----|----------|
| de Raad Hannelie | 10-6-2004      | 200400944 |          |          |      |     | WZV      |
|                  | 50 vrije slag  |           | 37.97    | 32.19    | 85%  |     | 220 Pnt. |
|                  | 100 vrije slag |           | 1:20.37  | 1:17.66  | 97%  |     | 244 Pnt. |
|                  | 200 vrije slag |           | 2:50.22  | 2:54.17  | 102% | PR. | 272 Pnt. |
|                  | 400 vrije slag | 12        | 5:50.58  | 6:04.61  | 104% | PR. | 287 Pnt. |
| Theuns Liza      | 9-9-2007       | 200702172 |          |          |      |     | WZV      |
|                  | 50 vrije slag  |           | 35.14    | 30.40    | 87%  |     | 277 Pnt. |
|                  | 100 vrije slag |           | 1:13.22  | 1:05.40  | 89%  |     | 323 Pnt. |
|                  | 200 vrije slag |           | 2:34.59  | 2:24.54  | 93%  |     | 363 Pnt. |
|                  | 400 vrije slag |           | 5:22.96  | 5:12.42  | 97%  |     | 367 Pnt. |
|                  | 800 vrije slag | 4         | 11:00.43 | 10:56.79 | 99%  |     | 377 Pnt. |

Totaal 54 persoonlijke uitslag, Gemiddelde prestatie: 93,7%  
 0 nieuw(e) record(s), 13 nieuw(e) persoonlijke record(s)  
 Grootste verbetering: van der Ham Dylan, 800 vrije slag 13:26.19